



Bulletin: 22nd November 2024

Hello and welcome to the end of an unusual and disruptive week. I apologise for any inconvenience the school closure may have caused you on Tuesday and, fingers crossed, we won't have to do it again.

Thank you for all the donations that have come in for the Christmas fair, it is only a week away now and promises to be a great event.

We are very excited to be holding a wellbeing day on Monday (25th November).

As part of the day your child will participate in the following workshops:

· Skipping

· Yoga

· Life Saving First Aid

Classes will also spend time looking at nutrition and on-line safety among other things.

We are asking all pupils to come into school in sportswear. Layers are essential as weather permitting pupils will be spending time outdoors (we have sent the children home with their PE kits today).

During the day, time will be set aside for relaxing or mindful activities, as such I would like to invite your child to bring in their favourite book to enjoy during their reading for pleasure session.

Skipping Workshop

As part of our Health and Well-being Day each class will take part in a 30-minute skipping workshop delivered by Ellie from Dan the Skipping Man. Click on the link below to learn more.

<https://dantheskippingman.com/your-skipping-day/>

These workshops have been funded by FOAV and we are very grateful for their support.

We are hoping the pupils will make use of the skipping skills developed during their session during break / lunch time and also at home. Pupils / parents will have the opportunity to purchase a rope from the Dan the Skipping Man pop-up shop which will be on the playground at school pick-up.

At Arno Vale we do take the safety of the children and all visitors to the site very seriously. It is for this reason that we ask that bikes, trikes, scooters and other wheeled objects are not ridden on the school premises.

We also remind you that the outdoor play equipment is for use by the children of Arno Vale during school hours when they are supervised by a member of staff.

The car park should not be used by parents from 8.30am until 9.10am and from 3.30pm until 4.00pm. We do have arrangements with a small number of parents who can access the car park during these times.

We thank you for your co-operation.

In assembly today we celebrated the following:

Birthdays:

Kitty, Katy, Ivy, Noah, Emily and Robyn celebrated their birthday this week - happy birthday!

Stars of the week:

3Grey - Daphne and Lyle for independence.

3White - Teddy and Harrison for determination.

4Orange - Christy for curiosity and Eva for kindness.

4Yellow - Molly T for independence and Oliver for honesty.

5Green - Shanzay for determination and Thomas for independence.

5Red - Amelia for independence and Adam for determination.

6Blue - Isaac and Lennon for determination.

6Purple - Phoebe and Oliver for curiosity

TTRS:

This week's class champions are:

Miss Oates/Miss I's maths group- Ruben

6Baker - George

Miss Fallon's maths group - Louie

5Baker - Isla

5Red - Faris

5Green - Serwan

4Yellow - Adrian

4Orange - Stanley

3White - Lenny

3Grey - Naomi

The winning class for 100% log in rate is Miss Fallon's maths group.

England Rocks:

Our children collectively recorded an amazing 33,294 correct answers during the competition. The winning class was 4 Yellow, who get 20 minutes of reward time added to their total. The top scoring children in each class were:

3 White: Lenny

3 Grey: Hugo

4 Yellow: Adrian

4 Orange: Ben

5 Red: Sid

5 Green: Shanzay

Mr Baker's Y5 group: Lewis

Miss Oates/Miss Iremonger's Y6 group: Isabella

Miss Fallon's Y6 group: Louie

Mr Baker's Y6 group: Ralph

Out of school achievements - well done all of you for your determination:

Joe G in year 4 was really proud to tell us about his kick boxing achievements.

We are sending the children home with their PE kits this evening and ask that they all come to school in their PE kits on Monday.



At our governors' meeting last night we said good bye and thank you to Dan Buxton who has stood down as the chair and as a governor. Dan has been an extremely supportive and hard-

working governor and chair for a number of years and has always had the best interests of the children at heart. We thank him for his time, commitment and dedication.

I am pleased to announce that Amanda Payne has been unanimously elected as our new chair. We know that Amanda will continue the hard work and we are all very pleased to be working with her.

Our trip to the pantomime is just over a week away now. A reminder that the children will have lunch as normal at school and we will then leave for the theatre. We expect to be back at school for about 5.30pm; we will then take the children into the school and dismiss them from their usual exits for safeguarding reasons.

The following week we are holding the Christmas Concerts. This year, we are holding two performances, one in the morning at 10.00am and then later in the afternoon at 2.00pm. Both concerts are being held at St Marks Church. Following the afternoon performance, we will walk the children back to school and dismiss as usual from their normal exits. You do not need to book tickets and we look forward to seeing you there.

