



**14th March 2025**



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*Dear Parents and Carers,*

*You may have seen the posters, Facebook posts and emails about 'My Child at School'. This is a new system we have signed up to use, which should be much more useful for parents. Everyone has been sent a login email and some people have already registered. If you*

*haven't received your login email (please check your junk box) or it has expired, please let the office know and we'll arrange to send another message. .*

*We did our lockdown practice today and the children were fabulous- so calm and sensible. It's not something we expect we'll ever need, but its good to be prepared. Thank you for helping us prepare the children by talking this through with them, it meant nobody was scared or upset about it.*

*A massive thank you to everyone who popped into the Book Bus- it was amazing to see such a positive buzz around books. The Book Bus gifted us over £150 worth of books as a thank you for visiting us. Hopefully we will have them again next year as the children loved it.*

*We are not going to dress up for Red Nose day on Friday as we have already dressed up a lot this term. However, if you would like to give a donation towards Red Nose Day we will make sure it gets to the right place.*

*The academic calendar for 2025-26 has now been approved with inset days allocated (please see below).*

*Have a lovely weekend!*

*Kind regards,*

**Jackie Oldfield, Head Teacher**

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Fri 28th - *Non-uniform Day - donations for the Easter Raffle* ([Link to poster](#))

Tues 25th - Weds 26th - *Year 4 Residential Lea Green Activity Centre* ([Information booklet](#))

## April

Tues 1st - *Talent Assembly with parents* (invitation only)

Weds 2nd - *Year 5 DAaRT Graduation Assembly with parents*

Weds 2nd - *Festival of Faiths Fair and Raffle* ([link to letter](#))

Thurs 3rd - *F2 Easter Craft Morning with Parents* ([Link to letter](#)).

Fri 4th - *PTFA Easter Raffle*

Fri 4th - *PTFA Easter Craft Day and/or Egg Hunt Fundraising Event* (provisional)

 **Mon 7th - Mon 21st April - Easter Holidays** 

## May

Thurs 1st - *1b Assembly with parents* (invitation only)

Mon 5th - *May Day Bank holiday* (school closed)

Thurs 8th - *2c Assembly with parents* (invitation only)

Thurs 8th - *F2a White Post Farm trip* ([link to letter](#))

Fri 16th May - *PTFA Ice Cream Friday* (provisional)

Tues 20th - *Parents reading with their KS1 child* ([Link to letter](#))

Thurs 22nd & Fri 23rd - *Sponsored Sports Event with parents*

**Mon 26th - Fri 30th May - Half Term Holidays**

**June**

Weds 11th - *Class Photos*

Thurs 12th - *2b Assembly with parents* (invitation only)

Fri 13th - *PTFA Ice Cream Friday* (provisional)

Tues 17th - *Guitar Assembly with parents* (invitation only)

Fri 20th - *Non-uniform Day - donations for the Summer Fair*

Fri 27th - *Summer Fair*

**July**

Tues 1st - *Year 1 Wollaton Hall Farm trip* (provisional)

Weds 2nd - *Transition Day*

Thurs 3rd - *Art Assembly with parents* (invitation only)

Thurs 3rd - *Parents reading with their KS1 child* [\(Link to letter\)](#)

Fri 4th - *Inset Day* (School closed)

Mon 7th - *PTFA World Chocolate Day fundraising event* (provisional)

Weds 9th - *Talent Assembly with parents* (invitation only) (provisional)

Thurs 10th-Fri 11th - *Year 2 Robin Hood Camp* [\(Link to letter\)](#) [\(Link to presentation\)](#)

Weds 16th - *F1 Learning Journey Assembly with parents* (invitation only) (provisional)

Thurs 17th - *F2 Learning Journey Assembly with parents* (invitation only) (provisional)

Fri 18th - *PTFA Ice Cream Friday* (provisional)

Weds 23rd - *PTFA FS2 & KS1 Disco* (Provisional - details to follow)

Thurs 24th - *Sporting Achievement Assembly with parents* (invitation only) (provisional)

Thurs 24th - *PTFA KS2 Disco* (Provisional - details to follow)

Fri 25th - *Year 6 Leavers Assembly with parents* (invitation only)

Fri 25th - *Last day of term for children*

Mon 28th & Tues 29th - *Inset Days* (School closed)

## September

Mon 1st - *School admin day* (school closed to children)

