



# Arnold Mill Primary School

*9th February 2024*



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*Dear Parents and Carers,*

*It's been so great seeing all of you at parents' evening this week. I hope you have all enjoyed hearing how your children are doing. If you've missed a slot this time, your child's class teacher should be getting in touch via email or phone to catch up with you. If you've not heard anything, please contact your child's class teacher. We've also got our open afternoon on Friday 23rd February from 3.00-3.30pm, where you're all invited to come and see your children's work.*


*Please note it's half term next week and there are no clubs the first week back.*

*Have a super half term and we'll see you on Monday 19th February.*

**Jackie Oldfield, Head Teacher**

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## Children's Work:

**THE DEN COMPETITION** 

WHICH ROOM IN THE DEN ARE YOU GOING TO NAME?  
(PLEASE TICK)

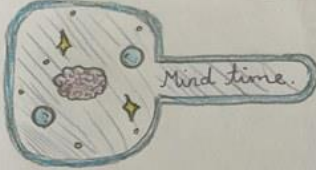
☒ MRS MONAGHAN' S SENSORY ROOM

☐ MRS HOPEWELL' S ELSA ROOM

WHAT ARE YOU GOING TO NAME IT?

Mind time room.

DRAW A PICTURE OF YOUR LOGO OR MASCOT FOR THE ROOM.



WHY DID YOU CHOOSE THIS NAME?

I chose this because  
its where people can  
relax there mind.

## THE DEN COMPETITION



WHICH ROOM IN THE DEN ARE YOU GOING TO NAME?  
(PLEASE TICK)



MRS MONAGHAN' S SENSORY ROOM

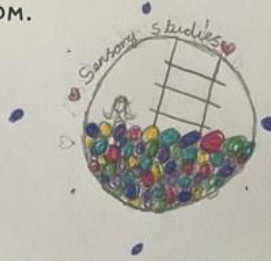


MRS HOPEWELL' S ELSA ROOM

WHAT ARE YOU GOING TO NAME IT?

Sensory studies

DRAW A PICTURE OF YOUR LOGO OR MASCOT FOR  
THE ROOM.



WHY DID YOU CHOOSE THIS NAME?

Because people go to sensory and study  
about sensory with the lights and patterns.

## THE DEN COMPETITION



WHICH ROOM IN THE DEN ARE YOU GOING TO NAME?  
(PLEASE TICK)



MRS MONAGHAN' S SENSORY ROOM



MRS HOPEWELL' S ELSA ROOM

WHAT ARE YOU GOING TO NAME IT?

Mindfull Mental Health

DRAW A PICTURE OF YOUR LOGO OR MASCOT FOR  
THE ROOM.



WHY DID YOU CHOOSE THIS NAME?

Because I thought that mindfullness is  
calm and soothing and mental health  
is verry important.

## THE DEN COMPETITION

WHICH ROOM IN THE DEN ARE YOU GOING TO NAME?  
(PLEASE TICK)

☐ MRS MONAGHAN' S SENSORY ROOM

☒ MRS HOPEWELL' S ELSA ROOM

WHAT ARE YOU GOING TO NAME IT?

relaxation room

DRAW A PICTURE OF YOUR LOGO OR MASCOT FOR  
THE ROOM.



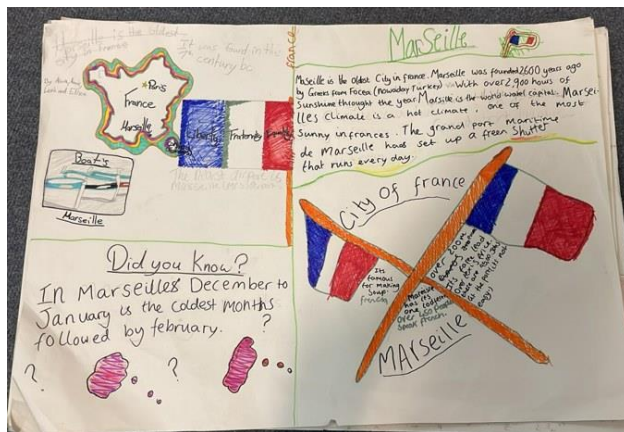
WHY DID YOU CHOOSE THIS NAME?

Because I did ELSA with Mrs Hopwell.

