



27th March 2026



Dear Parents and Carers,

I had the pleasure of going to Lea Green with the Year 4 children this week. They were amazing; so well behaved and a real credit to our school. We had the best time, despite the rain, snow and lack of blue skies. I wanted to say a massive thank you to the staff who gave up their time to support the children- we couldn't do these trips without them.

The children have had lots of fun gathering the FOAM Easter Eggs, attending discos and taking part in Easter activities. They are definitely ready for their holidays now.

Have a great Easter Break. Don't eat too many Easter Eggs! 🐰

(See you on Monday the 13th April)

Jackie Oldfield, Head Teacher

Calendar



March

Mon 30th - Fri 10th -PTFA Holiday Acts of Kindness

Mon 30th - Fri 10th Apr School closed for Easter Break

April

Thurs 16th - Year 3&4 Egyptian Day [\(link to letter\)](#)

Tues 21st - Y5 DAaRT Graduation with parents (invitation only/booking essential) [\(link to invitation letter\)](#) DAaRT programme details [\(link to letter\)](#)

Thurs 30th - 1B Assembly with parents/carers [\(link to letter\)](#)

May

Mon 4th - Bank Holiday (school closed)

Thurs 7 May - F2 Trip to White Post Farm

Thurs 7th - 2c Assembly with parents/carers ([link to letter](#)).

Mon 11th - Y6 SATS week

Fri 22nd - Year 5/6 Trip to National Justice Museum

Mon 25th - Fri 29th School closed for Half Term Break

June

Thurs 11th - 1C Assembly with parents/carers (provisional)

Fri 12th - Year 3 Trip to Now Hear This! ([link to letter](#))

Fri 12th - Non-Uniform Day (Summer Fair Donations)

Fri 26th - Summer Fair

July

Thurs 2nd - Art Assembly (invitation only) (provisional)

Fri 3rd - INSET Day

Tue 7th - 9th -PTFA Animal Dome Willow Weaving Workshop (provisional)

Thurs 9th - Talent Assembly (invitation only) (provisional)

Fri 10th - Colour Run (provisional)

Mon 13th - Year 1 trip to Conkers ([link to letter](#))

Weds 15th - F1 Learning Journey Celebration with parents/carers (invitation only/booking essential) (provisional)

Thurs 16th - F2 Learning Journey Celebration with parents/carers (invitation only/booking essential) (provisional)

Thurs 16th - Fri 17th - Year 2 Residential Sherbrooke Scout Camp (provisional)

Thurs 23rd - Sporting Achievement Assembly (invitation only/booking essential) (provisional)

Fri 24th - Y6 Leavers' Assembly with parents/carers (booking essential) (provisional)

Meningitis Information

We have been asked to share the following information with you.

You may have seen news stories about the meningitis cases in Kent. We know this can be worrying but would like to reassure you that this situation is very rare, and we have not seen cases linked to the outbreak here in Nottinghamshire. Meningitis is passed on through close contact with another person and the risk of catching it is low. However, it can be very serious if not treated quickly, so we encourage all parents of children and young people and students to be aware of the signs and symptoms:

- *Sudden onset of high temperature (fever)*
 - *Severe and worsening headache*
 - *Stiff neck*
 - *Vomiting and diarrhoea*
 - *Joint and muscle pain*
 - *Dislike of bright lights*

- *Very cold hands and feet*
 - *Seizures (fits)*
 - *Confusion/delirium*
 - *Extreme sleepiness/difficulty waking*
 - *A rash that doesn't fade when pressed with a glass*
-

MenB vaccines are only available on the NHS to those aged under 2 years, unless you are in the specific groups being offered it in response to the Kent outbreak. Other free vaccines also protect against diseases that can cause meningitis. We encourage families and young people to check whether they have missed any of their routine vaccinations. You can do this by contacting your GP practice online or by phone.

The school vaccination service is offering catch-up clinics for secondary school aged children over the Easter holidays. See [SAIS catch-up clinics | Nottinghamshire County Council](#) for further information.

For more information, please see:

[*Meningitis - NHS*](#)

[*Meningitis: Parents, young people and students urged to check vaccination status - NHS Nottingham and Nottinghamshire ICB*](#)

MenACWY vaccination information (offered to young people in Year 9 or 10, catch-up vaccination available free before 25th birthday):

[*MenACWY vaccine: information for young people - GOV.UK*](#)

[*Meningitis and septicaemia – information for students in schools and sixth form colleges \(text only\) - GOV.UK*](#)

Nottinghamshire County Council Public Health Team

MENINGITIS + SEPTICAEMIA

Meningitis
NOW

Meningitis is a serious condition where the protective layers around the brain and spinal cord become inflamed. Septicaemia is when the bacteria enter the bloodstream to cause blood poisoning. They can happen to anyone, so it's important to know the symptoms and risks.

