	Autumn Term		Spring Term		Summer Term	
	London		Kings a	Kings and Queens		grow!
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key texts	Naughty Bus by Jan and Jerry Oke	The Great fire of London	Queens Victoria's knickers by Jackie French	The Queen's Knickers by Nicholas Allen	Jack and Beanstalk by Richard Walker The curious garden by Peter Brown	Oliver's vegetables Handa's surprise
English	Curriculum Develop positive attitudes towards and stamina for writing by writing for different purposes	Curriculum Develop positive attitudes towards and stamina for writing by writing for different purposes	Curriculum Develop positive attitudes towards and stamina for writing by writing for different purposes	Curriculum Develop positive attitudes towards and stamina for writing by writing for different purposes	Curriculum Develop positive attitudes towards and stamina for writing by writing for different purposes	Curriculum Develop positive attitudes towards and stamina for writing by writing for different purposes
	Knowledge/ Genre Story Writing- retell Character description- fantasy animals Recount of a trip	Knowledge/ Genre Instructions Recount: diaries Funny Poetry	Knowledge/ Genre Story writing- stories on a theme Classic Poetry	Knowledge/ Genre Letter writing to the queen Instructions	Knowledge/ Genre Story writing- Familiar settings Non-fiction texts	Knowledge/ Genre Story writing- Traditional tales Themed Poetry Recount of an event
	Skills Handwriting Punctuation Spelling Grammar	Skills Handwriting Punctuation Spelling Grammar	Skills Handwriting Punctuation Spelling Grammar	Skills Handwriting Punctuation Spelling Grammar	Skills Handwriting Punctuation Spelling Grammar	Skills Handwriting Punctuation Spelling Grammar
Maths	 Y1 Place value (to 10) Addition and Subtraction Shape Place Value (to 20) 	on (to 10)	 Y1 Addition and Subtrac Place Value (to 50) Length and Height Weight and Volume 	tion (to 20)	 Y1 Multiplication and Division Fractions Geometry: Position and direction Place Value (to 100) Money Time 	

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	 Y2 Place value Addition and Subtractio Money Multiplication and Division 	•	 <u>Y2</u> Multiplication and Division Statistics Geometry: Properties of Shape Fractions 	 <u>Y2</u> Length and Height Geometry: Position and Time Mass, Capacity and tell 	mperature		
Science	Animals Including Humans YEAR ONE Curriculum Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals. Identify and name a variety of common animals that are carnivores, herbivores and omnivores Describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets). Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.		Materials - YEAR ONE Curriculum Distinguish between an object and the material from which it is made. Identify and name a variety of everyday materials, including wood, plastic, glass, metal, water, and rock. Describe the simple physical properties of a variety of everyday materials. Compare and group together a variety of everyday materials on the basis of their simple physical properties.	Plants - YEAR TWO Curriculum Observe and describe how seeds and bulbs grow into mature plants. Find out and describe how plants need water, light and a suitable temperature to grow and stay healthy.	Plants - YEAR ONE Curriculum Identify and name a variety of common wild and garden plants, including deciduous and evergreen trees. Identify and describe the basic structure of a variety of common flowering plants, including trees.		
	Knowledge Name animals. Classify by features. Knowing what carnivores, herbivores and omnivores eat. Grouping animals into their classifications. Name parts of the body. Know the five senses. Know what the senses are used for and which part of the body they relate to.	Knowledge Name the four seasons. Identify different weathers. Know that the day length changes during the year.	Knowledge Name different materials. Know what materials objects are made from. Know the properties of materials. Group materials.	Knowledge Know how a plant grows and changes. Know what plants need to grow and survive. Know why a plant needs these things.	Knowledge Name and identify a range of common plants. Know the simple structure of a plant and tree.		

