



# Arnold Mill Weekly Newsletter 14th July 2023



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*Dear Parents/Carers,*

*One week to go! I'm not sure how we are going to fit everything into one week.*

*This week has been amazing! The F1 learning journey was a real success and the Year 6 play was simply fabulous. Thank you to everyone who came to celebrate with us and everyone who has helped out.*

*Thank you to all the parents who parked sensibly recently. I received an email from a neighbour to say how pleased she'd been with the parking on production night. I hope we can keep this reputation up next term.*

*Next week we will be celebrating our Gold, Silver and Bronze awards and we will be saying goodbye to the Year 6's, Mr Knight and Ms Ward. Its going to be a really mixed, and emotional week.*

*I can't wait...*

*Have a great weekend!*

Jackie Oldfield, Head Teacher

P.S. Report have gone out via email- please check your emails tonight!

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## Children's Work



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*Sofia in year 5 recently entered a poster competition. A copy of the poster Sofia has made will be put up around Sherwood Pines this summer. She has been invited to a presentation at the beginning of the Summer holidays to name the overall winner and possibly win a holiday.*

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## General Notices:



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*Dear Parent/Carers,*

*At Arnold Mill Primary and Nursery School, we are committed to creating an inclusive and welcoming environment for every student, parent, and staff member. It is our firm belief that diversity should be celebrated and cherished as a fundamental strength of our school community.*

*Embracing equality goes beyond mere tolerance; it means actively fostering an environment where all individuals feel valued, respected, and supported. We recognise that our students come from diverse backgrounds, encompassing various races, ethnicities, cultures, religions, abilities, and sexual orientations. Our goal is to celebrate these differences and promote understanding, empathy, and unity among our children.*

*In order to reinforce the importance of equality, we have implemented various initiatives throughout the academic year. Here are some of the ways we are promoting a culture of inclusivity:*

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- 1. Curriculum Integration: We are continuously working to integrate diverse perspectives and experiences into our curriculum. This includes incorporating literature, history, and discussions that explore different cultures, histories, and identities.*
  - 2. Awareness Campaigns: We organise awareness campaigns and events throughout the year to raise understanding and appreciation for various cultures, ethnicities, and identities. These events provide opportunities for students to engage in meaningful conversations, ask questions, and learn from one another.*
  - 3. School Council and Pupil Voice groups: We encourage the student-led council and group to focus on promoting inclusivity, diversity, and social justice. Students are encouraged to express their ideas, share their experiences, and collaborate on projects that foster a sense of belonging for all.*

4. *Professional Development: Our dedicated staff participate in ongoing professional development opportunities that enhance their cultural competency, enabling them to better support and meet the needs of our diverse student body.*

5. *Communication and Parent Involvement: We value open and honest communication with parents and actively seek your input and involvement in promoting inclusivity. We encourage you to share your ideas, suggestions, and experiences with us, as your perspectives contribute greatly to our ongoing efforts.*

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*It is essential that we work together to nurture an inclusive environment where every student feels safe, supported, and accepted for who they are. By celebrating diversity, we are preparing our students to thrive in a multicultural and interconnected world.*

*We invite you to join us in our commitment to fostering equality for all within our school community. Your support, understanding, and open dialogue are invaluable in creating a positive and empowering educational experience for our children. We know that children aren't born with prejudices, they are learnt or experienced. That is why we need to work in partnership. Derogatory comments will not be tolerated in school and should not be acceptable in your homes. Together we can build a stronger community and look forward to continuing our journey towards a more inclusive future.*

*Thank you for your ongoing support and dedication to our school community.*

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## **Reminder to parents of children in year 2 - End of Entitlement to Universal Free School Meals**



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*If your child is moving into year 3 in September, their entitlement to Universal Infant Free School Meals will come to an end. Therefore you will need to pay £2.55 for each meal unless you are entitled to Income Based Free School Meals. You can check your eligibility and apply for these online via the Nottinghamshire County Council website:*

*[www.nottinghamshire.gov.uk/freeschoolmeals](http://www.nottinghamshire.gov.uk/freeschoolmeals)*

*This will also entitle you to free milk along with other potential benefits for both your child and the school as a whole.*