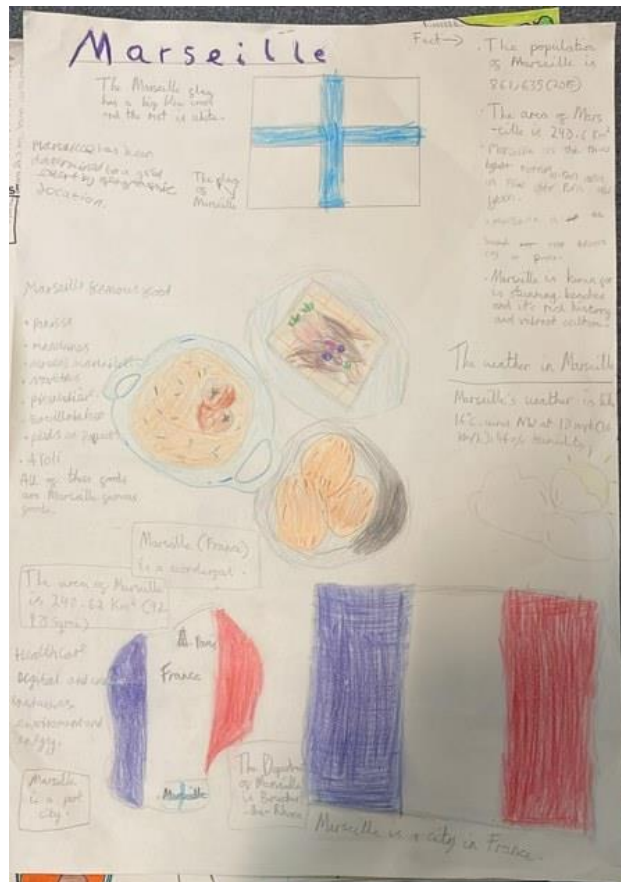
☐ MRS MONAGHAN' S SENSORY ROOM  
☒ MRS HOPEWELL' S ELSA ROOM  
WHAT ARE YOU GOING TO NAME IT?

Chill, calm chat room.

Because I feel everyone should be happy and calm.







## Calendar



### February

Monday 12th - Friday 16th February - Half Term

Tues 20th - Maths Celebration Assembly (by invite)

Thurs 22nd - F2 Visit to Arnold Park



Thurs 22nd - *Imam to visit year 5/6 as part of RE curriculum*

Fri 23rd - *Parent book look with children*

Fri 23rd - *Class 1b Library Visit*

Mon 26th - *Class F2a Library Visit*

Tues 27th - *Class F2b Library Visit*

Weds 28th - *F1am & F1pm Library Visit*

### ***March***

Fri 1st - *Class 2a Library Visit*

Thurs 7th - *World Book Day (see letter)*

Fri 15th - *Red Nose Day*

Fri 15th - *'The Easter Experience' Visit to Arnold Methodist Church ([see letter](#))*

Thurs 21st - *Year 5/6 Visit to National Justice Museum ([see letter](#))*

Mon 25th - *Easter assembly given by vicar from St Paul's Church*

Tues 26th - *Year 1 & 2 "Reading for Pleasure" Session 3.00-3.30pm ([see letter](#))*

Weds 27th - *F2 parents invited to do Easter crafts with children (more details to follow)*

Fri 29th - *Good Friday - School Closed*

### ***April***

**Friday 29th March - Friday 12th April - Easter Holiday**

### ***May***

Mon 6th - *May Day Bank Holiday - School Closed*

Thurs 9th - Fri 10th - *Year 4 Residential visit to Rand Farm*

Fri 24th - *Year 1 & 2 Reading for Pleasure Session 9.00-9.30am ([see letter](#))*

**Monday 27th - Friday 31st May - Half Term**

***June***

Tues 24th - *Dogs Trust whole school assembly and workshops with 2a, 2b, 2c (more details to follow)*

***July***

Fri 12th - *Inset Day - School Closed (change of date)*

Tues 23rd - *Year 1 & 2 Reading for Pleasure Session 3.00-3.30pm ([see letter](#))*

Fri 26th - *Last day of term*

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## New Articles



## Parking



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*We have had a request from a resident on Mill Crescent to inform our parents that it is a private road and therefore parents should not park on it.*


*As a private road, any repairs needed to the road surface are the cost of the residents themselves. Whilst writing, I would ask that you always park considerably around school and would remind you that the school car park is for staff only and should not be used by parents unless collecting a child from Millie's After School Club **after 5pm**.*

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We would like to remind parents that the car park is for the use of **staff only** and should not be used for dropping off and picking up. This includes at breakfast club and after school clubs.  
Thank you



## Threadworms



### Threadworms

**We wanted to make you aware that we have a case of threadworms in school.**



**Your child does not need to stay off school if you suspect or discover they have threadworm but we do ask that you treat your child with medication recommended by a pharmacist.**

**Let us know if your child has threadworm so that we can ask other parents to check their children.**

**We have been reminding the children when they should be washing their hands and how to wash their hands properly**

**For more information on diagnosing, treating and preventing threadworm please visit the NHS website**

**[www.nhs.uk/conditions/threadworms](http://www.nhs.uk/conditions/threadworms)**



## F2 Visit to Arnold Park: *Thursday 22nd February*



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*Since the beginning of term, we have been learning about where we live. We have discovered places in our local area that we can visit and have decided as a class we would like to visit Arnot Hill Park.*

*On Thursday 22nd February in the afternoon we will walk to the park. Whilst we are there we will use our map reading skills to follow a route around the park and find some places marked on the map. We will also have time for a short visit to the play area.*

*We will be back at school before the end of the school day.*

*Many thanks*

*The Foundation 2 Team*

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### **Parent Book Look: Friday 23rd February**

