14th February 2025

Dear Parents and Carers,

It's the end of another half term already! Let's hope the weather picks up and we get some sunshine over the break.

A quick reminder that we will be opening the classroom doors at 3pm on Friday 28th February for parents to have a look at their children's work. If you have any problems with this please contact your child's class teacher.

Clubs resume on Monday 24th February, after the half term break. However, there won't be any clubs on Wednesday 26th or Thursday 27th due to the school discos.

Have a wonderful half term!

Kind regards,

Jackie Oldfield, Head Teacher

Calendar

February

Mon 17th - Fri 21st Feb - Half Term Holidays

Wed 26th - *PTFA FS2 & KS1 Disco* *(Link to poster)*

Thurs 27th - *PTFA KS2 Disco* (*Link to poster*)

Fri 28th - *Book look from 3pm*

March

Thurs 6th - *World Book Day* (Link to letter)

Thurs 6th - *World Book Day PTFA fundraising event* *(link to Golden Ticket poster)*

Fri 7th - *Year 4 swimming lessons start* (Link to letter)

Tues 11th - *1A Library visit*

Weds 12th - *F2A/2F Library visit*

Weds 19th - *F2B/2E Library visit*

Fri 21st - *Comic Relief/Red Nose Day*

Fri 28th - *Non-uniform Day - donations for the Easter Raffle* (*Link to poster*)

Tues 25th - Weds 26th - *Year 4 Residential Lea Green Activity Centre* *(Information booklet)*

April

Wed 2nd - *Year 5 DAaRT Graduation Assembly with parents*

Wed 2nd - *Festival of Faiths Fair and Raffle* (*link to letter*)

Thur 3rd - F2 Easter Craft Morning with Parents *(Link to letter).*

Fri 4th - *PTFA Easter Raffle*

Fri 4th - *PTFA Easter Craft Day and/or Egg Hunt Fundraising Event* (provisional)

Mon 7th - Mon 21st April - Easter Holidays

May

Mon 5th - *May Day Bank holiday* (school closed)

Thu 8th - *F2a White Post Farm trip* (provisional)

Mon 12th - Thu 15th Year 6 SATs

Fri 16th May - *PTFA Ice Cream Friday* (provisional)

Tue 20th - *Parents reading with their KS1 child* (Link to letter)

Mon 26th - Fri 30th May - Half Term Holidays

June

Weds 11th - *Class Photos*

Fri 13th - *PTFA Ice Cream Friday* (provisional)

Fri 20th - *Non-uniform Day - donations for the Summer Fair*

Fri 27th - *Summer Fair*

July

Tue 1st - *Wollaton Hall Farm trip* (provisional)

Thurs 3rd - *Parents reading with their KS1 child* *(Link to letter)*

Fri 4th - *Inset Day* (School closed)

Mon 7th - *PTFA World Chocolate Day fundraising event* (provisional)

Thurs 10th-Fri 11th - *Year 2 Robin Hood Camp* *(Link to letter)* *(Link to presentation)*

Wed 16th - *PTFA FS2 & KS1 Disco* (Provisional - details to follow)

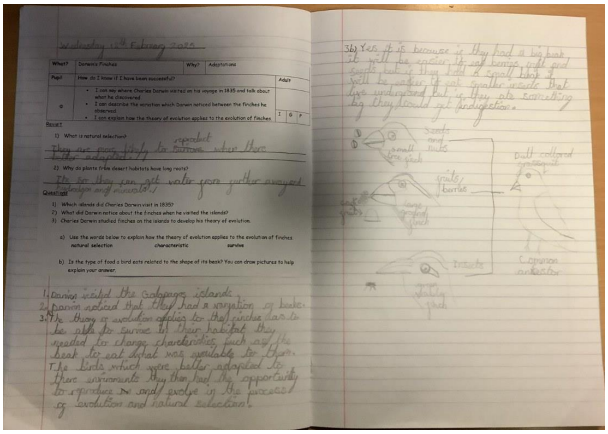
Thurs 17th - *PTFA KS2 Disco* (Provisional - details to follow)

Fri 18th - *PTFA Ice Cream Friday* (provisional)

Fri 25th - *Last day of term for children*

Mon 28th & Tues 29th - *Inset Days* (School closed)

Children's Work



Wednesday 12th February 2025

What?	Darwin's Finches	Why?	Adaptations
Pup!	How do I know if I have been successful?		Adult
⊙	• I can say where Charles Darwin visited on his voyage in 1835 and talk about what he discovered • I can describe the variation which Darwin noticed between the finches he observed • I can explain how the theory of evolution applies to the evolution of finches	I	⊙	F

Recall

1) What is natural selection?

They are more likely to reproduce where there better adapted.

2) Why do plants from desert habitats have long roots?

Its so they can get water from further away and nitrogen and minerals.

Question

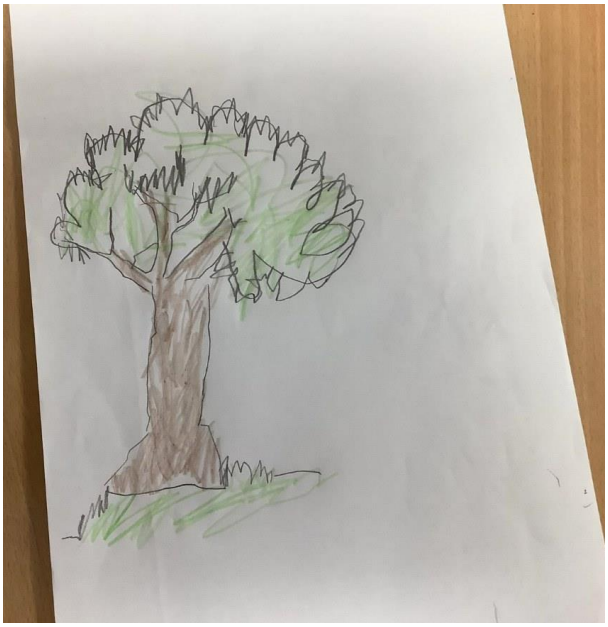
1) Which islands did Charles Darwin visit in 1835?
2) What did Darwin notice about the finches when he visited the islands?
3) Charles Darwin studied finches on the islands to develop his theory of evolution.

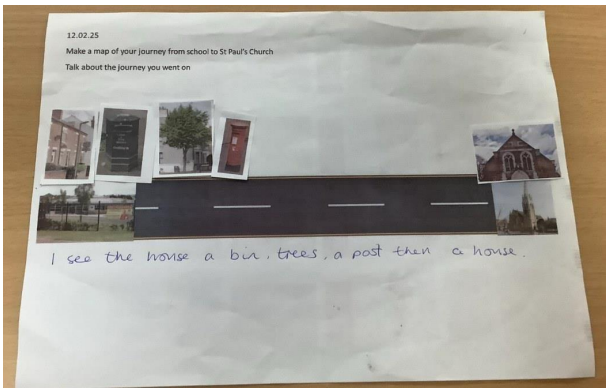
a) Use the words below to explain how the theory of evolution applies to the evolution of finches
natural selection characteristic survive

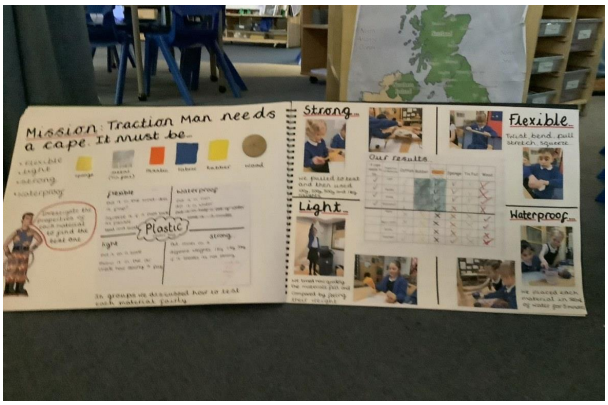
b) In the type of food a bird eats related to the shape of its beak? You can draw pictures to help explain your answer.

