

## Arnold Mill Primary School

Head Teacher Mrs J Oldfield B.Ed (Hons) Cross Street Arnold Nottingham NG5 7AX Telephone (0115) 966 7930

Email: office@arnoldmill.notts.sch.uk

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Dear Parent/Guardian,

## Personal, Social and Health Education (PSHE) - Healthy Relationships

We are pleased to inform you that as part of our PSHE programme, year 5 & 6 pupils will be taking part in The GREAT Project (Good Relationships are Equal And Trusting).

The GREAT Project is a fun and exciting programme designed to nurture children's self-esteem and to encourage heathy attitudes to relationships.

As part of the project each pupil will receive a GREAT work booklet and be encouraged to work through 4 themes on the following dates:

Thursday 28th September: Healthy Relationships

Thursday 5th October: Unhealthy Relationships/Defining Domestic Abuse

Thursday 12<sup>th</sup> October: Choices/ Fair and Unfair Arguments Thursday 19<sup>th</sup> October: Respecting Each Other/ Equality

Upon completion of The GREAT Project, Pupils will receive a certificate, pencil and sticker.

Should you wish to know more about the programme please visit Equations website: www.equation.org.uk

Yours sincerely

Ellie Addae | GREAT Project Coordinator | Equation