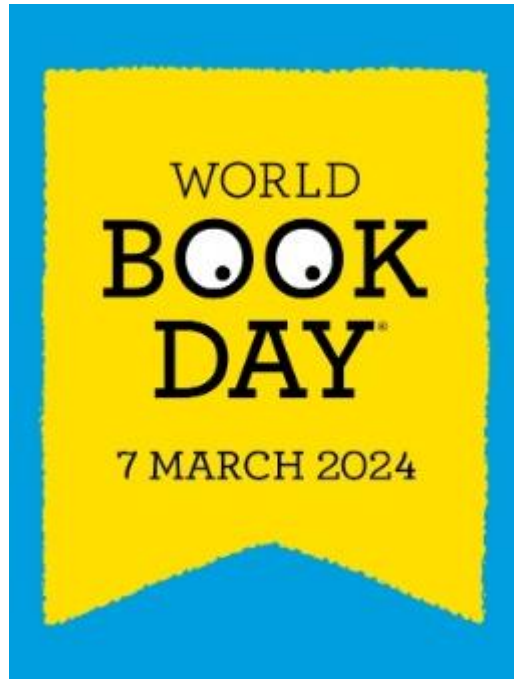


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*We would like to invite parents into school to look at children's work books with them on Friday 23rd February between 3.00 and 3.30pm.*

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## **World Book Day: Thursday 7th March 2024**



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*This year, on Thursday 7th March, in celebration of World Book Day we will be joining together as a school to celebrate children's authors.*

*This year world book day titles are better than ever. You will be receiving your token on the big day! Visit <https://www.worldbookday.com/> to find out more.*

*Each class has chosen an author to base their celebrations around.*

*Foundation - Kes Gray*

*1A - Allan Ahlberg*

*1C - Rachel Bright*

*2a - Roald Dahl*

*2b - Julia Donaldson*

*2C - David Walliams*

*2D - Cressida Cowell*

*2E - J KRowling*

*2F - Dan Freedman*

*We are inviting the children to dress up as a character created by their chosen author if they would like to. There is no pressure for you buy a costume as we will give them some resources to make masks in school.*

*The class teachers will gather ideas and share these on teams and in classroom windows.*

*There will be lots of book related activities going on throughout the day for the children to enjoy and we would love the children to bring a favourite book to school to share with their friends.*

*At 3pm we will be opening the doors and inviting parents, grandparents and carers to join us and 'tuck into a book'. This will give you a chance to read a story to your child or them read it to you!*

*We hope that you will support us with encouraging and nurturing your child's love of books through celebrating World Book Day with us.*

*Thanks for all your continued support.*

*Shaun Hewlett, Katie Appleyard and Matthew Booth - Literacy Leads*

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### **Year 3 Visit to 'The Easter Experience' - Arnold Methodist Church: Friday 15th March**



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*As part of our RE topic about Easter, we have arranged for the Year 3 children in 2A and 2B to visit Arnold Methodist Church to take part in their 'Easter Experience'. This is a fantastic opportunity for the children to visit a Christian place of worship and explore the meaning of Easter for Christians. We will be visiting on Friday 15th March as one Year 3 group.*



We will be walking from school to the church (please send your child with an appropriate coat on the day) in line with our local visit policy.

## Dinner Menus w/c 19th February 2024

**AUTUMN/WINTER 2023/24**

**WEEK COMMENCING 19th February**

**MY SCHOOL MENU**

**TASTE of NATURE**

**FOOD FOR LIFE**

**SOIL Association**

Vegetarian meals are available upon request

	MAIN MEAL	DESSERT
<b>MONDAY</b>	Quorn dippers, Pomme Noisettes, peas and sweetcorn cucumber sticks <i>gluten</i>	Fruit Berry Mousse OR Fruit
<b>TUESDAY</b>	Nottinghamshire sausage gravy, Yorkshire pudding mashed potatoes, broccoli & carrots <i>Egg gluten Milk Sulphur Dioxide</i> Plant based sausages	Shortbread OR Fruit <i>gluten</i>
<b>WEDNESDAY</b>	Cheesy tomato pasta garlic bread, carrot & cucumber sticks <i>Gluten Milk Soya</i>	Chocolate sponge & chocolate sauce OR Fruit <i>Milk Egg gluten</i>
<b>THURSDAY</b>	Roast pork, stuffing & gravy Yorkshire pudding, roasted OR mashed potato cabbage & fresh carrots <i>Milk Egg gluten</i> Quorn roast	Strawberry ice cream tub <i>Milk</i> OR Fruit
<b>FRIDAY</b>	MSC fish finger wrap Pommes noisette, crunchy veg & sweetcorn tomato ketchup <i>Gluten Milk Fish</i> Quorn vegan nuggets	Honey & oatmeal cookie OR Fruit <i>Gluten</i>

ALSO SERVED DAILY: Best of both bread *gluten and Soya* Seasonal vegetables available daily, Coleslaw *egg* when served.

