



Arnold Mill Primary School

19th January 2024



Dear Parents and Carers,

I've really enjoyed giving out 'Kindness' awards this week. If your child comes home with a certificate and a 'You make a difference' sticker, please praise them at home. I'm not giving out many of these - they are very special and are only given to those who are kind all the time. There is still time for the children to earn these rewards, please encourage them to try and achieve one.

Jackie Oldfield, Head Teacher

Monday 15th January 2024

What? Geography	To identify countries within Europe.	Why? So I can identify where countries are in Europe.
Pupil	How do I know I have been successful?	Adult
	<ul style="list-style-type: none"> I can use previous knowledge. I can use an atlas. I can find capital cities, oceans. I can create a key to show this. 	<div style="background-color: #90EE90; width: 20px; height: 20px; display: inline-block;"></div> SH <div style="background-color: #90EE90; width: 20px; height: 20px; display: inline-block;"></div> I G P

Hand-drawn map of Europe with a key and labels. The map is color-coded: green for land and blue for water. A key in the top left corner identifies countries by numbers: 1 = SLOVAKIA, 2 = HUNGARY, 3 = SERBIA, 4 = GREECE, 5 = SWITZERLAND, 6 = AUSTRIA, 7 = GERMANY, 8 = BULGARIA, 9 = MONTENEGRO, 10 = KOSOVO, 11 = NORTH MACEDONIA, 12 = ALBANIA. The map also labels major cities (marked with red dots), oceans (ATLANTIC, ARCTIC), and surrounding regions (RUSSIA, ASIA). Other labels include NEAR EAST, PORTUGAL, FRANCE, SPAIN, ITALY, POLAND, UKRAINE, ROMANIA, and BOSNIA. The map is titled 'How many capital cities are in Europe?' with an arrow pointing to the red dots.

Monday 15th January 2024

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Geography			
Pupil	How do I know I have been successful?		Adult
	<input checked="" type="checkbox"/> I can use previous knowledge. ✓ <input checked="" type="checkbox"/> I can use an atlas. ✓ <input checked="" type="checkbox"/> I can find capital cities, oceans. ✓ <input checked="" type="checkbox"/> I can create a key to show this. ✓		SH I G P



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New Articles



Spring Parents' Evening



(if your child has Structured Conversations this round of Parents' Evening appointments are not applicable)

We are inviting parents to book a ten-minute Parents' Evening appointment with the Class Teacher later this half term. The dates vary slightly, depending on classes, please see the table below for more details. Appointments will be available between 3.40 and 6.00pm on a first come first served basis.

During the meeting you will have an opportunity to talk about your child's progress, achievements, and attitude to learning so far during this academic year. Please use [this link to book a slot](#) (instructions can be found on the next page).

- Please ensure that you arrive on time at the outside doors to the classroom and wait to be greeted by the teacher. There are no clubs w/c 5th February.*

- If you book an appointment and then are unable to make it, please follow the original booking link to reschedule your appointment (and free up the slot for someone else).

If you are unable to attend on the above dates it may be possible to arrange an alternative date/time, please contact your child's teacher direct.

F1am & F1pm - Mrs Humphrey	Tuesday 6 th February	Thursday 8 th February
F2a - Mrs Broniewska/Mrs Lowth	Tuesday 6 th February	Thursday 8 th February
F2b - Miss Joynt	Tuesday 6 th February	Thursday 8 th February
1a - Mrs Lloyd/Mrs Carter	Tuesday 6 th February	Thursday 8 th February
1b - Mr Robinson	Tuesday 6 th February	Thursday 8 th February
1c - Mrs Appleyard	Tuesday 6 th February	Thursday 8 th February
2a - Mrs Keeton/Mrs French	Wednesday 24 th January	Tuesday 6 th February
2b - Mr Booth	Tuesday 6 th February	Thursday 8 th February
2c - Miss Butler/Mrs Slater	Monday 5 th February	Tuesday 6 th February
2d - Mr Phillips	Tuesday 6 th February	Thursday 8 th February
2e - Miss Dibley	Tuesday 6 th February	Thursday 8 th February
2f - Mr Hewlett	Tuesday 6 th February	Thursday 8 th February

Online Booking

To book please click on the following link:
<https://outlook.office365.com/owa/calendar/ArnoldMillPrimarySchool@arnoldmill.org.uk/bookings/>

When you click on the link this page should be visible:

Click on the date you wish to book an appointment - you will need to click > to move to February.

