

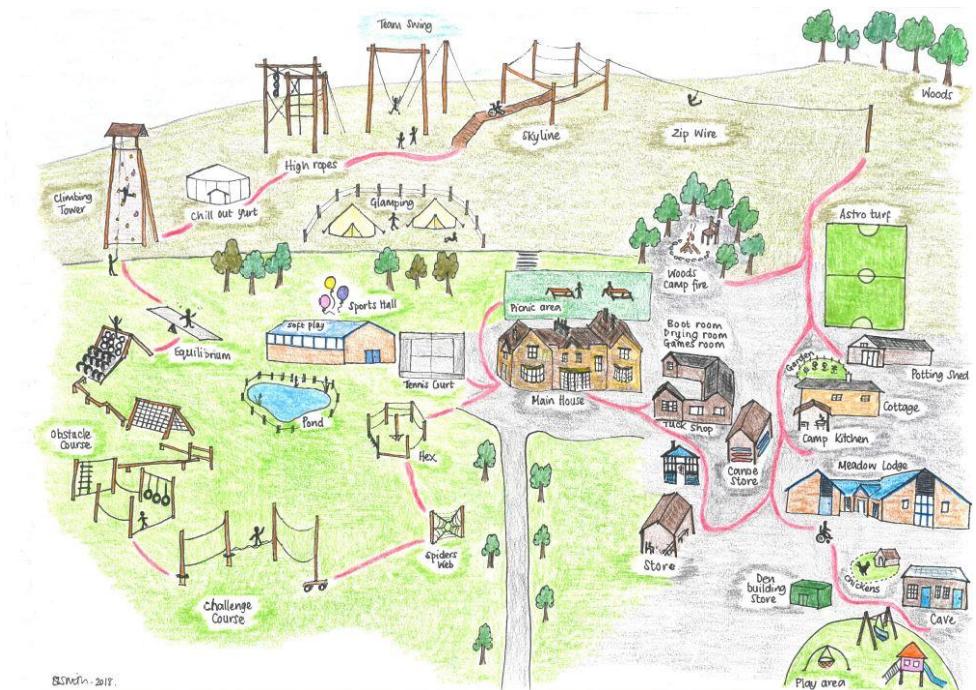


# Lea Green

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(Derbyshire)

Tuesday 24<sup>th</sup> - Wednesday 25<sup>th</sup> March 2026



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## Lea Green

The trip to Lea Green is approaching fast and we are all very excited. Please read the following information about what will be happening during the two day trip and what the children will need to pack.

Lea Green staff believe that every child and young person should be given the opportunity to experience outdoor education and activities as an integral part of their learning and development.

They are Derbyshire's leading outdoor and personal development centre located within a large 19<sup>th</sup> century manor house set in its own 26 acres of parkland. The site has a large range of sports and development facilities including a sports hall, high & low ropes courses, a large soft play area, bushcraft area, a games room and lots more.

Lea Green Centre provides residential and day courses for young people and adults from all over Derbyshire and further afield involving a wide range of development activities and opportunities through outdoor adventure, sport, the environment and the arts. All activities share the common theme - personal development and the chance to have fun.

Each programme is tailored specifically to the group to deliver a combination of adventure, learning, challenge, fun, exercise and enjoyment ([see our programme towards the back of this booklet](#)).

Lea Green Centre staff will be responsible for the supervision and safety of the children whilst taking part in an activity. Arnold Mill staff will support Lea Green Centre staff whilst taking part in an activity and are responsible for discipline and pastoral supervision of students throughout the stay.

Living together at Lea Green Centre is part of the challenge - young people share their time together working as part of a team and gaining a better understanding and an appreciation of others. For many young people, staying at Lea Green Centre is their first residential opportunity and is a chance to promote the development of self-confidence, positive relationships with others and independence.