	Skills Grouping and sorting. Drawing and labelling. Explaining our thinking. Not Met:	Skills Observe seasonal and weather changes. Observe rainfall amounts. Use a table. Gather and record data. Not Met:	Skills Grouping and sorting. Observing/manipulatin Describing. Perform simple tests. Not Met:	g.	Skills Observe and record changes. Drawing and labelling. Not Met:	Skills Grouping and sorting. Drawing and labelling. Not Met:
		During the year	the children will learn a	oout the seasons at different poin	ts in the year.	
History	N/A <u>Curriculum</u> Name and understand events beyond living memory that are significant nationally. (The Great Fire of London)		Curriculum Learn about the lives of significant individuals in the past who have contributed to national and international achievements. (Queen Victoria) Some should be used to compare aspects of life in different periods		N/A	
	Knowledge To retell the events of the great fire of London. To understand how the fire has changed life today. Knowing how and why pudding lane burnt so quickly and easily (links to DT learning). Talk about the difference between modern and older firefighting. Know where it fits chronologically.		Knowledge To know the key details about Queen Victoria and her life To understand where Queen Victoria fits into the chronological framework. To know how the lives of royals in the past differ to royals today. Understand ways we know about royals from the past.			
	Skills Use historical vocabulary related to time, ask and answer questions, use different sources to understand about the past		Skills Use historical vocabulary related to time, ask and answer questions, use different sources to understand about the past			
	Not Met:		Not Met:	Not Met:	-	

Arnold Mill Primary School

Geography

Curriculum

Name and locate, identify characteristics of the countries and the capital cities and surrounding sea of the UK.

Interpret a range of maps.

Use locational and directional language.

Use aerial photographs and plan perspectives to recognise landmarks and basic human and physical features; devise a simple map; and use and construct basic symbols in a key.

Knowledge

Identify countries and capital cities of the UK.

Locate these on a map.

Learn basic map symbols.

Talk about the landscapes.

To know the four compass points

Skills

Map/atlas reading.

Identifying on a map/atlas.

Use basic map symbols.

Use basic compass directions.

Use geographical vocabulary

Computing

Curriculum

E-safety: project evolve Computing systems and networks- technology around us

Use technology purposefully to create, organise, store, manipulate and retrieve digital content.

Recognise common uses of information technology beyond school.

Use technology safely and respectfully, keeping

Curriculum

E-safety: project evolve Creating digital mediadigital painting Use technology

purposefully to create. organise, store, manipulate and retrieve digital content.

Curriculum

E-safety: project evolve Creating media- digital writing

Use technology purposefully to create. organise, store, manipulate and retrieve digital content. Use technology safely and respectfully, keeping personal information private; identify where to go for help and support when

Curriculum

E-safety: project evolve Data and informationarouping data

Use technology purposefully to create, organise, store, manipulate and retrieve digital content. Use technology safely and respectfully, keeping personal information private; identify where to go for help and support when they have concerns about content or contact on

Curriculum

Understand geographical similarities and differences through studying the human and physical geography of a small area of the United Kingdom, and of a small area in a contrasting non-European country

use basic geographical vocabulary to refer to:

Key physical features, including: beach, cliff, coast, forest, hill, mountain, sea, ocean, river, soil, valley, vegetation, season and weather

key human features, including: city, town, village, factory, farm, house, office, port, harbour and shop

Knowledge

Know and identify physical hills, mountains, forest, river, season and weather, soil and vegetation

Know and identify physical features town, village, city, farm

Skills

Use aerial photos to identify main human and physical

Devise a simple map with a key.

Curriculum

E-safety: project evolve Programming- moving a robot

Understand what algorithms are; how they are implemented as programs on digital devices: and that programs execute by following precise and unambiguous instructions Create and debug simple programs

Curriculum

E-safety: project evolve Programmingintroduction to

animation Understand what

algorithms are; how they are implemented as programs on digital devices; and that programs execute by following precise and unambiguous instructions Create and debug simple programs

