

Arno Vale Junior School

Physical Education and School Sport Policy

Updated: March 2022



## **Introduction**

At Arno Vale Junior School, it is our belief that PE and sport should play a central role in every pupil's experience and that the skills they give children are as important as being able to read, write and add. It is our vision to provide all children with the fundamental movement and sport skills to become physically literate individuals for life. We intend to provide physical education which develops motivation, confidence, physical competence, knowledge, and an understanding to value and take responsibility for engagement in physical activities throughout their lives. Children are taught the school values of respect, determination, honesty, independence and curiosity and these are at the forefront of our sporting philosophy. The governing body prides itself in the school's range of sporting activities and achievements as healthy competition is actively promoted here at Arno Vale. Moving forward from the Covid-19 pandemic, we once again aim to provide a wide range of extracurricular sporting activities and clubs, and lots of opportunities to represent the school with pride in matches, tournaments, festivals and competitions.

## **Aims**

The national curriculum for physical education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

## **PE grant**

The government is providing additional funding to improve provision of Physical Education (PE) and sport in primary schools. This funding – provided jointly by the Departments for Education, Health and Culture, Media and Sport - is allocated to primary school headteachers. Since September 2013, we have been held to account over how we spend our additional, ring-fenced funding. Arno Vale Junior School has been given a total amount of £18,400 for the academic year 2021/22 based on the following: £16000 + £10 per pupil (based on the number of full time pupils on roll at the time of the January census). We are spending our PE funding on employing a PE specialist teacher to:

- Provide staff with professional development, mentoring, training and resources to help them teach PE and sport effectively.
- Support and involve the least active children by providing targeted activities.
- Introduce new sports to encourage more pupils to take up sport and physical activity.
- Prepare teams for sports competitions.
- Increase pupils' participation.
- Organise for pupils to take on leadership or volunteer roles that support sport and physical activity within the school.
- Embed physical activity into the school day.
- Ensure that statutory reporting requirements are met (online reporting).
- Liaise with the SLT to monitor and report back on the impact of the spending.
- Liaise with the PE co-ordinator to meet the requirements of the school as appropriate.
- Liaise with external clubs, coaches, providers and other agencies where appropriate and necessary.

- Monitor the performance of the school against the five key indicators (as set out by the DfE) and the requirements of the school.

The decision to use our sports funding in this way allows us to teach PE to a high standard and to make sport sustainable and embedded within school life.

### **Resources**

Indoor PE lessons take place in the school hall and each class has two timetabled hall slots. The hall can also be booked for classes to use during available time slots. We also have a court area on our playground and a large grassed playing field for outdoor PE lessons. Our school has a well-resourced PE store, portable football and netball goals, portable and fixed gymnastics equipment as well as many mats. Equipment is checked regularly, and stocked and replenished as often as the budget allows.

### **Provision**

Each class is required to complete two lessons of PE each week. One of these will be with their class teacher and the other will be provided by a specialist coach during PPA time. Following the National Curriculum, we offer a varied PE curriculum, designed to meet the needs of our pupils and establish a lifelong love of sport and physical activity. We also allow opportunities for competitive games, intra-school events and performance opportunities, whilst constantly promoting teamwork and our school values. Teaching staff receive CPD training delivered by our specialist PE Teacher. Other appropriate training opportunities are made available to the staff when this is possible. Teaching assistants and student teachers also have opportunities to develop their subject knowledge and work alongside the specialist PE Teacher.

### **Health and Safety / PE kit**

The safety of children in all lessons is of paramount importance. Children should wear the appropriate clothing for PE lessons, remove jewellery and tie back long hair.

#### **School PE kit is as follows:**

- A white t-shirt
- Black or navy-blue shorts
- Plimsolls or indoor trainers
- A black or navy-blue tracksuit for colder weather
- Outdoor trainers
- A change of socks

A PE bag must also be named with a hanging loop for their peg. If a child does not have the correct kit they are given a reminder letter with the correct kit listed. If they continue to not have the correct kit in school then parents should be contacted. Participation in PE with the incorrect kit is at the teacher's discretion as long as it is safe for the child to take part.

It should be noted that, in the event of an emergency, phones are within a short distance of all PE lesson locations and First Aid boxes are available in the designated areas.

### **Planning**

The Physical Education curriculum and scheme of work developed at the school covers all areas of activity outlined as statutory in the PE National Curriculum 2014. Each year group covers certain aspects

of the curriculum during the child's time at the school. Units of work are based on the National Curriculum with activities adapted to meet the needs of the individual children.

### **Assessment / Monitoring**

Ongoing informal assessments will be carried out by teachers during each unit of work. These will be used to identify strengths, areas for development and targets. Video evidence, pictures and notes may be gathered and saved on the Staff Shared network. The subject will be monitored and evaluated by the coordinator as outlined in the School's Development Plan for monitoring and assessment.

### **Inclusion**

Lessons are planned and delivered in a way that allows all pupils to engage and succeed, regardless of their ability. During their time at Arno Vale, our pupils have the opportunity to participate in taster sessions, clubs and competitions, experiencing a wide range of sporting opportunities. When required, support is provided through interventions, support from a Teaching Assistant or on a one-to-one basis.

### **Role of the Coordinator**

The role of the PE Coordinator involves:

- Producing a flexible scheme of work, with lesson ideas to support its implementation.
- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with recording keeping and assessment of the subject.
- Monitoring the teaching of the subject at school.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra – curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.

### **Review**

This policy will be reviewed by the PE Co-ordinator biannually. Appropriate modifications will be made.