



**8th May 2026**



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*Dear Parents and Carers,*

*We have been doing lots of work on respect this week and as we allow the children to use OPAL at lunchtimes again, we are looking forward to seeing this work in action.*

*It has been so nice to be in school as the children have been going that extra mile to show us how well they can behave.*

*We have our year 6 SATs next week. They are all prepared and ready to go. The year 6s need to be in school at 8am Monday-Thursday and they are going to have a special treat on Friday to celebrate their hard work. Please make sure **all the children** are on time next week so that they don't end up walking through our SATs areas if they arrive late.*

*As an extras treat the ice-cream van is also here for everyone on Friday.*

*Don't forget we are raffling off a signed Forest shirt - you have to be in it to win it. The raffle is being drawn at noon on Friday 15th May.*

*Have a lovely weekend!*

Jackie Oldfield, Head Teacher

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## Calendar



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### May

*Mon 11th - Y6 SATS week ([link to Y6 letter](#)) ([link to Y5 letter](#))*

*Fri 15th - FOAM PTFA Raffle Draw at noon ([link to poster](#))*

*Fri 15th - Y6 end of SATs visit to St Mary's Park ([link to Y6 letter](#))*

*Fri 15th - Ice Cream Friday ([link to poster](#))*

*Fri 22nd - Year 5/6 Trip to National Justice Museum ([link to letter](#))*

***Mon 25th - Fri 29th School closed for Half Term Break***

### June

*Fri 5th - Class Photos*

*Tue 9th - 1C library visit ([link to letter](#))*

*Thurs 11th - 1C Assembly with parents/carers (provisional)*

*Fri 12th - Year 3 Trip Now Hear This! ([link to letter](#))*

*Tue 16th - F2A & 2E library visit ([link to letter](#))*

*Tues 16th - FS & KS1 Olympics (provisional)*

*Thur 18th - KS2 Olympics (provisional)*

*Thur 18th - 2C library visit ([link to letter](#))*

*Fri 19th - Non uniform day (bring a bottle or chocolate for summer fair)*

*Fri 19th - 2B library visit ([link to letter](#))*

*Tues 23rd - 1A library visit ([link to letter](#))*

*Thur 25th - 2A library visit ([link to letter](#))*

*Fri 26th - Summer Fair*

*Tue 30th - 1B library visit ([link to letter](#))*

## **July**

*Weds 1st - Y6 transition day at Redhill Academy (only for children moving to Redhill in September)*

*Thurs 2nd - Art Assembly (invitation only) (provisional)*

*Fri 3rd - INSET Day (school closed)*

*6th -10th - Diversity Week ([link to letter](#)) (9th July is Diversity Day)*

*Tue 7th - 9th -PTFA Animal Dome Willow Weaving Workshop (provisional)*

*Tue 7th - F2B & 2F library visit ([link to letter](#))*

*Wed 8th - 2D library visit ([link to letter](#))*

*Thurs 9th -Diversity Day*

*Thurs 9th - Talent Assembly (invitation only) (provisional)*

*Fri 10th - Colour Run (provisional)*

*Mon 13th - Year 1 trip to Conkers ([link to letter](#))*

*Weds 15th - F1 Learning Journey Celebration with parents/carers (invitation only/booking essential) (provisional)*

*Weds 15th - Y6 performance (invitation only/booking essential) (provisional)*

*Thurs 16th - F2 Learning Journey Celebration with parents/carers (invitation only/booking essential) (provisional)*

*Thurs 16th - F2 Bouncy Castle & Ice Cream treat (provisional)*

*Thurs 16th - F1 Teddy Bears' Picnic and Ice Cream treat (provisional)*

*Thurs 16th - Y6 performance (invitation only/booking essential) (provisional)*

*Mon 20th - Year 2 trip to Gulliver's Kingdom (provisional)*

*Tue 21st - Guitar Assembly (invitation only)*

*Wed 22nd - Y6 Leavers' treat day - Bonington Theatre (am) and picnic (pm) (provisional)*

*Wed 22nd - F2 & KS1 Disco (provisional)*

*Wed 22nd - Ice Cream Wednesday (provisional)*

*Thurs 23rd - Sporting Achievement Assembly (invitation only/booking essential) (provisional)*

