# F1 Benchmarking Document

Communication and Language
Personal, Social and Emotional Development
Physical Development
Literacy
Mathematics
Understanding the World
Computational Thinking
Expressive Art and Design

#### Communication and Language: Listening, Attention and Understanding

**NURSERY** 

On entry to Nursery children should be able to: Respond to their own name. Sometimes listen to a rhyme or short story. Point to a picture in a book in response to a question - e.g. who's jumping? Point or speak in response to who, what, where questions. Begin to understand simple concepts (e.g. big/little)

	Autumn	Spring	Summer
Social rules of listening	Begins to look and listen when an adult is speaking.  Responds to own name and will change activity when encouraged and supported by adults.  (e.g. "Jason, can you stop now? We're tidying up")  Identifies some familiar adults and some friends by name.	Shows interest in the lives of other people or events.  Is able to change activity when asked by name  Turns head and focuses on adults and friends as they speak and play, responding to comments.	Is able to change activity when asked as a group.
Listening to what is read with understanding	Begins to look and listen during a short story time.	Enjoys listening to longer stories and can remember much of what happens  Identifies characters and actions in favourite books.	Follows a story with props and pictures.
Listening and learning	Able to focus on adults as they read or sing, responding by joining in with sounds, words and movements.  Concentrates for slightly longer periods. (3 minutes 6 minutes)	Remembers and joins in with rhymes and familiar stories.  Understands 'why' questions, like: "Why do you think the caterpillar got so fat?	Readily responds to why questions.
Listening to follow instructions	Responds to very simple requests especially when shown first by an adult.  Understands simple questions and instructions.  E.g. 'where is your shoe?' and 'show me your nose'.  Starts to respond to simple questions.	Understands a question or instruction that has two parts, such as: "Get your coat and wait at the door".  Responds to two requests. Listens to and follow directions. Follows instructions using prepositions.	Responds to a string of requests one after another (not quickly).

## Communication and Language: Speaking

**NURSERY** 

On entry to Nursery children should be able to: link up to 5 words together, use pronouns (me, him, she), use plurals, use some prepositions and ask frequent questions.

Note: watch out for children whose speech is not easily understood by unfamiliar adults. Monitor their progress and consider whether a hearing test might be needed.

	Autumn	Spring	Summer
Social rules of speaking	Begins to use please and thank you with support.  Makes requests using at least two words. (e.g. milk please)  Begins to hold a conversation.	Uses please and thank you at snack time  Starts a conversation with an adult or a friend and continues it for many turns.	Able to express their ideas, thoughts and opinions with an adult or a friend, using words as well as actions.
Sentence structure	Starts to put short sentences together with 2-3 words, such as 'more juice' or 'bye nanny'.	Asks questions and responds to questions using simple sentences.	Explains in simple sentences what happened and what might happen.
	Uses longer sentences of four to six words.  Expresses feelings, desires and needs.	Uses talk to organise themselves and their play: "Let's go on a bus you sit there I'll be the driver." Knows many rhymes.	Beginning to use tense, intonation and rhythm to enhance meaning.
	Can say simple rhymes	Talks about familiar books, and be able to tell a long story.  Starts to link simple sentences with and, or because.	
Vocabulary	Copies sounds and words a lot.  Uses everyday words to talk about people they know.  Has clear speech sounds but may have problems	Remembers and uses new words. Vocabulary increases rapidly.  Uses vocabulary to express imaginary events in play.	Engages in imaginary role play sometimes building stories around toys and objects.
	saying: r, j, th, ch, and sh.  Uses language to play make-believe games.		
Checkpoints for moving to F2	Is the child: Using sentences of at least four to six words - e.g."I Using sentences joined up with words like 'because', 'Beginning to use the future and past tense: "I am goi Answering simple 'why' questions?		nsistent.

#### Personal, Social and Emotional Development: Managing Self

**NURSERY** 

On entry to Nursery children should be able to:

Express a growing sense of will and determination (which may result in feelings of anger and frustration, which are difficult to handle.)

Responds to a few appropriate boundaries, with encouragement and support.

Seeks comfort from familiar adults when needed.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Confidence and Resilience	Learns to part from carer.  Seeks comfort from familiar adults, when needed.	Has a growing ability to distract self when upset.  Can express own feelings such as sad, happy, cross, scared, worried.	Develops appropriate ways of being assertive.  Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.  Enjoys praise.	Begins to understand how others might be feeling.  Tries to help or give comfort when others are distressed.	Enjoys being given for small tasks.  Communicates about home.  Is confident to talk when playing.  Shows confidence in for help.  Welcomes and value.	t family and to other children n asking adults
Following Rules	Responds to the feelings and Has a growing sense of will Responds to a few appropri	and determination.	Responds to a few appropriate boundaries, with encouragement and support.  Increasingly follows rules, understanding why they are important.	Is aware that some actions can hurt or harm others.  Able to inhibit own actions/behaviours, e.g. stop self from doing something they shouldn't  Does not always need an adult to remind them of a rule.	Can usually adapt be different events, se and changes in rout Begins to talk with conflicts with adult	ehaviour to ocial situations ine. others to resolve
Independence Managing own needs	Finds peg at the beginning and Begins to learn that some thin are shared and some things be Goes to the toilet and washes  Can take off shoes and socks.  Joins in a snack time.	gs are theirs, some things clong to others.	Attempts to put on shoes and soc  Is willing to try different fruit ar		Can put on and take of Puts on shoes and soc (adult helps to fasten Goes to the toilet and independently.	ks independently )