[www.nottinghamshire.gov.uk/schoolmeals](http://www.nottinghamshire.gov.uk/schoolmeals)

**Nottinghamshire County Council**



**Wednesday February 14th 2.00pm -4.00p.m.**

**Craft**  
**Food**  
**Games**  
**Fun**  
**Friends**  
**Jesus**

**Excite**

**FREE**  
for all ages

**Book Now**  
Call or text  
Dianne  
07739477978

**Emmanuel Church Arnold**  
*All children MUST be accompanied by an adult*  
 Find us on the corner of Furlong Avenue/Furlong Street  
[www.emmanuelchurcharnold.org](http://www.emmanuelchurcharnold.org) **f** Emmanuel Church Arnold

**Gedling Leisure**

**Half term activities**



The illustration shows two children engaged in leisure activities. On the left, a boy in a white t-shirt and red shorts is playing tennis, holding a racket and swinging. On the right, a girl in a pink swim cap and yellow swimsuit is swimming, with her arm extended forward. In the background, there is a colorful inflatable castle with a rainbow archway and several children playing on it.

1 - [Link to website](#)

# Our volunteers are a lifeline to families



Join our team of home-based volunteers and help make a difference

Our volunteers offer support to families and carers on issues such as bullying, behavioural issues, problems at school, relationship issues, family breakdown, and more through our national helpline.

Based at home, we will provide you with full training remotely and ongoing supervision. Volunteering is a great way to gain new skills, meet new people and help support families in crisis.

## What you can gain from volunteering:

- Listening and reflection skills
- Training and ongoing development
- Experience in family support
- Skills and experience for future employment
- Sense of fulfilment from helping people
- A boost for your emotional and mental health

**To find out more or to book onto our training, please email [suebe@familylives.org.uk](mailto:suebe@familylives.org.uk)**



**Scan me for more info**

**We build better family lives together**

[www.familylives.org.uk](http://www.familylives.org.uk)



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# Stringwise 2024

WORKSHOP AND PERFORMANCE DAY OPEN TO ALL YOUNG PLAYERS AGED 8 – 21

## BIG YOUTH MUSIC EXPERIENCE



Playing workshop: Sunday 21st April  
South Nottinghamshire Academy, Radcliffe on Trent  
Concert: Sunday 28th April – Albert Hall, Nottingham



*Music*  
for everyone

[www.music-for-everyone.org](http://www.music-for-everyone.org)

Registered Charity No. 1153412

Supported by:



Nottingham Trent  
University



Bookwise

# Bandwise 2024

WORKSHOP AND PERFORMANCE DAY OPEN TO ALL YOUNG PLAYERS AGED 8 – 21

## BIG YOUTH MUSIC EXPERIENCE



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Music  
for everyone

[www.music-for-everyone.org](http://www.music-for-everyone.org)  
Registered Charity No. 1153412

Supported by:  Nottingham Trent University  Bookwise

Looking for professional football sessions for your **girl or boy** that are **fun, no-pressure** and led by **experienced coaches**?

Star Strike Football Coaching has been running for 8 years and has seen hundreds of happy kids of all ages and abilities develop **new skills**, stay **active** and make **new friends**.

Scan the QR code to find weekly sessions near you!



Weekly sessions for ages 2-12!

Running in Arnold, Basford,  
West Bridgford and Hucknall



Membership from £5/week or pay-as-you-play  
We're the best value and the best coaching around!

Contact **07775 687682** for more information

All coaches are  
experienced,  
fully-trained and  
DBS certified



# NEXT LEVEL FOOTBALL ACADEMY



Next Level Football Academy sessions take place on Saturday mornings at Arnold View Primary School. Our FA qualified coaches deliver FUN and inclusive sessions for all ages and abilities.


## £5 PER SESSION

EVERY SATURDAY MORNING - TERM TIME

FA QUALIFIED COACHES • FREE TASTER SESSION

 AGES 18 MONTHS - 2 • 09:00 - 09:45 (Indoor sessions)

 AGES 3-5 • 09:00 - 09:45 AGES 6-11 • 10:00 - 11:00

 Children aged between 6-11 must wear Shin Pads, Trainers or Astro Turf Trainers only. **NO FOOTBALL BOOTS.**

BOOK ONLINE @ [WWW.NEXTLEVELSPORTSLTD.COM](http://WWW.NEXTLEVELSPORTSLTD.COM)



ARNOLD VIEW PRIMARY SCHOOL

Gedling Road, Arnold, Nottingham, NG5 6NW



next level  
sports

Telephone Numbers: 07398 215354 | 07354 032261

@f NextLevelSportX Email: [info.nextlevelsports@gmail.com](mailto:info.nextlevelsports@gmail.com)



# Free NHS check ups for children



We'll see any child up to 19 (in full time education) who hasn't had a check-up within the last 6 months

After school appointments available

Call us on 0115 926 3649 to book an appointment for your child

When booking please mention the school your child attends



WOODTHORPE  
DENTAL CARE  
ORTHODONTICS • COSMETOLOGY • DENT





## On free vitamins

provided during pregnancy



If you're pregnant or have recently given birth in Nottingham or Nottinghamshire, we'd like to hear your views.