It is normal practice for the children to have some free and social time whilst undertaking a residential stay; this promotes the building of relationships and provides opportunities for them to develop responsibility and life skills which are a major reason why schools undertake learning outside of the classroom. During free time the children will have access to rooms with pool tables and table tennis, and to the grounds of Lea Green Centre where there are areas to socialise and take part in sporting activities.

Arnold Mill staff will have the responsibility for the supervision of the children during their free time. A duty member of staff is available in cases of emergency.

Arnold Mill staff accompanying the children on the residential are as follows:

- Mrs French
- Mrs Oldfield
- Mrs Carter
- Miss Beeson

## Health & Safety

The Adventure Activities Licensing Authority licenses the Lea Green Centre to undertake adventurous activities. Whilst our primary concern is the safety of young people and participants at Lea Green Centre there is obviously a certain amount of risk involved in such activities. Young people will be briefed appropriately for each activity and will be allowed to choose how much they wish to challenge themselves. If you have any concerns please contact Lea Green Centre staff and we will be happy to provide you with further information.

To help us in regard to safety, there are a few rules for children stressing the need for responsible behaviour. Children should be sensible, listen to group briefings and follow instructions from Centre and accompanying staff.

*The trip provider does reserve the right to exclude young people who behave inappropriately or who are a risk to themselves or to others whilst at Lea Green Centre.*

## Discipline

The children at Arnold Mill Primary School are renowned for having impeccable behaviour and they are always complimented on the way they conduct themselves when outside of the school. We intend to maintain our excellent reputation during our visit to Lea Green.

We do not expect the behaviour of our children to be anything but exemplary on our school visits. No child will be allowed to spoil the trip for others or mar the reputation of Arnold Mill Primary School.

I wish to make it clear that good behaviour will be expected from **every** child, and that swift, firm action will be taken against anybody who fails to maintain the high standard expected of them. I feel sure that you will support me in this, not least because of the safety aspect involved.

**Please discuss with your child the sort of behaviour that will ensure they have a safe, productive, and enjoyable trip.**

## Departure Arrangements

The children should arrive at school between **8:15am and 8.30am** and make their way to the hall (having dropped their case at the kerb by the school office. All medication/forms need to be hand delivered by an adult to Miss Beeson in the Reception area.

## Return Arrangements

We hope to arrive back at school at around 3.30pm on Wednesday 25<sup>th</sup> March (traffic permitting) but we will keep the office informed of our progress. **Please plan to pick up your child at normal home time; they will not be allowed to go home alone.**

## Accommodation

Children are accommodated in dormitory style rooms of 2 to 13 people. Bedrooms and changing rooms are regarded as private areas to be accessed only by those who have been allocated those rooms. On arrival the children will be expected to make their own beds - duvet covers on duvets, pillow cases on pillows and a flat sheet tucked in to the mattress so it would be great if children can practise doing this at home between now and March.

Lea Green Centre is a secure site with no access to the house after the duty member of staff has completed lock-up. There is always a Lea Green Centre member of staff on duty. Visitors are not allowed in dormitory areas.

## Meals

Lea Green has three meal times during the day - Breakfast, Lunch and Dinner. Lea Green has a family style service - serving the food out on the table and eating together with the teachers and Lea Green staff. This allows the visiting staff to monitor what the children are eating and encourage good table manners.

Special Diets - Lea Green caters for special diets such as vegetarian, dairy free, wheat free, etc. We will inform Lea Green of dietary requirements prior to the visit. If your child has *allergies* or *complex dietary needs* Lea Green would like parents / carers to contact the housekeeping team who plan the menus at Lea Green to ensure that your child is well catered for.

## Pocket Money

If you would like your child to have some **pocket money**, please send them with a maximum of £5 to spend on souvenirs. It will be your child's responsibility to keep their money safe, not ours.