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	personal information		they have concerns	the internet or other online	Use logical reasoning to	Use logical reasoning to
	private; identify where to		about content or	technologies.	predict the behaviour of	predict the behaviour of
	go for help and support		contact on the internet		simple programs.	simple programs
	when they have concerns		or other online		Recognise common uses	Use technology
	about content or contact		technologies.		of information	purposefully to create,
	on the internet or other				technology beyond school	organise, store,
	online technologies.					manipulate and retrieve
						digital content
	Knowledge	Knowledge	Knowledge	<u>Knowledge</u>	Knowledge	Knowledge
	To identify technology	To describe what	To identify that the	To identify that objects	To explain what a given	To choose a command for
	To identify a computer and	different freehand tools	look of text can be	can be counted	command will do	a given purpose
	its main parts	do	changed on a computer	To describe objects in	To plan a simple program	To show that a series of
	To create rules for using	To explain why I chose the	To make careful choices	different ways	To find more than one	commands can be joined
	technology responsibly	tools I used	when changing text	To compare groups of	solution to a problem	together
	3, 1 ,	To compare painting a	To explain why I used	objects	'	To identify the effect of
		picture on a computer and	the tools that I chose	To answer questions about		changing a value
		on paper	To compare writing on a	groups of objects		To explain that each
		on pape.	computer with writing on	g. supe of sugeries		sprite has its own
			paper			instructions
			paper			man denons
	Skills	Skills	Skills	Skills	<u>Skills</u>	<u>Skills</u>
	To use a mouse in	To use the shape tool and	To use a computer to	To label objects	To act out a given word	To design the parts of a
	different ways	the line tools	write	To count objects with the	To combine forwards and	project
	To use a keyboard to type	To make careful choices	To add and remove text	same properties	backwards commands to	To use my algorithm to
	To use the keyboard to	when painting a digital	on a computer		make a sequence	create a program
	edit text	picture	·		To combine four	, ,
		To use a computer on my			direction commands to	
		own to paint a picture			make sequences	
Art	Curriculum	N/A	Curriculum	N/A	Curriculum	N/A
, , , ,	To use drawing, painting and		To use drawing, painting		To develop a wide range	
	sculpture to develop and share		and sculpture to develop		of art and design	
	their ideas, experiences and		and share their ideas,		techniques in using	
	imagination.		experiences and		colour, pattern, texture,	
	About the work of a range of		imagination.		line, shape, form and	
	artists, craft makers and		About the work of a range		space	
	designers		of artists, craft makers and designers			
	Knowledge	†	Knowledge	1	Knowledge	
	Know that Henry Mattise is a		Know that Banksy is a		Learn how to use pastels	
	portrait artist.		modern street artist		and chalks effectively.	
	por ir air air iisi.		mouern street artist		and charks effectively.	

· · · · · ·	Know that he uses bold	7 5.5 2	Vocantian tanana na 11:	T	Arnoid Mill P	
	colours.		Know how to use pencils		Identify the colours and	
	colours.		to shade		patterns water makes in	
					different light	_
	<u>Skills</u>		Skills		<u>Skills</u>	
	Draw from observations,		Draw from observations		Draw from observations	
	Paint- choose appropriate size		Shade		Shade	
	tools		Use imagination		Use imagination	
	colour mix					
	using imagination	-		1		-
T	N/A	<u>Tudor Houses</u>	N/A	<u>Textiles</u> Sewing pants	Food technology	N/A
		<u>Curriculum:</u>		<u>Curriculum</u>	Make a sandwich	
		Design purposeful,		Design purposeful,	<u>Curriculum</u>	
		functional, appealing		functional, appealing	Design purposeful,	
		products for themselves		products for themselves	functional, appealing	
		and other users		and other users	products for themselves	
		based on design criteria.		based on design criteria.	and other users	
		Generate, develop, model		Generate, develop, model	based on design criteria.	
		and communicate their		and communicate their	Generate, develop, model	
		ideas through talking,		ideas through talking,	and communicate their	
		drawing, templates, mock-		drawing, templates, mock-	ideas through talking,	
		ups.		ups.	drawing, templates,	
		Select from and use a		Select from and use a range	mock-ups.	
		range of tools and		of tools and equipment to	Select from and use a	
		equipment to perform		perform practical tasks.	range of tools and	
		practical tasks.		Select from and use a wide	equipment to perform	
		Select from and use a wide		range of materials and	practical tasks.	
				-	Explore and evaluate a	
		range of materials and		components, including		
		components, including		construction materials,	range of existing	
		construction materials,		textiles and ingredients,	products.	
		textiles and ingredients,		according to their	Evaluate their ideas and	
		according to their		characteristics.	products against design	
		characteristics.		Explore and evaluate a	criteria.	
		Explore and evaluate a		range of existing products.		
		range of existing products.		Evaluate their ideas and		
		Evaluate their ideas and		products against design		
		products against design		criteria.		
		criteria.				
		Knowledge		Knowledge	Knowledge	