Take our online survey  
Open until 4 March 2024

[bit.ly/FreeVitaminsSurvey](https://bit.ly/FreeVitaminsSurvey)



Scan me for survey





**NOTTINGHAM  
MEN  
ALLOWED**

**PERFORM  
LIVE?**

**6  
WEEKS**

Let our charismatic trainer IAN WATTS  
turn you into a performing singer as  
part of an awesome 'POP UP' singing  
project in Nottingham:

Feb - April  
2024

SUPPORTING  
**PROSTATE  
CANCER UK**

**NOTTINGHAM  
MEN ALLOWED**

**JOIN NOW**

Contact Us:  
0788 7918638  
or scan to email:



# **NOTTINGHAM MEN ALLOWED – PRESS RELEASE**

Pop Up Singing Projects have been such a massive success around the UK that the popular event now hits **Nottingham** in 2024 as *Nottingham Men Allowed*!

*Nottingham Men Allowed* sets out to give around 40 or so local men the chance to get involved in singing whilst supporting Prostate Cancer UK and raising awareness, trying something new and giving something back to the community... YOU could be one of them!

There is everything to like! The learning of FOUR great songs will take just **six weeks** in an informal city centre setting and you'll build up and grow towards a fabulous live charity event held at the Marcus Garvey Centre in April 2024. You'll learn to sing, meet new people, challenge yourself, perform live on stage AND raise funds for charity.

You don't require previous experience, only the drive to push out of your comfort zone and give it a go... everyone takes the same path together!

UK projects of this nature have previously been a tremendous positive experience for the men involved, with comments including:

*"Amazing, I never thought in a million years I would ever sing in front of hundreds of people! The sense of achievement was amazing!"*

*"The whole experience was extremely rewarding and exciting. You get to see what your voice is really capable of and to share a few pints with a great bunch of guys from all walks of life, who you might not normally meet".*

*"A really great experience, and you got the best out of us... brilliant!"*

*"Our hard work paid off! Thanks for finding something in us that most didn't know we had!"*

*"Performing in front of an audience in a concert is amazing. I couldn't recommend it highly enough!"*

*"A great bunch of men, at the start it was daunting, but it all came good!"*

*"When I saw the flyer, I jumped at the chance to get involved! I'd recently moved to the area and I was looking for a way to get involved in the community and start building a social group, and this was the perfect opportunity!"*

*Nottingham Men Allowed* launches with two introductory sessions, so please sign up on either Tuesday 27<sup>th</sup> February or Tuesday 5<sup>th</sup> March, both sessions run 7:30-9:30pm. Here you can have a free beer on us, meet the team and some of the other men involved. This is NOT an audition, it's simply an opportunity to find out more about YOUR voice and about the process.

So...why not start YOUR *Nottingham Men Allowed* journey NOW? Take on a fresh challenge, do something different, book a time slot TODAY!

- INTRODUCTORY SESSIONS for *Nottingham Men Allowed* will be at The Canal House, Canal Street, Nottingham NG1 7EH on Tuesday 27<sup>th</sup> February or Tuesday 5<sup>th</sup> March (7:30-9:30pm) and include a free beer, [please register](#) to receive your timeslot.
- REHEARSALS for *Nottingham Men Allowed* will also be at The Canal House as above from 7:30pm on the evenings of, 4<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> March, then 2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> April.



#### **Nottingham Men Allowed – what's happening?**

Starting from scratch in March 2024, *Nottingham Men Allowed* is about getting 40 or so local men to rehearse over six weeks for a charity concert supporting Prostate Cancer UK which will take place at the Marcus Garvey Centre on Saturday 20th April.

#### **Sign-up Sessions**

Come along to one of our sign-up sessions where you can meet our Musical Director Ian Watts and the team, as well as the singers who will help and support you throughout the project.

There is NO audition, you'll simply be asked to sing a few notes so we know how high/low your voice is and what voice part you will sing.

The sessions will be at the Canal House Pub, Canal Street, Nottingham NG1 7EH as follows:

- Tuesday 27<sup>th</sup> February: 7.30pm – 9.30pm
- Tuesday 5<sup>th</sup> March: 7.30pm – 9.30pm

You only need to attend one of these sessions. Please let us know ASAP which session you wish to attend, and we will give you a time-slot to minimise your waiting time.

#### **Rehearsals**

Rehearsals will be from 7.30pm on the evenings of 14th, 19th, 26th March, then 2nd, 9th and 16th April at the Canal House Pub, Canal Street, Nottingham NG1 7EH. You will have already met Ian and the team - we'll supply the music - all you have to do is turn up!

#### **The big day**

The local *Nottingham Men Allowed* concert is at The Marcus Garvey Centre at 7.30pm on Saturday 20<sup>th</sup> April 2024.

Continues...

