



Arnold Mill Weekly Newsletter 7th July 2023



Photos from the nursery visit to Arnot Park

Dear Parents/Carers,

The last week weeks of term are zipping by. Every day seems to be a busy one.

This week we've had trips out for year 1 to Stonebridge City Farm and nursery had a teddy bears' picnic at Arnot Park. We also had the transition morning with children visiting their new classes. Plus we had our Y5/6 DART assembly and our F2 Learning journey assembly. During every activity the children have made us all very proud of them. Their behaviour and confidence has been outstanding. Thank you so much for all your support too. It has been wonderful to share some of these event with you.

All clubs have now finished for this academic year, apart from Running which will run for one more week on Tuesday.

Next week we have our Y6 play and F1 learning journey- so we'll look forward to seeing more of you again next week.

Have a lovely weekend!

Jackie Oldfield, Head Teacher

P.S. School reports will be sent out by email on Friday 14th July.







General Notices:

Nottinghamshire Household Support Fund (HSF) Phase 4 - Information for parents eligible for free school meals



Nottinghamshire County Council have launched the fourth round of their House Support Fund (HSF) for families with children eligible for free school meals. Please use the link below for more information. Please note that school does not have any involvement in this scheme and any queries should be directed to the Council via householdsupportfund@nottscc.gov.uk.

Nottinghamshire Household Support Fund (HSF) Phase 4 information

School Essentials

St Timothy's SCHOOL ESSENTIALS
A community initiative connecting families with the things they need for school life.

WHAT WILL BE THERE?
UNIFORMS, PE KITS, STATIONERY, SHOES, MATHS EQUIPMENT, REVISION TRAINERS, GUIDES, TROUSERS, SKIRTS, BAGS, and lots, lots more...

WHERE AND WHEN?
ST TIMOTHY'S COMMUNITY CENTRE
Swinburne Way (off Bayson Street) NG5 6BX
10.00am - noon
Saturday 15 July 2023
No charge for entry, tea & coffee will be served.

HOW DOES IT WORK?
YOU MAY HAVE SCHOOL ESSENTIALS YOU CAN DONATE! If so, bring them along on the day, or contact Jackie on 07557 123 238.

ARE YOU LOOKING FOR SCHOOL ESSENTIALS? If so, come along and see if what you need is available. Items are free of charge but donations to help with the organisation of this and other initiatives will be gratefully received.

ST PAUL'S DAYBROOK School Essentials is a community initiative of St Paul's, Daybrook. For further information, or have items you would like to donate, please contact Jackie Fuller on 07557 123 238. spd.church

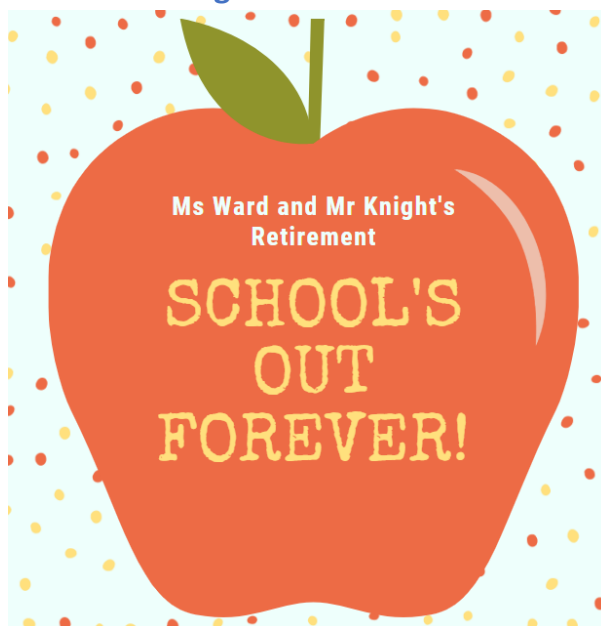
There will be a school uniform/essentials giveaway at St Timothy's church in Daybrook on Saturday 15th July. This scheme is open to all and is a way of helping local families to get the items they need to ensure their child is able to go to school with the correct uniform/kit to help them feel more secure in their educational setting.

We also collect donations of old uniform. Just drop anything you wish to donate at the school office.



We are currently looking for 2 new midday supervisors to join our wonderful team. If you are interested, or know anyone who is, please contact the office.

