Kingswood

Monday 3rd - Friday 7th October 2022

Introduction

The trip to Kingswood is approaching fast and we are all very excited. Please read the following information about what will be happening during the five day trip and what the children will need to pack.

In taking your children away to Kingswood we aim to give them an introduction to the world about them, that they see a little more clearly its order and purpose, what their place is in it and the contribution each make to it.

We hope to provide the opportunity for good fun and healthy enjoyment, for adventure and individual exploration. We aim to introduce the children to pursuits that are absorbing and worthwhile, to foster an awareness of beauty, a love of simple things, a sense of responsibility for oneself and others and the happiness that comes with good friendship.

One of the main objectives for this visit is to create as many opportunities for the children to take calculated risks that we obviously control. We would like to instil a sense of togetherness and encourage them to work closely in teams. Overall, we hope that our children will have an experience of a lifetime that they will remember forever.

Health & Safety

A number of adults from the school will accompany approximately 44 children on the visit to Kingswood.

The following members of staff will be going on the trip:

Mr Robinson
Mr Knight
Mrs Bullen
Mrs Greentree
Mrs Stones
Miss Dibley
Mrs Oldfield (Monday - Wednesday)
Mr Hewlett (Wednesday –Thursday)

Discipline

The children at Arnold Mill Primary School are renowned for having impeccable behaviour and they are always complimented on the way they conduct themselves when outside of the school. We intend to maintain our excellent reputation during our visit to Kingswood.

We don't expect the behaviour of our children to be anything but exemplary on our school visits. No child will be allowed to spoil the trip for others or mar the reputation of Arnold Mill Primary School.

I wish to make it clear that good behaviour will be expected from **every** child, and that swift, firm action will be taken against anybody who fails to maintain the high standard expected of them. I feel sure that you will support me in this, not least because of the safety aspect involved.

Please discuss with your child the sort of behaviour that will ensure they have a safe, productive, and enjoyable trip.

Illness

If you suspect that your child is coming down with the measles, flu, chicken pox, or has Covid symptoms etc, please don't send them on the trip. I know they will be disappointed but imagine what it would be like for us trying to run a trip with a child needing medication, feeling ill, lonely and sorry for themself a long way from home.

Departure Arrangements

The children should arrive at school at normal time (8.50am) and make their way to class (having dropped their case at the kerb by the school office and medication/forms to Mrs Stones – see page 6 for Medicine arrangement instructions).

Return Arrangements

We hope to arrive back at school at around 3pm on Friday 7th October (traffic permitting) but we will keep the office informed of our progress. Please plan to pick up your child at 3pm, they will not be allowed to go home alone.

Kit List

Packing Checklist

Please use the following checklist to help pack bags:

- ☐ One swimming towel and costume (where required)
- ☐ One bath towel
- ☐ Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc
- ☐ Night clothes
- ☐ Socks and underwear
- ☐ Four t-shirts, shirts, blouses (at least one with long-sleeves), sweatshirt (two in winter)
- ☐ One thick sweater plus one light sweater
- ☐ Three pairs of trousers and/or jeans and/or tracksuit bottoms
- ☐ Clothes for the evening activities
- ☐ Waterproof jacket (and trousers if you have them)
- ☐ Sturdy shoes or wellingtons (even in summer)
- ☐ Two pairs of trainers (one old pair)
- ☐ Large plastic bag for dirty clothes
- ☐ Gloves, hat, scarf (in winter)
- ☐ Water bottle
- ☐ Hat and sunscreen (in spring and summer)
- ☐ Rucksack for off-site studies (if applicable)
- ☐ We recommend advising your young people to bring some money with them (no more than £10) in case they would like to make a purchase in our centre shop. Our shops sell snacks and drinks, as well as postcards, souvenirs, games and mementos.

*Please note that most activities require long sleeves.

Please do not bring

Mobile phones, expensive cameras, electronic games, iPods or MP3 players, expensive or much cherished jewellery, expensive favourite clothing or shoes. Kingswood can't accept liability for the loss, theft or damage of any personal property your child may bring.

Incase of lost property please put your child's name on all items of clothing!

For lots of the activities the children are required to have their arms and legs covered so make sure you pack long sleaved tops and trousers/leggings. It is also a good idea to send some old trainers to wear in the lake so they do not have to wear wet shoes all week.

Please only pack roll-on deodorant as sprays can trigger the smoke alarms!

This is only a suggested list. Please remember to take into consideration the length of the visit and time of year.

The children will also need a small, named rucksack or bag with a named water bottle (containing water – no fizzy drinks or juice please) and their packed lunch inside. We suggest that your child also brings a few snacks along with plenty to drink. If you ordered a school packed lunch by the 20th September order deadline we will distribute these.

If you would like your child to have some pocket money, please send them with a maximum of £10, which will be their responsibility to keep safe, not ours. They will have to decide how to budget it because there may be a couple of trips to the shop.

Everything must be labelled with children's names and the school's name, including clothes worn when travelling to Kingswood. We suggest that children bring an itemised list of their clothes to use as a checklist when repacking.

Please Do Not Pack

- mobile phones (we can be contacted in case of an emergency through school)
- cameras
- electronic games/devices
- expensive jewellery
- aerosols

Medication

All medication and inhalers (along with a completed Parental Agreement to Administer Medication Form for each medicine) should be given to Mrs Stones in a named bag on the morning of the trip. She will be located at the door outside of 2e between 8.45am and 9.00am. An adult will need to hand medication in, so please don't leave medication with your child.

If your child suffers from travel sickness, please ensure they have had their medication before the outgoing journey and supply them with a pill for the return journey, this should be given to Mrs Stones with any other medications.

Communication

We will keep the school office up to date with how we are doing and the office will send updates out to you via email.

If you have any concerns or questions please contact the office:
0115 9667930.

In case of emergencies please email Mrs Oldfield (joldfield@arnoldmill.notts.sch.uk)

Photos

We will take lots of photos to be shared with you via TEAMS after the trip. If you do not want your child's photo sharing on Teams please email the school office (office@arnoldmill.notts.sch.uk).

Meals

The children will be provided with a daily breakfast, lunch and evening meal whilst resident at Kingswood. The first meal will be an evening meal (Monday) and last meal will be on Friday at lunch.

Important Paperwork for Completion

Your child will be given a hard copy of the necessary paperwork (Parental Permission Forms and Packed Lunch arrangements on buff paper) which you need to complete and return by 20th September please.

Please ensure that they are completed and returned promptly as the children will not be able to go without this paperwork.

More Information

There has been a video sent out explaining things in more detail but if you have any questions please email Mr Robinson (trobinson@arnoldmill.notts.sch.uk).