IMPORTANT: Click on the drop-down menu and scroll down to find then select the relevant class teacher.

(If you leave this as 'anyone' the booking programme will automatically select any teacher that has availability at the time/date you select, this is unlikely to be the Class Teacher you need to book with)

Click on the time you would like to book your Parents' Evening Appointment (only those times still available will show).

IMPORTANT: Please type **YOUR CHILD'S NAME** AND **CLASS** here

Please type the name of the person/people attending the appointment here

Once you have completed all the above steps and are happy that the details are correct, please book by clicking on the book button

Late Collection Policy



We have recently reviewed our Late Collection Policy and I just wanted to share it with parents to make sure everyone is aware of our expectations and any charges which will apply if a child is collected from school late.

The main thing to note is that if a child is not collected by 3.45pm, they will be taken to Millie's After School Club and a charge will be made to the parent.

You can read the policy by clicking [this link](#).

Child Height and Weight Measurements: Children in Reception (F2) and Year 6



Height and weight checks for children in Reception and Year 6

Every year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). These measurements are used to check they're in the healthy weight range. Your child's class will take part in this year's programme starting in September 2023.

Find out more about the National Child Measurement Programme: <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

What happens in the child measurement programme?

The checks are carried out by members of the Healthy Family's Team. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils. The programme will be delivered in a safe way in line with safety control measures for schools and healthcare.

The wellbeing of children and families is very important. Measurements are conducted sensitively, and your child's results will not be shared with teachers or other children. It is your choice if you share the information with your child.

How do I find out my child's results?

You will not be notified of your child's measurement if your child is in the healthy weight category. If your child is underweight or above healthy weight, you will receive a letter with your child's results. The weight and height information are shared only with you.

This letter will include your child's measurements together with information about healthy eating, being active and related activities available in your area.

Why do we need to take the measurements?

We collect this information because it is in the public interest to understand how many children overweight, healthy weight are or underweight. By comparing your child's weight with their age, height, and sex, we can tell whether they're growing as expected. Your child's ethnicity and address are used to help understand some of the reasons for differences in child weight across England.

We can use your child's NHS number to link their measurements in Reception and Year 6. We can also use other data to understand how and why a child's weight may be changing, how this affects their health and education and how we can improve the care they receive.

This data includes:

- their birth, hospital care (including time in hospital and out-patient appointments and diagnosis of medical conditions)

1

- mental health
- social care
- primary care - includes all healthcare outside of hospital such as GP and dental appointments,
- public health - including data relating to preventing ill health such as immunisation records,
- records for when and the reason why people pass away
- medical conditions such as cancer, diabetes
- health, lifestyle and wellbeing surveys that your child has participated in

All the data collected is also used for improving health, care and services through research and planning. The information is treated confidentially and held securely.

Withdrawing your child from the National Child Measurement Programme

The emotional impact of the NCMP has been researched and studies show that body image, self-esteem, weight-related teasing, and restrictive eating behaviours do not change as a result of being measured or receiving feedback.

If you do not want your child to take part, or your child has a medical condition that affects their height or weight, please write in confidence to the school marking the envelope – for the attention of the Healthy Families Team and NCMP within 10 days of receiving this letter. You will need to include your child's name, date of birth, class, school and reasons for opting out. Children will not be made to take part on the day if they do not want to.

If you are happy for your child to be measured, you do not need to do anything.

Where can I get help?

If you have any concerns with your child's growth, the Healthy Families Team is there for help and advice. **Please TELEPHONE: 03001235436 or TEXT: 07520619919**

FAB Families is a **FREE service** in Nottinghamshire designed to help you and your family with food, exercise, and lifestyle changes. If you are interested in getting some support, **please text FAMILY to 62277, call 0115 772 2515 or scan this QR code** for more information and a member of the team will be happy to talk you through the options available. You can also follow the @yhywnotts Facebook page for healthy tips, exercise videos and much more.