*Thurs 23rd - Year 3 -5 Disco*

## Dinner Menu - w/c 11th May 2026

Week 2 Spring/Summer Menu 20 <sup>th</sup> April, 11 <sup>th</sup> May, 1 <sup>st</sup> June, 22 <sup>nd</sup> June, 13 <sup>th</sup> July					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Quorn Nuggets with Potato Balls, Sweetcorn & Tomato Ketchup	Chicken Bolognese with Spaghetti, Crusty Bread & Vegetable Sticks	Nottinghamshire Sausage with Yorkshire Pudding, Mashed Potatoes, Broccoli, Peas & Gravy	All day brunch with Nottinghamshire Sausage, Bacon with hash browns & scrambled eggs	Fish & Chips, Sweetcorn & Baked Beans
<b>Option 2</b>	Panini Filled with either Cheese & tomato, Ham and Cheese or Cheese	Jacket Potato served with a choice of: Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato served with a choice of: Baked Beans, Cheese or Tuna Mayonnaise	Filled Cobb with a choice of: Cheese, Ham or Tuna Mayonnaise	
All of the option 2 choices are served with crunchy vegetable sticks or summery salad					
<b>Pudding</b>	Ice Cream Tub	Cornflake Tart & Custard	Chocolate Cookie	Iced Fairy Cake	Doughnuts

Available Daily: Sliced bread & fresh fruit

**Are you Eligible for any of the following benefits:**

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earning from up to three of your most recent assessment periods).
- Income Support
- Income-based Jobseeker's Allowance (JSA)
- Income-related Employment and Support Allowance (ESA)
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual gross income of no more than £16,190
- Working Tax Credit run-on (paid for the four weeks after the person stops qualifying for Working Tax Credit)

**Yes** → Have you applied for Free School Meals? → **Yes** → Thank you. This not only benefits your child, but also the school as a whole, as we will receive vital Pupil Premium Funding.

**No** → Common reasons that parents don't apply for Free School Meals:

- My child is in reception year 1 or year 2 and therefore already gets free meals.
- I don't want my child to be embarrassed.
- Applying is too complicated and/or I don't have time.
- My child has a packed lunch.

**Why we would ask that you still apply:**

- Pupil Premium Funding**: School will receive Pupil Premium funding for every child entitled to free school meals - even if parent's eligibility ceases.
- Free School Milk**: Children will be eligible for free milk throughout primary school universal entitlement ends at age 5 or until parent's eligibility ceases.
- Access to HAF**: Access to Holiday and Food Programme, giving free activities during school holidays.

**Thank you for your time.**

Please note that all applications are dealt with in the strictest confidence and children are not treated any differently.

You can apply quickly and easily through [www.nottinghamshire.gov.uk](http://www.nottinghamshire.gov.uk)

## Talent Assembly - Thursday 9th July (Nominations now open)





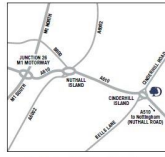
Information will be available on a range of services, support groups and leisure opportunities for young children with additional needs and their families. Representatives from Ask Us, the Nottinghamshire SEND Local Offer, the Nottinghamshire SEND Local Offer, the Parent Carer Forum and Early Years Family Hubs will be on hand to provide supporting and guidance on the day.

In addition, representatives from the Department for Work and Pensions (DWP) will be available during the morning and lunch break to offer guidance on benefit entitlement, as well as answer any questions about topics, such as returning to work.

And finally, there will be an opportunity at the end of the event to gather information, speak to workshop providers and ask any outstanding questions that you may have.

#### Childcare Costs

You may claim a contribution towards any additional childcare costs incurred due to attending the conference. A receipt from a registered provider will be required for audit purposes. Please email [SES.spr@nottscc.gov.uk](mailto:SES.spr@nottscc.gov.uk) for further information. (Maximum of £40.00 per family).



Doubletree by Hilton Nottingham  
- Gateway Hotel, Nuthall Road,  
Nottingham NG9 6AZ

Strategically located on the A610, 1 mile from Junction 26 of the M1 motorway, and 3 miles from Nottingham city centre, with 200 free car parking spaces on-site. The hotel benefits from excellent public transport links with bus stops that connect to the heart of the city just steps away, and Phoenix Park tram stop located less than half a mile from the hotel. Nottingham train station is located 4 miles away.



## Including Early Years Parent Conference

This is a free conference for parents and carers of pre-school children and children up to the age of 8, with additional needs, who are resident in Nottinghamshire or whose child attends a Nottinghamshire school/setting.

