



Arnold Mill Weekly Newsletter 25th July 2023



Dear Parents/Carers,

I must start this newsletter with massive thank yous. Thank you to the staff for all their hard work this year. Thank you to the children for making each day one we can be proud of. And thank you to all of you for your support this year. We have had so many wonderful events which wouldn't have been possible without your support.

We're saying a final goodbye to Mr Knight and Ms Ward today. We wish them good luck with their retirements. We've been able to give them a lovely send off, so I know they are aware how much we all think of them.

We have two new members of staff joining us in September. Mr Poulet and Mrs Carter. Mr Poulet will be our new Site Manager and Mrs Carter will be joining the KS1 team as a teacher in 1a alongside Mrs Lloyd. We hope they will love Arnold Mill as much as we do.

For some time, we have been looking at the best options for the school for the future. Many schools have now moved into Multi Academy Trusts (MATs), and this is something the Department for Education is encouraging us all to do. After a lot of research and discussion by the governing body and senior leadership staff, we have decided to move forward with joining a MAT. In order to keep you fully informed we are planning MAT meetings in the Autumn term especially for parents. More information will go out about this in September.

We have lots of wonderful things planned for the next academic year (which starts for your children on Wednesday 6th September). During our first week back, we will all be doing a special project about Arnold Mill and our local area. We want to find out 'Why are we called Arnold Mill?'- I'm really looking forward to finding out the answer.

And finally... I hope you all have a lovely Summer break; I hope the sun shines and I look forward to seeing you all in September.

Jackie Oldfield, Head Teacher





General Notices:

Academic Calendar for 2023-24 (please note change of dates for inset days)

Please see below the academic calendar for next year. Please note that there has been a change to the inset days previously published. The inset day on 24th May has now been cancelled and there is a new inset day on 5th July.

Nottinghamshire School Holidays 2023-24
August 2023 to July 2024

Nottinghamshire
County Council

2023/2024

August							September							October						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	1	2	3	4	5	6					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

November							December							January						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	1	2	3	4	5						1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30	31				

February							March							April						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
				1	2	3					1	2	3	1	2	3	4	5	6	7
5	6	7	8	9	10	11	4	5	6	7	8	9	10	8	9	10	11	12	13	14
12	13	14	15	16	17	18	11	12	13	14	15	16	17	15	16	17	18	19	20	21
19	20	21	22	23	24	25	18	19	20	21	22	23	24	22	23	24	25	26	27	28
26	27	28	29				25	26	27	28	29	30	31	29	30					

May							June							July						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
					1	2						1	2	1	2	3	4	5	6	7
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

■ School Holidays
 ■ Public Holidays
 ■ Administration Day

Autumn Term
 4 September - 20 October 7 weeks
 6 November - 22 December 7 weeks

Spring Term
 4 January - 9 February 5 weeks 2 days
 19 February - 29 March 5 weeks 4 days

Summer Term
 15 April - 24 May 5 weeks 4 days
 3 June - 26 July 8 weeks

Reminder to parents of children in year 2 - End of Entitlement to Universal Free School Meals



If your child is moving into year 3 in September, their entitlement to Universal Infant Free School Meals will come to an end. Therefore you will need to pay £2.55 for each meal unless you are entitled to Income Based Free School Meals. You can check your eligibility and apply for these online via the Nottinghamshire County Council website:

www.nottinghamshire.gov.uk/freeschoolmeals

This will also entitle you to free milk along with other potential benefits for both your child and the school as a whole.

You can pay for meals using ParentPay. If you require registration details please ask at the office.

ParentPay Balances



Could we please remind parents to make sure all debts for dinner, tuck, breakfast club or after school clubs are cleared as soon as possible and before the new academic year.

If your child is leaving Arnold Mill, any balances on their accounts will either be refunded or transferred to a sibling. We will endeavour to do this as soon as possible.

Many thanks

Nottinghamshire Household Support Fund (HSF) Phase 4 - Information for parents eligible for free school meals



Nottinghamshire County Council have launched the fourth round of their House Support Fund (HSF) for families with children eligible for free school meals. Please use the link below for more information. Please note that school does not have any involvement in this scheme and any queries should be directed to the Council via householdsupportfund@nottsc.gov.uk.

[Nottinghamshire Household Support Fund \(HSF\) Phase 4 information](#)

Community Notices

Arnold Town FC are on the lookout for players for the girls' football team

ARNOLD TOWN FC ARE DEVELOPING A NEW GIRLS FOOTBALL TEAM AND ARE ON THE LOOKOUT FOR NEW PLAYERS



- GIRLS U8 23/24 SEASON
- CURRENT YEAR 2'S
- SUNDAY MATCHES

CONTACT Jo
07870270440

COME AND JOIN OUR GREAT TEAM!



The Healthy Families Team - How can they support you?