Yours faithfully

Jonathan Gribbin
Director of Public Health
Nottinghamshire County Council

Colin Pettigrew
Corporate Director for Children and
Families Services
Nottinghamshire County Council

Year 5 Visit to Nottingham High School



limited to 30 places available on a first come, first served basis

Nottingham Girls' High School have offered the school thirty places at the matinee performance of 'Fuel Protest' on Wednesday 7th February (children will be escorted by members of staff to and from the event). The children will be required to wear school uniform.

The trip is offered to Year 5 children, please note that there are limited places so we are offering the places on a strict first come, first served basis so book early to avoid disappointment.

The cost of the visit is £6.34 per child (to book a place please pay via your child's ParentPay account on a first come, first served basis) and this includes return coach transport (entry for the performance is free).

Once payment has been received, your booking is secured and we will send home a hard copy Trip Permission Form which will need to be returned to the school office by 31st January 2024 please.

Lunch arrangements – *The show is 11.30 am – 12.30 pm so children will need to be provided with a packed lunch and a drink which they will have when they return to school.*

If you would like to order a school packed lunch the cost is £2.95 and should be paid using your child's ParentPay account (select pay for a school meal - unless your child is entitled to free school meals). Orders for a school packed lunch must be received by 31st January 2024 (please tick the relevant box on the hard copy Permission Form).

Many thanks

Mrs Bullen, Mr Phillips and Miss Dibley

Year 5 & 6 visit to The National Justice Museum – Thursday 21st March 2024



NATIONAL
JUSTICE
MUSEUM

*In support of our topic for the summer term on 'Crime & Punishment', we have arranged a visit to the **National Justice Museum in Nottingham**. This visit is always a favourite and provides the children with the opportunity to visit a Victorian gaol (jail), courtroom and more modern police station and cells. This year, the children will have the opportunity to be Victorian CSI agents as well as learning about the history of the gaol and of Nottingham itself!*

***The cost of the visit is £12.74 per child (payable via your child's ParentPay account by 14th March please)** and this includes return coach transport and entry to the museum, including three one-hour, guided activities. The visit will take place within our normal school day leaving at 9.15am and returning before 3.30pm. The children will need to wear school uniform.*

The children will need to be provided with a drink (not fizzy or glass bottles please) and a packed lunch for the trip (please confirm whether you will send a home prepared or ordering one from school) one can be ordered from school – please select the relevant option on the Trip Permission Form). Please complete the Trip Permission Form, which was sent home this week, and return it to the school office by 7th March 2024.

Many thanks

Mr Hewlett, Miss Dibley and Mr Phillips

Dinner Menus w/c 22nd January 2024

AUTUMN/WINTER 2023/24
WEEK 1
 WEEK COMMENCING
 September 18, October 9,
 October 30, November 20,
 December 11, January 1,
 January 22, February 12

MY SCHOOL MENU

TASTE of NATURE

Vegetarian meals are available upon request

	MAIN MEAL	DESSERT
MONDAY	Margherita pizza pommes noisette vegetable sticks <i>Gluten Milk Soya</i>	Mixed berry mousse & apple wedge OR Fruit Milk
TUESDAY	Spaghetti Bolognese garlic bread crunchy vegetables <i>Gluten Milk Soya Fish</i> Vegetable Quorn Bolognese	Fruit yoghurt OR Fruit Milk
WEDNESDAY	Southern style burger in a bun jacket wedges carrot sticks & ranch salad <i>Gluten Egg Milk Sesame</i> Meat free burger	Cornflake tart & custard OR Fruit <i>Gluten Sulphur dioxide Milk</i>
THURSDAY	Roast turkey & stuffing gravy roasted OR mashed potatoes cabbage & carrots <i>Gluten</i> Quorn roast	Cheese & crackers OR Fruit <i>Gluten Milk</i>
FRIDAY	MSC fish cake, jacket wedges, garden peas & crunchy veg tomato ketchup <i>Gluten Fish</i> Quorn nuggets	Apple muffin OR Fruit <i>Gluten Egg</i>

ALSO SERVED DAILY: Seasonal vegetables available daily, Ranch salad egg

www.nottinghamshire.gov.uk/schoolmeals

Nottinghamshire County Council

Community Notices

Looking for professional football sessions for your **girl or boy** that are **fun, no-pressure** and led by **experienced coaches**?

