



4th September 2026



Dear Parents and Carers,

Welcome back everyone, it's been lovely to see the children back in school and looking so smart in their uniform. I hope you've all had a good summer, it's been heart warming to hear the children talking so positively about their Summer holidays.

The launch of our new dinner menu seems to have been well received and food waste is down. The children have loved the new way we are doing things- they all sit together now.

Just one small reminder, if you drive to school for drop off/pick up please be mindful of our neighbours and park sensibly and respectfully so as not to block drives or walkways etc.

We look forward to an exciting September.

Have a lovely weekend.

Jackie Oldfield, Head Teacher

Calendar



September

Fri 18th - FOAM AGM ([link to poster](#))

Fri 25th - Flu vaccinations (details to follow)

October

Fri 2nd - Y5/6 Visit to King's Mill Reservoir ([link to letter](#))

19th-30th October - Half Term

November

Thur 19th - Year 3&4 visit to Cresswell crags

December

21st December-1st January - Christmas Holidays

January

Mon 4th - Inset Day

February

2nd - visit to Southwell Minster

15th-19th February - Half Term

March

18-19th - Year 4 visit to Lea Green

April

May

Mon 3rd - Bank Holiday

June

31st May-4th June - Half Term

July

Fri 2nd - Inset Day

Tues 27th - Last day for pupils

Wed 28th Inset Day

Dinner Menu - w/c 7th September 2026

FOOD FESTIVAL

LUNCHTIME

MAIN EVENT

- MONDAY:** Cheese and Tomato Pizza Slice with Wedges
- TUESDAY:** Beef Bolognese Pasta with Garlic Bread
- WEDNESDAY:** Roast Gammon, Skin on Routelles and Gravy
- THURSDAY:** Chicken & Leek Pie With Mash
- FRIDAY:** Golden Fish Fingers and Chips

MAIN-FREE MAGIC

- MONDAY:** BBQ Pineapples with Wedges
- TUESDAY:** Veggie Pasta Bolognaise with Garlic Bread
- WEDNESDAY:** Cauliflower & Broccoli Cheese Bake
- THURSDAY:** Bean & Leek Pie With Mash
- FRIDAY:** Vegetable Fingers with Chips

RAINBOW ALLEY

- MONDAY:** Sweetcorn
- TUESDAY:** Mixed Salad
- WEDNESDAY:** Carrots and Cabbage
- THURSDAY:** Green Beans
- FRIDAY:** Baked Beans

BIG TOPPINGS

- MONDAY:** Beans, Cheese or Tuna Mayo
- TUESDAY:** Beans, Cheese or Tuna Mayo
- WEDNESDAY:** Beans, Cheese or Tuna Mayo
- THURSDAY:** Beans, Cheese or Tuna Mayo
- FRIDAY:** Beans, Cheese or Tuna Mayo

DESSERT TROLLEY

- MONDAY:** Watermelon Wedge
- TUESDAY:** Orange Jelly
- WEDNESDAY:** Chocolate & Pear Upside Down Cake
- THURSDAY:** Lemon Drizzle Cake
- FRIDAY:** Vanilla Cookie

PRIMARY TRADITIONAL LIFE

PASTA Topped Italia
MEAT Meaty Mince
VEGETABLE Veggie Bolognese
CHICKEN Chicken Bolognese

Changes to Free School Meals



Dear Parents and Carers,

Changes to Free School Meal Eligibility from September 2026



From the start of the 2026–2027 academic year, the Department for Education is expanding eligibility for Free School Meals (FSM). This means that all children from households receiving Universal Credit will be entitled to receive a free school meal, regardless of household earnings.

FREE SCHOOL MEALS

However, eligibility is not awarded automatically. Parents and carers must apply online via the Notts County Council website found here:
<https://www.nottinghamshire.gov.uk/education/school-meals/free-school-meals-and-milk>



Without a completed application, we do not receive confirmation of your child's eligibility and won't receive the funding to provide Free School Meals.

Free School Meals may be available to pupils whose parents or carers receive one or more of the following benefits:

- Universal Credit
- Support under Part VI of the Immigration and Asylum Act 1999**
- Income-related Employment and Support Allowance (ESA)
- The Guarantee Element of Pension Credit
- Support under the Department for Education's separate guidance for families with No Recourse to Public Funds (NRPF)



If your household receives Universal Credit, even if you have not previously qualified for Free School Meals, we strongly encourage you to apply.

For more information, please refer to the Notts County Council website page using the link above.



Change of Caterers - Action required if your child has special dietary needs



From September we will have a new catering supplier, Aspen's. Although the kitchen staff will remain the same, we will have new food, menus and systems.

Aspens comply with the Food Information Regulation 2014 which states that allergen information must be provided for all food prepared and sold, and as such will provide a meal for your child if they have a special dietary requirement.

*Unfortunately as a new provider, **ALL ALLERGEN INFORMATION NEEDS TO BE RESUBMITTED** for your child to receive allergen appropriate menu.*

If your child does have a special dietary requirement you will need to complete and return a form please ([Link to form](#)). Please ask the office to send a hard copy home if required.

If your child has a food allergy resulting in a severe reaction/anaphylactic shock, please speak to the school office so that Aspens can get in contact directly to discuss a suitable menu. If this allergy is to one of the known 14 allergens (celery, cereals containing gluten, crustaceans, egg, fish, lupin, milk, molluscs, mustard, peanuts, sesame, soybeans, sulphur dioxide, tree nuts.) then your child can be fed from our allergy aware menu until they have agreed a suitable menu with you.