*You can pay for meals using ParentPay. If you require registration details please ask at the office.*

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## Reminder to clear outstanding debts on ParentPay



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*Could we please remind parents to make sure all debts for dinner, tuck, breakfast club or after school clubs are cleared as soon as possible and before the new academic year.*

*Many thanks*

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## Rainbow Parent/Carers' Forum Cuppa & Catch up: Thursday 20th July



 **RAINBOW**  
Parents Carers Forum

**Who are we?**

Rainbow PCF is a support group and independent voice for families with children and young people with special educational needs and/or disabilities (SEND) Nottingham and surrounding areas.



**JOIN US**

**Parent 2 Parent Cuppa & Catch Up**  
Come and meet other parent carers and members of the Rainbow Team

**Date:** Thursday 20 July 2023  
**Time:** 9:30 – 11:30  
**Where:** Arnold Library, 101 Front Street, Nottingham, NG5 7EE  
PLEASE BOOK FOR REFRESHMENT PURPOSES

**CONTACT US**

0115 7860211 – 07837 278981  
[admin@rainbowpcf.org.uk](mailto:admin@rainbowpcf.org.uk) – [www.rainbowpcf.org.uk](http://www.rainbowpcf.org.uk)

Rainbow Parent 2 Parent Project is supported by:    RainbowPCF  
LOTTERY FUNDED  @RainbowPCF

Registered Charity Number: 1155205



## Nottinghamshire Household Support Fund (HSF) Phase 4 - Information for parents eligible for free school meals





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Nottinghamshire County Council have launched the fourth round of their House Support Fund (HSF) for families with children eligible for free school meals. Please use the link below for more information. Please note that school does not have any involvement in this scheme and any queries should be directed to the Council via [householdsupportfund@nottscc.gov.uk](mailto:householdsupportfund@nottscc.gov.uk).

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### Nottinghamshire Household Support Fund (HSF) Phase 4 information

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## School Essentials



**St Timothy's SCHOOL ESSENTIALS**  
A community initiative connecting families with the things they need for school life.

**WHAT WILL BE THERE?**  
UNIFORMS, SHOES, MATHS EQUIPMENT, STATIONERY, REVISION TRAINERS, GUIDES, TROUSERS, SKIRTS, BAGS, BLAZERS, TIES, AND LOTS, LOTS MORE...

**WHERE AND WHEN?**  
ST TIMOTHY'S COMMUNITY CENTRE  
Swinburne Way (off Byron Street) NG5 6BX  
10.00am - noon  
Saturday 15 July 2023  
No charge for entry, tea & coffee will be served.

**HOW DOES IT WORK?**  
YOU MAY HAVE SCHOOL ESSENTIALS YOU CAN DONATE! If so, bring them along on the day, or contact Jackie on 07557 123 238.

**ARE YOU LOOKING FOR SCHOOL ESSENTIALS?** If so, come along and see if what you need is available. Items are free of charge but donations to help with the organisation of this and other initiatives will be gratefully received.

**Where is St Timothy's?**

**ST PAUL'S DAYBROOK** School Essentials is a community initiative of St Paul's, Daybrook. For further information, or have items you would like to donate, please contact Jackie Fuller on 07557 123 238. [spd.church](http://spd.church)

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There will be a school uniform/essentials giveaway at St Timothy's church in Daybrook on Saturday 15th July. This scheme is open to all and is a way of helping local families to get the items they need to ensure their child is able to go to school with the correct uniform/kit to help them feel more secure in their educational setting.

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We also collect donations of old uniform. Just drop anything you wish to donate at the school office.