1. Darwin visited the Galapagos islands
2. Darwin noticed that they had a variation of beaks.
3. The theory of evolution applies to the finches as to be able to survive in their habitat they needed to change characteristics such as the beak to eat what was available to them. The birds which were better adapted to there environments they then had the opportunity to reproduce and evolve in the process of evolution and natural selection.

3b) Yes it is because if they had a big beak it will be easier to eat berries, nuts and seeds but if they had a small beak it will be easier to eat smaller insects that live underground but if they ate something big they would get indigestion.




12.02.25
Make a map of your journey from school to St Paul's Church
Talk about the journey you went on
I see the house a bin, trees, a post then a house.


Mission: Traction Man needs a cape. It must be...
Plastic
Strong
Our results
Light
Flexible
Waterproof

Pop art Explosions

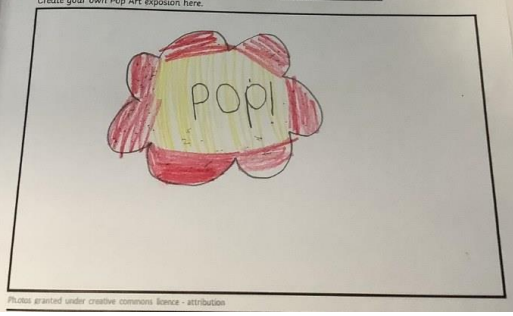
Peanuts can be used as an ingredient in dynamite!

You could try to find out:

- How they are used in the process.
- About the history of dynamite.
- The difference between dynamite and TNT.
- Where and why dynamite is used.

Roy Lichtenstein was an American pop artist. During the 1960s, he became a leading figure in the new art movement, Pop Art. He used comic strips as his main inspiration. His 'Pop Art Explosions,' were some of his most iconic pieces of work.

Create your own Pop Art exposion here.



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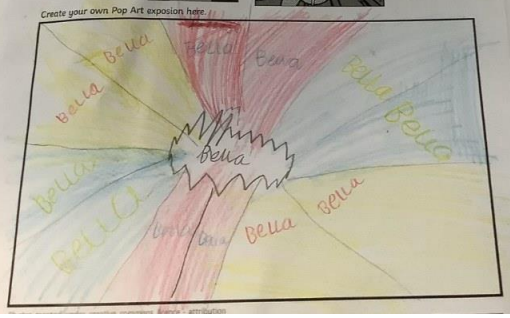

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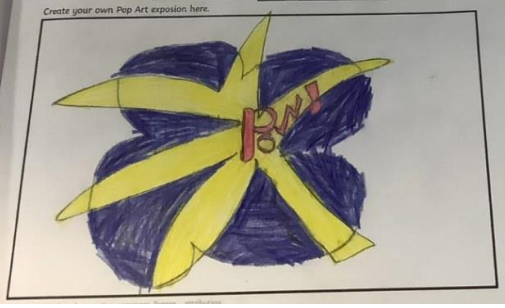

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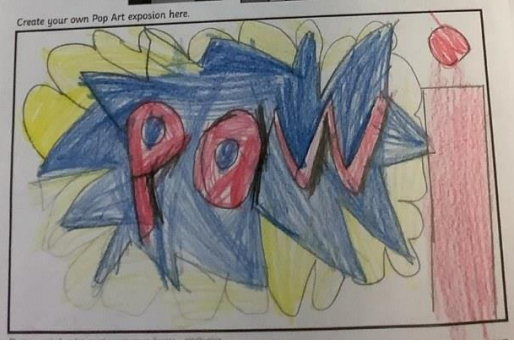

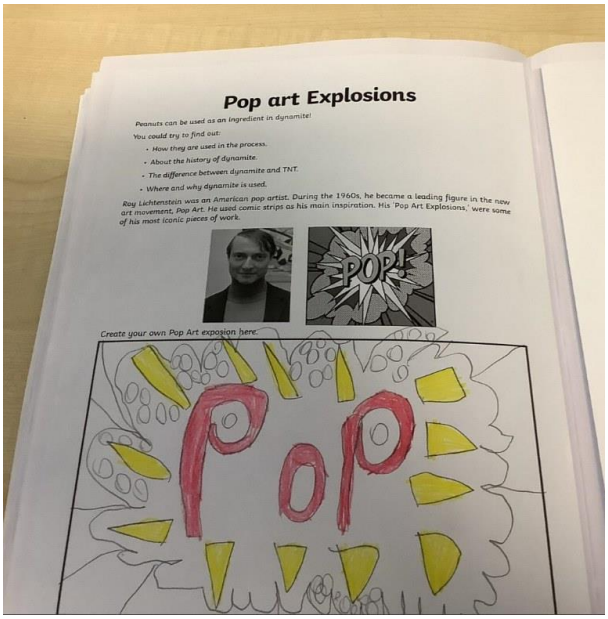

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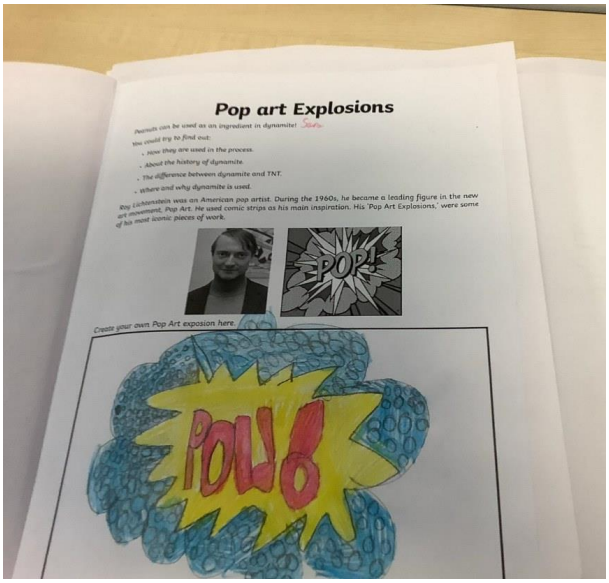