Early symptoms, such as fever, vomiting, aches, muscle pain, cold hands and feet and headaches, can look similar to common illnesses like colds or flu. But someone with meningitis or septicaemia will usually become seriously ill in a matter of hours. That's why it's crucial to keep checking on anyone who is unwell.

MENINGITIS SYMPTOMS?

- fever
- a very bad headache (this alone is not a reason to get medical help)
- vomiting
- stiff neck
- dislike of bright lights
- rash (DO NOT wait for a rash to appear before seeking medical advice)
- confusion, delirium
- severe sleepiness, losing consciousness
- fits

SEPTICAEMIA SYMPTOMS?

- fever and shivering
- severe pains and aches in limbs and joints
- vomiting
- very cold hands and feet
- pale or blotchy skin
- rapid breathing
- diarrhoea and stomach cramps
- red or purple 'bruised' or blotchy rash on skin that does not fade under pressure - do the glass test. On dark skin, check paler areas of the skin, such as the palms of the hands, soles of the feet, inside the mouth (roof), and the eyelids
- difficulty walking or standing
- severe sleepiness, losing consciousness

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently.

EARLY TREATMENT CAN BE LIFE-SAVING.

Meningitis
NOW

Meningitis

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Symptoms

- Sudden onset of high fever
- severe and worsening headache
- stiff neck
- vomiting and diarrhoea
- joint and muscle pain
- dislike of bright lights
- very cold hands and feet
- seizures
- confusion/delirium
- extreme sleepiness/difficulty waking
- a rash that doesn't fade when pressed with a glass.

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently. Early treatment can be life-saving.



Dinner Menu - w/c 13th April 2026

Week 1 Spring/Summer Menu 13 th April, 4 th May, 15 th June, 6 th July					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cherry Tomato Pasta with Garlic Bread & Vegetable Sticks	Pineapple Pizza with diced potatoes & Mixed Salad	Roast Gammon Yorkshire Pudding Roast Potatoes, Cauliflower, Green Beans & Gravy	Nottinghamshire Sausage with Mashed potatoes, Baked Beans & Sweetcorn	Fish & Chips Peas & Tomato Ketchup
	Panini Filled with either Cheese & Tomato Ham and Cheese or Cheese	Jacket Potato served with a choice of: Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato served with a choice of: Baked Beans, Cheese or Tuna Mayonnaise	Filled Cob with a choice of Cheese Ham or Tuna Mayonnaise	
All of the option 2 choices are served with crunchy vegetable sticks or summery salad					
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Over the Easter Holidays we want you to try complete as many Acts of Kindness as you can. All those who complete and return to the 'Friends of Arnold Mill' postbox by Friday 17 April will be given a little prize as a token of our appreciation for spreading Kindness around our community. Use the other side of this sheet to record your Acts of Kindness.



RANDOM ACTS OF KINDNESS SPRING CHALLENGE

Over the Easter Holidays we want you to try complete as many Acts of Kindness as you can. All those who complete and return to the 'Friends of Arnold Mill' postbox by Friday 17th April will be given a little prize as a token of our appreciation for spreading Kindness around our community. Use the other side of this sheet to record your Acts of Kindness.

KINDNESS TO THE ENVIRONMENT

- Go on a litter pick in your local area
- Plant flowers or help in the garden
- Recycle items at home
- Turn off lights and save energy
- Feed birds or care for wildlife

KINDNESS AT HOME


- Help set the table or tidy up without being asked
- Make breakfast for your family (with help if needed!)
- Write a kind note or draw a picture for someone in your home
- Give someone a genuine compliment
- Help a sibling with reading or homework

KINDNESS IN THE COMMUNITY

- Send a card or message to a friend you haven't seen
- Donate toys or books you no longer use
- Help a neighbour (e.g. carry shopping, tidy a garden, walk a dog)
- Smile and say hello to people when out and about
- Leave a cheerful chalk message on the pavement

RANDOM ACTS OF KINDNESS

- Hide a positive note for someone to find
- Let someone go ahead of you in a queue
- Share your toys or games
- Make a thank-you card for a local hero (bin collectors, delivery drivers, etc.)
- Do something kind without telling anyone



RANDOM ACTS OF KINDNESS SPRING CHALLENGE

Record your Acts of Kindness below and post it in the 'Friends of Arnold Mill' Postbox by Friday 17th April

NAME :

CLASS:

Day 1:	Day 2:	Day 3:	Day 4:	Day 5:	Day 6:	Day 7:
Day 8:	Day 9:	Day 10:	Day 11:	Day 12:	Day 13:	Day 14:

See FOAM's latest newsletter by clicking this link [Link to newsletter](#)

Counselling by Carla

CARLA ROSE COUNSELLING



Carlarosecounselling@gmail.com

Carla Rose Counselling

About My Services

- 1-1 sessions
- Providing a safe and supportive environment for children to explore their feelings, thoughts and experiences
- Check-in on individuals well-being
- Coordination with outside agencies
- Communication with parents and teachers
- Sign post referrals

Price Package:

5 Children: (Full day)	£215
3 Children: (Morning)	£135
2 Children: (Afternoon)	£90

Each session will run for 50 minutes on an 8 week block but can be tailored depending on a child's specific needs.

