



Arnold Mill Weekly Newsletter *9th June 2023*



Dear Parents/Carers,

It's been great to welcome the children back for the last half term of this academic year. Just a quick reminder that the last day for children is Friday 21st July and they return on Wednesday 6th September. Here is a link to this year's and next year's academic calendars [Link to Calendars](#).

We have got lots of exciting things happening this half term. However, we've also got some rather sad news to share with you. Unfortunately for us, Mr Knight and Ms Ward will be retiring at the end of this academic year. I know for many of you they are 'Arnold Mill' through and through. They have played such an important part in so many children's lives that I honestly don't know what we're going to do without them. It's sad for school but exciting for them and so we need to mark their departure in a fitting way. We are planning a few special 'things' so that we can give them parting gifts to remember. If you would like to contribute or want to send your own gifts, please see the office. I'm sure you'd like to join with us in wishing them all the best for the future- they both deserve some well deserved time off.

You may have seen the new climbing frame we have had installed in the foundation playground (photo below). This has been paid for from the fundraising efforts of various staff members - Thank you so much!!! The children are really enjoying playing on it.

We have had a lot of cases of chicken pox since returning to school. Could you please check your child regularly and, if they show signs of chicken pox, please ensure you keep them at home. Here is a link to the NHS website to show what signs to look out for [Link to NHS website](#).

Don't forget that next Friday is a non-uniform day. See below for more information.

Our new Stay and Play session at Millie's after school club is now available. This is childcare from 3.30-4.30pm at the cost of £5.00. This can be booked in advance or at the last minute if needed. Our usual 3.30-6.00pm session will carry on as normal. For more details about wraparound care, including how to book, please use this link [Link to Wraparound Care Info](#).


Jackie Oldfield, Head Teacher

Children's Work

What?	Consider factors that make leaders inspirational.	Why?	So I can learn from the great leaders of today.
Pupil	How do I know I have been successful?		
	<input checked="" type="checkbox"/> I can use previous knowledge.		Adult JF
	<input checked="" type="checkbox"/> I can identify different quotes from great leaders.		<input checked="" type="checkbox"/>
	<input checked="" type="checkbox"/> I can choose a quote that inspires me.		<input checked="" type="checkbox"/>
			I G P

"The best decisions aren't made with your mind, but with your instinct."

Lionel Messi



Wednesday 24th May 2023

What?	Consider factors that make leaders inspirational.	Why?	So I can learn from the great leaders of today.	Adult	JF
Pupil	How do I know I have been successful?				
	I can use previous knowledge. ✓				
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	I can choose a quote that inspires me. ✓				
				I	G P








"FEET WHAT DO
I NEED YOU
FOR WHEN I
HAVE WINGS
TO FLY"

-Frida Kahlo

Wednesday 24th May 2023

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"I
 Paint
 flowers
 so
 they
 will
 not
 Die"
 Frida Kahlo

70TH

Anniversary

70
YEARS

SCHOOL CROSSING PATROL



THANK YOU!



Thank 



YOU



VIA



VIA

for 70 years of safety



Tuesday 6th June 2023

What?	To understand the location and key information about Mount Everest.	Why?	So I can understand more about the world I live in.
Pupil	How do I know I have been successful?		Adult
	<ul style="list-style-type: none"> I can locate Mount Everest on a map. I can name the explorers who first climbed Mount Everest. I can explore information about Mount Everest and present my findings. 		I G P

Mount Everest Facts

Location

Mount Everest is the tallest mountain on Earth. You can't believe it that Mount Everest is in Asia. It rises to 8849m above sea level (29028 feet). The name Himalaya is an old Sanskrit word meaning 'abode of snow'. It is just one of 30 peaks of the Himalayan range.

Height

The height of Everest was first measured in March 1856. Some people wanted to know how high it was to be given a local name. The lowest temperature recorded on Everest is -60°C. The higher you go up the more you can see. Many people died when they were about to go back to the surface because it's hard to trace back your steps. The oxygen is so low that people need to wear masks and it's a two thing or more.

Origin

The origin of the name Everest is a bit confusing. It was named after George Everest, a British surveyor. The name was changed to Qomolangma in 1955. The origin of the name is a bit confusing. It was named after George Everest, a British surveyor. The name was changed to Qomolangma in 1955.

Temperature and Weather

Temperatures near the top of Everest drop as low as -60°C. In July, the average temperature is -18°C. It never gets freezing on the mountain. The weather can be very unpredictable and very harsh. A recent tragedy was in April 2014 when 16 people lost their lives in an avalanche.

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Mount Everest Facts

Equipment

snuggles
snow boots
snow goggles
gloves
mask

Weather

The weather can be very unpredictable and very harsh. The light is mostly bright at high altitudes and can be reflected off the snow.

Height

Mount Everest is the highest mountain in the world. It is 8849m high. The weather is very harsh and the oxygen is low. It is very hard to climb. The weather is very harsh and the oxygen is low. It is very hard to climb.

History

Mount Everest was first climbed by Sir Edmund Hillary and Tenzing Norgay in 1953. They were the first people to reach the top. The mountain was named after George Everest, a British surveyor. The name was changed to Qomolangma in 1955.

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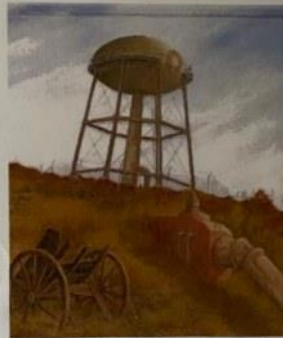
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Thursday 8th June 2023

What?	To write a description of the watertower setting.	Why?	So I can build an understanding of the watertower narrative.
Pupil	How do I know I have been successful?	Adult	GD
	<ul style="list-style-type: none"> - I can use previous knowledge. - I can use figurative language. - I can use DADWAVERS techniques to describe a scene. 		I



The sky was ocean blue and the grass was as ~~green~~ green as a lime. In a calm meadow, a watertower sat on the edge of a hill. The rusty watertower creaked in the wind. The creaking of the creepy watertower, created a whistle in the air. What does it contain? Day after day, the tower didn't move an inch. As the thing stood there, it felt like my legs ^{were} ~~are~~ going to sleep.