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		Design a Tudor house. Building structures. Selecting appropriate materials. Experimenting with ways of joining. Knowing how they can make it stronger and more stable. Talk about how I can improve my work.		Design the Queens knickers. Select suitable materials. Experimenting with ways of joining. Talk about how I can improve my work.	Knowing the steps needed to make a sandwich. Select suitable ingredients. Select the tools and equipment needed. Talk about how I can improve my work.	
		Skills Joining, painting, cutting, designing, making, evaluating, communicating ideas, working as a team.		Skills Design, make, evaluate, cutting, joining, sewing, threading, communicating ideas, working as a team.	Skills Design, make, evaluate, cutting, spreading, communicate ideas, evaluate, work as a team.	
RE Notts agreed syllabus	Curriculum Unit 1.2 Myself and caring for others	Curriculum Unit 1.1 Celebrations and festivals: Christmas and Sukkot	Curriculum Unit 1.3 beliefs and teachings	Curriculum Unit 1.1 Celebrations and festivals: Easter and Vaisakhi	Curriculum Unit 1.4 Symbols in religious worship and practices Visit place of worship	Curriculum Unit 2.4 story Jonah & the Whale
	Knowledge Learn about our uniqueness as a person in a family and community. Know about examples of caring for others and exploring characteristics such as goodness, kindness, generosity, sharing. Hear and consider religious stories and teachings, e.g., Jesus' story of the Lost Sheep, the Jewish Psalm 23 and infer ideas about care from these texts.	Knowledge Learn about annual and weekly celebrations for Christians and Jewish people, including Christmas, Sukkot, and Shabbat. Learn about the songs, worship, celebrations, stories, artefacts, and food associated with these celebrations. Festivals from other faiths to be introduced: Diwali (Sikh/ Hindu)	Knowledge Learn about some stories of Jesus, e.g., Healing the Ten Lepers, Calming the Storm on Lake Galilee, Feeding the 5000. Hear and learn about some stories Jesus told, e.g. The Lost Coin, the Lost Son. Learn that these stories matter to Christians because of who they believe Jesus was- God come to earth, with the	Knowledge Learn about annual and weekly celebrations for Christians including Easter. Learn about the songs, worship, celebrations, stories, artefacts and food associated with these celebrations. Festivals from other faiths to be introduced: Vaisakhi (Sikh)	Knowledge Know that churches and synagogues are places of worship. Know about worship at a church and a synagogue, including the symbols, artefacts, music, holy books and other things that happen there. Learn about weddings in a synagogue and church	Knowledge Learn Jewish and Christian stories about e.g. Noah, Abraham and Sarah, Jacob, Joseph, King David, Queen Esther, Jonah, Daniel. Gain knowledge about the Jewish Bible and the importance of the Torah.

	<u> </u>	<u></u>				
			power to help people in			
	Skills Listening to each other Speaking aloud in pairs/groups/whole class Sharing ideas Expressing their thoughts	Skills Pupils will practice the skills of suggesting a meaning in an artefact, symbol or religious practice.	many ways. Skills Engage with stories Remember characters Infer meaning Talk about stories Enjoy retelling stories	Skills Pupils will practice the skills of suggesting a meaning in an artefact, symbol or religious practice.	Skills Make observations about a holy building Develop thinking skills linked to discussion about observations Suggest meaning to symbols, artefacts and practices	Skills Develop skills of discussion, observation information gathering and remembering. Use their factual knowledge to suggest what makes ancient stories valuable to some
					Reference other places of worship	people today.
SCARF	Curriculum SCARF Y1 Me and my relationships	Curriculum SCARF Y1 Growing and changing	Curriculum SCARF Y1 Valuing difference	Curriculum SCARF Y1 Rights and Responsibilities	Curriculum SCARF Y1 Keeping myself safe	Curriculum SCARF Y1 Being my best
	Knowledge I can name a variety of different feelings and explain how these might make me behave. I can think of some different ways of dealing with 'not so good' feelings. I know when I need help and who to go to for help. I can tell you some different classroom rules.	Knowledge I can identify an adult I can talk to at both home and school. If I need help. I can tell you some things I can do now that I couldn't do when I was a toddler. I can tell you what some of my body parts do.	Knowledge I can say ways in which people are similar as well as different. I can say why things sometimes seem unfair, even if they are not.	Knowledge I can give some examples of how I look after myself and my environment - at school or at home. I can also say some ways that we look after money.	Knowledge I can say what I can do if I have strong, but not so good feelings, to help me stay safe (e.g. sad- talk to someone). I can give examples of how I keep myself healthy. I can say when medicines might be harmful (e.g. overdose, if not needed, another person's medicine, etc.)	Knowledge I can name a few different ideas of what I can do if I find something difficult. I can say why certain foods are healthy and why it's important to eat at least five portions of vegetables/fruit a day.
	Skills Listen Share ideas Speak/ perform in front of an audience Record ideas in words or	Skills Listen Share ideas Speak/ perform in front of an audience Record ideas in words or	Skills Listen Share ideas Speak/ perform in front of an audience Record ideas in words or	Skills Listen Share ideas Speak/ perform in front of an audience Record ideas in words or	Skills Listen Share ideas Speak/ perform in front of an audience Record ideas in words or	Skills Listen Share ideas Speak/ perform in front of an audience Record ideas in words or
	pictures Reflect upon others ideas	pictures Reflect upon others ideas	pictures	pictures Reflect upon others ideas	pictures	pictures