Star Strike Football Coaching has been running for 8 years and has seen hundreds of happy kids of all ages and abilities develop **new skills**, stay **active** and make **new friends**.

Scan the QR code to find weekly sessions near you!

Weekly sessions for ages 2-12!

Running in Arnold, Basford, West Bridgford and Hucknall

All coaches are experienced, fully-trained and DBS certified

Membership from £5/week or pay-as-you-play
 We're the best value and the best coaching around!
 Contact 07775 687682 for more information

STAR STRIKE FOOTBALL COACHING

NEXT LEVEL FOOTBALL ACADEMY



Next Level Football Academy sessions take place on Saturday mornings at Arnold View Primary School. Our FA qualified coaches deliver FUN and inclusive sessions for all ages and abilities.

£5 PER SESSION

EVERY SATURDAY MORNING - TERM TIME
FA QUALIFIED COACHES • FREE TASTER SESSION

AGES 18 MONTHS - 2 • 09:00 - 09:45 (Indoor sessions)
AGES 3-5 • 09:00 - 09:45 **AGES 6-11 • 10:00 - 11:00**

Children aged between 6-11 must wear Shin Pads, Trainers or Astro Turf Trainers only. **NO FOOTBALL BOOTS.**

BOOK ONLINE @ WWW.NEXTLEVELSPORTSLTD.COM

ARNOLD VIEW PRIMARY SCHOOL
 Gedling Road, Arnold, Nottingham, NG5 6NW

 **next level sports** Telephone Numbers: 07398 215354 | 07354 032261
 @NextLevelSportX Email: info.nextlevelsports@gmail.com



Free NHS check ups for children



We'll see any child up to 19 (in full time education) who hasn't had a check-up within the last 6 months
 After school appointments available
 Call us on 0115 926 3649 to book an appointment for your child
 When booking please mention the school your child attends



**WOODTHORPE
DENTAL CARE**
HEALTH CARE LIMITED • ESTABLISHED 1998



On free vitamins

provided during pregnancy



If you're pregnant or have recently given birth in Nottingham or Nottinghamshire, we'd like to hear your views.

Take our online survey

Open until 4 March 2024

bit.ly/FreeVitaminsSurvey



Scan me for survey



Nottinghamshire
County Council



Nottingham
City Council



PERFORM LIVE?



**NOTTINGHAM
MEN ALLOWED**

JOIN NOW

Contact Us:
0788 7918638
or scan to email:





Let our charismatic trainer IAN WATTS turn you into a performing singer as part of an awesome 'POP UP' singing project in Nottingham:

Feb - April
2024

SUPPORTING
**PROSTATE
CANCER UK**



NOTTINGHAM MEN ALLOWED – PRESS RELEASE

Pop Up Singing Projects have been such a massive success around the UK that the popular event now hits **Nottingham** in 2024 as *Nottingham Men Allowed*!

Nottingham Men Allowed sets out to give around 40 or so local men the chance to get involved in singing whilst supporting Prostate Cancer UK and raising awareness, trying something new and giving something back to the community... YOU could be one of them!

There is everything to like! The learning of FOUR great songs will take just **six weeks** in an informal city centre setting and you'll build up and grow towards a fabulous live charity event held at the Marcus Garvey Centre in April 2024. You'll learn to sing, meet new people, challenge yourself, perform live on stage AND raise funds for charity.

You don't require previous experience, only the drive to push out of your comfort zone and give it a go... everyone takes the same path together!

UK projects of this nature have previously been a tremendous positive experience for the men involved, with comments including:

"Amazing, I never thought in a million years I would ever sing in front of hundreds of people! The sense of achievement was amazing!"

"The whole experience was extremely rewarding and exciting. You get to see what your voice is really capable of and to share a few pints with a great bunch of guys from all walks of life, who you might not normally meet".

"A really great experience, and you got the best out of us... brilliant!"