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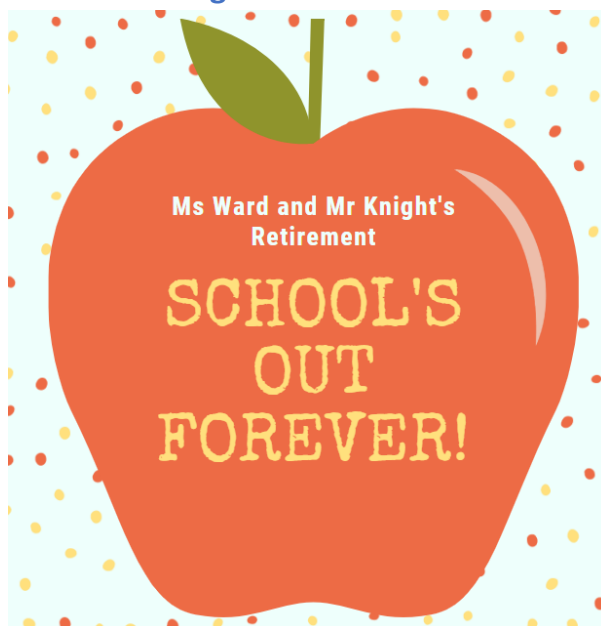


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We are currently looking for 2 new midday supervisors to join our wonderful team. If you are interested, or know anyone who is, please contact the office.

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## Retirement of Ms Ward and Mr Knight



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*As mentioned in last week's newsletter, Mr Knight and Ms Ward will be retiring at the end of this academic year. I know for many of you they are 'Arnold Mill' through and through. They have played such an important part in so many children's lives that I honestly don't know what we're going to do without them. It's sad for school but exciting for them and so we need to mark their departure in a fitting way. We are planning a few special 'things' so that we can give them parting gifts to remember. If you would like to contribute or want to send your own gifts, please see the office. I'm sure you'd like to join with us in wishing them all the best for the future- they both deserve some well deserved time off.*

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## Win £1,000 for the school library!



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*This summer, National Book Tokens are offering five schools the chance to start rebuilding their libraries by inviting teachers, parents, carers and communities to nominate their school for our big prize draw. Each winning school will receive **£1,000 in National Book Tokens and a year's free***

**membership to the School Library Association – PLUS one overall winner will also get £500 to help them create a fun and welcoming library space for all.**

*Nominate your school using the form below, and if yours is one of the five winning entries, you'll also **win a £100 National Book Token to spend in your favourite bookshop!** Remember, the more entries received for your school, the higher the chance they'll win – so don't forget to spread the word!*

*Winners will be drawn at random after Monday 31st July and announced in September 2023.*

[Link to enter](#)

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### **Sun Protection Guidelines – Sun Hats, Sun Cream & sensible footwear**



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*Now that the warm weather has arrived I would like to remind parents/carers of our sun protection guidance.*

*On hot days we will encourage children to wear a hat, drink plenty of water and sit in the shade as required.*

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- Please make sure your child brings a sun hat/cap and water bottle (marked with their name and class) to school
  - Please ensure that your child is wearing suitable school shoes (no trainers, flip flops or open toed shoes)
  - **Please apply sun cream to your child before they come to school on hot days. The long lasting protection types are recommended.** If your child is prone to burning and you feel they may need an additional application you may send in a bottle of sun cream (marked with their name), which your child should give to their teacher. Your child will be able to apply the cream themselves when needed (usually just before lunchtime) under the supervision of a classroom staff member.
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*If your child requires a staff member to assist with applying additional sun cream please email the class teacher to confirm that you give consent for a member of staff to assist your child to apply an additional application of the sun cream you have/will provide.*

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## Upcoming School Events:

**Foundation Ice Cream Van Visit:** *Wednesday 19th July*



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*We have arranged for an ice cream van to visit Foundation on Wednesday 19th July (afternoon) as part of our end of year celebrations. The cost of an ice cream will be £2 per child, if you would like your child to have an ice cream please give this to your child's teacher by Friday 14th July.*

*Keep everything crossed for nice weather!*

*Kind regards,*

*The Foundation Team*

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**Year 1&2 Treat Day: Thursday 20th July 2023**



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*Dear Parents/Carers,*

*This year we are celebrating the end of the academic year and all our learning achievements by organising a beach day for all KS1 children. This will be held at school on Thursday 20th July 2023.*

*We hope the day will be an enjoyable time for the children and that they will create some lasting memories to take with them into their next class.*

*On the day, your child is invited to come to school in beach wear (school appropriate!). We will have some fairground games to play, a bouncy castle and a beach-themed treat! We hope to be able to have sand and water outside so that we can dip our toes – weather permitting!*