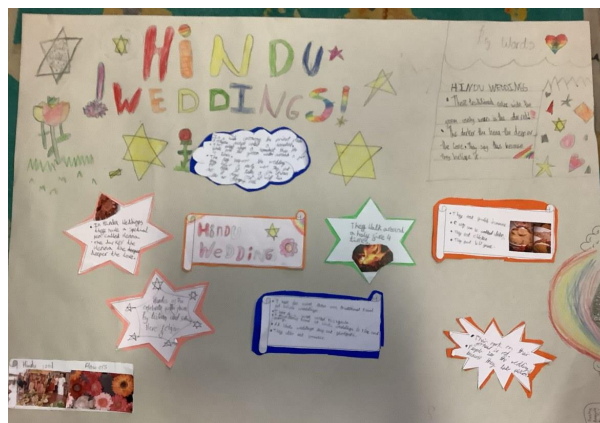
Tues 2nd - *Inset day* (school closed to children)

Weds 3rd - *First day of Autumn term for years 1-6* (F1 & F2 will receive separate information)

Mon 15th-Fri 19th - *Year 5/6 Kingswood residential* ([see letter](#))

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## Children's Work

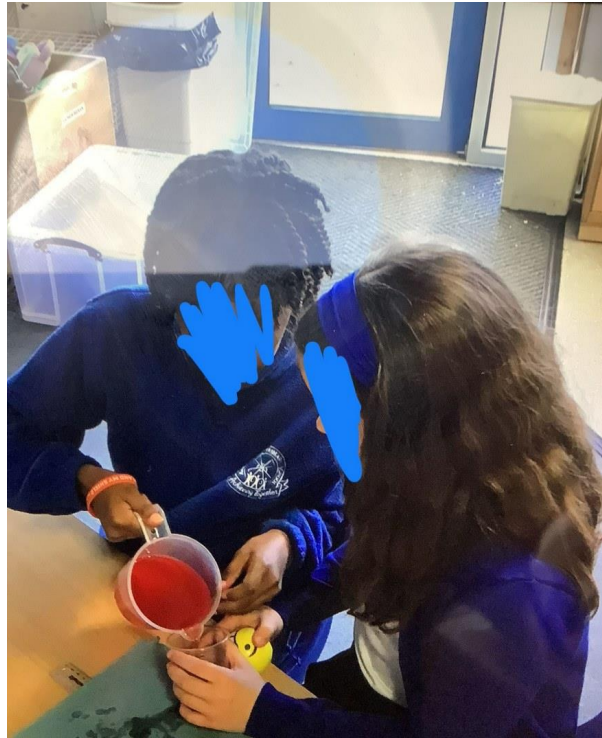













Monday 12th March 2025

What?	To write a narrative.	Why?	To re-tell Escape from Pompeii.
Pupil	How do I know I have been successful?		Adult
	<ul style="list-style-type: none"> <li>-To use your previous learning.</li> <li>-To use fronted adverbials.</li> <li>-To use expanded noun phrases.</li> <li>-To use ambitious vocabulary.</li> <li>-To write in first person.</li> <li>-To use paragraphs.</li> </ul>		I G P



It was a very day in Pompeii.  
I was looking out the window.

I was putting the cans  
in the ship. The lightning was  
scary.

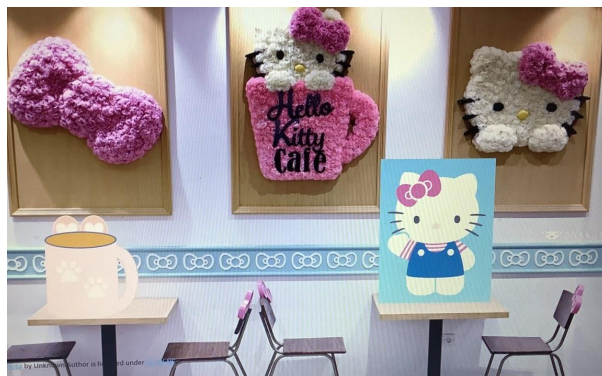
Me and Livia hid  
in the box the donkey was scratching  
it's back.

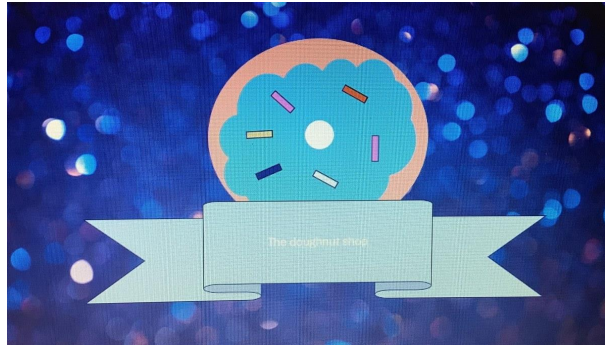
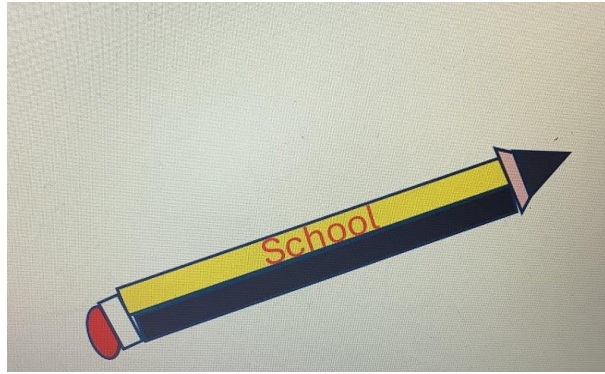
I looked up at the sky.  
The lava was shaking.  
I was scared.  
I am scared.  
Run to the boat.  
We got the boat.  
Livia said I can't breathe.