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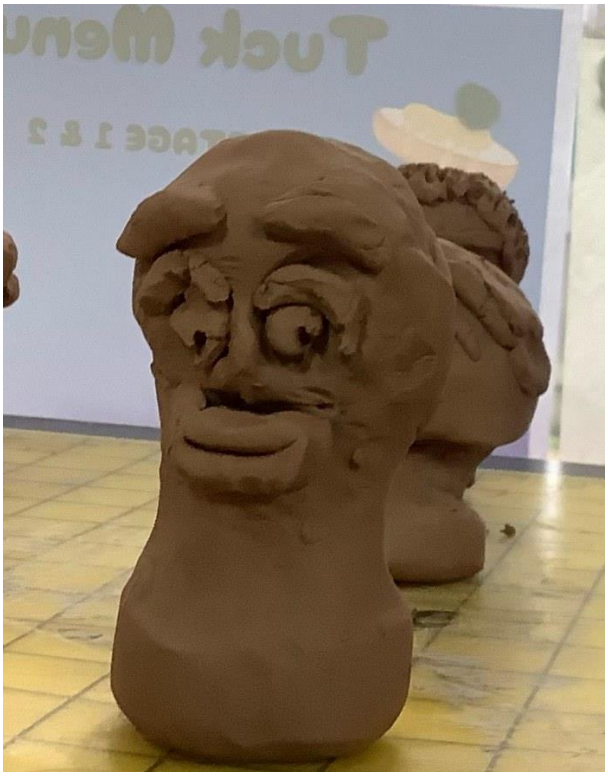
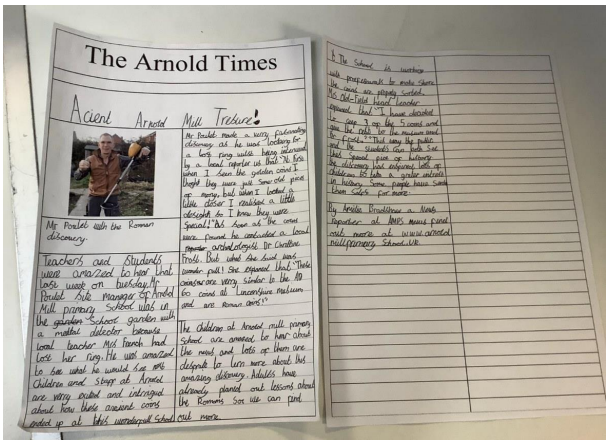




The Arnold Times

Acient Arnold Mill Treasure!

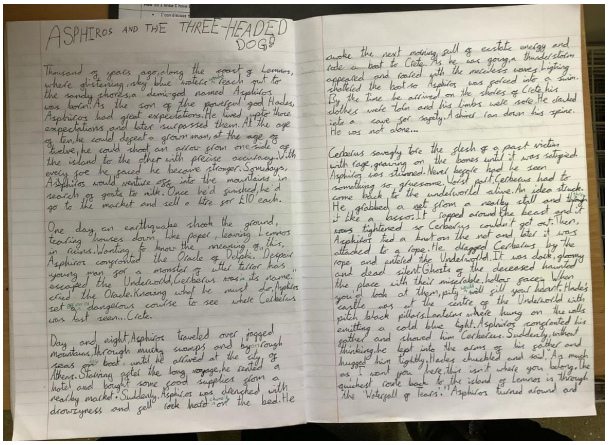
Mr Pordet with the Roman discovery.

Mr Pordet made a very fascinating discovery as he was looking for a lost ring with Mrs Harrock in a local reporter as Pordet said "At first when I saw the golden coins I thought they were just some old pieces of money but when I looked in the dirt I realised a little dirtight for I knew they were special!" As soon as the coins were found he contacted a local reporter called Joseph Dr Crotton Frodl. But what the hell was number pull? She exclaimed that "These coins are very similar to the 10 Ecu coins of Lincoln five million year ago roman coins!"

Teachers and Students were amazed to hear that lost week on tuesday Mr Pordet site manager of Arnold Mill primary School visit in the golden School garden with a metal detector because a local teacher Mrs Harrock had lost her ring. He was amazed to see what he would dig with children and stays at Arnold are very excited and intrigued about how these ancient coins ended up at this wonderfull School

The children at Arnold mill primary School are amazed to hear about the news and lots of them are delighted to learn more about this amazing discovery. Adults have gleefully shared out lessons about the Romans so the can find out more

If The School is working with professionals to make sure the coins are properly sorted. Mr Old-Field Head teacher exclaimed that "I have decided to give 3 to the School and give the rest to the museum and to Frodl." This way the public and the students can look at this special piece of history. Mr Old-Field has enjoyed lots of children to take a similar interest in history. Some people have said their coins for more.	
By Amelia Bradshaw a Year 5 reporter at MPS. More fun and more at www.arnold millprimary.School.UK	



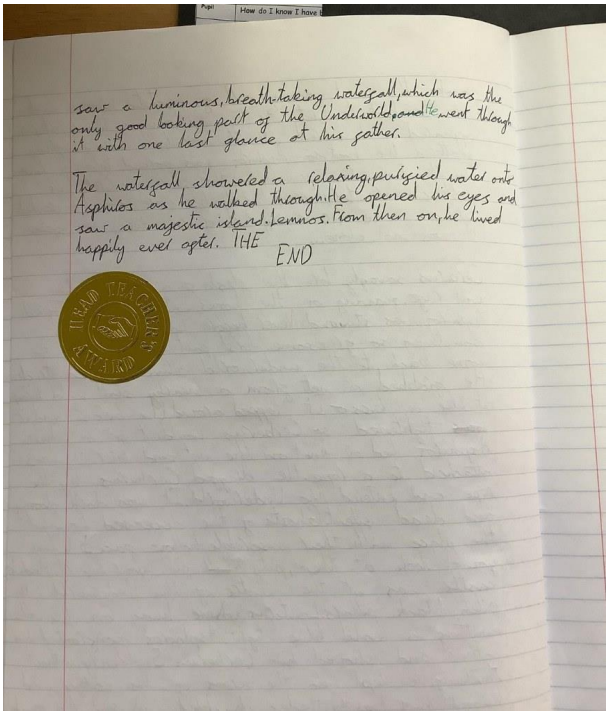
ASPHIROS AND THE THREE-HEADED DOG!

Thousand of years ago along the coast of Lemnos, where glittering inky blue water reach out to the sandy shores a demigod named Asphiros was born. As the son of the powerful god Hades, Asphiros had great expectations. He lived up to these expectations and later surpassed them. At the age of twelve, he could dispel a grown man at the age of twelve, he could shoot an arrow from one side of the island to the other with precise accuracy. With every foe he faced he become stronger. Sundays, Asphiros would venture off into the mountains in search of goats to milk. Once he had finished he'd go to the market and sell a litre for £10 each.

One day an earthquake shook the ground, tearing houses down like paper, leaving Lemnos in ruins. Wanting to know the meaning of this, Asphiros consulted the Oracle of Delphi. Upon seeing you, got a monster of utter terror has escaped the Underworld, Cerberus was its name," cried the Oracle. Knowing what he must do Asphiros set off dangerous journey to see where Cerberus was last seen. Crete.

