



20th March 2026



Dear Parents and Carers,

Next week marks the end of Spring term. Sadly for us, we are also saying good bye to two members of staff. Mrs Moodie will leaving us after 34 years teaching with us. She is semi-

retiring to do her artwork. Miss Moulson is also leaving us to start a new job at a secondary school. We are so excited for them both, as they start on their new adventures, but are sad to see them go. We wish them all the best!

Next week we have the Easter discos, egg hunt and foundation crafts (see below for more details). Its going to be a busy week!

We come back to school on Monday 13th April, and clubs will be starting that week.

Have a great weekend!

Jackie Oldfield, Head Teacher

Calendar



March

Tues 24th - Wed 25th - Y4 Lea Green Residential ([Link to information booklet](#))

Tues 24th - Class 1c visit to Arnold library

Wed 25th - F2 & KS1 Disco ([link to poster](#))

Wed 25th - F2 & KS1 Glitter tattoos ([Link to poster](#))

Thurs 26th - F2 Easter craft with parents (Change of date) ([Link to letter](#))

Thurs 26th - KS2 Disco ([link to poster](#))

Thurs 26th - KS2 Glitter tattoos ([Link to poster](#))

Fri 27th - Science Assembly (invitation only)

Wed 23rd - Fri 27th - PTFA Easter Egg Hunt

Mon 30th - Fri- 10th -PTFA Holiday Acts of Kindness (provisional)

Mon 30th - Fri 10th Apr School closed for Easter Break

April

Thurs 16th - Year 3&4 Egyptian Day ([link to letter](#))

Tues 21st - Y5 DAaRT Graduation with parents (invitation only/booking essential - details to follow) ([link to letter](#))

Thurs 30th - 1B Assembly with parents/carers ([link to letter](#))

May

Mon 4th - Bank Holiday (school closed)

Thurs 7th - 2c Assembly with parents/carers (provisional)

Mon 11th - Y6 SATS week

Fri 22nd - Year 5/6 Trip to National Justice Museum (provisional)

Mon 25th - Fri 29th School closed for Half Term Break

June

Thurs 11th - 1C Assembly with parents/carers (provisional)

Fri 12th - Year 3 Trip to Now Hear This! [\(link to letter\)](#)

Fri 12th - Non-Uniform Day (Summer Fair Donations)

Fri 26th - Summer Fair

July

Thurs 2nd - Art Assembly (invitation only) (provisional)

Fri 3rd - INSET Day

Tue 7th - 9th -PTFA Animal Dome Willow Weaving Workshop (provisional)

Thurs 9th - Talent Assembly (invitation only) (provisional)

Fri 10th - Colour Run (provisional)

Mon 13th - Year 1 trip to Conkers [\(link to letter\)](#)

Weds 15th - F1 Learning Journey Celebration with parents/carers (invitation only/booking essential) (provisional)

Thurs 16th - F2 Learning Journey Celebration with parents/carers (invitation only/booking essential) (provisional)

Thurs 16th - Fri 17th - Year 2 Residential Sherbrooke Scout Camp (provisional)

Thurs 23rd - Sporting Achievement Assembly (invitation only/booking essential) (provisional)

Fri 24th - Y6 Leavers' Assembly with parents/carers (booking essential) (provisional)

Meningitis Information

We have been asked to share the following information with you.

You may have seen news stories about the meningitis cases in Kent. We know this can be worrying but would like to reassure you that this situation is very rare, and we have not seen

cases linked to the outbreak here in Nottinghamshire. Meningitis is passed on through close contact with another person and the risk of catching it is low. However, it can be very serious if not treated quickly, so we encourage all parents of children and young people and students to be aware of the signs and symptoms:

- Sudden onset of high temperature (fever)
- Severe and worsening headache
- Stiff neck
- Vomiting and diarrhoea
- Joint and muscle pain
- Dislike of bright lights
- Very cold hands and feet
- Seizures (fits)
- Confusion/delirium
- Extreme sleepiness/difficulty waking
- A rash that doesn't fade when pressed with a glass

MenB vaccines are only available on the NHS to those aged under 2 years, unless you are in the specific groups being offered it in response to the Kent outbreak. Other free vaccines also protect against diseases that can cause meningitis. We encourage families and young people to check whether they have missed any of their routine vaccinations. You can do this by contacting your GP practice online or by phone.