LEAD TEACHER'S

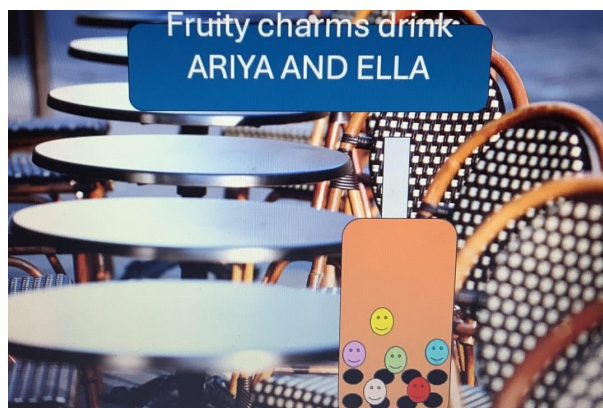


Nobody in Preston could remember when the Watertower was built or who built it. It reigned <sup>reigned</sup> over the town of Preston while standing on the scorching grass of shooters hill. The derelict, mysterious Watertower lay there. No sign of life. Everything had been destroyed, the fences lay there with no future and then the Watertower<sub>2</sub> with metal was towering over the town, no one went near it. One morning two boys who took the name ~~one morning~~ of Bubba and Spike decided to visit the Watertower to see if after all these years people were lying about it being dangerous and radioactive.









## School Dinners: w/c 17th March 2025

**WEEK 2**  
WEEK COMMENCING  
11 Nov, 2 Dec, 23 Dec, 13 Jan,  
3 Feb, 24 Feb, 17 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

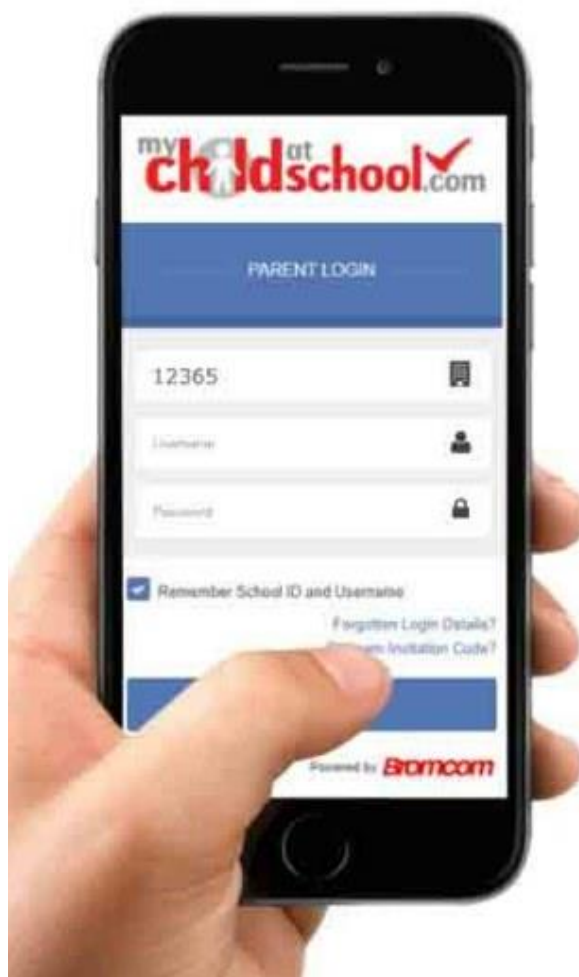
**MY SCHOOL MENU**  
AUTUMN/WINTER 2024-25