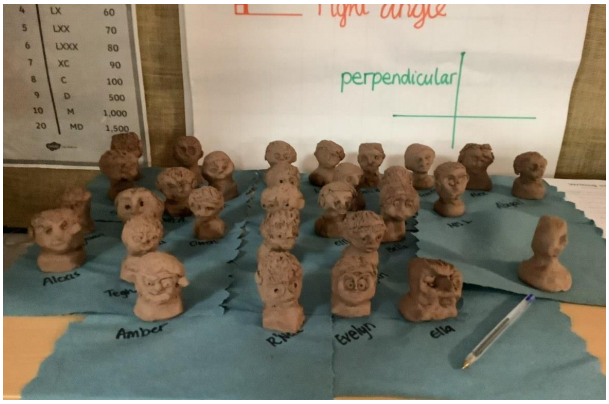
Day and night Asphiros traveled over jagged mountains through murky swamps and by rough seas on foot, until he arrived at the City of Athens. Having gone the long voyage, he entered a hotel and bought some good supplies from a nearby market. Suddenly, Asphiros was disrupted with drowsyness and fell back heated on the bed. He awoke the next morning full of ecstatic energy and took a boat to Crete. As he was going through stormy seas a wave capsized with the unceasing sawing lightning. Shattered the boat so Asphiros was forced into a swim. By the time he arrived on the shores of Crete his clothes were torn and his limbs were sore. He dragged himself to a cave for supply. A shred ran down his spine. He was not alone...

Cerberus savagely tore the flesh of a great victim with rage gnawing on the bones until it was satisfied. Asphiros was stunned. Never before had he seen something so gruesome. Until now, Cerberus had to come back to the underworld alone. An idea struck. He grabbed a vast piece of nearby stuff and tied it like a cassock. It dropped around the beast and it was tightened so Cerberus couldn't get out. Then, Asphiros had a hunt on the net and later it was attached to a rope. He dragged Cerberus by the rope and entered the Underworld. It was dark, gloomy and dead silent. Ghosts of the deceased haunted this place with their miserable, hollow spaces. When you'll look at them, pity will fill your heart. Hades castle was at the centre of the Underworld with pitch black pillars. Lanterns where hung on the walls emitting a cold blue light. Asphiros confronted his father and showed him Cerberus. Suddenly, without thinking he kept into the arms of his father and hugged him tightly. Hades chuckled and said "Asphiros, I wait you. I want you here that isn't where you belong. The quickest route back to the island of Lemnos is through the Waterfall of Tears." Asphiros turned around and



saw a luminous, breath-taking waterfall, which was the only good looking part of the Underworld and he went through it with one last glance at his father.

The waterfall showered a relaxing, purified water onto Asphodos as he walked through it. He opened his eyes and saw a majestic island, Lemnos. From then on, he lived happily ever after. THE END



School Dinners: *w/c 24th February 2025*

WEEK 2

WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan, 3 Feb, 24 Feb, 17 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

MY SCHOOL MENU AUTUMN/WINTER 2024-25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Jacket potato, cheese Milk, baked beans, tuna mayonnaise Fish Egg & mixed salad	Spaghetti Bolognese Gluten Mustard Soya Fish Garlic Bread Gluten Vegetable Sticks	Chinese chicken & vegetables Soya Gluten mixed rice	Nottinghamshire sausage Gluten Sulphur dioxide **OR** Plant-based sausage Soya Sulphur dioxide mashed potatoes, carrots, cabbage & gravy	MSC cod dog, Fish Gluten Sesame with tomato ketchup, oven chips, baked beans, or minted garden peas
OPTION 2		**BYO Sandwich** (Gluten Soya) **Fillings:** cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks, crisps fruit or Frube yogurt Milk or pudding of the day		**BYO Sandwich** (Gluten Soya) **Fillings:** cheese Milk ham or tuna mayonnaise Fish Egg vegetable sticks, crisps fruit or Frube yogurt Milk or pudding of the day	Jacket potato, cheese Milk, baked beans, tuna mayonnaise Fish Egg & mixed salad
PUDDING	Chocolate sponge Gluten Egg & custard Milk	Vanilla cookie Gluten	Cornflake tart Gluten Sulphur dioxide & custard Milk	Lemon drizzle muffin Egg Gluten Sulphur Dioxide	Chocolate crispy Gluten

Nottinghamshire County Council

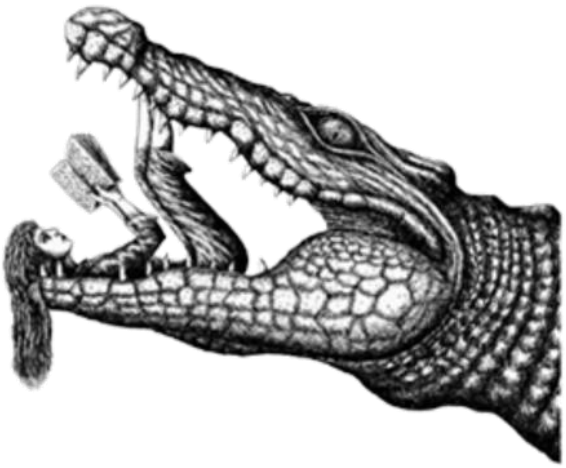
Parental Code of Conduct

Please use the link below to read the Parental Code of Conduct Policy which we would ask all parents to read and abide by, as I feel it is really important that us adults set a good example to our children. Please remember when you are picking up and dropping off we do expect you to show respect to others, including staff, other parents, children and people in our local community.

We have had more reports of people parking over dropped kerbs, over driveways and being inconsiderate and aggressive towards our neighbours. Please plan your school pick-up and drop-offs carefully so that you are not late, leading to inconsiderate parking. If possible, please walk to school.

Link to policy

Arnold Mill's Extreme Reading Challenge



Are you daring? Are you brave? Do you love challenges?

If so, this is the competition for you!

On the run up to World Book Day, which is on the 6th March, we are celebrating our love of books by challenging EVERYONE, including grown-ups, to join us in our extreme reading competition.

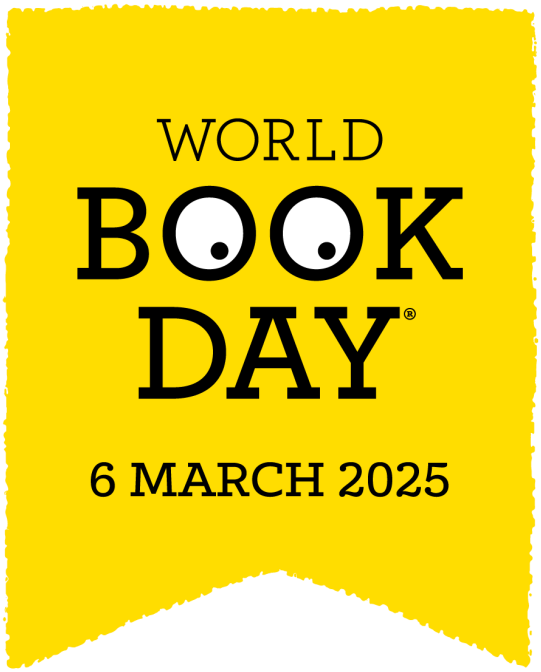
All you have to do is find an an exciting, fun and unusual location to enjoy your book in. Take a picture and send it to us by Monday 3rd March. Every entry will receive 20 house points, and the winners (children and adults) will receive a prize on World Book Day, so get reading!