*We will ensure that children with dietary requirements are catered for.*

*If you have any questions about the day, please speak to your child's class teacher.*

*Kind regards,*

*The KS1 Team.*

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## Year 5 Treat Day: Thursday 20th July 2023



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*It is coming to that time in the calendar where we are ready to celebrate the fantastic year we have had with Year 5. On Thursday 20th July, we will be joining all the Year 5 children together for a day of party activities and fun! For the day, children need to come to school in appropriate non-uniform and footwear.*

*In the morning, we will be taking the children on the field (hall if wet) and will be doing garden party games. In the afternoon the children will be watching the latest version of Matilda which was voted for by the children. This is a PG film so we will need consent from yourselves to allow the children to watch the film. Please complete this on the attached online form.*

*We will also be having party nibbles. In order to do this, we ask that children **bring in £1 by Friday 14th July** so food can be organised.*

*To give permission for your child to watch Matilda, please complete [this form](#) by **Friday 14th July 2023**.*

*We are looking forward to celebrating the past year all together.*

*Regards,*

*The year 5 Team (Miss Dibley, Mr Robinson, Mrs White, Mrs Nicholls, Mrs Bullen)*

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## **Year 6 Treat Day: Thursday 20th July 2023**



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*It is coming to that time in the calendar where we are ready to wish our wonderful year 6 children farewell. This year we are planning a special day to help them spend time with their peers and celebrate the end of their primary school journey. On Thursday 20th July we will be walking down to the Bonington Theatre and having a private screening of the latest Disney blockbuster, Super Mario Brothers. We are expecting that this film will be a PG certificate, so by agreeing to your child attending this trip you acknowledge this, and are allowing your child to watch it. For this part of the day, if you would like to send your child with a small sweet or savoury treat you are more than welcome to.*

*After the cinema visit, the children will return to school and follow their usual lunchtime routine.*

*In the afternoon, all of Year 6 will be joining together on the field (hall if wet) and will be sharing in “party nibbles” and garden party games. Children will be able to change into their glad rags and have a party to celebrate the end of year 6 and the start of their next chapter. All food and entertainment will be provided at this event, all we ask is that the children bring a change of clothes (party clothes) for the afternoon.*

*After the party, children will be able to use their devices to take photos with each other to have some photographic memories of their friends from Arnold Mill. If you don’t want your child to be included in any photos, please let the office know.*

*The total cost of these events will be £8. To give permission for your child to attend and to make payment please do so via your child’s [ParentPay](#) account by Friday 14th July. Unfortunately, the events will not be able to run if we do not get enough payments to fund them.*

*We are looking forward to spending this precious time with all of Year 6.*

*Regards,*

*The year 6 Team (Mr Robinson, Mr Hewlett, Mrs Nicholls, Mrs Murray, Mrs Bullen, Mrs Moodie, Mrs French)*

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**Year 6 Leavers' Assembly: Friday 21st July**

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*Parents of children in year 6 can apply for tickets using [this link](#)*

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## Community Notices

### Arnold Town FC are on the lookout for players for the girls' football team

ARNOLD TOWN FC ARE DEVELOPING A NEW GIRLS FOOTBALL TEAM AND ARE ON THE LOOKOUT FOR NEW PLAYERS



- GIRLS U8 23/24 SEASON
- CURRENT YEAR 2'S
- SUNDAY MATCHES

**CONTACT JO**  
07870270440

COME AND JOIN OUR GREAT TEAM!



### The Healthy Families Team - How can they support you?

**NHS**  
Nottinghamshire Healthcare  
NHS Foundation Trust

Healthy Family Team 0 - 19 Public Health Nursing Service



**HELLO**  
AHOJ HALLO  
IHOLA OLA HEJ  
MERHABA KUMUSTA  
BONJOUR

**Welcome to Primary School.**

We just wanted to say hello and introduce ourselves. We are your local Healthy Family Team. It is our job to support you and your family with any health and well-being needs.