Retirement of Ms Ward and Mr Knight



As mentioned in last week's newsletter, Mr Knight and Ms Ward will be retiring at the end of this academic year. I know for many of you they are 'Arnold Mill' through and through. They have played such an important part in so many children's lives that I honestly don't know what we're going to do without them. It's sad for school but exciting for them and so we need to mark their departure in a fitting way. We are planning a few special 'things' so that we can give them parting gifts to remember. If you would like to contribute or want to send your own gifts, please see the office. I'm sure you'd like to join with us in wishing them all the best for the future- they both deserve some well deserved time off.

Win £1,000 for the school library!



*This summer, National Book Tokens are offering five schools the chance to start rebuilding their libraries by inviting teachers, parents, carers and communities to nominate their school for our big prize draw. Each winning school will receive **£1,000 in National Book Tokens and a year's free***

membership to the School Library Association – PLUS one overall winner will also get £500 to help them create a fun and welcoming library space for all.

*Nominate your school using the form below, and if yours is one of the five winning entries, you'll also **win a £100 National Book Token to spend in your favourite bookshop!** Remember, the more entries received for your school, the higher the chance they'll win – so don't forget to spread the word!*

Winners will be drawn at random after Monday 31st July and announced in September 2023.

[Link to enter](#)

Sun Protection Guidelines – Sun Hats, Sun Cream & sensible footwear



Now that the warm weather has arrived I would like to remind parents/carers of our sun protection guidance.

On hot days we will encourage children to wear a hat, drink plenty of water and sit in the shade as required.

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- Please make sure your child brings a sun hat/cap and water bottle (marked with their name and class) to school
 - Please ensure that your child is wearing suitable school shoes (no trainers, flip flops or open toed shoes)
 - **Please apply sun cream to your child before they come to school on hot days. The long lasting protection types are recommended.** If your child is prone to burning and you feel they may need an additional application you may send in a bottle of sun cream (marked with their name), which your child should give to their teacher. Your child will be able to apply the cream themselves when needed (usually just before lunchtime) under the supervision of a classroom staff member.
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If your child requires a staff member to assist with applying additional sun cream please email the class teacher to confirm that you give consent for a member of staff to assist your child to apply an additional application of the sun cream you have/will provide.

Upcoming School Events:

F1 End of Year Learning Celebration (ticket only event – **BOOKING ESSENTIAL**)

Please note that this is only applicable to children moving up to F2 in September.



Dear Parents/Carers

As your child will be leaving F1 in a few weeks we would like to invite you to a celebration event on Wednesday 12th July at 9.30am.

The children will perform some songs and tell you about the things they have learnt during their year with us. At the end of the presentation there will be ten minutes for you to come into the Foundation Unit to have a look at your child's work with them and then you can take it home with you at the end of the day.

There are two guest tickets (in total) available for each F1 child, to book your tickets please complete the electronic form [link here](#) by midnight on 11th July 2023.

We will not be issuing physical tickets as the booking form enables us to produce the guest list for us to check on the day.

We would like to clarify the arrangements for the day as follows:

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- On the day of the celebration, we will set out the number of seats as requested via the electronic booking form.*
 - Doors open for guests at approx. 9.25am and the assembly is due to start at approximately 9.30am.*
 - Please note that the pedestrian gate on Bestwood Avenue is locked at 9.15am and will remain locked until 3.15pm.*
 - The main vehicular access gates leading to the staff car park remain closed during the day, if the vehicle gate happens to be open please do not park in the car park as you risk being locked in (the gates will remain locked between 8.30 and 9.10am and again between 3.00pm and 3.50pm).*
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A reminder that, in line with our Safeguarding Policy and Social Media Parental Agreement, there should be no phones out during the production. We will have staff members taking pictures and videos of children which we will then share via Teams. These should not be shared any further via social media platforms. Please indicate on the form if you wish your child not to appear on Teams photos/videos.