Send your entries with your name and class on to kappleyard@arnoldmill.notts.sch.uk

Yours sincerely

Mr Hewlett and Mrs Appleyard

World Book Day - 6th March



This year, on Thursday 6th of March, in celebration of World Book Day we will be joining together as a school to celebrate children's authors.

We are inviting the children to dress up as a book related character. There is no pressure for you buy a costume as we will give them the opportunity and resources to make masks in school.

There will be lots of books related activities going on throughout the day for the children to enjoy. We would love the children to bring a favourite book to school to share with their friends.

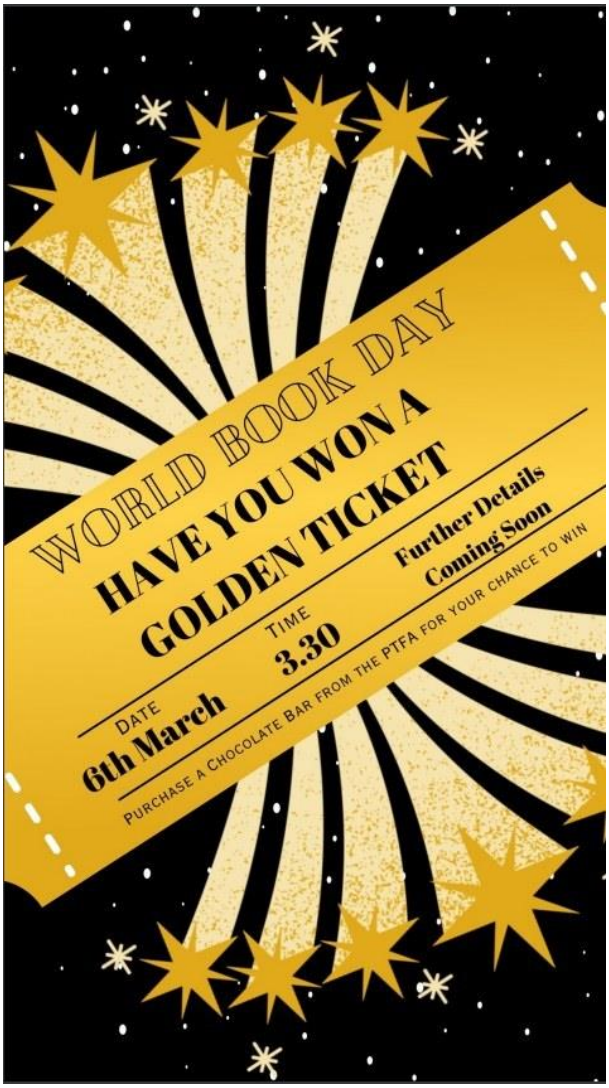
At 3pm we will be opening the doors and inviting parents, grandparents and carers to join us and 'tuck into a book'. This will give you a chance to read a story to your child and their friends or them to read it to you. You will also get the chance to pick up a book at the end of the day by coming to our book sale at the front of school.

This year World Book Day titles are better than ever. The children will receive a book token on the big day! Scan the QR code to find out more.

Thank you for your continued support.

Mr Hewlett and Mrs Appleyard

World Book Day PTFA Fundraising Event



Spelling at Arnold Mill (years 1-6)

We are excited to inform you about an important change to our approach to spelling from Year 1 to Year 6.

After carefully considering the best ways to support your child's learning, we have decided to adopt a new spelling scheme called No Nonsense Spelling*. This program is designed to improve spelling in a more engaging and effective way, focusing on understanding spelling rules and patterns, rather than simply memorising words for tests.*

As part of this change, we will no longer be conducting traditional spelling tests. Instead, assessments will take place within the lesson itself, offering a more holistic and practical approach to spelling. This means your child will have the opportunity to apply their knowledge in real-time, helping them retain spelling patterns and rules more effectively.

We believe this method will not only reduce the pressure of weekly tests but also encourage deeper learning and better retention. The No Nonsense Spelling *program is structured to build on skills progressively, and our teachers will be continuously assessing your child's progress through class activities, quizzes, and practical application.*

We are confident that this change will enhance the learning experience and lead to a greater understanding and enjoyment of spelling. If you have any questions or would like more information about the new scheme, please do not hesitate to get in touch with your child's teacher.

Thank you for your continued support in helping us provide the best possible learning environment for your child.

Many Thanks,

Mr Shaun Hewlett and Mrs Katie Appleyard

Year 2 Robin Hood Camp

Robin Hood
activity centre

We held a parents' meeting last week regarding Robin Hood camp which was well attended. The Powerpoint slides can be found here (link to presentation) *and is also available on your child's Teams account if you weren't able to make it to the parents' meeting.*

The cost of the trip to ***Robin Hood Activity Centre on Thursday 10th and Friday 11th July*** *is expected to be around £45.00. The final amount will depend on the number of children wanting to attend.*

If you want your child to attend, please pay a minimum of £10 by Friday 28th February to confirm a place. You can then pay any remaining balance in whatever increments you wish, as long as the final balance is paid by Friday 20th June. We will confirm the final amount after 28th February, once we know the actual numbers attending.

You will be sent a medical form nearer the time and when you return this to school you will receive an information booklet which includes a kit list.

It would be fantastic if every child could attend this trip but if you are concerned for any reason about your child attending, please do not hesitate to speak to a member of staff.

Yours sincerely,

The Key Stage 1 Team

Internet and Digital Safety

Community News

A message from Gedling Borough Council

Gedling Borough Council are in the process of developing a new Heritage Strategy and we would love to capture the views of local families as to where they like to visit and how the Council could improve access to local heritage. I would be grateful if you could circulate the link below to a short survey through your school app, newsletter or an email to parents and carers. We'd also welcome the views of teachers and school staff.

https://form.typeform.com/to/nAYJ5ImM

A message from Nottinghamshire Police

Subject: Stay Informed with Notts Alerts - Sign Up Today!

Dear Parents,

We hope this message finds you well. We are excited to introduce **Notts Alerts**, *a new communication tool designed to keep you informed and connected with important updates from the Nottinghamshire Police.*

Why Sign Up for Notts Alerts?

1. ***Timely Updates****: Receive real-time notifications about local emergencies, safety alerts, and important community news directly to your phone or email.*

2. ***Enhanced Safety****: Stay informed about incidents in your area, helping you and your family stay safe and prepared.*

3. ***Convenience****: Access all updates in one place, ensuring you never miss out on critical information.*

4. ***Unsubscribe****: You can unsubscribe at any time.*

Signing up is quick and easy. Simply sign up *here or go to the* Nottinghamshire Police website *and follow the instructions to register for Notts Alerts. By signing up you will always know what is going on and can get information on how to keep you and your family safe.*

Thank you for your continued support and cooperation.

Best regards,

Nottinghamshire Police

HIGHSTREET HEROES

Free February Half term Activities

Take part in Superhero Missions
Join our fun daily activities
BE A HERO!

17th – Crafting confidence 1pm–3pm
18th – Super sport squad 1pm–3pm
19th – Get your cape on 1pm–3pm
21st – Heroic Adventures 1pm–3pm
22nd – Superhero party 10am – 12pm

BUILD CONFIDENCE, FEEL SUPER!