## Previously Published Articles

Some prescription medication now available directly through a pharmacist without the need for a doctor's appointment



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*We all know how difficult it can be to get a doctor's appointment. However, it has recently been announced that pharmacists can now prescribe medication for the following conditions as well as give you advice on a range of conditions and suggest medicines you can buy that can help.*

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- 
- *sore throat*
  - *earache*
  - *sinusitis*
  - *impetigo*
  - *shingles*
  - *infected insect bites*
  - *uncomplicated urinary tract infections in women*
- 

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*Patients can access the new service by walking straight into a chemist. They can also be referred by NHS 111, urgent treatment centres, emergency departments or their GP. Those who are not registered with a GP can still access the service.*

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*If one of the seven conditions is diagnosed, pharmacists can give medicines to patients rather than sending them back to their GP. Patients who need more specialist or follow-up care will be referred onwards.*

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## Pre-loved uniform for sale



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*We have some pre-loved logo uniform for sale via ParentPay. We will continue to put items on for sale as we receive donations. If you wish to donate old uniform (logo and non-logo), please drop it off at the school office.*

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## Year 5 & 6 visit to The National Justice Museum: *Thursday 21st March 2024*



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*In support of our topic for the summer term on 'Crime & Punishment', we have arranged a visit to the **National Justice Museum in Nottingham**. This visit is always a favourite and provides the children with the opportunity to visit a Victorian gaol (jail), courtroom and more modern police station and cells. This year, the children will have the opportunity to be Victorian CSI agents as well as learning about the history of the gaol and of Nottingham itself!*

***The cost of the visit is £12.74 per child (payable via your child's ParentPay account by 14th March please)** and this includes return coach transport and entry to the museum, including three one-hour, guided activities. The visit will take place within our normal school day leaving at 9.15am and returning before 3.30pm. The children will need to wear school uniform.*

*The children will need to be provided with a drink (not fizzy or glass bottles please) and a packed lunch for the trip (please confirm whether you will send a home prepared or ordering one from school) one can be ordered from school – please select the relevant option on the Trip Permission Form). Please complete the Trip Permission Form, which was sent home this week, and return it to the school office by 7th March 2024.*

*Many thanks*

*Mr Hewlett, Miss Dibley and Mr Phillips*

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## **Late Collection Policy**



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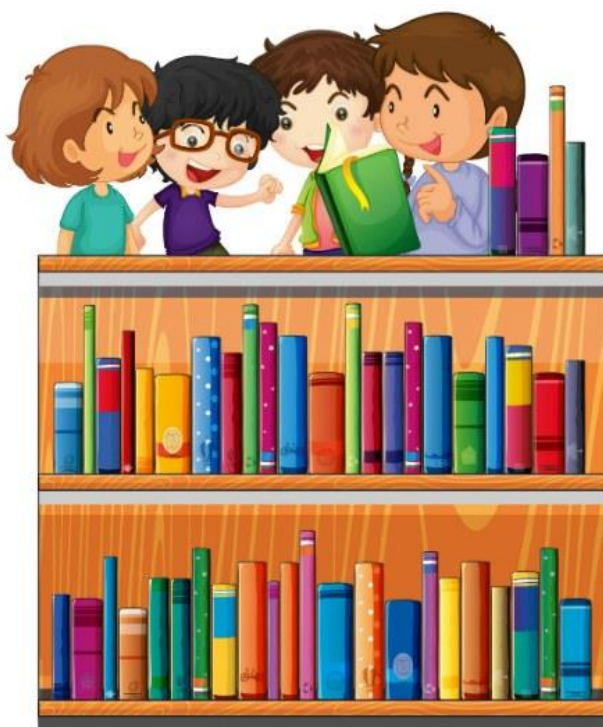
*We have recently reviewed our Late Collection Policy and I just wanted to share it with parents to make sure everyone is aware of our expectations and any charges which will apply if a child is collected from school late.*

*The main thing to note is that if a child is not collected by 3.45pm, they will be taken to Millie's After School Club and a charge will be made to the parent.*

*You can read the policy by clicking [this link](#).*

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### ***Visits to Arnold Library***

*During the Spring Term your child's class will be visiting Arnold library (dates listed below). They will be walking from school to the library. As this is your child's second visit to the library this academic year the visit will be slightly more informal and is known as a 'Book Exchange Visit'. Your child will be given the opportunity to browse, borrow books and even share a story or two. Library staff will not lead the visit this time, although they are on hand at the Help Desk to support.*

*We would like all children to be able to choose a book on their visit to Arnold library. For this to happen please send in your child's library card or get signed up beforehand.*

*If your child has a library card, please send it into school on the day of the class visit - they will bring it back home after the visit, along with their new book (which will need to be returned to the library please). If your child does not have a library card and you would like to request an application form to be sent to you, please email the school office.*

*Please find the dates for when your child's class will visit the library.*

*Thanks for all your support.*

Class	When	Time
2F	Wednesday 17 <sup>th</sup> January 2024	1.30pm-2.30pm
2E	Thursday 18 <sup>th</sup> January 2024	1.30pm-2.30pm
2D	Wednesday 24 <sup>th</sup> January 2024	1.30pm-2.30pm
2C	Wednesday 31 <sup>st</sup> January 2024	1.30pm-2.30pm
2B	Tuesday 30 <sup>th</sup> January 2024	1.30pm-2.30pm
2A	Friday 1 <sup>st</sup> March 2024	9.30am-10.30am
1C	Friday 2 <sup>nd</sup> February 2024	1.30pm-2.30pm
1B	Friday 23 <sup>rd</sup> February 2024	1.30pm-2.30pm
1A	Friday 9 <sup>th</sup> February 2024	1.30pm-2.30pm
F2A	Monday 26 <sup>th</sup> February	1.30pm-2.30pm
F2B	Tuesday 27 <sup>th</sup> February	1.30pm-2.30pm
F1am	Wednesday 28 <sup>th</sup> February 2024	9.30am-10.30am
F1pm	Wednesday 28 <sup>th</sup> February 2024	1.30pm-2.30pm



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*We had two representatives from Boys' Brigade and Girls' Brigade give an assembly to pupils last week.  
If your child is interested in attending, please see the leaflet for more details.*

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For further information  
please contact  
Ann on 07467194522  
or come and see us  
on a Monday night!