Kind Regards

F1 Team

Year 3 and 4 Ancient Anglo-Saxon Day: Wednesday 12th July 2023



*In support of our curriculum topic for the summer term, '**Invade, Raid, Stayed**', rather than taking the children on a more costly coach trip to a museum or attraction, we have arranged for the trip to come to us - a company called 'The Specialists' will run a series of fun workshops for the children on Wednesday 12th July.*

Learning outside the classroom or in a workshop format is a valuable and effective means of extending pupil knowledge, enriching pupil understanding and promoting personal and social development. We encourage educational visits and experiences for all our pupils and hope that parents will recognise the value and importance of these visits or events and give them their full support.

*The whole school cost of the day is £357 and includes a whole day of activities. This represents excellent value for money as we won't have to pay for transport (which would be at least £350). The company provide all the resources needed for the children to learn about the Anglo-Saxons. **The day works out at £4 per child and should be paid via your child's ParentPay account by 8th July 2023.***

We believe in the value of these experiences and try to ensure that these opportunities are accessible and affordable to all. However, the school does not have the financial resources to pay for every trip or in-school trip alternative. The contribution is voluntary, and your child will not be excluded if you are unable to contribute. However, please note that without all such voluntary contributions, trips and activities may have to be cancelled, due to a lack of funds. We aim to give the children the best possible chances in their education whilst trying to balance the cost for both ourselves and parents.

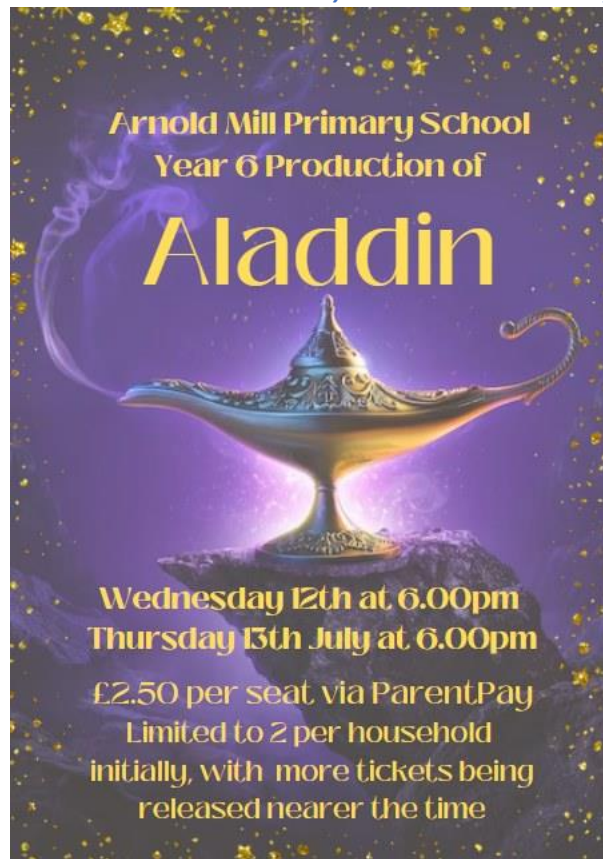
We hope that you will support us in this.

If you have any questions about the day, please talk to your child's teacher.

Yours faithfully,

The Year 3 / 4 Team

Year 6 End of Year Performance: Wednesday 12th and Thursday 13th July



Tickets available NOW on ParentPay.

Foundation Ice Cream Van Visit: Wednesday 19th July



We have arranged for an ice cream van to visit Foundation (F2) on Wednesday 19th July (afternoon) as part of our end of year celebrations. The cost of an ice cream will be £2 per child, if you would like your child to have an ice cream please give this to your child's teacher by Friday 14th July.

Keep everything crossed for nice weather!

Kind regards,

The Foundation Team

Year 5 Treat Day: Thursday 20th July 2023



It is coming to that time in the calendar where we are ready to celebrate the fantastic year we have had with Year 5. On Thursday 20th July, we will be joining all the Year 5 children together for a day of party activities and fun! For the day, children need to come to school in appropriate non-uniform and footwear.

In the morning, we will be taking the children on the field (hall if wet) and will be doing garden party games. In the afternoon the children will be watching the latest version of Matilda which was voted for by the children. This is a PG film so we will need consent from yourselves to allow the children to watch the film. Please complete this on the attached online form.

*We will also be having party nibbles. In order to do this, we ask that children **bring in £1 by Friday 14th July** so food can be organised.*

*To give permission for your child to watch Matilda, please complete [this form](#) by **Friday 14th July 2023**.*

We are looking forward to celebrating the past year all together.