## Communication

We will do our best to keep the school office up to date with how the group are doing and the office will post updates:

- to let you know the group has arrived and checked into their rooms (please be patient as booking in/settling in can take a while)
- a brief update to confirm that the children have had a good day or night (*the activity timetable is very busy so please be patient if the update is at a different time each day*)
- to let you know an anticipated arrival time *IF it is likely to be after 3.30pm due to a delay.*

As the activity timetable is very busy and we have a lot of children on the trip it is not possible to give an update on individual children. If your child is ill or has a problem we will contact you, **if you do not hear from us that means all is well!**

In case of a genuine emergency during the trip please email [shewlett@arnoldmill.notts.sch.uk](mailto:shewlett@arnoldmill.notts.sch.uk). Please do not email the staff on the trip as they will be out with the children and may not be monitoring/responding to their emails.

## Photos

We will take lots of photos to be shared with you via Class Dojo after the trip (the photos will be posted within two weeks of the trip). If you do not want your child's photo sharing on Class Dojo please circle 'No' on the hard copy permission form.

## Illness

If you suspect that your child is coming down with the measles, flu, chicken pox, or if they have Covid symptoms etc, please do not send them on the trip. I know they will be disappointed but imagine what it would be like for us trying to run a trip with a child needing medication, feeling ill, lonely, and sorry for themselves a long way from home.

## Medical Information and Medication

Green paper - Please ensure that your child's Parental Agreement for School to Administer Medicine (Residential) form(s) is/are completed and brought in to school with the relevant inhaler/medication(s) (with spoon/syringe) in a named bag **ON THE DAY OF THE TRIP**. An adult will need to hand medication(s) and paperwork to Miss Beeson in Main Reception (please do not leave medication with your child). **Each medication will need its own form; additional forms are available for the school office if required.**

If your child suffers from **travel sickness**, please ensure they have had their medication before the outgoing journey and supply them with additional medication for the return journey, this should be given to Miss Beeson with any other medications.

To ensure that we have correct information about any allergies or dietary requirements that your child may have please:

- complete the paper consent form (please contact Lea Green if you are unsure or need to discuss a specific dietary or medical condition)
- pop on to MCAS to check that your child's medical and dietary details are up to date (and amend if necessary).

Young people at Lea Green Centre undertake activities in or near lakes and streams. Leptospirosis (Weils disease) is a rare but endemic waterborne disease in Great Britain and there is therefore a small risk of infection from contact with water. Should a young person who has attended a course at Lea Green Centre develop flu or fever like symptoms, we advise consulting your doctor and informing them that the participant has had contact with inland lake and stream water.

Ticks are found throughout the UK and are known to carry Lyme's disease. If the participant has a red skin rash that looks like the bullseye on a dartboard or you discover a tick please consult your doctor.

## **Important Paperwork for Completion**

Your child will be given a hard copy of the necessary paperwork (Parental Permission Forms and Packed Lunch arrangements on yellow paper) which you need to complete and return to the school office by 10<sup>th</sup> February please.

Please ensure that they are completed and returned promptly as the children will not be able to go on the trip without this paperwork.

## **Insurance**

Please note that course participants are not covered by any personal accident / personal belongings insurance policy. Parents or young people who may wish to arrange this type of cover are asked to consult with their own insurance company.

## **School Tuck**

Please note that there will be no school prepared tuck 24<sup>th</sup> and 25<sup>th</sup> March so if you have pre-ordered toast please pop on to MCAS to cancel it as you may still be charged if you forget.



## Lea Green - Activity Programme

### Organisation Name: Arnold Mill Primary School

**Participants :** 45 | **Number Of Groups:** 2 | **Nights:** 1

**Arrival Date:** 10:00, 24 Mar 2026 | **Departure Date:** 14:00, 25 Mar 2026

**Aims & Objectives:** Problem solving, teamwork, staying away from home, interaction with peers, independence, experience of being in countryside and nature.