Thursday 8 June 2023

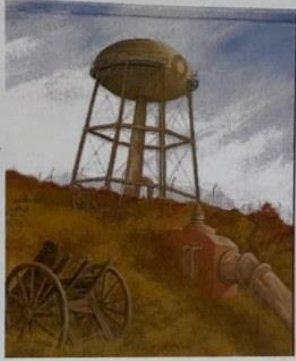
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		I	G P



The burnt crisp grass covered the hills. The sun shone by the rusted old tower. The water tower was on top of the hills. The grass was swaying, the ^{water} tower was creaking in at noon people descended the water tower. What does it contain? As the wind blew the water started to ~~be~~ ^{be} ~~be~~ the wind whistled. The burnt crisp grass covered the hills.

Thursday 8th June 2023

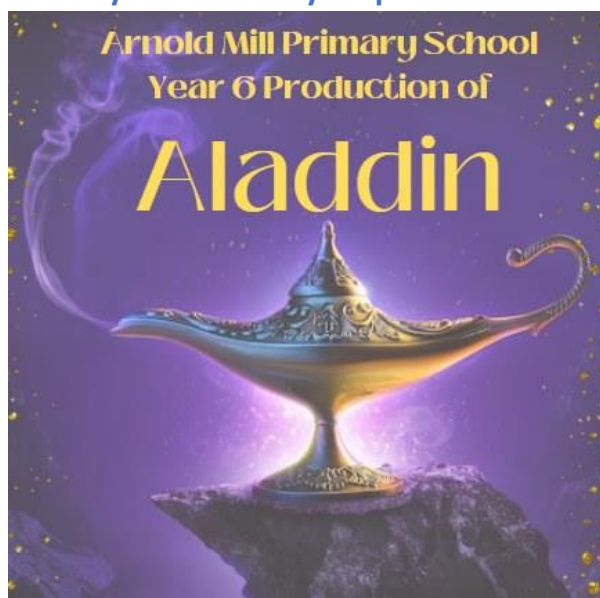
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		I	G P



The watertower slowly creaked as the wind can past. The dried up grass slowly started to take up the rusty fences. As the watertower slowly creaked, time froze. The sun shone down on the waterhouse, it left a dark shadow covering the long straw grass.

General Notices:

A plea for costumes for our year 6 end of year performance of Aladdin



We are so excited for the upcoming performance of Aladdin. As we prepare for this, we would love your support with sourcing costumes for the children. For each character there is a suggested

costume idea; however, please feel free to add your own ideas to this. If you think you may have anything suitable for another character in the production that your child is not playing but are willing to lend to us, it would be greatly appreciated.

Please see below the characters and their suggested costume ideas. Your child will be sent home with their individual character/s costume list this week. If you have any questions or problems with finding parts of your child's costume, please let a member of the Y6 team know so we can support you with this. We truly appreciate all your help with making this production a great one.

Many Thanks,

The Year 6 Team

Scheherazade	Colourful dress (optional: sari material).
Sultan	Gold dress/sash/head piece/tiara. *Royal looking attire.
Sultan's servant	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Aladdin	Brown/white trousers White top, waist coat, fez.
Jasmine	Blue satin trousers, blue satin top/blue satin dress, tiara,
Widow Twankey	Colourful dress/bright colourful outfit (optional apron).
Wishy	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Washy	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Abanazar	All black, cloak, black scarf.
Wantu	Black T-shirt, black trousers.
Villagers	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Wife	Pale coloured dress (Optional: Sash).
Builder	Jeans, t-shirt (optional: work belt, hard hat).
King/Oracle	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours (Optional: colourful sash and cloak).
King's servants	Waistcoat, smart trousers, white shirt. (Optional: black sash).
Suitors	Smart trousers, t-shirt, waistcoat (optional: sash).
Jasmine's Maids	Plain dress
Man	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Women	Plain dress
Traders	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Washing Line	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours (optional: brightly coloured t-shirts)
Genie	White/blue trousers, white or blue T-shirts, bright waist coat.
The three wishes	Bright coloured dress (optional: sari material).
Tom-flying carpet	Black trousers and top (we will attach a carpet to this outfit).
Gems	Wear your colour. Ruby-Red outfit, Emerald-green outfit, Gold-Gold/yellow outfit, Pearl-White outfit.
DJ	Sunglasses, cap, jeans, t-shirt, trainers (optional: gold chain)
Matt Paint	Jeans and a white t-shirt to wear under an apron (apron from school).
Wal Paper	Jeans and a white t-shirt to wear under an apron (apron from school).
Mr. Rick	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Mr. Shaw	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours
Salesman	Suit (optional briefcase/laptop bag)
Police	Black trousers, white shirt, tie (optional: police costume).
Rats	Grey trousers, grey top.
MC	Smart outfit
Gong Hitter	Brown/black trousers, brown/stone/white T-shirt. *Neutral colours

Win £1,000 for the school library!

NATIONAL BOOK tokens

WIN £1,000
FOR YOUR SCHOOL'S LIBRARY!

In association with **Read for Good**

#rebuildthelibrary

The advertisement features a young boy in a school uniform reading a book. Surrounding him are various colorful book tokens and a stack of books. The background is a vibrant purple with white stars and a small paper airplane icon.