"Our hard work paid off! Thanks for finding something in us that most didn't know we had!"

"Performing in front of an audience in a concert is amazing, I couldn't recommend it highly enough!"

"A great bunch of men, at the start it was daunting, but it all came good!"

"When I saw the flyer, I jumped at the chance to get involved! I'd recently moved to the area and I was looking for a way to get involved in the community and start building a social group, and this was the perfect opportunity!"

Nottingham Men Allowed launches with two introductory sessions, so please sign up on either Tuesday 27th February or Tuesday 5th March, both sessions run 7.30-9.30pm. Here you can have a free beer on us, meet the team and some of the other men involved. This is NOT an audition, it's simply an opportunity to find out more about YOUR voice and about the process.

So...why not start YOUR *Nottingham Men Allowed* journey NOW? Take on a fresh challenge, do something different, book a time slot TODAY!

- INTRODUCTORY SESSIONS for *Nottingham Men Allowed* will be at The Canal House, Canal Street, Nottingham NG1 7EH on Tuesday 27th February or Tuesday 5th March (7.30-9.30pm) and include a free beer, [please register](#) to receive your timeslot.
- REHEARSALS for *Nottingham Men Allowed* will also be at The Canal House as above from 7.30pm on the evenings of, 4th, 19th, 26th March, then 2nd, 9th and 16th April.



Nottingham Men Allowed – what's happening?

Starting from scratch in March 2024, *Nottingham Men Allowed* is about getting 40 or so local men to rehearse over six weeks for a charity concert supporting Prostate Cancer UK which will take place at the Marcus Garvey Centre on Saturday 20th April.

Sign-up Sessions

Come along to one of our sign-up sessions where you can meet our Musical Director Ian Watts and the team, as well as the singers who will help and support you throughout the project.

There is NO audition, you'll simply be asked to sing a few notes so we know how high/low your voice is and what voice part you will sing.

The sessions will be at the Canal House Pub, Canal Street, Nottingham NG1 7EH as follows:

- Tuesday 27th February: 7.30pm – 9.30pm
- Tuesday 5th March: 7.30pm – 9.30pm

You only need to attend one of these sessions. Please let us know ASAP which session you wish to attend, and we will give you a time-slot to minimise your waiting time.

Rehearsals

Rehearsals will be from 7.30pm on the evenings of 14th, 19th, 26th March, then 2nd, 9th and 16th April at the Canal House Pub, Canal Street, Nottingham NG1 7EH. You will have already met Ian and the team - we'll supply the music - all you have to do is turn up!

The big day

The local *Nottingham Men Allowed* concert is at The Marcus Garvey Centre at 7.30pm on Saturday 20th April 2024.

Continues...

Calendar



January

Weds 24th - *Class 2d Library Visit*

Weds 24th - *Class 2a Parents' Evening*

Thurs 25th - *Individual photos for children in Nursery*

Tues 30th - *Class 2b Library Visit*

Weds 31st - *Class 2c Library Visit*

February

Thurs 1st - *Class 1a Assembly ([see letter](#))*

Fri 2nd - *Class 1c Library Visit*

Mon 5th - *Parents' evening for 2c*

Tues 6th - *Parents' evening for all classes*

Weds 7th - *Height and Weight measurements for children in Reception and Year 6 ([see letter](#))*

Weds 7th - *Year 5 trip to Nottingham Girls' High School to see 'Fuel Protest' ([see letter](#))*

Thurs 8th - *Parents' evening for all classes (except 2a and 2c)*

Fri 9th - *Year 1 & 2 "Reading for Pleasure" Session 9.00-9.30am ([see letter](#))*

Fri 9th - Class 1a Library Visit

Fri 23rd - Class 1b Library Visit

Mon 26th - Class F2a Library Visit

Tues 27th - Class F2b Library Visit

Weds 28th - F1am & F1pm Library Visit

Monday 12th - Friday 16th February - Half Term

March

Fri 1st - Class 2a Library Visit

Thurs 7th - World Book Day

Fri 15th - Red Nose Day

Thurs 21st - Year 5/6 Visit to National Justice Museum ([see letter](#))