Presented by  
**SEND Inclusion Service (SIS)**  
Education, Learning and Inclusion



**Wednesday 17 June 2026**  
**8:45 am – 3 pm**  
at the Doubletree by Hilton  
Nottingham Gateway Hotel, NG9 6AZ  
**Bookings go live on 14 April 2026**  
**at 8am on Eventbrite.**

Please note that priority will be given to parents and carers who have not attended previous conferences.



#### Keynote Performance: Lisa Lloyd



Lisa, aka 'ASD with a G & T' across social media, is a passionate advocate for Special Educational Needs (SEN) rights and the parent of two neurodivergent children diagnosed with PDA (Pathological Demand Avoidance) and autism.

She is The Times bestselling author of Raising the SEN-Betweeners and shares her experiences through her popular blog, where she writes candidly about family life and the challenges of navigating SEN. An ambassador for several SEND charities and a campaigner for SEND rights, Lisa's work continues to inspire and empower families and professionals alike.

#### Programme of the day

8:45 Registration  
9:30 Welcome and Introduction  
9:35 Keynote Presentation • Q & A:  
Lisa Lloyd  
10:20 Refreshment Break  
10:40 Workshop 1  
12:10 Lunch  
1:10 Workshop 2  
2:40 Providers & Professionals available for questions  
3:00 Close

#### Workshop details

**Sensory On A Shoestring**  
Low-cost sensory ideas that support communication, play and learning in the home!  
Workshop Provider: Hirstwood Training

**Empowerment!**  
Getting your voice heard in the SEND world.  
Workshop Providers: Julie Rastall and Louise Grafton - Parents

**Beyond Words: Talking Isn't The Only Way**  
How to unlock your child's unique ways of communicating, with practical tools and ideas to interest and engage.

Workshop Providers: Rachel Wilson & Lynne Pearson - Home and Pre-School Team, SEND Inclusion Service

**What Does Autistic Play Look Like?**  
Looking at how autistic children might play; how it may differ from their peers and how we can support it.

Workshop Provider: Lindsay Beach - Communication and Interaction Team, SEND Inclusion Service

**Supporting Your Child To Navigate Strong Emotions Using Emotion Coaching**  
An introduction to the Emotion Coaching model, an evidence-based approach responding 'in the moment' to big feelings.  
Workshop Provider: Suzie Wood - Education Psychology Service

#### How to book

- Copy or click on this link: <https://www.eventbrite.co.uk/e/including-early-years-parent-conference-2026-tickets-188866903387?aff=oddclubcreator> and go to step 6.
- Or, on [www.eventbrite.co.uk](http://www.eventbrite.co.uk) click on "search for events"
- Click on "Including Early Years Parent Conference"
- Choose a location - "Nottingham"
- Filters select date - 17 June 2026
- Click - Search
- Click - Tickets
- Click - Apply
- Click - Register
- Complete your registration details and workshop preferences in order (1-5)
- Click - Register

All information provided is confidential

**Workshop choices available:**  
We will do our best to allocate you to your 1st and 2nd choice, but we cannot guarantee this. It is important that you also identify your 3rd - 5th for this reason.

- Sensory On A Shoestring
- Empowerment!
- Beyond Words: Talking Isn't The Only Way
- What Does Autistic Play Look Like?
- Supporting Your Child To Navigate Strong Emotions

Please state any special requirements you may have. You will receive an email confirming your booking.  
If you have difficulties booking, contact:  
Trudi Hodgson, SIS  
T: 0115 854 6464 E: [sis.spr@nottscc.gov.uk](mailto:sis.spr@nottscc.gov.uk)

## Friends of Arnold Mill (FOAM) PTFA





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See FOAM's latest newsletter by clicking this link [Link to newsletter](#)

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## Counselling by Carla

CARLA ROSE COUNSELLING



Carlarosecounselling@gmail.com

# Carla Rose Counselling



## About My Services

- 1-1 sessions
- Providing a safe and supportive environment for children to explore their feelings, thoughts and experiences
- Check-in on individuals well-being
- Coordination with outside agencies
- Communication with parents and teachers
- Sign post referrals

## Price Package:

5 Children: (Full day)	£215
3 Children: (Morning)	£135
2 Children: (Afternoon)	£90

Each session will run for 50 minutes on an 8 week block but can be tailored depending on a child's specific needs.