Details:
Level 4 Diploma in Counselling Practice
BACP Registered
Enhanced DBS
Fully Insured

Contact:
Tel: 07929 604693
Email: carlarosecounselling@gmail.com

*Copies provided on request

Community Notices



St TIM'S SCHOOL ESSENTIALS

A community initiative connecting families with the things they need for school life.

WHAT WILL BE THERE?
SHOES **UNIFORMS** **PE KITS** **BLAZERS**
MATHS EQUIPMENT **STATIONERY** **TRAINERS**
TROUSERS & SKIRTS **BAGS** **GUIDES**
 and lots, lots, more...

Uniforms for many local Primary & Secondary School will be catered for.

WHERE AND WHEN?
ST TIMOTHY'S COMMUNITY CENTRE
 Swinburne Way (off Byron Street) NG5 6BX
 9.30-11.30am
SATURDAY 11 APRIL 2026
 No charge for entry,
 tea & coffee will be served

HOW DOES IT WORK?
YOU MAY HAVE SCHOOL ESSENTIALS YOU CAN DONATE! If so, bring them along on the day, or contact Jackie on 07557 123 238.
ARE YOU LOOKING FOR SCHOOL ESSENTIALS? If so, come along and see if what you need is available. Items are free of charge but donations to help with the organisation of this and other initiatives will be gratefully received.

Where is St Tim's?

ST PAUL'S DAYBROOK School Essentials is a community initiative of St Paul's, Daybrook. For further information, or have items you would like to donate, please contact Jackie Fuller on 07557 123 238. spd.church

Easter Fayre

Homemade Cakes, Hot food, Refreshments
 Games and Handmade Crafts.
 £5/£7.50 per Stall
 Enquire within or call 07920377010
 email: nottingham.arnold@salvationarmy.org.uk

21st March **The Salvation Army** 10AM TO 1.30 PM
 99 High Street Arnold NG57DQ

Kids Egg Hunt

Notts County Foundation

EASTER HOLIDAY CLUB

All days 9am - 3pm
 Week one: Monday 30th March - Thursday 2nd April
 Week two: Tuesday 7th April - Friday 10th April

Themed days

Day	Week 1 From 30 th March	Week 2 From Tuesday 7 th April
Monday	Chocolates	Closed - Bank Holiday
Tuesday	Football	Science
Wednesday	Spoon	World Cup
Thursday	Easter	Football
Friday	Closed - Bank Holiday	Easter

Each day will consist of a mixture of Sports, Games and Craft activities.

£15.00 per day
 Book 4 days: £55.00 using code NOTTSAPRIL4FOR55
 Book 5 days: £65.00 using code NOTTSAPRIL5FOR65

Multi-sports | Themed days | Easter crafts & activities

www.nottscountyfc.com www.nottscountyfcfoundation.org.uk



Easter 2026

Arnbrook Holiday Club

Open to all children aged 3 to 11 years, with funded places available for children in Reception to Year 6

Activities include dodgeball, dance, drama, yoga, multi skills, ball games, art and crafts, team and confidence building activities and much more.



LOCATION:
Arnbrook Primary School

COST:
£20 per day including lunch
All childcare vouchers accepted
FREE places available for children in receipt of benefit-related free school meals

DATES & TIME:
10:00am - 3:00pm
Tuesday 7 April to Friday 10 April

HOW TO BOOK:
Scan the QR code to book and use code HOARPS to take you straight to the club or visit our [website](#)



To book a funded place via EEFU, please scan this QR code

rattleandrollperformance.com
enquiries@rattleandrollperformance.com
07722 014301



Follow us on social media



ACCESSIBLE, SKILL BASED FOOTBALL FOR 4-12 YEAR OLDS

@ SOUTHGLADE LEISURE CENTRE
NOTTINGHAM, NG5 5GU

CLAIM YOUR FREE SESSION

Group sessions built around our proven coaching method, designed to help every player improve - whatever their level.

SCHEDULE & PRICE

4-7 YEAR OLDS 8-12 YEAR OLDS

Thursdays and / or Fridays Thursdays and / or Fridays

5.30-6.30pm 6.30-7.30pm

£57 for 6 sessions £57 for 6 sessions



ALL YEAR TRAINING



TOP FACILITIES!