The school vaccination service is offering catch-up clinics for secondary school aged children over the Easter holidays. See [SAIS catch-up clinics | Nottinghamshire County Council](#) for further information.

For more information, please see:

[Meningitis - NHS](#)

[Meningitis: Parents, young people and students urged to check vaccination status - NHS Nottingham and Nottinghamshire ICB](#)

MenACWY vaccination information (offered to young people in Year 9 or 10, catch-up vaccination available free before 25th birthday):

[MenACWY vaccine: information for young people - GOV.UK](https://www.gov.uk/menacwy-vaccine-information-for-young-people)

[Meningitis and septicaemia – information for students in schools and sixth form colleges \(text only\) - GOV.UK](#)

Nottinghamshire County Council Public Health Team

UK Health Security Agency **Meningitis now**

MENINGITIS + SEPTICAEMIA

Meningitis is a serious condition where the protective layers around the brain and spinal cord become inflamed. Septicaemia is when the bacteria enter the bloodstream to cause blood poisoning. They can happen to anyone, so it's important to know the symptoms and risks.

Early symptoms, such as fever, vomiting, aches, muscle pain, cold hands and feet and headaches, can look similar to common illnesses like colds or flu. But someone with meningitis or septicaemia will usually become seriously ill in a matter of hours. That's why it's crucial to keep checking on anyone who is unwell.

MENINGITIS SYMPTOMS?

- fever
- a very bad headache (this alone is not a reason to get medical help)
- vomiting
- stiff neck
- dislike of bright lights
- rash (DO NOT wait for a rash to appear before seeking medical advice)
- confusion, delirium
- severe sleepiness, losing consciousness
- fits

SEPTICAEMIA SYMPTOMS?

- fever and shivering
- severe pains and aches in limbs and joints
- vomiting
- very cold hands and feet
- pale or blotchy skin
- rapid breathing
- diarrhoea and stomach cramps
- red or purple 'bruised' or blotchy rash on skin that does not fade under pressure - do the glass test. On dark skin, check paler areas of the skin, such as the palms of the hands, soles of the feet, inside the mouth (roof), and the eyelids
- difficulty walking or standing
- severe sleepiness, losing consciousness

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently.

EARLY TREATMENT CAN BE LIFE-SAVING.

Meningitis

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Symptoms

- Sudden onset of high fever
- severe and worsening headache
- stiff neck
- vomiting and diarrhoea
- joint and muscle pain
- dislike of bright lights
- very cold hands and feet
- seizures
- confusion/delirium
- extreme sleepiness/difficulty waking
- a rash that doesn't fade when pressed with a glass.

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently. Early treatment can be life-saving.



Dinner Menu - w/c 23rd March 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Spaghetti Bolognese Garnish: Garlic Bread, Salad	Chicken Tacos Jewelled Rice Salad	Nottinghamshire Sausage Yorkshire Pudding Mashed Potatoes Seasonal Vegetables	Children's Choice Themed Menu - Jamnagaj Warm and Smoky Jerk Chicken Rice & Peas	Fish & Chips Curry Sauce Peas
Option 2	Jacket Potato Served with a choice of Baked beans, Cheese or Tuna mayonnaise	Sandwich Filled with a choice of Ham or Tuna mayonnaise Vegetable sticks, creps, Fruit, Frube		Jacket Potato Served with a choice of Baked beans, Cheese or Tuna mayonnaise	
Pudding	Zesty Lemon Jelly with a Cookie	Butterscotch Tart	Chocolate Cracknell	Ginger Sponge Slice	Iced Carrot Cake

Are you Eligible for any of the following benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earning from up to three of your most recent assessment periods).
- Income Support
- Income-based Jobseeker's Allowance (JSA)
- Income-related Employment and Support Allowance (ESA)
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual gross income of no more than £16,190
- Working Tax Credit run-on (paid for the four weeks after the person stops qualifying for Working Tax Credit)

No

Thank you for your time.

Yes

Have you applied for Free School Meals?

No

Common reasons that parents don't apply for Free School Meals:


My child is in reception, year 1 or year 2 and therefore already gets free meals.

I don't want my child to be embarrassed.

Applying is too complicated and I don't have time.


My child has a packed lunch.

Why we would ask that you still apply:




Extra School Funding

School will receive Pupil Premium funding for every child entitled to free school meals – even if parent's eligibility ceases



Free School Milk

Children will be eligible for free milk throughout primary school universal entitlement ends at age 5; or until parent's eligibility ceases



Access to HAF

Access to Holiday and Food Programme, giving free activities during school holidays.