**This is how we can support you and your family:**

 <p><b>Appointment Line</b></p> <p>You can access support from your local Healthy Family Team through a range of appointment-based health sessions for parents, children and young people.</p> <p><a href="http://www.nottinghamshirehealthcare.nhs.uk/healthy-families-additional-support">www.nottinghamshirehealthcare.nhs.uk/healthy-families-additional-support</a></p> 	 <p><b>Advice Line</b></p> <p>This is for parents, carers and healthcare professionals who want to speak to the Healthy Family Team for advice or support.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Telephone - 0300 123 5436</p> 	 <p><b>Parentline</b></p> <p>This is a confidential text messaging service delivered by the Healthy Family Team for parents and carers.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Text - 07520 619919</p> 	 <p><b>Health For Kids</b></p> <p>This website offers a fun, engaging and interactive way for children to learn about health. It links parents and children to appropriate health and wellbeing services.</p> <p><a href="http://www.healthforkids.co.uk">www.healthforkids.co.uk</a></p> 
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**Making a Difference**  
Real. Healthy. Respect. Compassion. Teamwork.



## Parentline

**We now have a text messaging service for parents/carers of children aged 0-19.**

Get confidential advice from our Healthy Family Teams on a range of issues.

**Text Parentline:**  
**07520 619919**

- Feeding and Nutrition
- Child Development
- Parenting advice and support
- Emotional health and wellbeing
- Behaviour difficulties
- Family Health

**ChatHealth**

## Advice Line

This is a 'single point of access' advice line for parents, carers and healthcare professionals who want to speak to the Health Family Team for advice or support.

**Call**  
**0300 123 5436**

### Mouth Care

- Brush teeth, for 2 minutes, morning and especially at night.
- Limit sugary foods and drinks to mealtimes only.
- Visit the dentist regularly for a mouth check.

How to find an NHS Dentist:  
Call: 111  
Visit: [www.nhs.uk](http://www.nhs.uk)  
Scan:

### Eye Health

Free NHS sight tests are available at opticians for all children under 16 and for young people under 19 in full-time education.

[www.nhs.uk/conditions/eye-tests-for-children/](http://www.nhs.uk/conditions/eye-tests-for-children/)

### Hearing Checks

Although your child will have routine hearing tests it is important you look out for any hearing problems.

Signs of possible hearing problems:

- ☐ Poor concentration.
- ☐ Talking loudly and listening to the tv at a high volume.
- ☐ Difficulty pin pointing where a sound is coming from.
- ☐ A change in their progress at school.
- ☐ Mispronouncing words.
- ☐ Not responding when their name is called.

Speak to your GP or Health Family Team if you have any concerns. Your child can have a hearing test at any age.

## National Child Measurement Programme

To help monitor national trends and to tackle individual problems the National Child Measurement Programme (NCMP) measures the height and weight of every child in reception year (aged 4 to 5) and Year 6 (aged 10 to 11 years) in all primary schools.

Trained staff from the Nottinghamshire Healthcare NHS Foundation Trust carry out the measurements.

If there are any concerns, please speak to your Health Professional.

## SAIS

School Aged Immunisation Service

**It is now time for your child's yearly flu nasal spray!**

**What do you need to do?**

You must complete one online consent form for each of your children. It is important every child has a completed form which states if you would like them to receive the flu vaccination spray or not.

The online consent form can be found through this link or the QR code:  
<https://www.nottinghamshireimmunisations.co.uk/Forms/Flu>

**How will the vaccination be given to your child?**

We are a team of skilled and experienced nurses and support staff. The flu vaccination is a quick and simple spray up the nose.

**Step one:** The nurse places the tip of a thin plastic tube just inside the nostril. The child can breathe normally whilst the vaccine is given.

**Step two:** Half of the vaccine is sprayed in one nostril.

**Step three:** The other half of the vaccine is sprayed into the other nostril.

**Nottinghamshire and Nottingham City:**  
Tel: 07920 182 032  
Email: [sais@nottshc.nhs.uk](mailto:sais@nottshc.nhs.uk)

**Bassetlaw:**  
Tel: 01777 200066  
Email: [immunisation@nottshc.nhs.uk](mailto:immunisation@nottshc.nhs.uk)

## Metro Schools End of Term Party: 15th July



*At the end of each term Metro Schools run a party in the community, free of charge to children in schools year F2 to Y6. The flyer is attached and below is more info:*

*We're excited to let you know our Metro Schools Summer Party is open for sign ups!*

*You can see the highlights of our Easter party  
here: <https://www.facebook.com/MetroSchoolsNottingham/videos/236107215490020>*

**When?** July 15th, 10am-12pm, with optional free buffet lunch for all the family after you've collected your child. All children need collecting at 12pm.