ALL ABILITIES WELCOME



FOR EVERY JOURNEY

GET IN TOUCH

✉ richardh@wemakefootballers.com

☎ 07355771175

🌐 www.wemakefootballers.com/nottingham

TRUSTED BY OVER 100,000 PARENTS



**BOOK 5 DAYS
GET 1 FREE**

EASTER HOLIDAY CAMPS | EASTER HOLIDAY CAMPS | EASTER HOLIDAY CAMPS | EASTER HOLIDAY CAMPS | EASTER HOLIDAY CAMPS

BOOK NOW

DEVELOP SKILLS, MAKE FRIENDS & HAVE FUN AT OUR HOLIDAY CLUBS

POWER LEAGUE
KIDS CAMPS

FOOTBALL ACTIVE

**S.E.N.D
FOOTBALL SESSIONS**

ABOUT US

Led by a team of PE teachers who work in schools across Nottingham. We truly understand how to deliver professional, fun and inclusive football sessions.

WE ALSO OFFER:

- Professional football sessions (ages 3-14)
- Girls Development Programme
- Tots
- Goalkeeping Academy
- Holiday Camps
- Birthday Parties

Instagram Facebook TikTok Search Football Active QR Code



**DICE & BALLS AND
MAPPERLEY & ARNOLD ROTARY CLUB
ARE PROUD TO PRESENT**



D&B Mini-Mini-Con

The All-day Board Game Convention for
Children and Their Families

Easter Edition



**Lots of Games & Activities for
Children of all Ages**

Board Games
Play ours or bring your own

Giant Board Games

WEDNESDAY 8TH APRIL
10AM TO 4.30PM
ARNOLD METHODIST CHURCH
FRONT ST, ARNOLD, NG5 7EL
*Stay all day or drop-in
for an hour or two*

D&D Taster Sessions

Free Drinks & Snacks for all Children

Free
Entry

www.diceandballs.co.uk/minicon
Children remain the responsibility of their accompanying adult




Book here

FOOTBALL

EASTER CAMP

CAMP DATES & LOCATIONS (9am-3pm)

- Arnold (Girls Only) – Mon 30th March – Weds 1st April
- Southwell (Mixed) – Tues 31st March – Thurs 2nd April
- Arnold (Mixed) – Tues 7th – Thurs 9th April
- Radcliffe (Mixed) – Weds 8th – Fri 10th April

PRICES: £25 per day or £60 for all 3 days

Book or for more Info: llsa@canovillecoaching.com



ROLL THE DICE
D & B
CATCH THE FUN

DICE AND BALLS PRESENTS

EASTER ART TRAIL

April 4th 2026 11am to 2pm

COLLECT YOUR TRAIL SHEET FROM THE
LIBRARY OR THE D&B HUB

Fill in the sheet by finding clues in shop windows,
Once completed bring your sheet to The AMP
where you can claim your free Easter Egg!!

Easter Bonnet /
Hat / Fancy Dress
Competition at
1pm!

Atwork provided
by local school
children

The poster features a light blue background with a string of colorful triangular bunting at the top. A circular logo with 'ROLL THE DICE', 'D & B', and 'CATCH THE FUN' is at the top center. The word 'EASTER' is written in large, orange, block letters with a bunny and a carrot integrated into the letters. Below it, 'ART TRAIL' is written in the same style. The date and time are in orange. A yellow starburst contains the competition details. A yellow box at the bottom right says 'Atwork provided by local school children'. The bottom of the poster shows a bunny, a purple egg, and a blue egg on a green hill.



ROLL THE DICE
D & B
CATCH THE FUN

DICE AND BALLS PRESENTS

EASTER FANCY DRESS COMPETITION

Come along to The AMP
in your Easter Finary!
Easter Bonnets, Hats, and Fancy Dress
are all welcome!
Prizes for the best enties!

Saturday April 4th 2026 1:00pm

The poster features a light blue background with a string of colorful triangular bunting at the top. A circular logo with 'ROLL THE DICE', 'D & B', and 'CATCH THE FUN' is at the top center. The word 'EASTER' is written in large, orange, block letters with a bunny and a carrot integrated into the letters. Below it, 'FANCY DRESS COMPETITION' is written in the same style. The text below is in black. The date and time are in orange. The bottom of the poster shows a bunny, a purple egg, a blue egg, and a bunny hat on a green hill.



Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Monday (please ensure you have PE kit in school) and Tuesday (please come in PE kit)*

2B: *Tuesday (please come in PE kit) and Thursday (please ensure you have PE kit in school)*

2C: *Tuesday (please come in PE kit) and Friday (please ensure you have PE kit in school)*

2D: *Monday (please ensure you have PE kit in school) and Thursday (please come in PE kit)*

2E: *Thursday (please come in PE kit) and Friday (please ensure you have PE kit in school)*

2F: Tuesday (please ensure you have PE kit in school) and Thursday (please come in PE kit)



 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://arnoldmill.school/>

 <https://www.facebook.com/arnoldmillofficial>