**TASTE of NATURE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Jacket potato, cheese sauce, baked beans, tuna mayonnaise fish egg & mixed salad	Spaghetti Bolognese <i>Gluten free</i> Beef, Fish, Garlic Bread, <i>Gluten free</i> Vegetable Sticks	Chinese chicken & vegetables <i>Gluten free</i> Soy, <i>Gluten free</i> mixed rice	Nottinghamshire sausage <i>Gluten free</i> Soy, <i>Gluten free</i> OR Plant-based sausage <i>Gluten free</i> Soy, <i>Gluten free</i> mashed potatoes, carrots, cabbage & gravy	MSC cod dog, hot date beans with tomato ketchup, oven chips, baked beans, or minted garden peas
<b>OPTION 2</b>		<b>BYO Sandwich</b> ( <i>Gluten free</i> ) Fillings: cheese sauce, ham or tuna mayonnaise fish egg, vegetable sticks, crisps, fruit or fruit yogurt sauce or pudding of the day		<b>BYO Sandwich</b> ( <i>Gluten free</i> ) Fillings: cheese sauce, ham or tuna mayonnaise fish egg, vegetable sticks, crisps, fruit or fruit yogurt sauce or pudding of the day	Jacket potato, cheese sauce, baked beans, tuna mayonnaise fish egg & mixed salad
<b>PUDDING</b>	Chocolate sponge <i>Gluten free</i> egg & custard sauce	Vanilla cookie sauce	Cornflake tart <i>Gluten free</i> Soy, <i>Gluten free</i> & custard sauce	Lemon drizzle muffin <i>Gluten free</i> Soy, <i>Gluten free</i> & custard sauce	Chocolate crispy <i>Gluten free</i>

Nottinghamshire County Council

## My Child at School (MCAS)



*Invitations were sent out to all parents a little while ago, but a lot of these may have gone into junk folders and will now have expired. If you haven't yet managed to register, please*

*email the office ([office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)) to request a new registration email. We will confirm when this has been sent to you so that you can keep an eye out for it.*

*Please note that we will no longer be updating SIMS Parent.*

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## My Child at School

Please email  
[office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)  
to request a registration email for our new  
parent app, 'My Child at School (MCAS)' if  
you haven't already registered  
(Please check your junk folder for the registration email)  
SIMS Parent is no longer being used by us.



**Festival of Faiths Mini Fair: *Wednesday 2nd April 2025 (3.15 – 4.30pm) - free entry, all welcome!***



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*Foundation 2 Fundraising event, all proceeds are in aid of a school trip and/or outdoor resources for F2. Raffle Tickets (yellow) and blue tokens can be purchased via ParentPay. Join us for:*

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- *Food from around the world (2+ tokens depending on your purchase choice)*
- *Henna tattoos (2 tokens)*



- Face painting (3 tokens)
  - Cakes, soft drinks and treats (no nuts please) (2+ tokens depending on your purchase choice)
  - Toys (2+ tokens depending on your purchase choice)
  - Plants (2 tokens)
  - Games (2 tokens)
  - Raffle (£1 per ticket – small prize/gift every time)
  - and more....
- 

*As at previous fairs this one will be cashless - **blue tokens** are available to pre-purchase via ParentPay and will also be on sale at the Fair on the day (purchase by debit or credit card). Tokens are 50p each.*

*We have some lovely prizes up for grabs (donations of additional Raffle prizes or items for the Festival would also be greatly appreciated). **Raffle tickets** are £1 and can be purchased via ParentPay.*

*Pre-purchase blue tokens and yellow raffle tickets will be available for collection at the school office from noon on Tuesday 25th March. The “draw” will take place at the end of the Festival of Faiths Fair. Winning numbers will be published on the school Facebook Page and in the school weekly newsletter.*

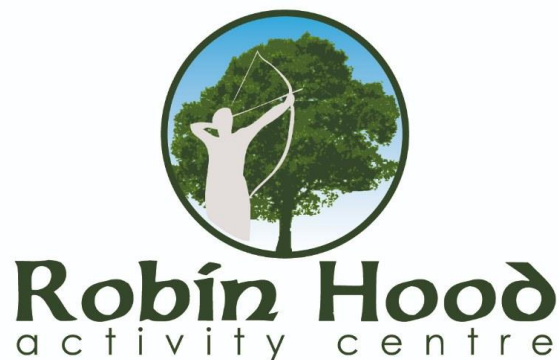
*If you are able to help with/at the Festival please contact Mrs Hussain via the school office.*

*Thank you for supporting this event.*

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## Year 2 Robin Hood Camp



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*We held a parents' meeting last week regarding Robin Hood camp which was well attended. The Powerpoint slides can be found here [\(link to presentation\)](#) and is also available on your child's Teams account if you weren't able to make it to the parents' meeting.*

*The cost of the trip to **Robin Hood Activity Centre on Thursday 10th and Friday 11th July** is expected to be around £45.00. The final amount will depend on the number of children wanting to attend.*

*If you want your child to attend, please pay a minimum of £10 by Friday 28th February to confirm a place. You can then pay any remaining balance in whatever increments you wish, as long as the final balance is paid by Friday 20th June. We will confirm the final amount after 28th February, once we know the actual numbers attending.*

*You will be sent a medical form nearer the time and when you return this to school you will receive an information booklet which includes a kit list.*

*It would be fantastic if every child could attend this trip but if you are concerned for any reason about your child attending, please do not hesitate to speak to a member of staff.*

*Yours sincerely,*

*The Key Stage 1 Team*

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## **Internet and Digital Safety**



At The National College, our WakeUpWednesday guides engage and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Please contact your local WakeUpWednesday team for further advice and support.