Regards,

The year 5 Team (Miss Dibley, Mr Robinson, Mrs White, Mrs Nicholls, Mrs Bullen)

Year 6 Treat Day: Thursday 20th July 2023



It is coming to that time in the calendar where we are ready to wish our wonderful year 6 children farewell. This year we are planning a special day to help them spend time with their peers and celebrate the end of their primary school journey. On Thursday 20th July we will be walking down to the Bonington Theatre and having a private screening of the latest Disney blockbuster, Super Mario Brothers. We are expecting that this film will be a PG certificate, so by agreeing to your child attending this trip you acknowledge this, and are allowing your child to watch it. For this part of the day, if you would like to send your child with a small sweet or savoury treat you are more than welcome to.

After the cinema visit, the children will return to school and follow their usual lunchtime routine.

In the afternoon, all of Year 6 will be joining together on the field (hall if wet) and will be sharing in “party nibbles” and garden party games. Children will be able to change into their glad rags and have a party to celebrate the end of year 6 and the start of their next chapter. All food and entertainment will be provided at this event, all we ask is that the children bring a change of clothes (party clothes) for the afternoon.

After the party, children will be able to use their devices to take photos with each other to have some photographic memories of their friends from Arnold Mill. If you don’t want your child to be included in any photos, please let the office know.

The total cost of these events will be £8. To give permission for your child to attend and to make payment please do so via your child’s [ParentPay](#) account by Friday 14th July. Unfortunately, the events will not be able to run if we do not get enough payments to fund them.

We are looking forward to spending this precious time with all of Year 6.

Regards,

The year 6 Team (Mr Robinson, Mr Hewlett, Mrs Nicholls, Mrs Murray, Mrs Bullen, Mrs Moodie, Mrs French)

Year 6 Leavers' Assembly: Friday 21st July

Parents of children in year 6 can apply for tickets using [this link](#)



Community Notices

The Healthy Families Team - How can they support you?



Healthy Family Team 0 - 19 Public Health Nursing Service



Welcome to Primary School.

We just wanted to say hello and introduce ourselves. We are your local Healthy Family Team. It is our job to support you and your family with any health and well-being needs.

This is how we can support you and your family:

 <p>Appointment Line</p> <p>You can access support from your local Healthy Family Team through a range of appointment-based health sessions for parents, children and young people.</p> <p>www.nottinghamshirehealthcare.nhs.uk/healthy-families-additional-support</p> 	 <p>Advice Line</p> <p>This is for parents, carers and healthcare professionals who want to speak to the Healthy Family Team for advice or support.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Telephone - 0300 123 5436</p> 	 <p>Parentline</p> <p>This is a confidential text messaging service delivered by the Healthy Family Team for parents and carers.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Text - 07520 619919</p> 	 <p>Health For Kids</p> <p>This website offers a fun, engaging and interactive way for children to learn about health. It links parents and children to appropriate health and wellbeing services.</p> <p>www.healthforkids.co.uk</p> 
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 <p>Parentline</p> <p>We now have a text messaging service for parents/carers of children aged 0-19.</p> <p>Get confidential advice from our Healthy Family Teams on a range of issues.</p> <p>Text Parentline: 07520 619919</p> <ul style="list-style-type: none">• Feeding and Nutrition• Child Development• Parenting advice and support• Emotional health and wellbeing• Behaviour difficulties• Family Health  <p>ChatHealth</p>	 <p>Advice Line</p> <p>This is a 'single point of access' advice line for parents, carers and healthcare professionals who want to speak to the Healthy Family Team for advice or support.</p>  <p>Call 0300 123 5436</p>
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<p>Mouth Care</p>  <p>Brush teeth, for 2 minutes, morning and especially at night.</p>  <p>Limit sugary foods and drinks to mealtimes only.</p>  <p>Visit the dentist regularly for a mouth check.</p> <p>How to find an NHS Dentist: Call: 111 Visit: www.nhs.uk Scan: </p> 	<p>Eye Health</p> <p>Free NHS sight tests are available at opticians for all children under 16 and for young people under 19 in full-time education.</p> <p>www.nhs.uk/conditions/optic-eye-test-for-children</p>  	<p>Hearing Checks</p> <p>Although your child will have routine hearing tests it is important you look out for any hearing problems.</p> <p>Signs of possible hearing problems:</p> <ul style="list-style-type: none"><input type="checkbox"/> Poor concentration.<input type="checkbox"/> Talking loudly and listening to the tv at a high volume.<input type="checkbox"/> Difficulty pin pointing where a sound is coming from.<input type="checkbox"/> A change in their progress at school.<input type="checkbox"/> Mispronouncing words.<input type="checkbox"/> Not responding when their name is called. <p>Speak to your GP or Health Family Team if you have any concerns. Your child can have a hearing test at any age.</p>
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NHS
Nottinghamshire Healthcare
NHS Foundation Trust