Session	Time	Arnold Mill Primary 1	Arnold Mill Primary 2
Tue	10:00 - 10:15	Arrive & Introduction	Arrive & Introduction
Tue	10:15 - 10:30	Group Drinks	Group Drinks
Tue	10:30 - 12:00	Orienteering 1	Orienteering 1
Tue	12:30 - 13:30	Lunch (Own Packed Lunch)	Lunch (Own Packed Lunch)
Tue	13:30 - 15:00	Bushcraft 1	Low Ropes - Obstacle 2
Tue	15:00 - 16:00	Buggies	Problem Solving 1 self-led
Tue	16:15 - 16:30	Group Drinks	Group Drinks
Tue	16:30 - 17:30	Recreation Self-led	Recreation Self-led
Tue	18:00 - 19:00	Evening Meal	Evening Meal
Tue	19:30 - 21:30	Wide Games 1	Wide Games 1
Tue	21:30 - 22:00	Bedtime drinks	Bedtime drinks
Session	Time	Arnold Mill Primary 1	Arnold Mill Primary 2
Wednesday	08:30 - 09:30	Breakfast	Breakfast
Wednesday	09:30 - 11:00	Low Ropes - Obstacle 2	Bushcraft 1
Wednesday	11:00 - 12:00	Problem Solving 1 self-led	Buggies
Wednesday	12:15 - 13:00	Packed Lunch	Packed Lunch
Wednesday	13:00 - 13:45	Co-operative Games 1	Co-operative Games 1
Wednesday	13:45 - 14:00	Review & Depart	Review & Depart

## Personal Belongings

Participants are provided with a recommended kit list. It is not advisable to bring valuable items. Any items brought to Lea Green will be held at the individual's own risk and the Centre will not be held responsible should they be lost or damaged.

For lots of the activities the children are required to have their arms and legs covered so make sure you pack long sleeved tops and trousers/leggings.

Lea Green advises against packing new or light colour clothing for activities.

**Everything** must be labelled with children's names and the school's name, including clothes worn when travelling to Lea Green. We suggest that children bring an itemised list of their clothes to use as a checklist when repacking.

### **Please Do Not Pack**

- mobile phones (we can be contacted in case of an emergency through school)
- cameras
- electronic games/devices
- jewellery
- aerosols (they can set the fire alarm off)
- expensive watches
- sweets/chocolate etc

## More Information

We hope this explains things clearly but if you have any questions about the upcoming trip please email Mrs French ([office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)) or the office: 0115 966 7930.

## SUGGESTED KIT LIST

Small rucksack for your child's packed lunch and water bottle for the first day. If you have not ordered a school packed lunch, please remember to send one in from home otherwise your child will go hungry.
Underwear / socks
Warm, old t-shirts / long sleeved tops that can get muddy / wet
Warm, old jumpers / hoodies that can get muddy / wet
Warm, old joggers / trousers that can get muddy / wet (not jeans as they aren't the comfiest when they are wet and will take a long time to dry)
Outdoor footwear - old trainers
Outdoor footwear - wellies
Waterproof coat
Warm coat
Bin liners for dirty clothes / shoes
Sportswear / casual clothes for the evening
Indoor trainers
Reusable drinks bottle
Pyjamas / night clothes
Towel, hairbrush, shower gel / soap etc.
Toothbrush / toothpaste
Hat, gloves (check weather forecast before we go)
Sun hat / sun cream (check weather forecast before we go)
Teddy (optional)
Slippers (optional) Slippers need to have a hard sole and not be too bulky as they need to be able to move up/down stairs. We recommend that they use trainers as their indoor shoes.
Small torch
£5 for souvenirs (optional)

- Please name ALL items (including the clothes that they are wearing on departure day) as Lea Green can get a lot of lost property and we would like to send your child home with everything they came with.
- Wellies and waterproof coats can be borrowed from Lea Green if needed.
- NO mobile phones / electronics allowed at all.
- Please let the children help to pack their own bags so that when they arrive at Lea Green they know what they have with them.
- Remember it is better to have too much than not enough - however they will have to take their bags upstairs to their bedroom.
- No sweets, chocolate, biscuits etc allowed

If you ordered a school packed lunch by the order deadline we will distribute these on the day.