

Arnold Mill Primary School

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Dear Parents and Carers,

As part of our Personal, Social, Health and Economic (PSHE) education, we will shortly be delivering our Relationships and Sex Education (RSE) curriculum to children in Foundation Stage 2. We will be following the Coram Life Education SCARF programme, which is a comprehensive, age-appropriate scheme of learning, designed to support children's understanding of healthy relationships, their bodies, and how to stay safe.

In Foundation, one of the areas we focus on includes teaching children the correct scientific names for parts of the body. As part of the Science curriculum, children will be introduced to the following terms: **Penis**, **testicles**, **vagina**, **egg**, **and seed**.

(Please note: the terms "sperm" and "vulva" will be introduced as part of the Year 1 curriculum.)

These terms are used across all year groups at age-appropriate levels to ensure that children are able to express themselves clearly and accurately when talking about their bodies. Using consistent scientific vocabulary helps to support children's understanding, promote safeguarding, and reduce shame or embarrassment when discussing their bodies or asking questions.

We fully recognise that parents and carers play a vital role in their child's RSE, and we encourage you to use this vocabulary at home to reinforce what your child is learning in school. Doing so will help support their confidence, understanding, and ability to communicate effectively.

If you would like further advice, support, or have any questions about the programme or content, please do not hesitate to speak to your child's class teacher or the Headteacher.

Thank you for your continued support.

Yours sincerely,

Mrs Brumby

PSHE Co-ordinator / F2a Class Teacher

Life Education