Tues 26th - Year 1 & 2 "Reading for Pleasure" Session 9.00-9.30am ([see letter](#))

Fri 29th - Good Friday - School Closed

April

Friday 29th March - Friday 12th April - Easter Holiday

May

Mon 6th - May Day Bank Holiday - School Closed

Thurs 9th - Fri 10th - Year 4 Residential visit to Rand Farm

Fri 24th - Year 1 & 2 Reading for Pleasure Session 9.00-9.30am ([see letter](#))

Monday 27th - Friday 31st May - Half Term

June

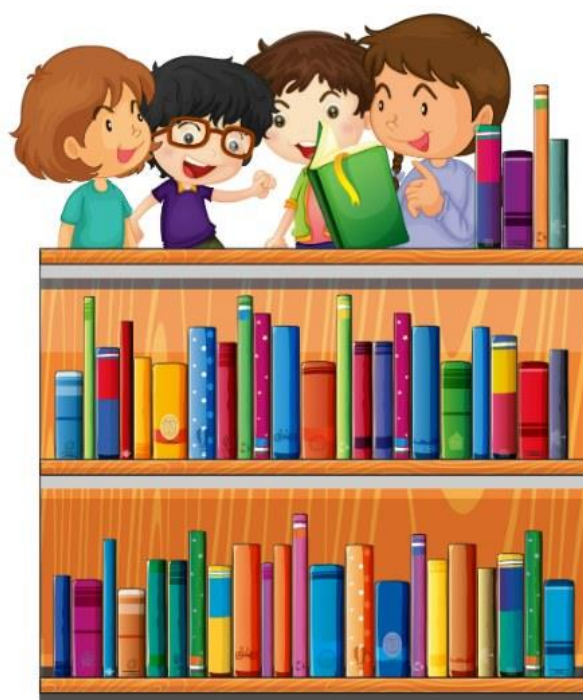
July

Fri 12th - Inset Day - School Closed (change of date)

Tues 23rd - Year 1 & 2 Reading for Pleasure Session 3.00-3.30pm ([see letter](#))

Fri 26th - Last day of term

Previously Published Articles



Visits to Arnold Library

During the Spring Term your child's class will be visiting Arnold library (dates listed below). They will be walking from school to the library. As this is your child's second visit to the library this academic year the visit will be slightly more informal and is known as a 'Book Exchange Visit'. Your child will be given the opportunity to browse, borrow books and even share a story or two. Library staff will not lead the visit this time, although they are on hand at the Help Desk to support.

We would like all children to be able to choose a book on their visit to Arnold library. For this to happen please send in your child's library card or get signed up beforehand.

If your child has a library card, please send it into school on the day of the class visit - they will bring it back home after the visit, along with their new book (which will need to be returned to the library

please). If your child does not have a library card and you would like to request an application form to be sent to you, please email the school office.

Please find the dates for when your child's class will visit the library.

Thanks for all your support.

Deputy Head Teacher - Shaun Hewlett

Class	When	Time
2F	Wednesday 17 th January 2024	1.30pm-2.30pm
2E	Thursday 18 th January 2024	1.30pm-2.30pm
2D	Wednesday 24 th January 2024	1.30pm-2.30pm
2C	Wednesday 31 st January 2024	1.30pm-2.30pm
2B	Tuesday 30 th January 2024	1.30pm-2.30pm
2A	Friday 1 st March 2024	9.30am-10.30am
1C	Friday 2 nd February 2024	1.30pm-2.30pm
1B	Friday 23 rd February 2024	1.30pm-2.30pm
1A	Friday 9 th February 2024	1.30pm-2.30pm
F2A	Monday 26 th February	1.30pm-2.30pm
F2B	Tuesday 27 th February	1.30pm-2.30pm
F1am	Wednesday 28 th February 2024	9.30am-10.30am
F1pm	Wednesday 28 th February 2024	1.30pm-2.30pm



We had two representatives from Boys' Brigade and Girls' Brigade give an assembly to pupils last week. If your child is interested in attending, please see the leaflet for more details.



For further information
please contact
Ann on 07467194522
or come and see us
on a Monday night!