*This summer, National Book Tokens are offering five schools the chance to start rebuilding their libraries by inviting teachers, parents, carers and communities to nominate their school for our big prize draw. Each winning school will receive **£1,000 in National Book Tokens and a year's free membership to the School Library Association** – PLUS one overall winner will also get **£500 to help them create a fun and welcoming library space for all.***

*Nominate your school using the form below, and if yours is one of the five winning entries, you'll also **win a £100 National Book Token to spend in your favourite bookshop!** Remember, the more entries received for your school, the higher the chance they'll win – so don't forget to spread the word!*

Winners will be drawn at random after Monday 31st July and announced in September 2023.

[Link to enter](#)

Visit from the Dogs Trust



We had a wonderful visit by the Dogs Trust on Tuesday. They held an assembly and then various workshops.

Please use this link to find out more information about what they do [Link to Dogs Trust](#) or this link to book a place on a free Child-dog safety workshop for families [Link to book place on workshop](#)

Sun Protection Guidelines – Sun Hats and Sun Cream



Now that the warm weather has arrived I would like to remind parents/carers of our sun protection guidance.

On hot days we will encourage children to wear a hat, drink plenty of water and sit in the shade as required.

- Please make sure your child brings a sun hat/cap and water bottle (marked with their name and class) to school
- Please ensure that your child is wearing suitable school shoes (no trainers, flip flops or open toed shoes)
- **Please apply sun cream to your child before they come to school on hot days. The long lasting protection types are recommended.** If your child is prone to burning and you feel they may need an additional application you may send in a bottle of sun cream (marked with

their name), which your child should give to their teacher. Your child will be able to apply the cream themselves when needed (usually just before lunchtime) under the supervision of a classroom staff member.

If your child requires a staff member to assist with applying additional sun cream please email the class teacher to confirm that you give consent for a member of staff to assist your child to apply an additional application of the sun cream you have/will provide.

Summer Fair: Friday 23rd June, 3.40-5.30pm - Free Entry, All Welcome!!!



Use this link for more information and on how to get involved:

[Link to Summer Fair Newsletter](#)

Other Upcoming School Events:

School Photographer: *Wednesday 21st June*



The school photographer will be in school on Wednesday 21st June to take class and group photos. Please ensure your child comes to school in smart uniform, preferably wearing a jumper/cardigan.

Non-uniform Day: *Friday 16th June*



*There will be a non-school uniform day on **Friday 16th June 2023**, if your child would like to come to school in their own clothes please donate a bottle or some chocolate for our upcoming Summer Fair.*

We would welcome donations of:

Bottles:

New and unused bottles of bubble bath, cordial, pop, alcohol etc

Adults please carry any alcohol or any glass bottles into school as we do not want to put any child at risk.

Chocolate:

A box, grab bag or bar of chocolate.

Class 2C Visit to Arnold Library for Creative Workshop: Thursday 22nd June



We have an exciting opportunity for 2C to take part in some free creative workshops at Arnold Library on Thursday 22nd June. These workshops will be delivered by the Inspire's Library Artist and Author in residence Amy Lee Young and Donna David. This residency forms part of Inspire's National Portfolio Organisation (NPO) Arts Council England funded programme. The aim is for children to create some fantastic Artwork and creative writing which will generate the On Your Marks Exhibition at Beeston Library from Saturday 8 July to Thursday 7 September during the summer holidays!

Children will leave school at 9.45am and will return at 2.30pm. Please complete the consent form for your child by Friday 9th June [consent form](#). Children will eat their lunch at the library so if your child requires a packed lunch from the kitchen, please indicate this on the form.

If you would like to look at more information regarding the day, see links below where you can meet Amy and Donna on the Inspire website and look at how the Inspire library have worked on this project over the last 7 years.

[Meet Amy and Donna | Inspire - Culture, Learning, Libraries \(inspireculture.org.uk\)](https://inspireculture.org.uk)

[Artist and Author in Residence | Inspire - Culture, Learning, Libraries \(inspireculture.org.uk\)](https://inspireculture.org.uk)

If you require extra information, please speak to the class teacher.

Thanks for all your support.

Mr S Hewlett - Deputy Headteacher

Talent Assembly: Thursday 29th June (Get nominations in by Friday 9th June)



As a school, we value nurturing the whole child, not just those who excel in school based activities and therefore, we would like to know about your children's achievements outside of school.

We are holding an Arnold Mill Talent Assembly as we want to celebrate some of the amazing talents, achievements or contributions to society that your children have accomplished away from school.

If you feel that your child does something outside of school that is worth celebrating, we would like you to nominate them for a mention during this assembly.

In the past we have celebrated musical talents, dancers, community volunteers and children who take part in dramatic productions. We don't mind what their talent is, we just like to celebrate what they have been doing.

If you would like to nominate your child, please send a brief description, with a photo if possible, by Friday 9th June to joldfield@arnoldmill.notts.sch.uk We won't be able to include any nominations received after this date.

There will be additional talent assemblies during the year, so if you can't nominate this time, there will be other opportunities.

Looking forward to celebrating with you!

F2 Trip to Sherwood Pines: Tuesday 20th June



We have arranged to take the children from F2 on a visit to Sherwood Pines on Tuesday 20th June 2023. We will be making woodland art, learning about minibeasts and pond dipping. The trip will take place during normal school hours.

The cost of the visit is £12.20 per child payable via ParentPay by 5th June 2023 (we recognise that finances may be stretched, so we have tried to give you as much notice as possible, we have also tried to be flexible by way of offering the option to pay the full amount either in small increments to suit, or in one lump sum). The cost includes the organised activities at Sherwood Pines, hiring a bus and a free packed- lunch (as your child is entitled to Universal Free School Meals).

We will send hard copy trip permission forms and medical information forms for completion nearer the time.

On the day, children will be expected to wear school uniform but can wear trainers or similar comfy shoes, they will also need a drink and a morning snack. If it is very hot they will need a sun hat and have sunscreen applied.