39th Nottingham  
Boys' Brigade  
MONDAYS  
Term Time only  
KS1&2: 6.30-7.30pm  
KS3: 7.45-9pm



### Sports



2nd Arnold Girls Brigade  
WEDNESDAY Term time only  
First term 6-30pm till 8pm  
to begin with—£2 a session



### Camps

To book your place please contact  
Yvonne (evening only) on  
07954402258  
email: 2ndarnold@gmail.com

Girls' Brigade and Boys' Brigade both meet  
at Arnold Methodist Church  
- the church in the marketplace

## Lighthouse....

An exciting activity  
for ALL young  
people from  
school years  
6 plus

Bring your  
friends along!

*Fun  
Games  
Friendship  
Time for you  
Find out  
about  
Jesus*

at Arnold Methodist Church

- please use front door

Thursdays

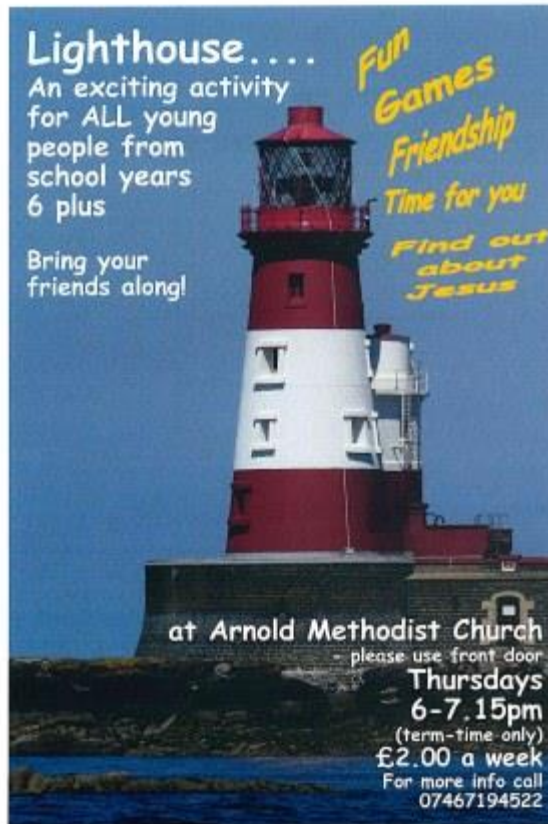
6-7.15pm

(term-time only)

£2.00 a week

For more info call

07467194522



**Children and  
Young People's  
Activities**

**amc**  
**ARNOLD METHODIST CHURCH**  
*a good place to meet with God*



- Crafts
- Free Play
- Chat
- Singing
- Bible Story

**Thursday 10am to 11.30. (Term time only)**

A welcoming, safe, warm, comfortable space for babies, children (new born-5 years) and their parents/carers.

Snack and a drink for the children. Refreshments for adults.

It's a great place to relax, make new friends, feel loved and supported, both for children and adults.

*All our helpers are DBS checked, safeguard trained and some are trained paediatric first aiders.*

For more information contact  
Sally Belfield- amc Families Worker  
amcfamilies@outlook.com or call 07495785347  
Facebook: Sallybelfieldamcfamilyworker

**Arnold Methodist Church - the church in the marketplace**

Want to do something exciting?  
Want to be a part of something new?  
Want to make friends and have some fun?  
Aged 5 years upwards?  
Then look no further...

Come along to



2nd Arnold Girls' Brigade or  
39th Nottingham Boys' Brigade

Make new friends

Laughter

Crafts

Badges



Fun



## Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.



## WRAPAROUND CARE AT ARNOLD MILL



### ARNIE'S BREAKFAST CLUB

DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date\*)

Is included as part of our nursery 30 hour childcare provision.



### MILLIE'S AFTER SCHOOL CLUB

DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay\*. Cut off time for booking 12noon on the day.