If your child has multiple allergies or is allergic to other foods such as tomatoes, please could you provide a packed lunch for them until Aspens have met with you to agree a suitable menu.

For those children with intolerance and lifestyle choices, please follow our usual ordering system and select from the daily menu. The draft menus can be seen below. As you will see, there is more choice; anyone can choose the vegetarian option if they wish and both pasta and jacket potatoes will be available as an option on a daily basis.

September at Arnie's Breakfast & Millie's After School Club

SEPTEMBER AT ARNIE'S BREAKFAST & MILLIE'S AFTER SCHOOL CLUB			
SPACE INVASION	UNDER the SEA	SUPER HERO	NATURE
w/c 7th September Activities throughout the week Spazeman training camp Rocket launcher workshop Make me an alien A postcard from space Grab a planet From 4.30pm to include Meteor Meatballs Cosmic kebabs UFO pizza Galaxy popcorn Comet corn	w/c 14th September Activities throughout the week Shark attack tag Ocean in a bottle DIY seaside necklaces Marshmallow toasting Under water treasure hunt From 4.30pm to include Pirate ship hot dogs Crabwiches Shark bites Beach party jelly cup Treasure trove snacks	w/c 21st September Activities throughout the week Hulk bash Superhero shield making Target practice Comic strip creator Make me a superhero From 4.30pm to include Captain America burgers Hulk Smash tacos Kryptonite kebabs Caped crusader cakes Cotton candy canon	w/c 28th September Activities throughout the week Scavenger hunt Bug hotel making Nature bowling Wildlife art workshop Den making From 4.30pm to include Woodland veggie platter Snakehips Tropical parrot punch Wood fired cheese balls Fruit catapult

Updated Relationships Education, Relationships and Sex Education (RSE) and Health Education Policy

Please use this link to read the latest updated policy.

[Link to policy](#)

Reading at Home - changes to how you can record it

We hope you had a wonderful summer break. We are making some changes to how we record children's reading at home. Instead of using reading diaries, we will now be using Class Dojo to record home reading. This new system will be used across Years 1 to 6 and will help us keep a clear record of children's reading while making communication between home and school quicker and easier.

Please use the link below to read the letter.

[Link to letter](#)

Friends of Arnold Mill PTFA



Mobile Phones in School



A quick reminder that we have a no phones in school policy for children. They should not be bringing phones to school and if they do, it will be sent to the office and an adult will be asked to collect them. When used unsupervised, mobiles can lead to safeguarding concerns, unwanted photo taking and unkind messages. Please don't feel you need buy your child a phone, as it won't be allowed in school. You can see the policy in more detail by clicking this [link Link to policy](#).

Community Notices



The poster for Killisick Community Fun Day features a large background image of a community event with people on a grassy field. In the top left corner is a circular logo with the text 'NEXT MOVE' and an arrow. In the top right corner is a circular logo with the text 'Positively Empowered Kids' and stylized figures. Below the main image are three circular inset photos: the first shows a child playing on a trampoline, the second shows people sitting at a table with a red tablecloth, and the third shows a fire truck. The title 'KILLISICK COMMUNITY FUN DAY' is written in large, bold, teal letters. Below the title is a paragraph of text. At the bottom, there is a calendar icon, a clock icon, and a 'FREE EVENT' button.

**KILLISICK
COMMUNITY FUN DAY**

Packed with local stalls, family-friendly activities and plenty of opportunities to get involved, there's something for everyone to enjoy throughout the day.

11:00 AM - 16:00 PM
Saturday, 5th
September 2026

Killisick Recreation
Ground & Killisick
Junior School

FREE EVENT

Counselling by Carla

CARLA ROSE COUNSELLING



Carlarosecounselling@gmail.com

Carla Rose Counselling

About My Services

- 1-1 sessions
- Providing a safe and supportive environment for children to explore their feelings, thoughts and experiences
- Check-in on individuals well-being
- Coordination with outside agencies
- Communication with parents and teachers
- Sign post referrals

Price Package:

5 Children: (Full day)	£215
3 Children: (Morning)	£135
2 Children: (Afternoon)	£90

Each session will run for 50 minutes on an 8 week block but can be tailored depending on a child's specific needs.

Details:

Level 4 Diploma in
Counselling Practice
BACP Registered
Enhanced DBS
Fully Insured

*Copies provided on request

Contact:

Tel: 07929 604693
Email:
carlarosecounselling@gmail.com



Physical Education

Here are the PE slots for each class:

F1 (am): Tuesday (please come in PE kit)

F1 (pm): Friday (please come in PE kit)

F2a: Wednesday (please come in PE kit)

F2b: Wednesday (please come in PE kit)

1A: Monday and Wednesday (please come in PE kit)

1B: Monday and Wednesday (please come in PE kit)

1C: Monday and Wednesday (please come in PE kit)

2A: Monday (please ensure you have PE kit in school - lesson at 9.10am) and Tuesday (please come in PE kit)

2B: Tuesday (please come in PE kit) and Thursday (please ensure you have PE kit in school - lesson at 9.10am)

2C: Tuesday (please come in PE kit) and Friday (please ensure you have PE kit in school - lesson at 9.10am)

2D: Monday (please ensure you have PE kit in school - lesson at 10.30am) and Thursday (please come in PE kit)

2E: Thursday (please come in PE kit) and Friday (please ensure you have PE kit in school - lesson at 10.30am)

2F: Tuesday (please ensure you have PE kit in school - lesson at 10.30am) and Thursday (please come in PE kit)



 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://arnoldmill.school/>

 <https://www.facebook.com/arnoldmillofficial>