Messages from the office

We only have one week left till the whole school trip to the Panto and we have a few outstanding payments. Please can you log onto ParentPay and check you have paid the full balance for your child - thank you.

If your child has music lessons, the payment for these are also now due, also via ParentPay.

We had sent out our new terms and conditions in September for our wraparound facility, Club Vale. If you haven't already, please could you read the new document and submit the form at the end of the document in agreement. This can be found following the link below.

[*club-valeparentinformationbooklet-sept-24.pdf*](#)

Your donations to the poppy appeal this year raised £230.31, thank you!



Christmas Fair

FRIDAY 29TH OF NOVEMBER
3:30PM TO 5:00PM IN THE HALL

EACH CLASS HAS A STALL SELLING HOMEMADE ITEMS.
WE WILL ALSO BE SELLING FOOD
INCLUDING HOTDOGS, CAKE & POP, ALONG WITH
A BAG STALL, THE RAFFLE, NAME THE TOY,
GAMES, A CHRISTMAS STALL, BOTTLEBOLA
AND MUCH MORE

THIS IS A CASH ONLY EVENT



SHERWOOD
makers

Christmas Craft Fair

Showcasing local makers

SAT 23rd NOV &
SUN 24th NOV
10am - 4pm

WOODTHORPE PARK PLANT NURSERY

Woodthorpe Park, Woodthorpe Drive NG5 4HA

FREE ENTRY

For more information follow us on Instagram and Facebook
@sherwoodmakers



WINTER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date ask for the link to the recording, available for 48 hours afterwards

Book online at facefamilyadvice.co.uk

go to the PARENT page

FREE - Decreasing Depression FREE - Anxiety Explained	25 NOV 20 JAN
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB

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Winter 2024/2025

Newsletter

FREE
until
JAN 25



Understanding the Teenage Brain

Watch this recorded session in your own time, to learn why our teens think, feel and behave very differently from adults and how we can support them.

Thursday
5th Dec
19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
17th Dec
19:00 - 21:00
£24



Facing Defiance

Effective interventions for handling defiant behaviour. ADHD, ODD and PDA relevant as well as regular challenging behaviour. Introduction to the FACE programme - Facing Defiance - 6 week course

Tuesday
7th Jan
19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Thursday
9 Jan
19:00 - 21:00
£24



AUTISM: Improving Communication

Looking at how small changes in how we communicate with children on the spectrum can lead to big improvements.

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Arno Vale Junior School Diary Dates 22nd November 2024

Arno Vale Junior School Diary Dates 2024 to 2025	
Monday, 25th November 24	Health and well-being day
Friday, 29 th November 24	FOAV Christmas Fair
Tuesday, 3 rd December 24	Whole school to the pantomime at Mansfield
Tuesday, 10 th December 24	Christmas concert at St Marks 10am and 2pm
Thursday, 12 th December 24	Christmas dinner day
Thursday, 12 th December 24	Save the Children Christmas jumper day
Friday, 13th December 24	FOAV Film night
Mon, 23 rd Dec 24 to Fri, 3 rd Jan 25	Christmas holiday
Monday, 6 th January 2025	First day of the spring term
Mon, 17 th Feb to Fri, 21 st Feb 25	Half term holiday
Monday, 24 th February 25	Inset day
Tuesday, 25 th February 25	Return to school
Tuesday, 4 th March 25	Parent's consultation meeting – 3.40pm to 6.30pm
Wednesday, 5 th March 25	Parent's consultation meeting – 3.40pm to 6.30pm
Thursday, 6 th March 25	Parent's consultation meeting – 3.40pm to 6.30pm
Thursday, 6 th March 25	World Book Day
Mon, 7 th Apr to Mon. 21 st Apr 25	Easter holiday
Tuesday, 22 nd April 25	Return to school
Monday, 5 th May 25	May Day bank holiday
Mon, 12 th May to Thu, 15 th May 25	Y6 SATs week
Thursday, 22nd May 25	Y3 trip to Cresswell Craggs for a stoneage experience
Mon, 26 th May to Fri 30 th May 25	Half term
Thursday, 19 th June 25	School Games afternoon
Tuesday, 24 th June 25	Back up School Games afternoon
Friday, 4 th July 25	Inset day
Tuesday, 15 th July 25	Y6 performance
Wednesday, 16 th July 25	Y6 performance
Friday, 18 th July 25	FOAV summer fair
Tuesday, 22 nd July 25	Y6 leavers' festival
Friday, 25 th July 25	Last day of term