On entry to the	On entry to Nursery children should be able to: show an awareness of other children around them.							
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
Building Relationships	Plays alongside others.  Uses familiar adults as a secure base from which to explore independentlymay venture away to play and interact with others, but return for a cuddle or reassurance.  Observation Checkpoint: Does the child play alongs Does the child take part	side others or do they	Seeks out others to share experiences.  May form a special friendship with another child.  Shows affection and concern for people who are special.	Plays with one or more other children, extending and elaborating play ideas.  Helps to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.	Plays in a group, exelaborating play ide Initiates play, offe to join in.  Accepting others will play.	eas. cring cues to peers		
	Does the child take part							
	Is the child beginning to	• • • • • •						

## Personal, Social and Emotional Development: Self Regulation

NURSERY

On entry to Nursery children should be able to: separate from parent/carer once they have had a reasonable time to settle.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1 Summer 2
Self Regulation	Separates from main carer with support and encouragement from a familiar adult.  Begins to explore new toys and environments, but will 'check in' regularly with familiar adult as and when needed.  Joins in a range of activities of interest.	Begins to engage in pretend play with toys.  Can express preferences and interests.  Selects and uses resources with support.	Is confident to talk to other children when playing together.  Demonstrating a sense of self as an individual, e.g. wants to do things independently,  •Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.	Develops sense of responsibility and membership of a community - eg will help to tidy purposefully.  Become more outgoing with unfamiliar people, in the safe context of their setting.  Show more confidence in new social situations.	Selects and uses activities and resources.  Can usually tolerate delay when needs are not immediately met and understand that wishes may not always be met.  Begins to accept the needs of others and can take turns and share resources, sometimes with support.

Physical Development:	Gross Motor		NURSERY
On entry to nursery c	hildren should be able to:		
NB Some children may	y still be in nappies or pull ups and therefore may r	not have expected control over their body.	
	Autumn	Spring	Summer
Movement	Can walk confidently avoiding obstacles.	Moves spontaneously making use of available space.	Moves freely with pleasure in lots of ways.
	Can squat to pick up toys.	Can stop confidently when moving. Uses large muscle movements eg to wave flags.	Changes speed and direction to avoid obstacles.
	Can control whole body and am able to negotiate space and objects.		Experiments with skipping, hopping and jumping movements.
	Can run safely on whole foot		
Ball Skills in outdoor	Attempts to kick a ball.	Attempts to throw a bean bag into a hoop.	Can catch a large ball.
play	Attempts to throw a ball.		Can kick a large ball.
Balance, strength and posture	Will attempt to climb onto the climbing frame with support.	Can balance along a wide plank or bench.	Stands momentarily on one foot.
	Balances along a plank or bench with support.	Climbs onto the climbing frame independently.	Climbs onto the climbing frame and uses the rope ladder to climb down independently.
	Can use feet to scoot along on a trike.	Sits comfortably with crossed legs.	
	Has core strength to sit on the carpet.	Climbs down from the climbing frame independently.	Confidently balances on crates, planks and benches both in PE and in play.
	Sits on nursery chair with feet on the floor.		Safely jumps off apparatus

Physical Development: Fine Motor **NURSERY** On entry to nursery children should be able to: Start to turn pages in a book, sometimes several at once and show control in holding and using tools like hammers, and mark-making tools. Autumn Spring Summer Uses a fist grasp or a palmer grasp. Uses a five finger grasp/pincer grip. Use a comfortable grip with Holds a pencil near the point between Development of good control when holding pens first two fingers and thumb and uses it mark-making Show a preference for a dominant and pencils. with good control. Uses large-muscle movements to paint hand. and make marks. Makes connections between Letters and movement and the marks made. drawing Makes simple models using Picks up tiny objects using a fine Uses pincers, tweezers and Knows how to hold scissors correctly Dexterity (using threading equipment with construction toys pincer grasp. tools) increasing control and Can use scissors to snip Begins to use one-handed tools and confidence equipment, for example, making snips Experiments with cutting other materials in paper with scissors. (string, card, ribbon) Most children will: Ready for F2 Hold their pencil with a tripod or near tripod grip. Use a comfortable grip on scissors to snip.