Many thanks

The Foundation 2 team

Year 6 Trip to see Now Hear This: Friday 23rd June



We are offering year 6 pupils the opportunity to attend 'Now Hear this!' at the Royal Concert Hall on Friday 23rd June.

The event takes place during the day at from 1.00-2:30pm. Pupils will travel to and from the event via public transport accompanied by school staff. If your child would like to attend, please make payment via ParentPay. The cost of the trip will be £5.70, which includes a ticket for the event and travel. This is a completely optional trip and children who don't go will remain in class.

Further information about the event:

Now Hear This is a fun-packed, fast-paced introduction to classical music and the instruments of the orchestra for Key Stage 2 children aged 7-11, with the chance to join the world famous Hallé orchestra in making a sensational sound.

This year's theme is Out of This World, full of the music of sci-fi and fantasy. The concert begins with the epic Sunrise from Strauss' Also Sprach Zarathustra, best known from Stanley Kubrick's 2001: A Space Odyssey. Your guide to the concert is presenter, dancer and bassoonist, Ruth Rosales. She takes us on a journey into some fantastic worlds, escaping the trolls with Grieg's Peer Gynt In the Hall of the Mountain King, flying with the Angry Birds and battling alongside the heroes of Final Fantasy. There are fantastic creatures too, with Tchaikovsky's Swan Lake and the lullaby from Stravinsky's Firebird. After some dancing skeletons from Saint-Saens' Danse Macabre, the concert ends, with the famous Duel of the Fates from Star Wars.

Year 1 Trip to Stonebridge City Farm: Monday 3rd July



Dear Parents and Carers,

Year 1 visit to Stonebridge City Farm – Monday 3rd July 2023

*In support of our curriculum topics for the summer term, ‘**Growing and Animals**’ Year 1 children will be visiting Stonebridge City Farm (during normal school hours). During the visit, the children will have the opportunity to feed the animals, take part in a farm, barn and garden led by the farm staff and to play in the play area.*

*The trip includes a guided tour of the farm, garden and barn, animal feed and the return coach trip. **The cost is £4.90 per child** (the cost of this trip is reduced due to Mrs Hussain’s fundraising efforts) and **should be paid via your child’s ParentPay account by 23rd June please.***

Useful Information:

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- As Year 1 children are entitled to Universal Infant Free School Meals, Mrs Burrows will be providing a packed lunch.*** *Your child will, however, need a drink (no fizzy drinks please) and small rucksack to put their lunch in please (they will need to carry their own rucksack on the day).*
 - There is also a gift shop, if your child wishes to bring a small amount of money with them to spend (no more than £5), this is fine. Spending money should be sent in a named purse/wallet and handed to their teacher in the morning.*
 - The children must come in their school uniform but can wear trainers or suitable footwear for walking around the City Farm.*

- *If the weather is hot, please ensure they are wearing sun cream and a sunhat. As we will be outside, please send them with an extra layer, just in case it feels chilly in the shade.*
 - *Please pick your child up at normal time from their classroom, we will be returning to school during the early afternoon, depending on traffic, so should be back in plenty of time.*
 - *If your child needs to take any medication with them on this trip (such as inhalers, hayfever medicine and travel sickness tablets) you will need to fill out a separate form for each medicine and hand the completed form and the medication (in a clear sandwich bag with your child's name on it) in on the day.*
 - *A hard copy of the necessary permission form and medication forms will be sent home for you to complete nearer the time.*
-

If you have any questions about the day, please talk to your child's teacher.

The Year 1 team would like to thank Mrs Hussain for fundraising for the trip, we would be very grateful if you would support her ongoing fundraising efforts with the upcoming Eid Mini Fair and Raffle – please click on [this link](#) for more information.

Yours faithfully,

The Year 1 Team

F2 End of Year Learning Journey Celebration (ticket only event): Thursday 6th July

We would like to invite you to an F2 celebration event on Thursday 6th July at 2.45pm.

The children will perform some songs and tell you about the things they have learnt during their year with us. At the end of the presentation there will be ten minutes for you to come into the Foundation Unit to have a look at your child's work with them and then you can take it home with you at the end of the day.

There are two guest tickets (in total) available for each F2 child, to book your tickets please complete the electronic form - [link here](#) by midnight on 5th July 2023.

We will not be issuing physical tickets as the booking form enables us to produce the guest list for us to check on the day.

We would like to clarify the arrangements for the day as follows:

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- *On the day of the assembly, we will set out the number of seats as requested via the electronic booking form.*
 - *Doors open for guests at approx. 2.40pm and the assembly is due to start at 2.45pm.*
 - *Please note that the pedestrian gate on Bestwood Avenue is locked at 9.15am and will remain locked until 3.15pm.*
 - *The main vehicular access gates leading to the staff car park remain closed during the day, if the vehicle gate happens to be open please do not park in the car park as you risk being locked in (the gates will remain locked between 3.00pm and 3.50pm).*
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A reminder that, in line with our Safeguarding Policy and Social Media Parental Agreement, there should be no phones out during the production. We will have staff members taking pictures and videos of children which we will then share via Teams to the whole school. These should not be shared any further via social media platforms. Please indicate on the form if you wish your child not to appear on Teams photos/videos.

Kind Regards

F2 Team

Year 3 and 4 Ancient Anglo-Saxon Day: Wednesday 12th July 2023



*In support of our curriculum topic for the summer term, **'Invade, Raid, Stayed'**, rather than taking the children on a more costly coach trip to a museum or attraction, we have arranged for the trip to come to us - a company called 'The Specialists' will run a series of fun workshops for the children on Wednesday 12th July.*

Learning outside the classroom or in a workshop format is a valuable and effective means of extending pupil knowledge, enriching pupil understanding and promoting personal and social development. We encourage educational visits and experiences for all our pupils and hope that parents will recognise the value and importance of these visits or events and give them their full support.