Arnold Methodist Church NG5 7EL

Positively Empowered Kids

Gedling Borough Council

St Tim's SCHOOL ESSENTIALS

A community initiative connecting families with the things they need for school life.

WHAT WILL BE THERE?

SHOES, UNIFORMS, PE KITS, MATHS EQUIPMENT, TIES, BLAZERS, STATIONERY, TROUSERS & SKIRTS, BAGS, REVISION GUIDES, TRAINERS and lots, lots more...

Uniforms for many local Primary & Secondary School will be catered for.

WHERE AND WHEN?

ST TIMOTHY'S COMMUNITY CENTRE
Swinburne Way (off Byron Street) NG5 6BX

9.30-11.30am
Saturday 22 February 2025

No charge for entry,
tea & coffee will be served

HOW DOES IT WORK?

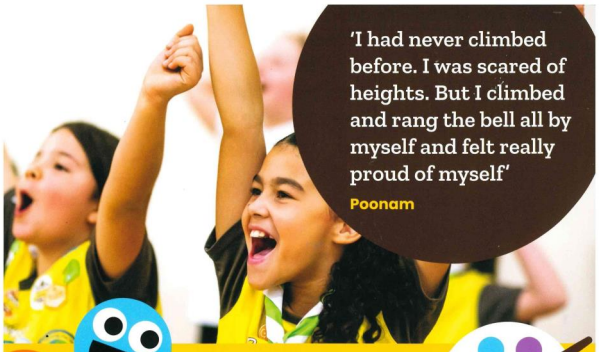
YOU MAY HAVE SCHOOL ESSENTIALS YOU CAN DONATE! If so, bring them along on the day, or contact Jackie on 07557 123 238.

ARE YOU LOOKING FOR SCHOOL ESSENTIALS? If so, come along and see if what you need is available. Items are free of charge but donations to help with the organisation of this and other initiatives will be gratefully received.

ST PAUL'S CHURCH DAYBROOK

School Essentials is a community initiative of St Paul's, Daybrook. For further information, or have items you would like to donate, please contact Jackie Fuller on 07557 123 238.

spd.church



'I had never climbed before. I was scared of heights. But I climbed and rang the bell all by myself and felt really proud of myself'

Poonam

Brownies

Girls have nonstop fun, learning and adventure

for ages 7 to 10

At Brownies, we welcome all girls to explore their creative side, get out into the great outdoors and start to learn to look after themselves, others and the world we live in.

THURSDAY EVENING
TERM TIME 6.15-7.30
IN ARNOLD
RING 07989411951

Girlguiding

Registered charity number:

Join a local Brownies group **girlguiding.org.uk/joinus**

Parked cars spell danger...

...for school children

They cannot see if traffic is coming and may run out between parked cars into the road.

...for drivers

They cannot see small children about to cross and may knock them down as they step out.

Are YOU a school gate parker?

...the school gate's not for parking
Please find a safer place

Published by RoSPA Enterprises Limited – a wholly owned subsidiary of The Royal Society for the Prevention of Accidents. Edgbaston Park, 353 Bristol Road, Birmingham B5 7ST.
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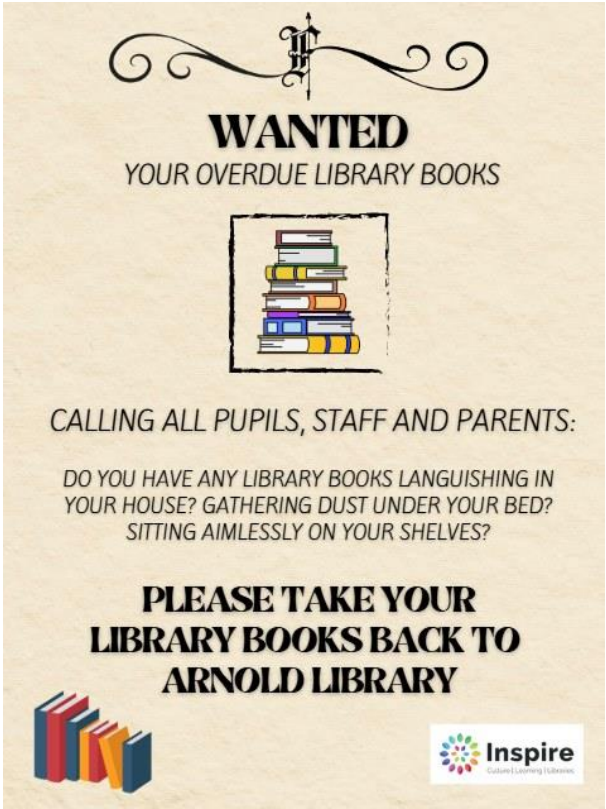
The Royal Society for the Prevention of Accidents

Previously Published Articles

Plea from Arnold Library



Should I keep my child off school?

There is currently a lot of illness around. Please see the guidance below for when a child should be kept off school. In order to keep levels of illness as low as possible, we would ask that you do follow this guidance.

Please note that if a child has any form of temperature, they should not be at school until it is under control naturally (not reliant on medication).

Year 4 Swimming Lessons

This term the Year 4 children will be going swimming at Carlton Forum Leisure Centre. We will travel there by bus, which is provided by the Local Authority.

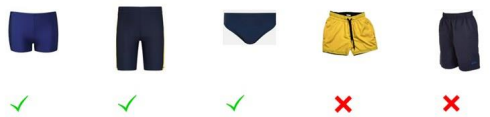
*The morning swimming sessions start on **Friday 7th March** and will be weekly through to **Friday 25th July**.*

*Your child **does** need to wear school uniform on swimming days. Swimming Lessons are in the morning. Your child should **wear their swimwear under their school uniform. Please ensure that they have a towel and their underwear in a separate (named) swimming bag.** The Local Education Authority issue rules regarding swimming costumes which are as follows:*

- *Girls – one piece swimming costume*
- *Boys – swimming trunks or close-fitting shorts without side pockets and **no longer than mid-thigh length (see attached sheet)***
- *Hair which is longer than jaw length should be tied back or in a cap.*
- ***All jewellery** must be removed. Earrings cannot be taped over or covered by a hat.*
- *Goggles can be worn. However, it is the responsibility of the parent/carer to adjust and fit the goggles correctly and to write a letter of consent to the class teacher.*

Please adhere to the regulations, as the instructors will not let your child swim if they break the rules.