Please note that all applications are dealt with in the strictest confidence and children are not treated any differently.

You can apply quickly and easily through www.nottinghamshire.gov.uk

A Big Thank you to Hollybeck Garden Centre!



We would like to thank Hollybeck Garden Centre for donating seeds and compost to our gardening club.

URGENT Safeguarding Changes - in force from Monday 16th March 2026



Due to safeguarding reasons, the following changes need to be made to make sure our school site is secure. These changes will come into force from 15th March 2026

A summary of the changes:

- *Both paid and free Breakfast Clubs need to enter via the library at the back of the school.*
- *The front automatic doors will remain locked (both doors). The front doors will be on lock and only one set of doors will be opened at a time, whenever possible.*

- *Parents won't be allowed to use our school toilets. If there is an emergency need-staff will have to accompany adults to and from the toilets.*
- *Parents/visitors will only be allowed through the second doors if they are accompanied by a member of staff.*
 - *All gates will be locked throughout the day.*
- *Access to the school during the school day will be through the pedestrian gate on Cross Street. Please ring the buzzer and wait for the office to answer.*
- *After school, the back gate will now be locked at 4.45pm. All the side gates will also be locked at this point to make the site more secure.*
- *Parents will now need to access school by the gate on Cross Street when collecting children after 4.45pm.*
- *Parents will need to press the buzzer on the gate near the staff car park/class 2c to collect children at Millie's.*
- *Millie's now have a phonenumber so that parents can contact them. This can be reached by calling the main phone line (0115 9667930) and pressing option 3 (only available after 3.45pm).*
- *Signs will go up to say the back gate will be closed between 9.15am and 3.15pm and 4.45pm and 7.30am.*
 - *No parents should be parking in the car park at any time.*

I am aware this all sounds very strict, but we have to do this to keep your children and our staff safe.

Thank you for your understanding.

Football Results



The Boys worked really hard in our game against Mapperley Plains and kept positive and showed lots of resilience during a tricky game. We were so impressed with their attitude of never giving up. Thanks so much to the parents for their support during the game and we look forward to two home games after the Easter Break.

This year our girls' football team have played three games. The match experience within the team is low (only 4 girls have played a football match before) but the effort and enthusiasm has been unmeasurable. Every game they have given their all and shown a real desire to make us all proud. They lost 2 games (one of which was by one goal!) and drew the other match. Every player made me proud to work at our school and showed why Arnold Mill is such a special place to be a part of. Well done girls and I hope you continue to partake in sports and enjoy being a valuable member of a team.

Friends of Arnold Mill (FOAM) PTFA



See FOAM's latest newsletter by clicking this link [Link to newsletter](#)

Easter Egg Hunt

We are excited to invite all pupils to take part in our fun, free Easter Egg Hunt next week!

Each day 50 eggs will be hidden around the school grounds for the children to discover. Inside every egg is a pink token, which can be handed to their class teacher (along with the egg please) and exchanged for a special Easter treat.

To make the event fair and enjoyable for everyone, each child may exchange one egg token only. If your child is lucky enough to spot more than one egg, we kindly encourage them to leave the extra egg(s) for someone else to find.

We can't wait to see everyone getting involved and enjoying the Easter fun!



FOAM
Easter Egg Hunt!

Join the Fun!

50 Eggs
Hidden Each Day!

Find an egg with a **PINK TOKEN** and trade with your class teacher for a special Easter treat!

FOAM

One Egg Token Per Child!
Please leave extra eggs for others to find!



LIGHT UP DISCO

LIGHT UP ITEMS FOR SALE!

Available to purchase on MCAS now!

Limited Stock

		
<p>Light Up Spinning Fan £3.50</p>	<p>Mini Flashing Spike Sticks £1.50</p>	<p>Glow Unicorn Headband £2.00</p>

Examples shown above, other items available!
Children are welcome to bring light-up items from home.
We kindly ask that glow sticks are not sent in, each child will be given one of these included in their ticket price.



Counselling by Carla

CARLA ROSE COUNSELLING



Carlarosecounselling@gmail.com

Carla Rose Counselling



About My Services

- 1-1 sessions
- Providing a safe and supportive environment for children to explore their feelings, thoughts and experiences
- Check-in on individuals well-being
- Coordination with outside agencies
- Communication with parents and teachers
- Sign post referrals

Price Package:

5 Children: (Full day)	£215
3 Children: (Morning)	£135
2 Children: (Afternoon)	£90

Each session will run for 50 minutes on an 8 week block but can be tailored depending on a child's specific needs.