## Details:

Level 4 Diploma in  
Counselling Practice  
BACP Registered  
Enhanced DBS  
Fully Insured

\*Copies provided on request

## Contact:

Tel: 07929 604693  
Email:  
carlarosecounselling  
@gmail.com

## Community Notices



# May Half Term



# Football Camps

Girls Camp Arnold Tues 26<sup>th</sup> - Weds 27<sup>th</sup> May  
 Mixed Camp Arnold Thur 28<sup>th</sup> - Fri 29<sup>th</sup> May  
 Mixed Camp Southwell Weds 27<sup>th</sup> - Fri 29<sup>th</sup> May

**Book Now**



For more information email:  
[lisa@canovillecoaching.com](mailto:lisa@canovillecoaching.com)



## School Activity Programmes

Fun, inclusive balance bike and PE aligned sessions that build confidence, coordination and physical literacy.

### Stay and Play



Promotes independent learning and active exploration. Children choose how they move around space, practicing balance and coordination on balance bikes while navigating road markings, crossings, and simple obstacles.

### Balance Bike Course



The course helps children build confidence through structured games, fun challenges, & playful learning. Pupils develop core skills including balance, control, handling, and spatial awareness in a friendly group setting. Each child receives a certificate on completion.

### Obstacle Courses & Races



Exciting ramps, seesaws and challenges for PE lessons, sports days or school events. Suitable for all abilities.

[www.balancefun.co.uk](http://www.balancefun.co.uk)  
[info@balancefun.co.uk](mailto:info@balancefun.co.uk)



## Learn to Cycle Flexi Sessions

**£10**  
per session

LAMBLEY PRIMARY SCHOOL - TENNIS COURT



### Beginner-friendly sessions for ages 4-10

#### Perfect for:

- First-time riders
- Stabiliser riders
- Building confidence

- ✓ Fun games
- ✓ Gentle coaching
- ✓ No commitment
- ✓ Just bring a bike

**Book Now**

Message us on Facebook - BalanceFun

[info@balancefun.co.uk](mailto:info@balancefun.co.uk)  
[www.balancefun.co.uk](http://www.balancefun.co.uk)

**Learn to Cycle - Made Fun**

Sun 10<sup>th</sup> May : 9-9.45am

Sat 16<sup>th</sup> May : 4-4.45pm

Sun 31<sup>st</sup> May : 9-9.45am

Sun 7<sup>th</sup> June : 9-9.45am

Sun 14<sup>th</sup> June : 9-9.45am

Sun 21<sup>st</sup> June : 9-9.45am

**Please Note: there is no access to toilet facilities during the session**

**RATTLE & ROLL**  
PERFORMANCE

**Orsted**  
Registered

## May Holiday Clubs

Open to all children aged 3 to 11 years

Activities include dodgeball, dance, drama, yoga, multi skills, ball games, art and crafts, team and confidence building activities and much more.




**RUNNING AT:**

- Banks Road Infant & Nursery School, Toton
- Hucknall Flying High Academy
- Millside Spencer Academy, East Leake
- Rosecliffe Spencer Academy, Edwalton
- St Edmund Campion Catholic Primary, West Bridgford
- St Peter's Academy, East Bridgford
- Woodthorpe Infant School

**HOW TO BOOK:**  
Scan the QR code or visit our [website](http://www.rattleandrollperformance.com)



[rattleandrollperformance.com](http://rattleandrollperformance.com)  
enquiries@rattleandrollperformance.com  
07722 014301

Follow us on social media



## Physical Education

Here are the PE slots for each class:

F1 (am): Tuesday (please come in PE kit)

F1 (pm): Friday (please come in PE kit)

F2a: Wednesday (please come in PE kit)

F2b: Wednesday (please come in PE kit)

1A: Monday and Wednesday (please come in PE kit)

1B: Monday and Wednesday (please come in PE kit)

1C: Monday and Wednesday (please come in PE kit)

2A: Monday (please ensure you have PE kit in school - lesson at 9.10am) and Tuesday (please come in PE kit)

2B: Tuesday (please come in PE kit) and Thursday (please ensure you have PE kit in school - lesson at 9.10am)

2C: Tuesday (please come in PE kit) and Friday (please ensure you have PE kit in school - lesson at 9.10am)

2D: Monday (please ensure you have PE kit in school - lesson at 10.30am) and Thursday (please come in PE kit)

2E: Thursday (please come in PE kit) and Friday (please ensure you have PE kit in school - lesson at 10.30am)


2F: Tuesday (please ensure you have PE kit in school - lesson at 10.30am) and Thursday (please come in PE kit)

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 [office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://arnoldmill.school/>

 <https://www.facebook.com/arnoldmillofficial>

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