**Who for?** Children in school years F2 to year 6. This is a drop off party and parent/carers do not stay.

**Where?** The People's Church, Gladehill Road, Bestwood, NG5 5SA. There's plenty of free parking on site.

**What?** All the usual fun and games of our Metro Schools' parties, including games, craft activities, disco and mascots.

**Cost?** FREE!

*Completion of the form means you have a place. You can sign up here:*

*<https://forms.gle/PKnaCqp8icTWqdXA7>*

*Due to a number of people booking on to our Easter party and not showing up, please only sign up if you are certain you can come. Repeat absentees will have their place passed on to someone else. Please note Metro is a Christian organisation and we play Christian songs and talk about Jesus! All our Metro Schools staff and volunteers are DBS checked.*

*Many thanks,*

***Jo Jones***

*Schools Outreach Coordinator*

*Metro Schools Nottingham*

*07878976143*

*[jo.jones@metroschoolsnetwork.co.uk](mailto:jo.jones@metroschoolsnetwork.co.uk)*

*Website: <https://metroschools.wixsite.com/nottingham-metro-sch>*

*Facebook: <https://www.facebook.com/MetroSchoolsNottingham>*

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## Seaside Themed Lunch: Friday 21st July



## Summer Holiday Activities

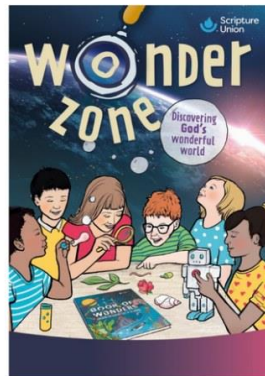




## St.Mary's Church Activity Week

Welcome to Wonder Zone! Join your Lab and explore some great scientific discoveries. Find out who God is and how exploring science and following him can go hand in hand.

Activities  
Crafts  
Songs  
Games  
Competitions  
Refreshments



**Monday 31st July to Thursday 3rd August**

Fun-filled actioned pack week for children from 5 to 11 years.

Mornings: 9.30 am to 12 Noon

**Only £16 for the 4 days. (£4 per day)**



For more information contact Andrea Sands (07814 770946)

# HOLIDAY CLUBS

## AUGUST

Week 1: 1st-3rd  
Week 2: 7th-10th  
Week 3: 14th- 17th

AGES 3-12 TIMES: 9:30-3:30pm  
EARLY DROP OFF & LATE PICK UP AVAILABLE  
WRAP CARE AVAILABLE

BOOK VIA THE QR CODE OR THROUGH THE LINK ON OUR SOCIALS BELOW



### SPECIAL WORKSHOPS-

African drumming, circus skills, graffiti painting, board games, dance, acro and gymnastics!

 @simplydancenottz  
 Simply Dance Nottingham  
 [simplydancenottingham.co.uk](http://simplydancenottingham.co.uk)



 Summer Club 2023

## Nottingham Beach - Slip 'n' Slide Discount



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### *School is out for SUMMER!*

*The Mellors Group would like to provide you with a discount code for the GIANT Slip 'N' Slide to enjoy this summer.*

*Head on over to [www.nottinghambeach.co.uk](http://www.nottinghambeach.co.uk) to book your tickets before the 31st of July 2023!*

*Insert '**SCHOOLSOUT23**' at checkout when prompted for a discount code.*

*We look forward to welcoming you!*

### T&C's

*Your tickets must be booked before 31st July 2023.*

*Online Bookings only – this code will not work on site.*

*The code has limited uses, book now to avoid disappointment. The code reduces the cost from £12.50 to £8.50.*

*Swimming costume required, Wetsuits available (deposits required) limited quantity.*

*Please see the general T&C's for the Giant Slip 'N' Slide here [Frequently Asked Questions - Official Nottingham Beach](#)*

Please contact [customerservice@mellorsgroup.com](mailto:customerservice@mellorsgroup.com) if you require further assistance.