Details:

Level 4 Diploma in
Counselling Practice
BACP Registered
Enhanced DBS
Fully Insured

*Copies provided on request

Contact:

Tel: 07929 604693
Email:
carlarosecounselling
@gmail.com

Community Notices



THE SALVATION ARMY

Easter Fayre

Homemade Cakes, Hot food, Refreshments
Games and Handmade Crafts.
£5/£7.50 per Stall
Enquire within or call 07920377010
email: nottingham.arnold@salvationarmy.org.uk

21st
March

The Salvation Army
99 High Street Arnold NG57DQ

10AM
TO
1.30 PM

Kids Egg Hunt

Notts County Foundation

EASTER HOLIDAY CLUB

All days 9am - 3pm
Week one
Monday 30th March - Thursday 2nd April
Week two
Tuesday 7th April - Friday 10th April

SCAN HERE

£10.00 per day
 Block 4 days: £50.00 using code NOTTSAPRIL4FOR50
 Block 8 days: £95.00 using code NOTTSAPRIL8FOR95

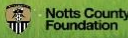
Multi-sports | Themed days | Easter crafts & activities

www.nottscountyfoundation.org.uk

Themed days

Day	Week 1 from 30 th March	Week 2 from Tuesday 7 th April
Monday	Olympics	Closed - Bank Holiday
Tuesday	Football	Science
Wednesday	Space	World Cup
Thursday	Easter	Football
Friday	Closed - Bank Holiday	Easter

Each day will consist of a mixture of Sports, Games and Craft activities.





Easter 2026

Arnbrook Holiday Club

Open to all children aged 3 to 11 years, with funded places available for children in Reception to Year 6

Activities include dodgeball, dance, drama, yoga, multi skills, ball games, art and crafts, team and confidence building activities and much more.



LOCATION:
Arnbrook Primary School

COST:
£20 per day including lunch
All childcare vouchers accepted
FREE places available for children in receipt of benefit-related free school meals

DATES & TIME:
10:00am - 3:00pm
Tuesday 7 April to Friday 10 April

HOW TO BOOK:
Scan the QR code to book and use code HOARPS to take you straight to the club or visit our [website](#)



To book a funded place via EEFU, please scan this QR code

rattleandrollperformance.com
enquiries@rattleandrollperformance.com
07722 014301



Follow us on social media



ACCESSIBLE, SKILL BASED FOOTBALL FOR 4-12 YEAR OLDS

@ SOUTHGLADE LEISURE CENTRE
NOTTINGHAM, NG5 5GU

CLAIM YOUR FREE SESSION

Group sessions built around our proven coaching method, designed to help every player improve - whatever their level.

SCHEDULE & PRICE

4-7 YEAR OLDS 8-12 YEAR OLDS

Thursdays and / or Fridays Thursdays and / or Fridays

5.30-6.30pm 6.30-7.30pm

£57 for 6 sessions £57 for 6 sessions



ALL YEAR TRAINING



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BOOK NOW

DEVELOP SKILLS, MAKE FRIENDS & HAVE FUN AT OUR HOLIDAY CLUBS

POWER LEAGUE
KIDS CAMPS

FOOTBALL ACTIVE

**S.E.N.D
FOOTBALL SESSIONS**

ABOUT US

Led by a team of PE teachers who work in schools across Nottingham. We truly understand how to deliver professional, fun and inclusive football sessions.

WE ALSO OFFER:

- Professional football sessions (ages 3-14)
- Girls Development Programme
- Tots
- Goalkeeping Academy
- Holiday Camps
- Birthday Parties

Football Active



Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Monday (please ensure you have PE kit in school) and Tuesday (please come in PE kit)*

2B: *Tuesday (please come in PE kit) and Thursday (please ensure you have PE kit in school)*

2C: *Tuesday (please come in PE kit) and Friday (please ensure you have PE kit in school)*

2D: *Monday (please ensure you have PE kit in school) and Thursday (please come in PE kit)*

2E: *Thursday (please come in PE kit) and Friday (please ensure you have PE kit in school)*

2F: Tuesday (please ensure you have PE kit in school) and Thursday (please come in PE kit)



 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://arnoldmill.school/>

 <https://www.facebook.com/arnoldmillofficial>