	Ask questions	Ask questions	Reflect upon others ideas Ask questions	Ask questions	Reflect upon others ideas Ask questions	Reflect upon others ideas Ask questions
Music	Curriculum Charanga Hey You! - Old School Hip- Hop, how pulse, rhythm & pitch work together	Curriculum Charanga Rhythm In The Way We Walk/Banana Rap - Reggae, pulse, rhythm & pitch, rapping, dancing & singing	Curriculum Charanga In The Groove - Blues, Baroque, Latin, Bhangra, Folk, Funk, exploring different styles of music	Curriculum Charanga Round & Round - Bossa Nova, pulse, rhythm & pitch in different styles of music	Curriculum Charanga Your Imagination - Pop, exploring your own ideas	Curriculum Charanga Reflect, Rewind & Replay - Classical, the history of music, look back & consolidate learning, learn some of the language of music
	Knowledge To understand and explore how music is created, produced and communicated, including through the inter-related dimensions: pitch, duration, dynamics, tempo, timbre, texture, structure and appropriate musical notations.	Knowledge To understand and explore how music is created, produced and communicated, including through the inter-related dimensions: pitch, duration, dynamics, tempo, timbre, texture, structure and appropriate musical notations.	Knowledge To perform, listen to, review and evaluate music across a range of historical periods, genres, styles and traditions, including the works of the great composers and musicians.	Knowledge To understand and explore how music is created, produced and communicated, including through the inter-related dimensions: pitch, duration, dynamics, tempo, timbre, texture, structure and appropriate musical notations.	Knowledge To create and compose music on their own and with others.	Knowledge To perform, listen to, review and evaluate music across a range of historical periods, genres, styles and traditions, including the works of the great composers and musicians.
	Skills To use their voices expressively and creatively by singing songs and speaking chants and rhymes To play tuned and untuned instruments musically To listen with concentration and understanding to a range of high-quality live and recorded music	Skills To use their voices expressively and creatively by singing songs and speaking chants and rhymes To play tuned and untuned instruments musically To listen with concentration and understanding to a range of high-quality live and recorded music	Skills To use their voices expressively and creatively by singing songs and speaking chants and rhymes To play tuned and untuned instruments musically To listen with concentration and understanding to a range of high-quality live and	Skills To use their voices expressively and creatively by singing songs and speaking chants and rhymes To play tuned and untuned instruments musically To listen with concentration and understanding to a range of high-quality live and recorded music To experiment with, create, select and combine sounds	Skills To use their voices expressively and creatively by singing songs and speaking chants and rhymes To play tuned and untuned instruments musically To listen with concentration and understanding to a range of high-quality live and	Skills To use their voices expressively and creatively by singing songs and speaking chants and rhymes To play tuned and untuned instruments musically To listen with concentration and understanding to a range of high-quality live and