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After School Activity Clubs have now finished.

Dinner Menu: w/c 17th July (week 1)

**SPRING/SUMMER 2023**  
**WEEK 1**  
WEEK COMMENCING  
20 February, 13 March,  
24 April, 15 May, 5 June,  
26 June, 17 July

**MY SCHOOL MENU**

**TASTE of NATURE**

**FOOD FOR SOIL**

Vegetarian meals are available upon request.

	MAIN MEAL	DESSERT
<b>MONDAY</b>	Cheese & Tomato Pizza, Roast new potatoes, Carrot Sticks & Sweetcorn <small>Milk, Gluten, Soya</small>	Fruit Flapjack <small>Gluten</small>
<b>TUESDAY</b>	Jacket Potatoes with Cheese, Tuna or Beans, Crunchy vegetables <small>Dairy, Fish</small>	Strawberry ice-cream tub <small>Milk</small>
<b>WEDNESDAY</b>	Spaghetti Bolognese Garlic bread Carrot & cucumber sticks <small>Milk, Gluten, Soya, Fish</small> Vegetarian: Spaghetti with Vegan Meatballs <small>Milk, Gluten, Soya</small>	Marble Slice & Custard <small>Gluten, Milk</small>
<b>THURSDAY</b>	Nottinghamshire sausages, Gravy, Yorkshire pudding, Mashed potatoes Cabbage & Carrots <small>Milk, Egg, Soya, Gluten, Dairy</small> Vegetarian: Plant Based Sausage <small>Soya, Gluten, Dairy, Milk, Egg, Gluten</small>	Fruit Salad
<b>FRIDAY</b>	MSC fish fingers, Tomato ketchup, Pomme Noisettes Garden peas & Sweetcorn <small>Gluten, Fish, Dairy</small> Vegetarian: Fishless Fingers <small>Gluten, Dairy</small>	Ginger Cookie <small>Gluten</small>

**ALSO SERVED DAILY:** Seasonal vegetables available daily. Coleslaw 12g when served.

[www.nottinghamshire.gov.uk/schoolmeals](http://www.nottinghamshire.gov.uk/schoolmeals)

**Nottinghamshire County Council**

The menu for next term is now ready to view.

[Link to Autumn/Winter 2023 Menu](#)

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## Calendar



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### July

Weds 19th Jul - F2 Treat Afternoon ([Link to letter](#))

Thurs 20th Jul - Year 6 Treat Day ([Link to letter](#))

Thurs 20th Jul - Year 5 Treat Day ([Link to letter](#))

Thurs 20th July - Class KS1 Treat Day ([Link to letter](#))

Fri 21st Jul - Year 6 Leavers' Assembly to parents ([Link to poster](#))

Fri 21st Jul - Gold Star Assembly

Fri 21st Jul - Seaside themed lunch ([link to poster](#))

Fri 21st Jul - Last Day in School For Children

Mon 24th & Tues 25th Jul - INSET Days

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## Useful information



Click through the sheets below for information about:

- Wraparound Care
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.





## ARNIE'S BREAKFAST CLUB

DAILY FROM 7.45AM

**£3.25 per session - food included**

No need to book - just turn up (please ensure you keep your ParentPay account up to date\*)

Is included as part of our nursery 30 hour childcare provision.



## MILLIE'S AFTER SCHOOL CLUB

DAILY FROM 3.30-6.00PM

**£12 per session - light tea provided**

Must be booked and paid for in advance via ParentPay\*. Cut off time for booking 12noon on the day.