*The whole school cost of the day is £357 and includes a whole day of activities. This represents excellent value for money as we won't have to pay for transport (which would be at least £350). The company provide all the resources needed for the children to learn about the Anglo-Saxons. **The day works out at £4 per child and should be paid via your child's ParentPay account by 8th July 2023.***

We believe in the value of these experiences and try to ensure that these opportunities are accessible and affordable to all. However, the school does not have the financial resources to pay for every trip or in-school trip alternative. The contribution is voluntary, and your child will not be excluded if you are unable to contribute. However, please note that without all such voluntary contributions, trips and activities may have to be cancelled, due to a lack of funds. We aim to give the children the best possible chances in their education whilst trying to balance the cost for both ourselves and parents. We hope that you will support us in this.

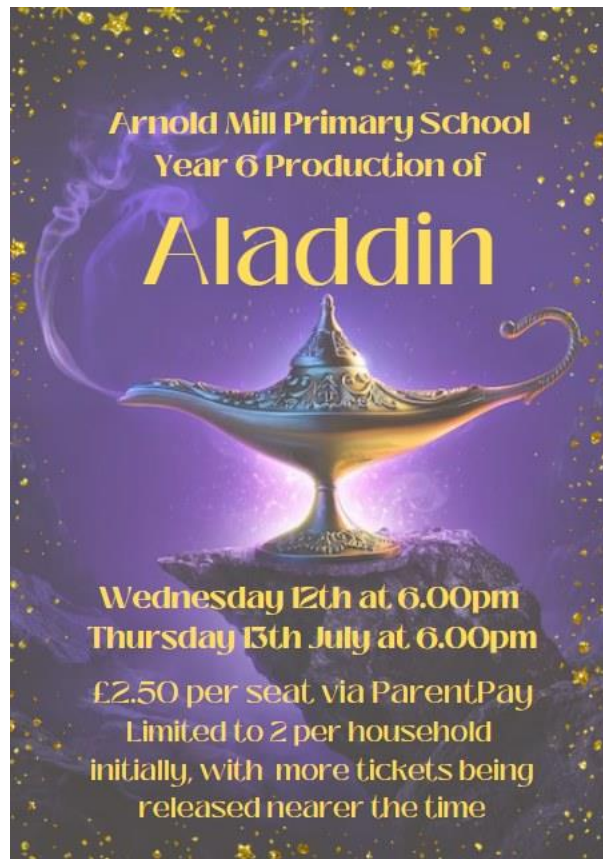
If you have any questions about the day, please talk to your child's teacher.

Yours faithfully,

The Year 3 / 4 Team

Year 6 End of Year Performance: Wednesday 12th and Thursday 13th July

Parents of children in year 6 can purchase tickets via ParentPay.



Year 6 Leavers' Assembly: *Friday 21st July*

Parents of children in year 6 can apply for tickets using [this link](#)



Community Notices

The Healthy Families Team - How can they support you?

NHS
Nottinghamshire Healthcare
NHS Foundation Trust

Healthy Family Team 0 - 19 Public Health Nursing Service



HELLO

AHOJ HALLO
¡HOLA! HELLO
MERHABA KUMUSTA
BONJOUR

**Welcome to
Primary School.**

We just wanted to say hello and introduce ourselves. We are your local Healthy Family Team. It is our job to support you and your family with any health and well-being needs.

This is how we can support you and your family:

 <p>Appointment Line</p> <p>You can access support from your local Healthy Family Team through a range of appointment-based health sessions for parents, children and young people.</p> <p>www.nottinghamshirehealthcare.nhs.uk/healthy-families-additional-support</p> 	 <p>Advice Line</p> <p>This is for parents, carers and healthcare professionals who want to speak to the Healthy Family Team for advice or support.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Telephone - 0300 123 5436</p> 	 <p>Parentline</p> <p>This is a confidential text messaging service delivered by the Healthy Family Team for parents and carers.</p> <p>Monday to Friday, from 9am to 4.30pm</p> <p>Text - 07520 619919</p> 	 <p>Health For Kids</p> <p>This website offers a fun, engaging and interactive way for children to learn about health. It links parents and children to appropriate health and wellbeing services.</p> <p>www.healthforkids.co.uk</p> 
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Parentline

We now have a text messaging service for parents/carers of children aged 0-19.

Get confidential advice from our Healthy Family Teams on a range of issues.

Text Parentline:
07520 619919

- Feeding and Nutrition
- Child Development
- Parenting advice and support
- Emotional health and wellbeing
- Behaviour difficulties
- Family Health

ChatHealth

Advice Line

This is a 'single point of access' advice line for parents, carers and healthcare professionals who want to speak to the Health Family Team for advice or support.

Call
0300 123 5436

Mouth Care

- Brush teeth, for 2 minutes, morning and especially at night.
- Limit sugary foods and drinks to mealtimes only.
- Visit the dentist regularly for a mouth check.

How to find an NHS Dentist:
Call: 111
Visit: www.nhs.uk
Scan:

Eye Health

Free NHS sight tests are available at opticians for all children under 16 and for young people under 19 in full-time education.

www.nhs.uk/conditions/eye-tests-for-children

Hearing Checks

Although your child will have routine hearing tests it is important you look out for any hearing problems.

Signs of possible hearing problems:

- ☐ Poor concentration.
- ☐ Talking loudly and listening to the tv at a high volume.
- ☐ Difficulty pin pointing where a sound is coming from.
- ☐ A change in their progress at school.
- ☐ Mispronouncing words.
- ☐ Not responding when their name is called.

Speak to your GP or Health Family Team if you have any concerns. Your child can have a hearing test at any age.

National Child Measurement Programme

To help monitor national trends and to tackle individual problems the National Child Measurement Programme (NCMP) measures the height and weight of every child in reception year (aged 4 to 5) and Year 6 (aged 10 to 11 years) in all primary schools.