NHS
Nottinghamshire Healthcare
NHS Foundation Trust

Healthy Family Team 0 - 19 Public Health Nursing Service



Welcome to Primary School.

We just wanted to say hello and introduce ourselves. We are your local Healthy Family Team. It is our job to support you and your family with any health and well-being needs.

This is how we can support you and your family:

 <p>Appointment Line</p> <p>You can access support from your local Healthy Family Team through a range of appointment-based health sessions for parents, children and young people.</p> <p>www.nottinghamshirehealthcare.nhs.uk/healthy-families-additional-support</p> 	 <p>Advice Line</p> <p>This is for parents, carers and healthcare professionals who want to speak to the Healthy Family Team for advice or support.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Telephone - 0300 123 5436</p> 	 <p>Parentline</p> <p>This is a confidential text messaging service delivered by the Healthy Family Team for parents and carers.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Text - 07520 619919</p> 	 <p>Health For Kids</p> <p>This website offers a fun, engaging and interactive way for children to learn about health. It links parents and children to appropriate health and wellbeing services.</p> <p>www.healthforkids.co.uk</p> 
---	--	---	--


Making a Difference
Real Healthier People. Connected. Thriving.

Parentline

We now have a text messaging service for parents/carers of children aged 0-19.

Get confidential advice from our Healthy Family Teams on a range of issues.

Text Parentline:
07520 619919

- Feeding and Nutrition
- Child Development
- Parenting advice and support
- Emotional health and wellbeing
- Behaviour difficulties
- Family Health

ChatHealth

Advice Line

This is a 'single point of access' advice line for parents, carers and healthcare professionals who want to speak to the Health Family Team for advice or support.

Call
0300 123 5436

Mouth Care

- Brush teeth, for 2 minutes, morning and especially at night.
- Limit sugary foods and drinks to mealtimes only.
- Visit the dentist regularly for a mouth check.

How to find an NHS Dentist:
Call: 111
Visit: www.nhs.uk
Scan:

Eye Health

Free NHS sight tests are available at opticians for all children under 16 and for young people under 19 in full-time education.

www.nhs.uk/conditions/eye-test-for-children

Hearing Checks

Although your child will have routine hearing tests it is important you look out for any hearing problems.

Signs of possible hearing problems:

- ☐ Poor concentration.
- ☐ Talking loudly and listening to the tv at a high volume.
- ☐ Difficulty pin pointing where a sound is coming from.
- ☐ A change in their progress at school.
- ☐ Mispronouncing words.
- ☐ Not responding when their name is called.

Speak to your GP or Health Family Team if you have any concerns. Your child can have a hearing test at any age.

National Child Measurement Programme

To help monitor national trends and to tackle individual problems the National Child Measurement Programme (NCMP) measures the height and weight of every child in reception year (aged 4 to 5) and Year 6 (aged 10 to 11 years) in all primary schools.

Trained staff from the Nottinghamshire Healthcare NHS Foundation Trust carry out the measurements.

If there are any concerns, please speak to your Health Professional.

SAIS

School Aged Immunisation Service

It is now time for your child's yearly flu nasal spray!

What do you need to do?

You must complete one online consent form for each of your children. It is important every child has a completed form which states if you would like them to receive the flu vaccination spray or not.

The online consent form can be found through this link or the QR code:
<https://www.nottinghamshireimmunisations.co.uk/Forms/Flu>

How will the vaccination be given to your child?

We are a team of skilled and experienced nurses and support staff. The flu vaccination is a quick and simple spray up the nose.

Step one: The nurse places the tip of a thin plastic tube just inside the nostril. The child can breathe normally whilst the vaccine is given.

Step two: Half of the vaccine is sprayed in one nostril.

Step three: The other half of the vaccine is sprayed into the other nostril.

Nottinghamshire and Nottingham City:
Tel: 07920 182 032
Email: sais@nottshc.nhs.uk

Bassetlaw:
Tel: 01777 200066
Email: immunisation@nottshc.nhs.uk

Summer Holiday Activities



There are lots of affordable, fun things to do across Gedling Borough this summer:

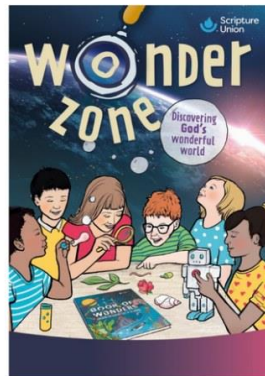
[Link for more details](#)



St.Mary's Church Activity Week

Welcome to Wonder Zone! Join your Lab and explore some great scientific discoveries. Find out who God is and how exploring science and following him can go hand in hand.

Activities
Crafts
Songs
Games
Competitions
Refreshments



Monday 31st July to Thursday 3rd August

Fun-filled actioned pack week for children from 5 to 11 years.