National Child Measurement Programme



To help monitor national trends and to tackle individual problems the National Child Measurement Programme (NCMP) measures the height and weight of every child in reception year (aged 4 to 5) and Year 6 (aged 10 to 11 years) in all primary schools.

Trained staff from the Nottinghamshire Healthcare NHS Foundation Trust carry out the measurements.

If there are any concerns, please speak to your Health Professional.



NHS
Nottinghamshire Healthcare
NHS Foundation Trust

SAIS School Aged Immunisation Service

It is now time for your child's yearly flu nasal spray!

What do you need to do?

You must complete **one** online consent form for **each** of your children. It is important every child has a completed form which states if you would like them to receive the flu vaccination spray or not.

The online consent form can be found through this link or the QR code:
<https://www.nottinghamshireimmunisations.co.uk/Forms/Flu>

How will the vaccination be given to your child?

We are a team of skilled and experienced nurses and support staff. The flu vaccination is a quick and simple spray up the nose.



Flu

Step one: The nurse places the tip of a thin plastic tube just inside the nostril. The child can breathe normally whilst the vaccine is given.

Step two: Half of the vaccine is sprayed in one nostril.

Step three: The other half of the vaccine is sprayed into the other nostril.



Nottinghamshire and Nottingham City:
Tel: 07920 182 032
Email: sais@nottshc.nhs.uk

Bassetlaw:
Tel: 01777 200066
Email: immunisation@nottshc.nhs.uk

Metro Schools End of Term Party: 15th July



METRO SCHOOLS NOTTINGHAM

SUMMER

Party




YOU'RE INVITED
GAMES & ACTIVITIES
DISCO & MASCOTS
OPTIONAL BUFFET LUNCH

SCHOOL YEARS F2-Y6 | FREE ENTRY

SAT JULY 15TH | 10AM-12PM

OPTIONAL FREE BUFFET AFTERWARDS FOR ALL THE FAMILY

THE PEOPLES CHURCH, GLADEHILL ROAD, BESTWOOD, NG5 5SA

BOOKING ESSENTIAL VIA QR CODE OR EMAIL BELOW



jo.jones@metroschoolsnetwork.co.uk



At the end of each term Metro Schools run a party in the community, free of charge to children in schools year F2 to Y6. The flyer is attached and below is more info:

We're excited to let you know our Metro Schools Summer Party is open for sign ups!

*You can see the highlights of our Easter party
here: <https://www.facebook.com/MetroSchoolsNottingham/videos/236107215490020>*

When? July 15th, 10am-12pm, with optional free buffet lunch for all the family after you've collected your child. All children need collecting at 12pm.

Who for? Children in school years F2 to year 6. This is a drop off party and parent/carers do not stay.

Where? The People's Church, Gladehill Road, Bestwood, NG5 5SA. There's plenty of free parking on site.

What? All the usual fun and games of our Metro Schools' parties, including games, craft activities, disco and mascots.

Cost? FREE!

Completion of the form means you have a place. You can sign up here:

<https://forms.gle/PKnaCqp8icTWqdXA7>

Due to a number of people booking on to our Easter party and not showing up, please only sign up if you are certain you can come. Repeat absentees will have their place passed on to someone else. Please note Metro is a Christian organisation and we play Christian songs and talk about Jesus! All our Metro Schools staff and volunteers are DBS checked.