## What Parents & Educators Need to Know about CLICKBAIT

Clickbait is a controversial online marketing strategy which uses sensationalist (and frequently misleading) headlines to encourage engagement with an article, image or video – often playing on users' emotions and curiosity, while much of the actual content is of questionable accuracy. Clickbait is also sometimes used to disguise scams, phishing sites and malware.

### WHAT ARE THE RISKS?

#### HARMFUL MISINFORMATION

Clickbait tends to play fast and loose with the truth, aiming to get as much attention as possible. This is particularly dangerous for parents and educators who are constantly being bombarded with information. It is important to be able to spot the difference between what is true and what is not, and to be able to verify the accuracy of the information.

#### INAPPROPRIATE CONTENT

Due to the misleading nature of many examples of clickbait, what may seem to be innocent and child-friendly content actually contains high inappropriate content, such as sexualised images or videos, drug use, and other harmful content. This is particularly dangerous for parents and educators who are constantly being bombarded with information.

#### HIDDEN MALWARE

While most clickbait is simply trying to attract attention, some clickbait is designed to trick users into clicking on links that contain hidden malware. This can be particularly dangerous for parents and educators who are constantly being bombarded with information.

#### PRIVACY PROBLEMS

Some clickbait links lead to sites which could pose a risk to children's privacy. These sites often collect personal information from users, and this information can be used for a variety of purposes, including targeted advertising.

#### A DRAINING DISTRACTION

Clickbait encourages spending a great deal of time on sites which are often of low quality. This can be a distraction from more important tasks, such as schoolwork or family time.

#### IMPACT ON BEHAVIOUR

Depending on the type of clickbait a child is exposed to, it can have a negative impact on their behaviour. This can be particularly dangerous for parents and educators who are constantly being bombarded with information.

### Advice for Parents & Educators

#### START A CONVERSATION

The sheer volume of clickbait can make it difficult for children to distinguish between what is true and what is not. It is important to start a conversation with children about online safety and to help them to develop critical thinking skills.

#### PROMOTE CRITICAL THINKING

Encouraging children to question the legitimacy of sensational headlines and to look for evidence to support their claims is a key skill in the digital age. This can be particularly dangerous for parents and educators who are constantly being bombarded with information.

#### SPOT THE TELLTALE SIGNS

There are certain warning signs in clickbait, including headlines and images that are too good to be true, and links that are too long or suspicious. It is important to be able to spot these signs and to avoid clicking on suspicious links.

#### TAKE CONTROL

Many parents report to police that their children have spent entire evenings on sites which contain inappropriate content. It is important to take control of children's online activity and to ensure that they are not being misled by clickbait headlines.

#### Meet Our Expert

Carly Pegg is an experienced technology writer with more than 10 years in the industry. She is the author of the book 'The Digital Parent's Guide' and has written for a variety of publications, including The National College.

**WakeUpWednesday**

**The National College**

Follow us on social media: @wake\_up\_weds, /www.thenationalcollege, @wake.up.wednesday, @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 27.02.2024

## Community News

# Looking for information?

Our virtual Family Hub, Notts Help Yourself, is available any time, day or night.

**Nottinghamshire Family Hub Network**

- Help with childcare
- Best Start for life offer
- Mental health support
- Start Talking Together
- Relationships Really Matter
- The Local Offer for Care Leavers
- Work and volunteering
- The SEND Local Offer
- Healthy lifestyles

**Families Information Service**

For advice and things to do with your children

T: 0300 500 80 80  
 E: [nottsfis@nottscg.gov.uk](mailto:nottsfis@nottscg.gov.uk)  
 F: @nottsfis  
[www.nottshelpyourself.org.uk/families](http://www.nottshelpyourself.org.uk/families)

**Nottinghamshire County Council**



## Previously Published Articles

### Parental Code of Conduct



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*Please use the link below to read the Parental Code of Conduct Policy which we would ask all parents to read and abide by, as I feel it is really important that us adults set a good example to our children. Please remember when you are picking up and dropping off we do expect you to show respect to others, including staff, other parents, children and people in our local community.*

*We have had more reports of people parking over dropped kerbs, over driveways and being inconsiderate and aggressive towards our neighbours. Please plan your school pick-up and drop-offs carefully so that you are not late, leading to inconsiderate parking. If possible, please walk to school.*

[Link to policy](#)

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## Spelling at Arnold Mill (years 1-6)



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*We are excited to inform you about an important change to our approach to spelling from Year 1 to Year 6.*

*After carefully considering the best ways to support your child's learning, we have decided to adopt a new spelling scheme called No Nonsense Spelling. This program is designed to improve spelling in a more engaging and effective way, focusing on understanding spelling rules and patterns, rather than simply memorising words for tests.*