Trained staff from the Nottinghamshire Healthcare NHS Foundation Trust carry out the measurements.

If there are any concerns, please speak to your Health Professional.

SAIS

School Aged Immunisation Service

It is now time for your child's yearly flu nasal spray!

What do you need to do?

You must complete one online consent form for each of your children. It is important every child has a completed form which states if you would like them to receive the flu vaccination spray or not.

The online consent form can be found through this link or the QR code:
<https://www.nottinghamshireimmunisations.co.uk/Forms/Flu>

How will the vaccination be given to your child?

We are a team of skilled and experienced nurses and support staff. The flu vaccination is a quick and simple spray up the nose.

Step one: The nurse places the tip of a thin plastic tube just inside the nostril. The child can breathe normally whilst the vaccine is given.

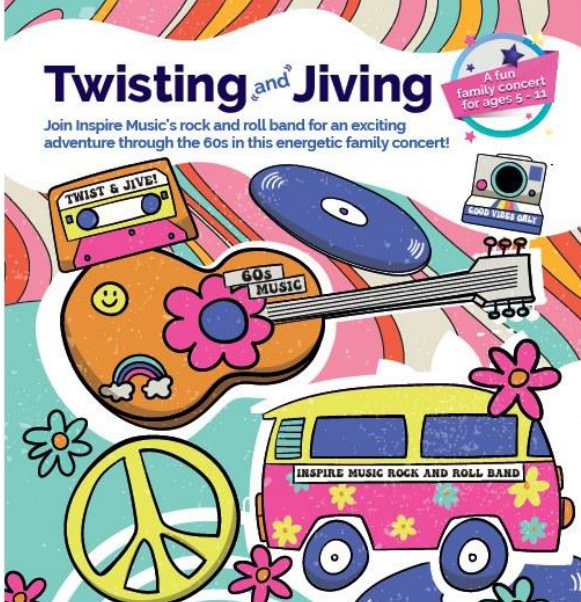
Step two: Half of the vaccine is sprayed in one nostril.

Step three: The other half of the vaccine is sprayed into the other nostril.

Nottinghamshire and Nottingham City:
Tel: 07920 182 032
Email: sais@nottshc.nhs.uk

Bassetlaw:
Tel: 01777 200066
Email: immunisation@nottshc.nhs.uk

Twisting and Jiving at Arnold Library: Saturday 10th June



Twisting and Jiving

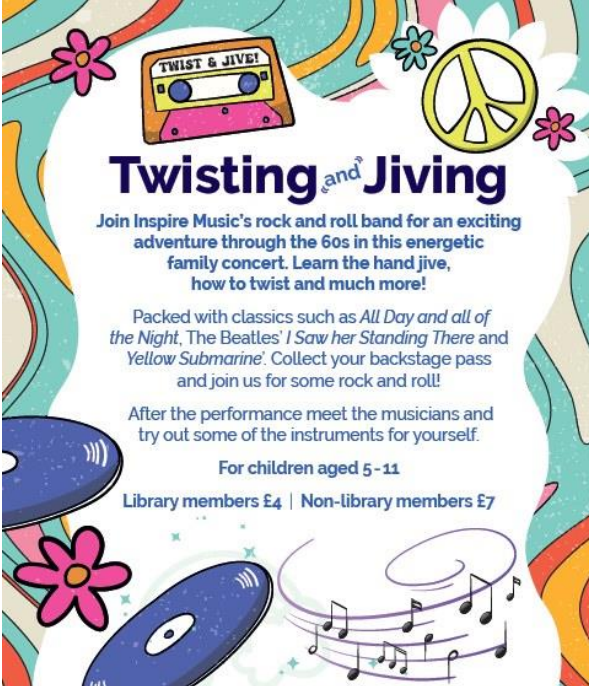
Join Inspire Music's rock and roll band for an exciting adventure through the 60s in this energetic family concert!

A fun family concert for ages 5-11

Mansfield Central Library, Saturday 13 May, 11am
Arnold Library, Saturday 10 June, 1pm
Retford Library, Saturday 1 July, 1pm

Library members £4 | Non-library members £7

Book online at inspireculture.org.uk/familyconcerts



Twisting and Jiving

Join Inspire Music's rock and roll band for an exciting adventure through the 60s in this energetic family concert. Learn the hand jive, how to twist and much more!

Packed with classics such as *All Day and all of the Night*, *The Beatles' I Saw her Standing There* and *Yellow Submarine*. Collect your backstage pass and join us for some rock and roll!

After the performance meet the musicians and try out some of the instruments for yourself.

For children aged 5-11

Library members £4 | Non-library members £7

Bookings: Visit the library or call 01623 677 200
Buy online: inspireculture.org.uk/familyconcerts

Mansfield Central Library Four Seasons Centre, Mansfield, NG18 1NH
Arnold Library Front Street, Arnold, NG5 7EE
Retford Library Churchgate, Retford, DN22 6PE

Metro Schools End of Term Party: 15th July



At the end of each term Metro Schools run a party in the community, free of charge to children in schools year F2 to Y6. The flyer is attached and below is more info:

We're excited to let you know our Metro Schools Summer Party is open for sign ups!

You can see the highlights of our Easter party here: <https://www.facebook.com/MetroSchoolsNottingham/videos/236107215490020>

When? July 15th, 10am-12pm, with optional free buffet lunch for all the family after you've collected your child. All children need collecting at 12pm.

Who for? Children in school years F2 to year 6. This is a drop off party and parent/carers do not stay.

Where? The People's Church, Gladehill Road, Bestwood, NG5 5SA. There's plenty of free parking on site.

What? All the usual fun and games of our Metro Schools' parties, including games, craft activities, disco and mascots.

Cost? FREE!