Many thanks,

Jo Jones

Schools Outreach Coordinator

Metro Schools Nottingham

07878976143

jo.jones@metroschoolsnetwork.co.uk

Website: <https://metroschools.wixsite.com/nottingham-metro-sch>

Facebook: <https://www.facebook.com/MetroSchoolsNottingham>

Seaside Themed Lunch: Friday 21st July



Summer Holiday Activities

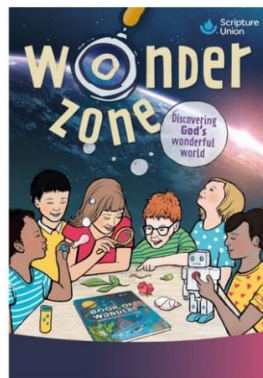




St.Mary's Church Activity Week

Welcome to Wonder Zone! Join your Lab and explore some great scientific discoveries. Find out who God is and how exploring science and following him can go hand in hand.

Activities
Crafts
Songs
Games
Competitions
Refreshments



Monday 31st July to Thursday 3rd August

Fun-filled actioned pack week for children from 5 to 11 years.

Mornings: 9.30 am to 12 Noon

Only £16 for the 4 days. (£4 per day)



For more information contact Andrea Sands (07814 770946)

HOLIDAY CLUBS

AUGUST

Week 1: 1st-3rd
Week 2: 7th-10th
Week 3: 14th- 17th

AGES 3-12 TIMES: 9:30-3:30pm
EARLY DROP OFF & LATE PICK UP AVAILABLE
WRAP CARE AVAILABLE

BOOK VIA THE QR CODE OR THROUGH THE LINK ON OUR SOCIALS BELOW



SPECIAL WORKSHOPS-
African drumming, circus skills, graffiti painting, board games, dance, acro and gymnastics!

 @simplydancenottz
 Simply Dance Nottingham
 simplydancenottingham.co.uk

 Summer Club 2023



Nottingham Beach - Slip 'n' Slide Discount



#SCHOOLSOUTFORSUMMER

MAKE A SPLASH ON THE
GIANT SLIP 'N' SLIDE

£8.50

Nottingham Beach
City-by-the-sea

Open from Tues 25th July - Sun 3rd Sept 2023

***BOOK BEFORE 31ST JULY!**

*The booking is required for the slides.

School is out for SUMMER!

The Mellors Group would like to provide you with a discount code for the GIANT Slip 'N' Slide to enjoy this summer.

Head on over to www.nottinghambeach.co.uk to book your tickets before the 31st of July 2023!

Insert 'SCHOOLSOUT23' at checkout when prompted for a discount code.

We look forward to welcoming you!

T&C's

Your tickets must be booked before 31st July 2023.

Online Bookings only – this code will not work on site.

The code has limited uses, book now to avoid disappointment. The code reduces the cost from £12.50 to £8.50.

Swimming costume required, Wetsuits available (deposits required) limited quantity.

Please see the general T&C's for the Giant Slip 'N' Slide here [Frequently Asked Questions - Official Nottingham Beach](#)

Please contact customerservice@mellorsgroup.com if you require further assistance.

After School Activity Clubs

Most clubs have now finished. The only clubs running next week are:

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- *Gardening on Monday*
 - *Running on Tuesday*
 - *Boccia on Wednesday*
-

Dinner Menu: w/c 10th July (week 2)

SPRING/SUMMER 2023
WEEK 3
 WEEK COMMENCING
 6 March, 27 March, 17 April, 8 May, 19 June, 10 July

MY SCHOOL MENU

TASTE of NATURE

Vegetarian meals are available upon request

	MAIN MEAL	DESSERT
MONDAY	Quorn Vegan Dippers Roast New Potatoes Sweetcorn cucumber Sticks <i>Gluten</i>	Strawberry Mousse <i>Milk</i>
TUESDAY	Sausage, Mashed Potatoes, Broccoli, Cauliflower Gravy <i>Milk, Egg, Gluten, Soya, Dairy, Choline</i> Vegetarian: Plant based Sausages <i>Gluten, Soya, Dairy, Choline</i>	Chocolate & Orange Cookie <i>Gluten</i>
WEDNESDAY	Cheesy Pasta, Garlic Bread, Carrot & Cucumber Sticks <i>Soya, Gluten, Milk</i>	Strawberry Slice & Pink Custard <i>Milk, Gluten</i>
THURSDAY	Roast Pork, Stuffing & Gravy, Mashed potatoes, Roast Potatoes, Yorkshire Pudding, Carrots & Green Cabbage <i>Gluten, Milk, Egg</i> Vegetarian: Roast Quorn Stuffing <i>Gluten, Milk, Egg</i>	Butterscotch Tart <i>Milk, Gluten</i>
FRIDAY	MSC fish fingers, Oven chips Garden Peas & sweetcorn tomato ketchup <i>Gluten, Milk</i> Vegetarian: Fishless Fingers <i>Gluten</i>	Yoghurt <i>Milk</i>