*As part of this change, we will no longer be conducting traditional spelling tests. Instead, assessments will take place within the lesson itself, offering a more holistic and practical approach to spelling. This means your child will have the opportunity to apply their knowledge in real-time, helping them retain spelling patterns and rules more effectively.*

*We believe this method will not only reduce the pressure of weekly tests but also encourage deeper learning and better retention. The No Nonsense Spelling program is structured to build on skills progressively, and our teachers will be continuously assessing your child's progress through class activities, quizzes, and practical application.*

*We are confident that this change will enhance the learning experience and lead to a greater understanding and enjoyment of spelling. If you have any questions or would like more information about the new scheme, please do not hesitate to get in touch with your child's teacher.*

*Thank you for your continued support in helping us provide the best possible learning environment for your child.*

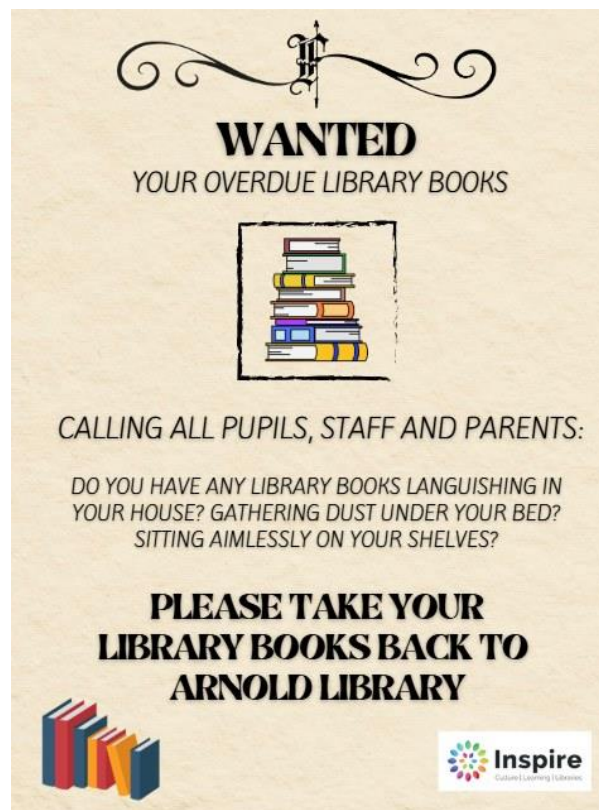
*Many Thanks,*

*Mr Shaun Hewlett and Mrs Katie Appleyard*

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## Plea from Arnold Library



## Should I keep my child off school?

*There is currently a lot of illness around. Please see the guidance below for when a child should be kept off school. In order to keep levels of illness as low as possible, we would ask that you do follow this guidance.*

*Please note that if a child has any form of temperature, they should not be at school until it is under control naturally (not reliant on medication).*

### Do I need to keep my child off school?

HSC Public Health Agency

<b>Chicken Pox</b> Until all spots have crusted over	<b>Conjunctivitis</b> No need to stay off but school or nursery should be informed	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> No need to stay off but school or nursery should be informed	<b>Hand, foot &amp; mouth</b> No need to stay off but school or nursery should be informed	<b>Impetigo</b> Until lesions are crusted & healed or 48 hours after commencing antibiotics
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> Until after first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slipped Cheek</b> No need to stay off but school or nursery should be informed	<b>Whooping Cough</b> 48 hours after commencing antibiotics
<b>Flu</b> Until recovered	<b>Head Lice</b> No need to stay off but school or nursery should be informed	<b>Threadworms</b> No need to stay off but school or nursery should be informed	<b>Tonsillitis</b> No need to stay off but school or nursery should be informed		

## PTFA Fundraising Update



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*We wanted to give you an update on the well-attended Christmas Fair that took place on Friday 29th November. We raised a fabulous **£1,993.86** which will be money that will be used to benefit the children of Arnold Mill Primary School. We wanted to thank everyone for their contributions towards making the fair a success. This includes the School staff and PTFA members who volunteered time to run a stall at the fair, and all the PTFA and School volunteers who helped in the lead up and organisation. It also includes the whole school community for your generous donations with the bottle and chocolate non-uniform day, the rainbow-coloured class hampers, baking donations and attending the fair on the day.*

*We have included some pictures of the amazing hampers that were raffled off as prizes with our rainbow-coloured class donations, as well as the pictures of our fabulous bake-off entries. Congratulations to the raffle prize winners and bake-off winners – we hope you enjoyed your prizes 😊*