Mornings: 9.30 am to 12 Noon

Only £16 for the 4 days. (£4 per day)



For more information contact Andrea Sands (07814 770946)

HOLIDAY CLUBS

AUGUST

Week 1: 1st-3rd
Week 2: 7th-10th
Week 3: 14th- 17th

AGES 3-12 TIMES: 9:30-3:30pm
EARLY DROP OFF & LATE PICK UP AVAILABLE
WRAP CARE AVAILABLE

BOOK VIA THE QR CODE OR THROUGH THE LINK ON OUR SOCIALS BELOW



SPECIAL WORKSHOPS-

African drumming, circus skills, graffiti painting, board games, dance, acro and gymnastics!

 @simplydancenottz
 Simply Dance Nottingham
 simplydancenottingham.co.uk

 Summer Club 2023



Nottingham Beach - Slip 'n' Slide Discount



School is out for SUMMER!

The Mellors Group would like to provide you with a discount code for the GIANT Slip 'N' Slide to enjoy this summer.

Head on over to www.nottinghambeach.co.uk to book your tickets before the 31st of July 2023!

*Insert '**SCHOOLSOUT23**' at checkout when prompted for a discount code.*

We look forward to welcoming you!

T&C's

Your tickets must be booked before 31st July 2023.

Online Bookings only – this code will not work on site.

The code has limited uses, book now to avoid disappointment. The code reduces the cost from £12.50 to £8.50.

Swimming costume required, Wetsuits available (deposits required) limited quantity.

Please see the general T&C's for the Giant Slip 'N' Slide here [Frequently Asked Questions - Official Nottingham Beach](#)

Please contact customerservice@mellorsgroup.com if you require further assistance.

Dinner Menus

The menu for next term is now ready to view.

[Link to Autumn/Winter 2023 Menu](#)

Calendar



September

Mon 4th - Admin Day

Tues 5th - Inset Day

Weds 6th - First day back for children (first visit for new reception children 9.15-11.30am)

Thurs 7th - Second visit for reception children 8.50am-1.00pm

Fri 8th - Reception children start full time

Mon 11th - Evacuation themed day for year 5/6

Thurs 14th - School photographs (individual and siblings)

Mon 18th-Fri 22nd - Year 5/6 Kingswood Residential

October

Tues 17th & Weds 18th - Parents' Evenings

Mon 23rd-Fri 3rd Nov - Half Term

November

Weds 22nd - *Year 5 Trip to the National Holocaust Centre*

Fri 24th - *Non-uniform day (bring a bottle or chocolate donation for the Christmas fair)*

Tues 28th Nov-Tues 5th Dec *Book fair*

December

Fri 1st - *Christmas Fair*

Monday 25th December - Wednesday 3rd January - Christmas holidays

January

Thurs 4th - *Inset day*

Fri 5th - *Inset day*

Mon 8th - *Children return to school*

Useful information



Click through the sheets below for information about:

- Wraparound Care

- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

WRAPAROUND CARE AT ARNOLD MILL



ARNIE'S BREAKFAST CLUB
DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date*)

Is included as part of our nursery 30 hour childcare provision.



MILLIE'S AFTER SCHOOL CLUB
DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes
(Please inform us if you wish to pay via any of these schemes)

0115 966 7930 during school hours

07*** ***** during school hours

office@arnoldmill.notts.sch.uk





GEDLING BOROUGH AIR NEEDS YOUR CARE



What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.



Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough.

Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/



**Greet your child
with a smile
and
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

August 2023/2024

2023/2024

August						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June						
M	T	W	T	F	S	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

 School Holidays

 Public Holidays

 Administration Day

Autumn Term

4 September - 20 October 7 weeks

6 November - 22 December 7 weeks

Spring Term

4 January - 9 February 5 weeks 2 days

19 February - 29 March 5 weeks 4 days



Summer Term

15 April - 24 May 5 weeks 4 days

3 June - 26 July 8 weeks



3 - [Click here to see school policies](#)

www.parentpay.com

Pay online....
for peace of mind

Trips, School Meals,
Breakfast Club, Tuck

A convenient way to pay


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email


Step 2 - Login at www.parentpay.com

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](http://www.parentpay.com)



Turn your online shopping into everyday magic for


Arnold Mill Primary School


with easyfundraising


You shop, brands donate to us.
It won't cost you any extra!


How to sign up


- 1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them












































Download the easyfundraising App

Excellent  3,945 reviews on Trustpilot

5 - [Click link to sign up to Easyfundraising](http://www.easyfundraising.org.uk/support-a-good-cause)



6 - [Link to Cost of Living Factsheet](#)



7 - [Link to information about the NHS Minor Ailment Scheme](#)



8 - [Link to information about how to deal with head lice](#)

Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>
 @OpenUni_RFP




Childcare Choices

We've signed up for
Tax-Free
Childcare:
Have you?





 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 4 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>