ALSO SERVED DAILY: Seasonal vegetables available daily Colelaw 1g when served.

www.nottinghamshire.gov.uk/schoolmeals

Nottinghamshire County Council

Calendar



July

Tues 11th Jul - 2c Visit to the library

Weds 12 Jul - Year 3/4 Anglo Saxon Day ([Link to letter](#))

Weds 12 Jul - F1 Learning Journey Assembly ([Link to letter](#))

Weds 12 & Thurs 13th Jul - Year 6 Production ([Link to poster](#))

Fri 14th Jul - *Make the Rules Day* ([Link to poster](#))

Weds 19th Jul - *F2 Treat Afternoon* ([Link to letter](#))

Thurs 20th Jul - *Year 6 Treat Day* ([Link to letter](#))

Thurs 20th Jul - *Year 5 Treat Day* ([Link to letter](#))

Thurs 20th July - *Class 1c Treat Day* (Details to follow)

Fri 21st Jul - *Year 6 Leavers' Assembly to parents* ([Link to poster](#))

Fri 21st Jul - *Gold Star Assembly*

Fri 21st Jul - *Seaside themed lunch* ([link to poster](#))

Fri 21st Jul - *Last Day in School For Children*

Mon 24th & Tues 25th Jul - *INSET Days*

Useful information



Click through the sheets below for information about:

- Wraparound Care
- Free school meals and milk
- Information Leaflet about Strep A

- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

WRAPAROUND CARE AT ARNOLD MILL



ARNIE'S BREAKFAST CLUB
DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date*)

Is included as part of our nursery 30 hour childcare provision.







MILLIE'S AFTER SCHOOL CLUB
DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)




☎ 0115 966 7930 during school hours

📞 07*** during school hours

✉ office@arnoldmill.notts.sch.uk

GEDLING BOROUGH AIR NEEDS YOUR CARE



What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.



Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough.

Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/



**Greet your child
with a smile
and
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)



Nottinghamshire School Holidays 2022-23
September 2022 to July 2023



September 2022 M T W T F S S 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	October 2022 M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	November 2022 M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
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<div> <div>School Holidays</div> <div>Public Holidays</div> <div>Administration Day</div> <div>Inset day</div> </div>		
Autumn Term Schools Open - morning Wednesday 31 August 2022 Half Term - Monday 17 October 2022 - Friday 28 October Schools close - evening Wednesday 21 December 2022 Spring Term Schools Open - morning Wednesday 4 January 2023 Half Term - Monday 13 February 2023 - Friday 17 February 2023 Spring Break - Monday 3 April 2023 - Friday 14 April 2023		
Summer Term Schools Open - morning Tuesday 17 April 2023 May Day Bank Holiday - Monday 1 May 2023 Half Term - Monday 29 May 2023 - Friday 2 June 2023 Schools Close - evening Tuesday 28 July 2023 *Return date for August/September 2023 TBC		

A cartoon illustration of four diverse children holding a banner that reads "Our School Policies". The children are drawn in a simple, friendly style with large heads and small bodies. From left to right: a girl with blonde hair in a ponytail wearing a green dress, a boy with spiky blonde hair wearing a red shirt, a boy with spiky brown hair wearing a yellow shirt, and a boy with curly brown hair wearing a green shirt. They are all smiling and holding the banner with their hands. The banner is white with a black border and the text "Our School Policies" is written in a large, black, sans-serif font. The background is plain white.

3 - [Click here to see school policies](#)

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6 - [Link to Cost of Living Factsheet](#)



7 - [Link to information about the NHS Minor Ailment Scheme](#)



8 - [Link to information about how to deal with head lice](#)

Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

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 office@arnoldmill.notts.sch.uk

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 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>