Literacy - Comprehe	nsion					Nursery
On entry to Nursery	children should be showing an inter	rest in rhy	mes and sto	ries.		
Autumn 1	Autumn 2	Spring	1	Spring 2	Summer 1	Summer 2
Identifies self in a story shows enjoyment for stor about familiar people.		Engages in extended conversations about stories learning new vocabulary.  Shows a preference for a book or song or a rhyme.		different purposes.  4. We read English text from left to right and	I can tell a well-known story to friends.  I can talk about events and characters in books.	Holds a book, turns the pages and indicates an understanding of pictures and print.  Makes suggestions about what might happen next in a story  Understands the five key concepts about print.
Reading Words						Nursery
On entry to Nursery	children should be showing an inter	rest in the	e print in the	environment.		·
	Autumn		Spring		Summer	
Phonics Programme			Begin Read Write programme Fred Talk Recognising picture cards		Introducing the grapheme alongside picture cards - speed sounds	
Phonological	Repeats songs and rhymes.		Notices and repeats sounds.		Identifies rhyming v	vords
awareness	, neneragioni		as money and m	ds with the same initial sound, such nother some of the Read Write pictures		rhymes. ictures and some of the
	Clapping syllables from name		Begins to orally blend with Fred games		Beginning to orally blend	
Recognising Print  Recognises the first letter of their name.  Some children recognise their name.		Identifies sign and recall what	t sounds and letters from their	Recognises own name Beginning to notice of "That says"		
Ready for F2					Knows all the Read V Knows some of the s Can orally blend sim Recognises own name	sounds ple words.

On entry to Nursery narks. Composition	children should be showing an interest in the Autumn 1 Settling in and enjoying books, oral	ne print in the environment and they should  Spring	
Composition	· · · · · · · · · · · · · · · · · · ·	Spring	
Composition	Settling in and enjoying books, oral	1 Opi 1119	Summer
	storytelling,singing and rhymes	Uses some of the print and letter knowledge in their early writing. For example: writing a potential shopping list that starts at the top of page, write 'm' for mummy.	Tells an adult what has been drawn or painted.  Begins to add writing/mark-making to their work
Spelling and Phonics			Use some of their print and letter knowledge in their writing eg m for mummy.
unctuation			Recognises a capital letter at the start of name.
Handwriting	Randomly scribbles on the page, sometimes with both hands.	Controls equipment and shows increasing control over tools like pencils and crayons.	Copies shapes, letters, and pictures. Starts to write identifiable shapes and letters.
Го go back to	Begins to balance when sitting.	Distinguishes between the different marks made.	Grips using five fingers or preferably two fingers and thumb to control.
	Holds mark making equipment using the Palmer grip/various grips  Makes connections between actions and the marks	Learns how to make circle shapes in the air and on large scale paper	Writes some or all of their names.
	being made.	Learns how to make cross shapes in the air and on large scale paper	
	Controls the marks on the page.  Learns how to make straight lines in the air and on large scale paper	Uses a range of tools to make marks and shows an interest in own marks and other marks.  Writes some or all of their names.	
Ready for F2			Attempts to write their name Has a tripod grip

Number				Nursery
	Autumn	Spring	Summer 1	Summer 2
Subitising	Begins to perceptually subitise up to 3 when gi	iven lots of opportunity.	Can perceptually subitise u conceptually subitise withi (Some children may have g	n 3.
Counting	Makes marks and ascribes some concept of number to the marks.	Says 1 number for each item in order. Knows that the last number said in a count is how	Beginning to count groups	,
	Brings one or two objects when an adult requests.	many objects there are.	Represents numbers using	marks, fingers or objects.
		Links some numerals to amounts.		
		Experiments with own symbols and marks as well as numerals.		
Calculating	Sorts objects using one simple criteria.	Compares quantities using language 'more than' 'fewer than'.	Can say when 2 small group of objects.	os have the same number
		Beginning to solve real world mathematical problems with numbers to 5.		
Ready for F2			Recognises a group of 3 ob	ojects (subitising)

Numerical Patterns		Nursery	
	Autumn	Spring	Summer
Counting System	Recites some number names in sequence.	Recites numbers past 5.	Identifies numerals in the environment.
		Shows finger numbers up to 3.	Show finger numbers up to 5
			Uses number names to 10.
Ready for F2			Uses number names to 10 in rhymes.
			Recognises some numbers when they are written
			down.