*We always appreciate any help you can give, so if you want to get involved, email us on [friendsofarnoldmill@arnoldmill.notts.sch.uk](mailto:friendsofarnoldmill@arnoldmill.notts.sch.uk) or contact us on [Facebook](#). Keep an eye out to see what else we're planning and we're looking forward to seeing everyone at the Summer Fair on Friday 27th June!*

*Sent on behalf of Friends of Arnold Mill PTFA*

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## The Uniform Project Nottingham



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*The Uniform Project Nottingham is a not-for-profit organisation helping Parents and Schools in and around Nottingham to reduce clothing waste by recycling school uniforms. Founded by a local Nottingham mum who is passionate about environmental sustainability and building a greener future for local children.*

*The Uniform Nottingham collects school uniform donations all year round. All uniform donations are quality checked, cleaned and repaired whenever possible to ensure all the uniform items gifted to local families are of high quality. Any donations that cannot be reused are recycled for rags to ensure nothing is wasted.*

*If you have any old school uniform (for any local school) that you would be willing to donate there is a pink collection box located in our Main Reception (we also donate approximately twelve black bags of un-named, unclaimed lost property uniform per year).*

*The Uniform Project shop is open to the public all year round by appointment only. To book an appointment at the shop please message them via their Facebook page ([link to Facebook page](#)) or email [uniformproject@hotmail.com](mailto:uniformproject@hotmail.com)*

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## Recycle with Michael



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**Turn your unloved clothes and shoes into cash for Arnold Mill Primary School!**

### ***Recycle with Michael!***

*Facilitated by The Salvation Army's Clothing Collection service, this nationwide scheme aims to divert thousands of tonnes of unwanted items away from landfill, while educating our children about the importance of reusing and recycling.*

*So we're asking you to dig out those old clothes taking up space in your wardrobe, sort out the outgrown shoes.*

*It couldn't be easier to get involved. Simply:*

- 1. Fill bags with your unwanted clothes and shoes (no bric-a-brac please).*

2. Return the bags containing your unwanted items and pop them in the black collection point located just inside the main gate (Cross Street).

The Salvation Army will collect the bags and the money raised from the items will be shared with the school. **The more bags we fill – the more cash we raise!** If you're having a clear out, remember Recycle with Michael, and donate to a great cause.

We hope you'll help to support us and give your preloved clothes a new lease of life.

### **Christmas Jumpers and Pyjamas**

Do you have any pre-loved Christmas jumpers and/or pyjamas you would be willing to donate to the school? If so that would be amazing (thank you), please drop them off at the school office.

Good luck with the sorting and thank you in advance

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### **Ink Cartridge Recycling**



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There's no better way to start the New Year by clearing out clutter and helping the planet! Your used ink cartridge donations can keep waste out of landfills and raise funds for our school (the donation box is located in the Reception area). Help kickstart your 2025 sustainably! Let's make this a year of positive change.

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## KS1 Reading for Pleasure with Parents



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*It has been a great term and we have discovered so much about a range of different topics.*

*As our returning KS1 parents will know, we like to invite you to come into school and read with your child(ren). Reading is at the heart of everything we do in school and promoting a love of reading for pleasure is one of our highest priorities. After having taken on board feedback from last year, we are letting you have these dates now so that as many of you as possible will hopefully be able to join us! You are always welcome to bring books from home to share in these sessions or read one we have in class.*

*In all cases, please arrive outside your child's classroom and we will open the doors as soon as we can for you to sign in and join in!*

*Friday 24th January 9.00am – 9.30pm*

*Tuesday 20th May 3.00pm - 3.30pm*

*Thursday 3rd July 3.00pm – 3.30pm*

*We hope you can join us at one or more of the sessions, but we do understand that you are all very busy so please don't worry if you can't as there are lots of staff members who will be able to read with your children.*

*If you have any questions, please see your child's class teacher.*

*Kind regards,*

## DAaRT - Year 5



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*The Life Skills Primary Programme will be taking place in school during the next term. Year 5 will be involved in discussion, activities and will watch video clips during which they will meet the DAaRT Crew. These young people often get into risky situations, and the class will help them make informed decisions and keep safe and healthy.*

*During the programme, the children will have a workbook in school. The children will learn about responsibility, pressure, peer pressure, confident communication, bullying and cyberbullying, risks and consequences, stress, and recognising their support networks. We will also be discussing helpful and harmful drugs, including alcohol and Nicotine and the effects that these have on the body. The programme includes a discussion on knife safety and will also explore the differences between various groups in society.*

*This programme has been running in the East Midlands and beyond for over 25 years, has more than 400,000 graduates and has been proven to make a difference in young people's lives. For more information, please visit [www.lifeskills-education.co.uk](http://www.lifeskills-education.co.uk) where you will also find a link to the most recent research about the course.*

*Year 5 will have their DAaRT graduation assembly on Wednesday 2nd April at 3:00pm. The children will be able to invite two guests to come and watch the graduation, details of how to book will be sent out closer to the time.*