\*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes  
(Please inform us if you wish to pay via any of these schemes)







**0115 966 7930 during school hours**

**07\*\*\* during school hours**

**office@arnoldmill.notts.sch.uk**

### What are the health impacts

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

## Children

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

### How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.



## Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

**It's up to all of us**

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough.  
Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people



**Switch off when waiting or stuck in a jam.**

**Switch to cycling or walking for local trips.**

**Switch to a bus or train when you can for longer journeys**

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:  
[www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/](http://www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/)





**Greet your child  
with a smile  
and  
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

# Nottinghamshire School Holidays 2022-23



September 2022 to July 2023

September 2022	October 2022	November 2022
M T W T F S S 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
December 2022	January 2023	February 2023
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
March 2023	April 2023	May 2023
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
June 2023	July 2023	August 2023
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
<div></div> School Holidays	<div></div> Public Holidays	<div></div> Administration Day
<div></div> Inset day		
<b>Autumn Term</b> Schools Open - evening Wednesday 24 August 2022 Half Term - Monday 17 October 2022 - Friday 28 October 2022 Schools close - evening Wednesday 21 December 2022	<b>Summer Term</b> Schools Close - morning Tuesday 17 April 2023 May Day Bank Holiday - Monday 1 May 2023 Half Term - Monday 29 May 2023 - Friday 2 June 2023 Schools Close - evening Tuesday 28 July 2023	
<b>Spring Term</b> Schools Open - evening Wednesday 4 January 2023 Half Term - Monday 13 February 2023 - Friday 17 February 2023 Spring Break - Monday 3 April 2023 - Friday 14 April 2023	*Return date for August/September 2023 TBC	



## Nottinghamshire School Holidays 2023-24 August 2023 to July 2024



August	September	October
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
November	December	January
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
February	March	April
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May	June	July
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
<div></div> School Holidays	<div></div> Public Holidays	<div></div> Administration Day
<div></div> Inset Days		
<b>Autumn Term</b> 4 September - 20 October 7 weeks 6 November - 22 December 7 weeks	<b>Spring Term</b> 4 January - 9 February 5 weeks 2 days 19 February - 29 March 5 weeks 4 days	<b>Summer Term</b> 13 April - 24 May 5 weeks 4 days 3 June - 26 July 8 weeks



3 - [Click here to see school policies](#)



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Breakfast Club, Tuck

**A convenient way to pay**


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email

Step 2 - Login at [www.parentpay.com](http://www.parentpay.com)

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



Turn your online shopping  
into everyday magic for

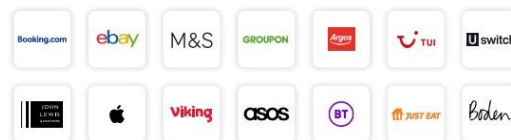
**Arnold Mill Primary School**

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You shop, brands donate to us.  
It won't cost you any extra!

#### How to sign up

- 1 Visit the link below or scan the QR code  
[www.easyfundraising.org.uk/support-a-good-cause](http://www.easyfundraising.org.uk/support-a-good-cause)
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



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easyfundraising App



Excellent 3,945 reviews on

5 - [Click link to sign up to Easyfundraising](#)



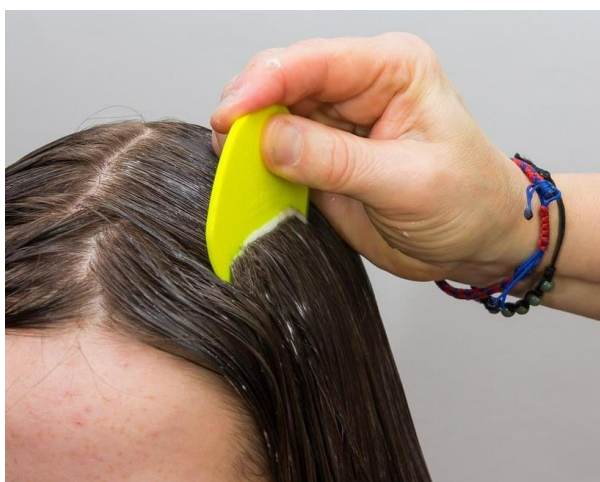
6 - [Link to Cost of Living Factsheet](#)



## The NHS Minor Ailment Service at your local pharmacy



7 - [Link to information about the NHS Minor Ailment Scheme](#)



8 - [Link to information about how to deal with head lice](#)

## Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>  
 @OpenUni\_RFP



# Childcare Choices


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Childcare:  
Have you?





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 [office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)

 **0115 9667930** (option 1 to record a child's absence or option 4 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>

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