Shape and Measurem	nent		Nursery
	Autumn	Spring	Summer
Geometry -	Starts to fit shapes into board puzzles/shape	Talks about and explores 2D and 3D shapes.	Begins to identify shapes in the environment
properties of shape	sorters.		Begins to find appropriate shapes for certain
	Begins to build using simple blocks.	Sees some shapes in pictures and can start to	tasks.
	Begins to build using simple blocks.	make pictures using shapes.	Asks questions about my observations of
		Combines shapes to make new ones.	differences and similarities.
		Selects shapes appropriately.	
Geometry -	Understands some position through words alone -	Talks about routes and locations using words like	Begins to make more meaningful pictures, patterns
position and	on, under etc.	'in front of' and 'behind'.	and arrangements with shapes.
direction		Describes a familiar route.	
Measurement	Fills an empty container.	Asks questions about the routine and what is	Uses comparative language like 'taller', 'shorter',
		happening next.	'same'.
	Shows some understanding of now and next.		Talles de cost the constitue of the decreasing language
		Uses small world play to experiment with size, shape, difference & similarities.	Talks about the routine of the day using language like 'before' and 'after'
		Begins to describe a sequence of events.	The before and after
		Makes comparisons between objects relating to	
		size, length, weight and capacity.	

Understanding the V	Vorld - Past and Present HIS	HISTORY		
	Autumn	Spring	Summer	
Chronology and Sequencing	Begins to talk about events on the timeline.	Begin to make sense of their own life story and family's history.	Remembers and describes special events for family and friends.	
			Looks back at the timeline and remembers events in the past.	

Understanding the World - People, Culture and Communities			RE AND GEOGRAPHY		Nursery
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer
Religious Education	Harvest	Diwali Remembrance Advent/Christmas	Chinese New Year Lent/Shrove Tuesday	(Eid) Easter	(Eid)
		Nativity story		Easter story	
People and Communities/Geography	Recognises own family and relations	In pretend play, imitates everyday actions and events from own family and cultural background.	Knows there are different countries in the world and can talk about the differences they have experienced or seen in photos.	Can see that friends have similarities and differences that connect them to and distinguish them from others	Continues to develop positive attitudes about differences between people Shows an interest in different occupations
		Bonfire Night Hallowe'en			

Understanding the V	erstanding the World - The Natural World SCIENCE		Nursery
Autumn 1	Autumn	Spring	Summer
Plays with small world models - farm, train track	Notices features in the environment  Uses all senses in hands-on exploration of natural materials	Plants seeds and begins to learn how to care for growing plants.  Begins to understand the key features of the life cycle of a plant and animal.	Begins to understand that they need to respect and care for the natural environment and living things.
	Explores collections of materials with similar or different properties.  Explore and talk about different forces they can feel.	Talk about differences between materials and changes they notice.	

Expre	Expressive Art and Design: Creating with Materials Nursery F1				
	On entry to nursery: we hope that children have had opportunity to make marks and experiment with messy play and manipulative materials				
		Autumn	Spring	Summer	
ART	Drawing	Experiments with blocks, colours and marks.  Begins to use representation to communicate.  Task: Draw a representation of self or another person.	Creates closed shapes with continuous lines and begins to use these shapes to represent objects.  Beginning to show different emotions in drawings and paintings.  Begins to use drawing to represent ideas like movement or loud noises.	Understands that lines can be used to enclose a space and uses these shapes to represent objects.  Task: Draw a self-portrait	
	Painting	Provide paint, brushes and paper and encourage free expression and experimentation  Explores how colours can be changed.	Explores colour mixing  Begins to represent objects they can see in paint.  Task: To paint spring flowers	Learns that a print can be made using objects or by folding paper.  Task: Make a butterfly	
	Collage	Explores different materials freely.  Learns how to use pva or pritt stick to stick materials together.	Explores different textures		

DT	Exploration with toys, construction, small world and materials.	Joins different materials.	Uses various construction materials.
Designing and Making	and materials.	Developing own ideas and beginning to decide which materials to use.	Begins to construct by stacking blocks vertically and horizontally, making enclosures
			and creating spaces.
			Joins construction pieces together to build and balance.

Expressive Art and Design: Being Imaginative and Expressive					
On entry to nursery					
	Autumn	Spring	Summer		
Playing a role	Makes believe by pretending.	Begins to develop complex stories using small world equipment.	Uses props to support role play		
	Takes part in pretend play and uses objects to represent something else.		Engages in imaginative role play based on first-hand experiences.		
			Builds stories around toys e.g. farm animals, dolls house etc		
Singing	Explore singing together and using voices.	Listens to sounds with increased concentration.	Can sing familiar songs		

		Remembers and sings entire songs. Responds to what they have heard, expressing thoughts and feelings.	
		Matches pitch and sings melodic shape.	
		Creates own songs	
Music and	Explores sound freely with musical instruments.	Listens to the sounds made by different instruments and is beginning to differentiate	Taps out simple repeated rhythms
Instruments	(outside)	them.	Explores and learns how sounds can be changed
Dancing			Joins in with dancing and ring games
			Begins to move rhythmically and creates a movement in response to music.