\*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

0115 966 7930 during school hours

07\*\*\* during school hours

office@arnoldmill.notts.sch.uk



## Here are the PE slots for each class:

F1 (am): Tuesday (please come in PE kit)

F1 (pm): Friday (please come in PE kit)

F2a: Wednesday (please come in PE kit)

F2b: Wednesday (please come in PE kit)

1A: Monday and Wednesday (please come in PE kit)

1B: Monday and Wednesday (please come in PE kit)

1C: Monday and Wednesday (please come in PE kit)

2A: Monday and Thursday (please ensure you have PE kit in school)

2B: Tuesday and Thursday (please ensure you have PE kit in school)

2C: Monday and Thursday (please ensure you have PE kit in school)

2D: Tuesday and Thursday (please ensure you have PE kit in school)

2E: Tuesday and Friday (please ensure you have PE kit in school)

2F: Tuesday and Thursday (please ensure you have PE kit in school)

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## GEDLING BOROUGH AIR NEEDS YOUR CARE



### What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

### Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

### How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

### Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

### It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough.

Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



**Switch off when waiting or stuck in a jam.**

**Switch to cycling or walking for local trips.**

**Switch to a bus or train when you can for longer journeys**

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:  
[www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/](http://www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/)

**Gedling**  
Borough Council



**Greet your child  
with a smile  
and  
not a mobile!**



2 - [Click here for information about free school meals and milk](#)



3 - [Click for important information about Strep A](#)

Nottinghamshire School Holidays 2023-24  
August 2023 to July 2024

Nottinghamshire  
County Council

2023/2024

August							September							October						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		1	2	3	4	5					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

November							December							January						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30	31				

February							March							April						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3	4					1	2	3	1	2	3	4	5	6	7
5	6	7	8	9	10	11	4	5	6	7	8	9	10	8	9	10	11	12	13	14
12	13	14	15	16	17	18	11	12	13	14	15	16	17	15	16	17	18	19	20	21
19	20	21	22	23	24	25	18	19	20	21	22	23	24	22	23	24	25	26	27	28
26	27	28	29				25	26	27	28	29	30	31	29	30					

May							June							July						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

School Holidays
Public Holidays
Administration Day
Inset Day



**Autumn Term**  
 4 September - 20 October 7 weeks  
 6 November - 22 December 7 weeks

**Spring Term**  
 4 January - 9 February 5 weeks 2 days  
 19 February - 29 March 5 weeks 4 days

**Summer Term**  
 15 April - 24 May 5 weeks 4 days  
 3 June - 26 July 8 weeks



4 - [Click here to see school policies](#)



[www.parentpay.com](http://www.parentpay.com)

Pay online....  
for peace of mind

Trips, School Meals,  
Breakfast Club, Tuck

**A convenient way to pay**


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email

Step 2 - Login at [www.parentpay.com](http://www.parentpay.com)

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



5 - [Click link to visit ParentPay](#)



Turn your online shopping  
into everyday magic for

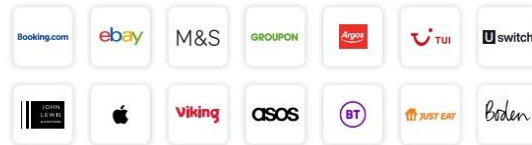
**Arnold Mill Primary School**

with easyfundraising

You shop, brands donate to us.  
It won't cost you any extra!

#### How to sign up

- 1 Visit the link below or scan the QR code  
[www.easyfundraising.org.uk/support-a-good-cause](http://www.easyfundraising.org.uk/support-a-good-cause)
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



Download the  
easyfundraising App



Excellent   
3,945 reviews on Trustpilot

6 - [Click link to sign up to Easyfundraising](#)



7 - [Link to Cost of Living Factsheet](#)



## The NHS Minor Ailment Service at your local pharmacy



8 - [Link to information about the NHS Minor Ailment Scheme](#)



9 - [Link to information about how to deal with head lice](#)

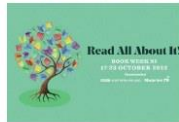


## Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>

 @OpenUni\_RfP



# Childcare Choices

We've signed up for  
Tax-Free  
Childcare:  
Have you?



HM Government

Find out more at  
[childcarechoices.gov.uk](http://childcarechoices.gov.uk)

## 10 - [Link to Tax Free Childcare website](#)

The next  
**BIG SCHOOL  
ESSENTIALS**  
Saturday 21  
October  
(10am-noon)

## ESSENTIALS Café

**VEOLIA**  
Supported by grant funding  
from Veolia's Reduce, Reuse,  
Recycling Fund.

**St Tim's Community Centre**  
Swinburne Way (off Byron Street) NG5 6BX

**SCHOOL ESSENTIALS** now available  
during term time too! Come for a  
hot drink & light lunch – free.  
Donations of uniforms and other  
school items gratefully received.

**WEDNESDAY AFTERNOONS** in  
term-time (see dates below) with  
larger events for all **SCHOOL  
ESSENTIALS** during school holidays.

**12.30-2.00PM ON WEDNESDAYS**  
27 SEPTEMBER; 11 OCTOBER; 8 & 22 NOVEMBER; 6 DECEMBER

**ST PAUL'S AND ST TIM'S DAYBROOK** A community initiative of  
St Paul's Church, Daybrook


contact Jackie Fuller:  
[jackief.spd@gmail.com](mailto:jackief.spd@gmail.com)  
07557 123 238

11 - The School Essentials program give away uniform and other school items to local parents. The new Essentials Cafe will be offering a free drink and light lunch as well as having uniform available for people who need things mid term. This is not a referral scheme and so is open for everyone to help with the cost of living and hoping to help ensure all children are equipped with all they need for school life.



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 [office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)

 **0115 9667930** (option 1 to record a child's absence or option 4 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>

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