



Arnold Mill Primary School

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Dear Year 3 and 4 Parent/Carer,

As you may be aware, the Department for Education introduced statutory guidelines for RSHE (Relationships, Sex and Health Education) across both primary and secondary education from 2020. Relationships and Health Education is compulsory for all pupils receiving primary education. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being.

In the coming weeks, Year 3 and 4 will be taking part in special, age appropriate, RSHE lessons. All children will be involved in these lessons and will be taught by teachers within the Year 3/4 team.

We recognise that parents play a vital part in their child's RSHE, and we would encourage you to talk to your children at home beforehand should you wish, and about what they have learnt in school; exploring any further questions they may have. We will answer children's questions in school if they are relevant to our teaching and age appropriate. Any other questions, we will explain to the child that they can either ask a trusted adult at home or wait until they are older.

Information about the lesson content is also available in our Relationships and Sex Education Policy on the school website, should you wish to see what will be covered in more detail. As we are in the process of updating our policy, there is one minor change to the content. Puberty will now be taught from Year 3. If you have any questions about these lessons, please message your child's teacher via ClassDojo.

Children cannot be withdrawn from these lessons as they form part of the statutory RSHE and Science curriculum.

Kind Regards,

Year 3/4 Team