KOT FOL	ng Term Planning C	ycie i			Arnold Mill P	Primary School
	To experiment with,	To experiment with,	To experiment with,	using the inter-related	To experiment with,	To experiment with,
	create, select and combine	create, select and combine	create, select and	dimensions of music	create, select and	create, select and
	sounds using the inter-	sounds using the inter-	combine sounds using		combine sounds using the	combine sounds using the
	related dimensions of	related dimensions of	the inter-related		inter-related dimensions	inter-related dimensions
	music	music	dimensions of music		of music	of music
				<u></u>	<u> </u>	
PE	Year One Autumn	Year Two Autumn	Year One Spring	Year Two Spring	Year One Summer	Year Two Summer
	<u>Curriculum</u>	<u>Curriculum</u>	<u>Curriculum</u>	<u>Curriculum</u>	<u>Curriculum</u>	<u>Curriculum</u>
	Dance/Circuits	Dance/Multiskills	Gymnastics/Apparatus	Gymnastics/Apparatus	Athletics/Tennis	Athletics/Dodgeball
	Perform dances using	Perform dances using	Master basic movements	Master basic movements	Master basic movements	Master basic movements
	simple movement patterns.	simple movement patterns.	including running,	including running, jumping,	including running,	including running,
	Multiskills	Master basic movements	jumping, throwing and	throwing and catching, as	jumping, throwing and	jumping, throwing and
	Master basic movements	including running, jumping,	catching, as well as	well as developing balance,	catching, as well as	catching, as well as
	including running, jumping,	throwing and catching, as	developing balance,	agility and co-ordination,	developing balance,	developing balance,
	throwing and catching, as	well as developing balance,	agility and co-ordination,	and begin to apply these in a	agility and co-ordination,	agility and co-ordination,
	well as developing balance,	agility and co-ordination,	and begin to apply these	range of activities.	and begin to apply these	and begin to apply these
	agility and co-ordination,	and begin to apply these in	in a range of activities.	Football	in a range of activities.	in a range of activities.
	and begin to apply these in	a range of activities.	Invasion Games	Participate in team games,	Scatterball	Cricket
	a range of activities.	Invasion games	Participate in team	developing simple tactics	Participate in team	Participate in team
		Participate in team games,	games, developing simple	for attacking and defending	games, developing simple	games, developing simple
		developing simple tactics	tactics for attacking		tactics for attacking and	tactics for attacking and
		for attacking and	and defending		defending	defending
		defending	-			
	<u>Knowledge</u>	<u>Knowledge</u>	<u>Knowledge</u>	<u>Knowledge</u>	<u>Knowledge</u>	<u>Knowledge</u>
	Perform different	Perform different	Perform different	Perform different	Perform movements.	Perform movements.
	movements.	movements.	movements.	movements.	Know what skills to use in	Know what skills to use in
	Use movements in a	Use movements in a	Creating a routine.	Creating a routine.	different activities.	different activities.
	pattern.	pattern.	How to keep safe on	How to keep safe on	Know the principals of	Know the principals of
	Creating a routine.	Creating a routine.	apparatus.	apparatus.	attacking and defending.	attacking and defending.
	Perform different	Perform different	Perform different	Perform different balances.		Knowing the basic skills
	balances.	balances.	balances.	Know what skills to use in		for a game.
	Know what skills to use in	Know what skills to use in	Know what skills to use	different activities.		
	different activities.	different activities.	in different activities.	Know the principals of		
	Knowing different skills eg	Knowing different skills eg	Knowing different skills	attacking and defending.		
	run, jump, skip, hop, throw,	run, jump, skip, hop, throw,	eg run, jump, skip, hop,			
	catch etc.	catch etc.	throw, catch etc.			
			Know the principals of			
			attacking and defending.		<u></u>	
	<u>Skills</u>	<u>Skills</u>	<u>Skills</u>	<u>Skills</u>	<u>Skills</u>	<u>Skills</u>

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	Different dance	Different dance	Balancing, jumping,	Balancing, jumping,	Running, jumping,	Running, jumping,
	movements, running,	movements, running,	sequencing, copying an	sequencing, copying an	balancing, skipping,	balancing, skipping,
	jumping, throwing,	jumping, throwing,	example, running,	example, running, jumping,	hopping, hitting a ball,	hopping, hitting a ball,
	catching, balancing,	catching, balancing,	jumping, throwing,	kicking a ball, stopping a	throwing and catching.	bowling a ball, throwing
	hopping, skipping.	hopping, skipping, attacking	catching, balancing,	ball, dribbling a ball,		and catching.
		and defending.	hopping, skipping,	balancing, hopping, skipping,		
			attacking and defending.	attacking and defending.		