# Harvest Festival

As part of our Harvest Festival we are supporting the Arnold Foodbank, therefore, the children are invited to bring a donation of tinned or dried food (we would appreciate if donations could have a reasonable expiry date).



Thanking you in anticipation.





# Harvest appeal



# Help support your food bank this Harvest

Arnold Foodbank is currently providing over 250 food parcels a month for local individuals and families facing hardships, including homelessness and debt.

#### Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

### **Donate money**



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

## Shopping list

Tinned meat/fish

Tinned veg/fruit (not pulses)

Tomatoes/pasta sauce

Coffee (100g)/teabags (40s)

Milk (UHT or powdered)

Soup - tinned or packet

Squash/Fruit juice

Tinned pudding

Jam/spreads

Tinned/mashed potato

Rice/Noodles

Treats eg Chocolate/snacks

## arnold.foodbank.org.uk

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