39th Nottingham
Boys' Brigade
MONDAYS
Term Time only
KS1&2: 6.30-7.30pm
KS3: 7.45-9pm



Sports



2nd Arnold Girls Brigade
WEDNESDAY Term time only
First term 6-30pm till 8pm
to begin with—£2 a session



Camps

To book your place please contact
Yvonne (evening only) on
07954402258
email: 2ndarnold@gmail.com

Girls' Brigade and Boys' Brigade both meet
at Arnold Methodist Church
- the church in the marketplace

Lighthouse.....

An exciting activity
for ALL young
people from
school years
6 plus

Bring your
friends along!

*Fun
Games
Friendship
Time for you
Find out
about
Jesus*

at Arnold Methodist Church

- please use front door

Thursdays

6-7.15pm

(term-time only)

£2.00 a week

For more info call
07467194522

Children and
Young People's
Activities

amc
ARNOLD METHODIST CHURCH
a good place to meet with God



- Crafts
- Free Play
- Chat
- Singing
- Bible Story

Thursday 10am to 11.30. (Term time only)

A welcoming, safe, warm, comfortable space for babies, children (new born-5 years) and their parents/carers.

Snack and a drink for the children. Refreshments for adults.

It's a great place to relax, make new friends, feel loved and supported, both for children and adults.

All our helpers are DBS checked, safeguard trained and some are trained paediatric first aiders.

For more information contact
Sally Belfield- amc Families Worker
amcfamilies@outlook.com or call 07495785347
Facebook: Sallybelfieldamcfamilyworker

Arnold Methodist Church - the church in the marketplace

Want to do something exciting?
Want to be a part of something new?
Want to make friends and have some fun?
Aged 5 years upwards?
Then look no further...

Come along to



**2nd Arnold Girls' Brigade or
39th Nottingham Boys' Brigade**

Make new friends

Laughter

Crafts



Badges



Fun



Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

WRAPAROUND CARE AT ARNOLD MILL



ARNIE'S BREAKFAST CLUB
DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date*)

Is included as part of our nursery 30 hour childcare provision.



MILLIE'S AFTER SCHOOL CLUB
DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

☎ 0115 966 7930 during school hours
☎ 07*** during school hours
✉ office@arnoldmill.notts.sch.uk



Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Monday and Thursday (please ensure you have PE kit in school)*

2B: *Tuesday and Thursday (please ensure you have PE kit in school)*

2C: *Monday and Thursday (please ensure you have PE kit in school)*

2D: Tuesday and Thursday (please ensure you have PE kit in school)

2E: Tuesday and Friday (please ensure you have PE kit in school)

2F: Tuesday and Thursday (please ensure you have PE kit in school)

GEDLING BOROUGH AIR NEEDS YOUR CARE



What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough.

Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Borough's air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/

Gedling
Borough Council





**Greet your child
with a smile
and
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

www.parentpay.com

Pay online....
for peace of mind

Trips, School Meals,
Breakfast Club, Tuck

A convenient way to pay


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email


Step 2 - Login at www.parentpay.com

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](http://www.parentpay.com)



Turn your online shopping into everyday magic for








Arnold Mill Primary School








with easyfundraising

You shop, brands donate to us.
It won't cost you any extra!



How to sign up


- 1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them

Download the easyfundraising App

Excellent  3,945 reviews on Trustpilot

5 - [Click link to sign up to Easyfundraising](http://www.easyfundraising.org.uk/support-a-good-cause)



6 - [Link to Cost of Living Factsheet](#)



7 - [Link to information about the NHS Minor Ailment Scheme](#)



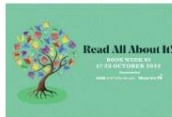
8 - [Link to information about how to deal with head lice](#)

Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>
 @OpenUni_RFP



Childcare Choices

We've signed up for
Tax-Free
Childcare:
Have you?






10 - The School Essentials program give away uniform and other school items to local parents. The new Essentials Cafe will be offering a free drink and light lunch as well as having uniform available for people who need things mid term. This is not a referral scheme and so is open for everyone to help with the cost of living and hoping to help ensure all children are equipped with all they need for school life.



 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 4 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>