Completion of the form means you have a place. You can sign up here:

<https://forms.gle/PKnaCqp8icTWqdXA7>

Due to a number of people booking on to our Easter party and not showing up, please only sign up if you are certain you can come. Repeat absentees will have their place passed on to someone else. Please note Metro is a Christian organisation and we play Christian songs and talk about Jesus! All our Metro Schools staff and volunteers are DBS checked.

Many thanks,

Jo Jones

Schools Outreach Coordinator

Metro Schools Nottingham

07878976143

jo.jones@metroschoolsnetwork.co.uk

Website: <https://metroschools.wixsite.com/nottingham-metro-sch>

Facebook: <https://www.facebook.com/MetroSchoolsNottingham>

After School Activity Clubs



After school clubs restart next week with the same groups as last half term

School Clubs – Summer Term 2022/23							
Summer 1: w/c 24 th April – w/c 14 th May Summer 2: w/c 12 th June – w/c 3 rd July							
Day:	Club:	Organiser:	Times of club:	Year Group:	Number of places available:	Parents to collect from:	
Monday	Homework Club*	Mr Robinson	12.30-1.00pm	Y5/6	N/A	N/A	
	Gardening (continuing with current children with 3 further places available)	Mrs Hopewell, Mrs Humphrey, Miss Joynt and Ms Rose	3.30-4.30pm	Y3-6	3 (12 already taken)	School Library (off the playground)	
	Netball (continuing with current children with 4 extra places available)	Mrs Keeton	3.30-4.15pm	Y5/6	4 (11 already taken)	Main entrance	
	Football Club	Mr Robinson	3.30-4.30pm	Y4/5	30	2E	
	Graphic Design Club	Mr Hewlett	3.30-4.15pm	Y1-6	15	2F	
	Badminton	Mrs Greentree	3.30-4.30pm	Y3/4	20	Reception	
Tuesday	TTRS*	Mr Booth	12.30-1.00pm	Y4	N/A	2E	
	Board Game Club	Mrs Rathore and Mrs Nicholls	3.30-4.15pm	Y3/4	15	2C	
	Choir	Mrs Oldfield and Mrs Monaghan	3.30-4.15pm	Y1-6	30	2E	
	Running Club	Mrs Greentree	3.30-4.30pm	Y5/6	20	Reception	
Wednesday	TTRS*	Miss Dibley	12.30-1.00pm	Y3	N/A	N/A	
	Boccia	Mr Knight and Mrs Greentree	3.30-4.15pm	By invitation		Main entrance	
Thursday	Homework Club*	Mr Robinson	12.30-1.00pm	Y5/6	N/A	N/A	
	Sewing Club	Mrs Nunnley/Ms Ward	3.30-4.15pm	Y5/6	8-17		
	Book Club	Mrs Oldfield and Mrs Stones	3.30-4.15pm	Y1-6	20	2F	
	Tennis Club	Mrs Greentree	3.30-4.30pm	Y5/6	20	Reception	
Friday	Homework Club*	Mr Robinson	12.30pm - 1.00pm	Y5/6	N/A	N/A	
There are no after school clubs on a Friday							

*No need to book

Sports News



On Tuesday afternoon 5 children went to a Boccia tournament. The children were amazing and really encouraged each other. They won 4 ends from their games.

Dinner Menu: w/c 12th June (week 2)

SPRING/SUMMER 2023

WEEK 2

WEEK COMMENCING

27 February, 20 March, 1 May, 22 May, 12 June, 3 July

MY SCHOOL MENU

TASTE of NATURE

FOOD LIFE

Soil Association

	MAIN MEAL	DESSERT
MONDAY	Vegan Sausage Rolls Potato Croquettes Crunchy Vegetables <small>Milk Soy-free Gluten</small>	Chocolate Mousse & Apple Wedge <small>Milk</small>
TUESDAY	Hot Dogs, Jacket Wedges Carrot & Cucumber Sticks <small>Egg Gluten Milk Soy-free Sesame</small> Vegetarian: Hot Dogs with Plant Based Sausage <small>Gluten Milk Soy-free Sesame</small>	Jelly & Fruit
WEDNESDAY	Pasta Americana (Vegan Meatballs) Garlic Bread, Carrot Sticks, Coleslaw <small>Gluten Milk Egg-free</small>	Cornflake Tart & Custard <small>Gluten Soy-free Unsweetened Milk</small>
THURSDAY	Roast gammon & gravy, Roast new potatoes Sliced carrots, Green cabbage <small>Milk Egg-free</small> Vegetarian: Quorn Roast <small>Milk Egg-free</small>	Strawberry ice-cream tub <small>Milk</small>
FRIDAY	MSC Fish cake, Jacket wedges Garden peas & sweetcorn Tomato ketchup <small>Gluten Milk Egg-free Unsweetened</small> Vegetarian: Fishless Fingers <small>Gluten</small>	Chocolate Muffin <small>Gluten Milk</small>

ALSO SERVED DAILY: Seasonal vegetables available daily Coleslaw egg when served.

www.nottinghamshire.gov.uk/schoolmeals

Nottinghamshire County Council

Calendar



June

Mon 5th - Fri 16th Jun - Year 4 national times table check ([Link to letter](#))

Fri 9th Jun - Deadline for talent assembly nominations ([Link to letter](#))

Tues 13th Jun - 1a Visit to the library

Thurs 15th Jun - F2a Visit to the library

Fri 16th Jun - Non-uniform day - please bring a bottle or some chocolate for the summer fair

Tues 20th Jun- F2 visit to Sherwood Pines ([Link to letter](#))

Tues 20th Jun - 2a Visit to the library

Weds 21st Jun - Class/Group photos

Weds 21st Jun - F1 Visit to the library

Thurs 22nd Jun - Class 2c Visit to Arnold Library for creative workshop ([Link to letter](#))