Boys require "jammer" style tight fitting trucks or shorts with no pockets, and which are no longer than mid-thigh length. Baggy "board shorts" style of swimwear is NOT suitable for the swimming lessons: **Acceptable boy's swimwear is shown below:**



Girls require a one piece swim suit which is tight fitting and not revealing. Bikini/tankini style of swimwear is NOT suitable for the swimming lessons: **Acceptable girl's swimwear is shown below:**

PTFA Fundraising Update

We wanted to give you an update on the well-attended Christmas Fair that took place on Friday 29th November. We raised a fabulous ***£1,993.86*** *which will be money that will be used to benefit the children of Arnold Mill Primary School. We wanted to thank everyone for their contributions towards making the fair a success. This includes the School staff and PTFA members who volunteered time to run a stall at the fair, and all the PTFA and School volunteers who helped in the lead up and organisation. It also includes the whole school community for your generous donations with the bottle and chocolate non-uniform day, the rainbow-coloured class hampers, baking donations and attending the fair on the day.*

We have included some pictures of the amazing hampers that were raffled off as prizes with our rainbow-coloured class donations, as well as the pictures of our fabulous bake-off entries. Congratulations to the raffle prize winners and bake-off winners – we hope you enjoyed your prizes 😊

We always appreciate any help you can give, so if you want to get involved, email us on friendsofarnoldmill@arnoldmill.notts.sch.uk *or contact us on* Facebook*. Keep an eye out to see what else we're planning and we're looking forward to seeing everyone at the Summer Fair on Friday 27th June!*

Sent on behalf of Friends of Arnold Mill PTFA

Arnold Mill
Bake Off
Entries

The Uniform Project Nottingham

The Uniform Project Nottingham is a not-for-profit organisation helping Parents and Schools in and around Nottingham to reduce clothing waste by recycling school uniforms. Founded by a local Nottingham mum who is passionate about environmental sustainability and building a greener future for local children.

The Uniform Nottingham collects school uniform donations all year round. All uniform donations are quality checked, cleaned and repaired whenever possible to ensure all the uniform items gifted to local families are of high quality. Any donations that cannot be reused are recycled for rags to ensure nothing is wasted.

If you have any old school uniform (for any local school) that you would be willing to donate there is a pink collection box is located in our Main Reception (we also donate approximately twelve black bags of un-named, unclaimed lost property uniform per year).

The Uniform Project shop is open to the public all year round by appointment only. To book an appointment at the shop please message them via their Facebook page (link to Facebook page) or email uniformproject@hotmail.com

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Proposed introduction of free breakfast club from 8.30-9.00am every day

The Government are asking all schools to provide a free daily breakfast club 30 minutes before the start of the compulsory school day. With this in mind, we are wanting to gauge interest so that we can start planning for the provision. This would be for all children in reception-year 6 (not nursery).

Please note that this will be in addition to the current wraparound care we offer (Arnie's breakfast club (starting at 7.45am) and Millie's after school clubs until 4.30 or 6.00pm).

Link to survey

Recycle with Michael

Turn your unloved clothes and shoes into cash for Arnold Mill Primary School!

Recycle with Michael!

Facilitated by The Salvation Army's Clothing Collection service, this nationwide scheme aims to divert thousands of tonnes of unwanted items away from landfill, while educating our children about the importance of reusing and recycling.

So we're asking you to dig out those old clothes taking up space in your wardrobe, sort out the outgrown shoes.

It couldn't be easier to get involved. Simply:

1. *Fill bags with your unwanted clothes and shoes (no bric-a-brac please).*

2. *Return the bags containing your unwanted items and pop them in the black collection point located just inside the main gate (Cross Street).*

The Salvation Army will collect the bags and the money raised from the items will be shared with the school. ***The more bags we fill – the more cash we raise!*** *If you're having a clear out, remember Recycle with Michael, and donate to a great cause.*

We hope you'll help to support us and give your preloved clothes a new lease of life.

Christmas Jumpers and Pyjamas

Do you have any pre-loved Christmas jumpers and/or pyjamas you would be willing to donate to the school? If so that would be amazing (thank you), please drop them off at the school office.

Good luck with the sorting and thank you in advance

Ink Cartridge Recycling

There's no better way to start the New Year by clearing out clutter and helping the planet! Your used ink cartridge donations can keep waste out of landfills and raise funds for our school (the donation box is located in the Reception area). Help kickstart your 2025 sustainably! Let's make this a year of positive change.

KS1 Reading for Pleasure with Parents

It has been a great term and we have discovered so much about a range of different topics.

As our returning KS1 parents will know, we like to invite you to come into school and read with your child(ren). Reading is at the heart of everything we do in school and promoting a love of reading for pleasure is one of our highest priorities. After having taken on board

feedback from last year, we are letting you have these dates now so that as many of you as possible will hopefully be able to join us! You are always welcome to bring books from home to share in these sessions or read one we have in class.

In all cases, please arrive outside your child's classroom and we will open the doors as soon as we can for you to sign in and join in!

Friday 24th January 9.00am – 9.30pm

Tuesday 20th May 3.00pm - 3.30pm

Thursday 3rd July 3.00pm – 3.30pm

We hope you can join us at one or more of the sessions, but we do understand that you are all very busy so please don't worry if you can't as there are lots of staff members who will be able to read with your children.

If you have any questions, please see your child's class teacher.

Kind regards,

The KS1 Team

DAaRT - Year 5

LIFE SKILLS EDUCATION
Drug, Alcohol and Resilience Training

The Life Skills Primary Programme will be taking place in school during the next term. Year 5 will be involved in discussion, activities and will watch video clips during which they will meet the DAaRT Crew. These young people often get into risky situations, and the class will help them make informed decisions and keep safe and healthy.

During the programme, the children will have a workbook in school. The children will learn about responsibility, pressure, peer pressure, confident communication, bullying and cyberbullying, risks and consequences, stress, and recognising their support networks. We will also be discussing helpful and harmful drugs, including alcohol and Nicotine and the

effects that these have on the body. The programme includes a discussion on knife safety and will also explore the differences between various groups in society.

This programme has been running in the East Midlands and beyond for over 25 years, has more than 400,000 graduates and has been proven to make a difference in young people's lives. For more information, please visit www.lifeskills-education.co.uk where you will also find a link to the most recent research about the course.

Year 5 will have their DAaRT graduation assembly on Wednesday 2nd April at 3:00pm. The children will be able to invite two guests to come and watch the graduation, details of how to book will be sent out closer to the time.

Thanks for all your continued support.

Year 5 & 6 Team.

Volunteers needed - Garden

We are looking for adult volunteers who can spare some of their time to help maintain our garden/allotment. If you are willing to spare an hour or 2 please contact the school office.

Parking Safely and Considerately

We regularly receive phone calls about inconsiderate parking and/or cars parked with the engine running.

We would ask again that you please park safely and considerately on roads around school when dropping off and collecting children from school. We have had a number of complaints recently from local residents regarding parking, with some people even being aggressive when challenged. Please use the links below to see what the guidance is. Please also note that the school car park is for staff and visitors only and should not be used by parents.

Link to Nottinghamshire County Council Parking Enforcement advice

Link to Nottinghamshire Police - Parking Outside Schools Advice

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Helping your child with maths

Hello all,

After Parents Evening it has become apparent that there are a number of adults that would like to support their children further at home. For this reason we are exploring how we can best equip you with the resources and skills and would like to gather the thoughts of the school community. We would really appreciate if you could take a couple of minutes to complete this quick questionnaire (it will take no longer than 2 minutes).

Link to form

Thank you,

Mr Robinson and Miss Dibley - Team Maths

OPAL (Outdoor Play and Learning)

We would like to express a big thank you for your ongoing support with the introduction of OPAL (Outdoor Play and Learning) lunchtime at our school. We are delighted with the positive impact it is having so far and your support has been instrumental with this.

As we continue to expand OPAL, we are in need of more equipment to further enrich the play experience. Please see our new OPAL Bingo Card with examples of equipment that would support us going forward. As well as the below equipment we are always looking for scooters, helmets, material and skipping ropes.