Fri 23rd Jun - Year 6 Visit to Royal Concert Hall to see 'Now Hear This' ([Link to letter](#))

Fri 23rd Jun - Summer Fair (more details above)

Tues 27th Jun - 2c Assembly with parents

Weds 28th Jun - F1 Visit to the library

Thurs 29 Jun - Talent Assembly ([Link to letter](#))

Thurs-29th-Fri 30th Jun - Year 2 Robin Hood Camp ([Link to information booklet](#))

July

Mon 3rd Jul- Year 1 visit to Stonebridge City Farm

Tue 4th Jul - DART Graduation Assembly (Year 5& 6) (more details to follow)

Tues 4th Jul - F2b Visit to the library

Weds 5th Jul - Transition day - children visit their new classes

Thurs 6th Jul - Wimbledon themed lunch ([Link to themed lunch menu](#))

Thurs 6th Jul - F2 Learning Journey Assembly to parents (details to follow)

Tues 11th Jul - 2c Visit to the library

Weds 12 Jul - Year 3/4 Anglo Saxon Day

Weds 12 & Thurs 13th Jul - Year 6 Production ([Link to poster](#))

Thurs 20th Jul - Year 6 Treat Day (more details to follow)

Fri 21st Jul - Year 6 Leavers' Assembly to parents ([Link to poster](#))

Fri 21st Jul - Gold Star Assembly

Fri 21st Jul - Last Day in School For Children

Mon 24th & Tues 25th Jul - INSET Days

Useful information



Click through the sheets below for information about:

- Wraparound Care
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

WRAPAROUND CARE AT ARNOLD MILL



ARNIE'S BREAKFAST CLUB
DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date*)

Is included as part of our nursery 30 hour childcare provision.



MILLIE'S AFTER SCHOOL CLUB

DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

☎ 0115 966 7930 during school hours

☎ 07*** during school hours

✉ office@arnoldmill.notts.sch.uk



GEDLING BOROUGH AIR NEEDS YOUR CARE



What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.



Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough. Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Borough's air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/





**Greet your child
with a smile
and
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

Nottinghamshire School Holidays 2022-23



September 2022 to July 2023

September 2022	October 2022	November 2022
M T W T F S S 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
December 2022	January 2023	February 2023
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
March 2023	April 2023	May 2023
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
June 2023	July 2023	August 2023
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
School Holidays	Public Holidays	Administration Day Inset day
Autumn Term Schools Open - evening Wednesday 21 August 2022 Half Term - Monday 17 October 2022 - Friday 28 October 2022 Schools close - evening Wednesday 21 December 2022	Summer Term Schools Close - morning Tuesday 17 April 2023 May Day Break Holiday - Monday 1 May 2023 Half Term - Monday 29 May 2023 - Friday 2 June 2023 Schools Close - evening Tuesday 28 July 2023	
Spring Term Schools Open - evening Wednesday 4 January 2023 Half Term - Monday 13 February 2023 - Friday 17 February 2023 Spring Break - Monday 3 April 2023 - Friday 14 April 2023	*Return date for August/September 2023 TBC	

Nottinghamshire School Holidays 2023-24





August 2023 to July 2024

2023/2024		
August	September	October
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
November	December	January
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
February	March	April
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May	June	July
M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
School Holidays	Public Holidays	Administration Day
Inset Days		
Autumn Term 4 September - 20 October 7 weeks 6 November - 22 December 7 weeks		
Spring Term 4 January - 9 February 5 weeks 2 days 19 February - 29 March 5 weeks 4 days		
Summer Term 13 April - 24 May 5 weeks 4 days 3 June - 26 July 8 weeks		



3 - [Click here to see school policies](#)



www.parentpay.com

Pay online....
for peace of mind

Trips, School Meals,
Breakfast Club, Tuck

A convenient way to pay


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email

Step 2 - Login at www.parentpay.com

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



Turn your online shopping
into everyday magic for

Arnold Mill Primary School

with easyfundraising

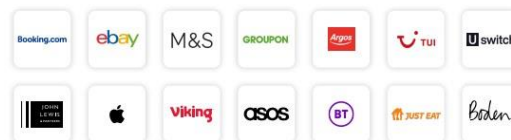
You shop, brands donate to us.
It won't cost you any extra!

How to sign up

1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause

2 Search for us

3 Your favourite brands donate whenever you spend with them



Download the
easyfundraising App



Excellent 3,945 reviews on

5 - [Click link to sign up to Easyfundraising](#)

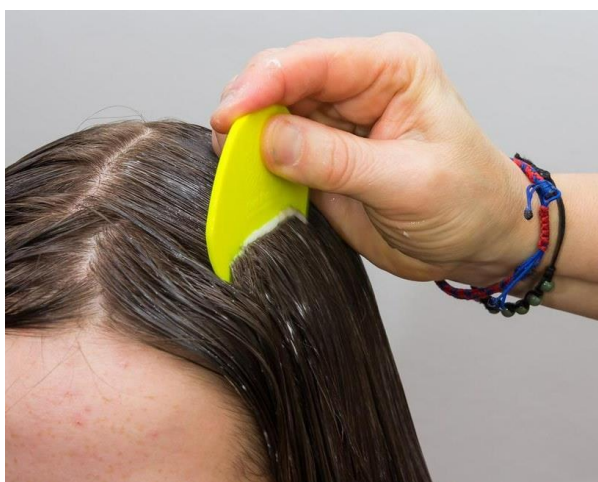


6 - [Link to Cost of Living Factsheet](#)

The NHS Minor Ailment Service at your local pharmacy



7 - [Link to information about the NHS Minor Ailment Scheme](#)



8 - [Link to information about how to deal with head lice](#)

Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>
 @OpenUni_RFP




Childcare Choices

We've signed up for
Tax-Free
Childcare:
Have you?





 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 4 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>