The first class to complete their bingo card will receive an extra playtime. Please give any equipment to your child's class teacher or, if unsure, speak to the office.

Many Thanks,

Mr Hewlett, Mr Phillips-Alexander, Mrs Bullen, Mrs Tomlinson (The OPAL Play Team).

Car Park

Just a quick reminder that the school car park is for staff and visitors only. Parents should not use it for dropping off or collecting children. Please do not use it for breakfast club, after

school clubs or boosters. The only exception to this is after 5pm from Millie's After School Club.

Many thanks

A message from Carla Rose

CARLA ROSE COUNSELLING

Carlarosecounselling@gmail.com

I have worked as a Teaching Assistant at Arnold Mill for 12 years and in more recent years I have gained my level 4 Diploma in Counselling and have worked as School Counsellor alongside my TA role. I have now decided to make counselling my sole career, but I will still be working very closely with Arnold Mill.

I will be available to carry out 1-1 private counselling, should you feel your child may need support and encouragement for any concerns that you, or they, may have. This could be for bereavement/loss, stress and anxiety or trauma; or you may just feel that talking to an independent Counsellor, other than a family member or friend, would benefit your child.

The sessions will be carried out in the Den where I have a dedicated counselling room which is a comfortable, safe environment, so your child can express their thoughts and feelings confidentially through creativity and talking, with no judgement.

I am very passionate about how important therapy is for children at a young age as this helps to set them up for a positive response to therapy later in life.

At present I'm available on Wednesday afternoons. Please don't hesitate to contact me at carlarosecounselling@gmail.com should you require any advice, further information or details of the costs.

Kind Regards

Carla Rose - School counsellor

Useful information

Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication

- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

PE Timetable

Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Tuesday and Thursday (please ensure you have PE kit in school)*

2B: *Tuesday and Friday (please ensure you have PE kit in school)*

2C: *Monday and Tuesday (please ensure you have PE kit in school)*

2D: *Thursday and Friday (please ensure you have PE kit in school)*

2E: *Monday and Thursday (please ensure you have PE kit in school)*

2F: *Tuesday and Thursday (please ensure you have PE kit in school)*

WRAPAROUND CARE AT ARNOLD MILL

ARNIE'S BREAKFAST CLUB

DAILY FROM 7.45AM

- £3.25 per session - food included
- No need to book - just turn up (please ensure you keep your ParentPay account up to date*)
- Is included as part of our nursery 30 hour childcare provision.

MILLIE'S AFTER SCHOOL CLUB

DAILY FROM 3.30-6.00PM

- £12 per session - light tea provided
- Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes

(Please inform us if you wish to pay via any of these schemes)

0115 966 7930 during school hours

07*** ****** during school hours

office@arnoldmill.notts.sch.uk

GEDLING BOROUGH AIR NEEDS YOUR CARE

What are the health impacts

Air pollution from idling cars can lead to:

- **Increased chance of developing lung cancer**
- **Increased risk of heart disease**
- **Increase in asthma, coughs and bronchitis**

Children

Children are the most at risk because they:

- **Have smaller lungs and breathe more rapidly**
- **Spend more time outdoors**
- **Tend to be more active and breathe more deeply**

Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough.

Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- **Idling is more likely to happen in these locations**
- **They have sensitive age groups, such as children and older people.**

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

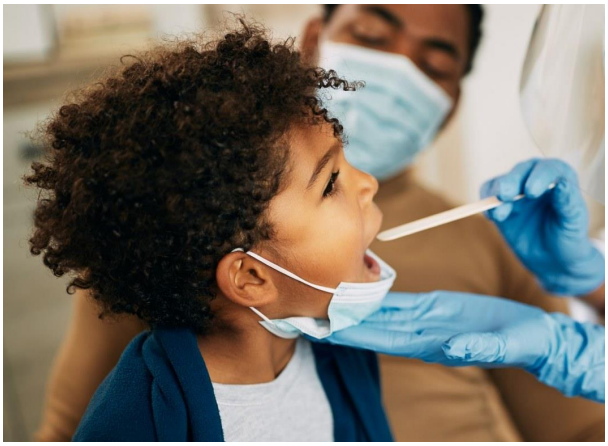
Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/

Gedling Borough Council

Greet your child with a smile and not a mobile!

*1 - **Click here for information about free school meals and milk***



2 - Click for important information about Strep A

Nottinghamshire School Holidays 2024-25
August 2024 to July 2025

Nottinghamshire County Council

2024/2025

August						
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School Holidays

Public Holidays

Administration Day

Autumn Term
2 September - 18 October 7 weeks
4 November - 20 December 7 weeks

Spring Term
6 January - 14 February 6 weeks
24 February - 4 April 6 weeks

Summer Term
22 April - 23 May 4 weeks 3 days
2 June - 29 July 8 weeks 2 days

Inset Days

Tuesday 3rd September 2024

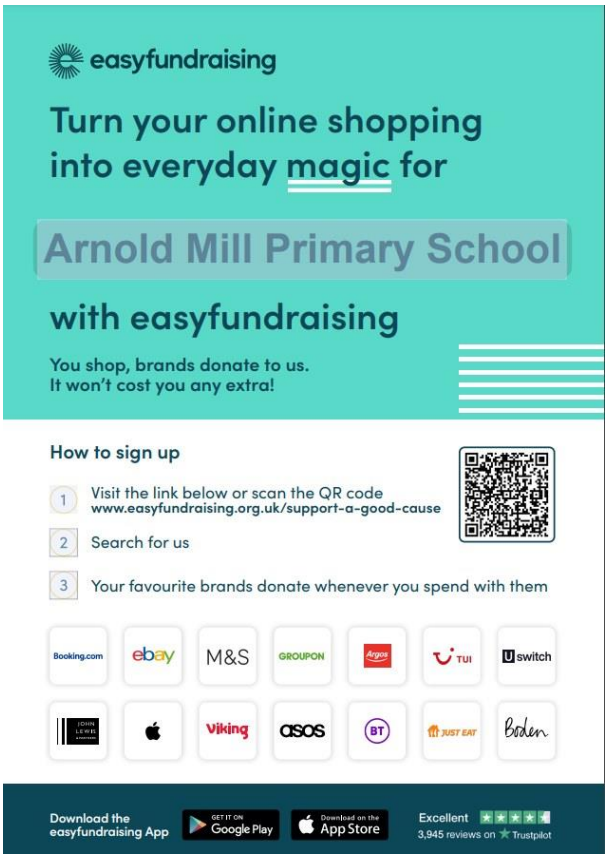
Friday 4th July 2025

Monday 28th July 2025

Tuesday 29th July 2025

3 - [Click here to see school policies]

4 - [Click link to visit ParentPay]



5 - [Click link to sign up to Easyfundraising]

6 - [Link to Cost of Living Factsheet]

READING FOR PLEASURE

The Open University

Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities..
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022

For more inspiration, visit
https://ourfp.org/
@OpenUni_RfP

7 - [Link to Tax Free Childcare website]

☎ ***0115 9667930*** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

https://www.arnoldmillprimary.co.uk

https://www.facebook.com/arnoldmillofficial