*Thanks for all your continued support.*

*Year 5 & 6 Team.*

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## Volunteers needed - Garden



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*We are looking for adult volunteers who can spare some of their time to help maintain our garden/allotment. If you are willing to spare an hour or 2 please contact the school office.*

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## Parking Safely and Considerately

**If dropping off or collecting your child by car, please drive and park safely:**

- **Be considerate of our neighbours and leave their driveways clear**
- **Do not park or stop where parking is prohibited during school drop off or pick up - yellow zigzags, double yellow lines & some single yellow lines**
- **Follow the highway code**

**Thank you for your support**  
**#roadsafety #community #drivesafely**



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*We regularly receive phone calls about inconsiderate parking and/or cars parked with the engine running.*

*We would ask again that you please park safely and considerately on roads around school when dropping off and collecting children from school. We have had a number of complaints recently from local residents regarding parking, with some people even being aggressive when challenged. Please use the links below to see what the guidance is. Please also note that the school car park is for staff and visitors only and should not be used by parents.*

[Link to Nottinghamshire County Council Parking Enforcement advice](#)

[Link to Nottinghamshire Police - Parking Outside Schools Advice](#)

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## Helping your child with maths



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*Hello all,*

*After Parents Evening it has become apparent that there are a number of adults that would like to support their children further at home. For this reason we are exploring how we can best equip you with the resources and skills and would like to gather the thoughts of the school community. We would really appreciate if you could take a couple of minutes to complete this quick questionnaire (it will take no longer than 2 minutes).*

[Link to form](#)

*Thank you,*

*Mr Robinson and Miss Dibley - Team Maths*

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## **OPAL (Outdoor Play and Learning)**



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*We would like to express a big thank you for your ongoing support with the introduction of OPAL (Outdoor Play and Learning) lunchtime at our school. We are delighted with the positive impact it is having so far and your support has been instrumental with this.*

*As we continue to expand OPAL, we are in need of more equipment to further enrich the play experience. Please see our new OPAL Bingo Card with examples of equipment that would support us going forward. As well as the below equipment we are always looking for scooters, helmets, material and skipping ropes.*

*The first class to complete their bingo card will receive an extra playtime. Please give any equipment to your child's class teacher or, if unsure, speak to the office.*

*Many Thanks,*

*Mr Hewlett, Mr Phillips-Alexander, Mrs Bullen, Mrs Tomlinson (The OPAL Play Team).*

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## Car Park




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*Just a quick reminder that the school car park is for staff and visitors only. Parents should not use it for dropping off or collecting children. Please do not use it for breakfast club, after school clubs or boosters. The only exception to this is after 5pm from Millie's After School Club.*

*Many thanks*

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A message from Carla Rose

## CARLA ROSE COUNSELLING



[Carlarosecounselling@gmail.com](mailto:Carlarosecounselling@gmail.com)

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*I have worked as a Teaching Assistant at Arnold Mill for 12 years and in more recent years I have gained my level 4 Diploma in Counselling and have worked as School Counsellor alongside my TA role. I have now decided to make counselling my sole career, but I will still be working very closely with Arnold Mill.*

*I will be available to carry out 1-1 private counselling, should you feel your child may need support and encouragement for any concerns that you, or they, may have. This could be for bereavement/loss, stress and anxiety or trauma; or you may just feel that talking to an independent Counsellor, other than a family member or friend, would benefit your child.*

*The sessions will be carried out in the Den where I have a dedicated counselling room which is a comfortable, safe environment, so your child can express their thoughts and feelings confidentially through creativity and talking, with no judgement.*

*I am very passionate about how important therapy is for children at a young age as this helps to set them up for a positive response to therapy later in life.*

*At present I'm available on Wednesday afternoons. Please don't hesitate to contact me at [carlarosecounselling@gmail.com](mailto:carlarosecounselling@gmail.com) should you require any advice, further information or details of the costs.*

*Kind Regards*

*Carla Rose - School counsellor*

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## Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

## PE Timetable

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### Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Tuesday and Thursday (please ensure you have PE kit in school)*

2B: *Tuesday and Friday (please ensure you have PE kit in school)*

2C: *Monday and Tuesday (please ensure you have PE kit in school)*

2D: *Thursday and Friday (please ensure you have PE kit in school)*

2E: *Monday and Thursday (please ensure you have PE kit in school)*

2F: *Tuesday and Thursday (please ensure you have PE kit in school)*

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## WRAPAROUND CARE AT ARNOLD MILL



**ARNIE'S BREAKFAST CLUB**  
DAILY FROM 7.45AM

**£3.25 per session - food included**

No need to book - just turn up (please ensure you keep your ParentPay account up to date\*)

Is included as part of our nursery 30 hour childcare provision.



**MILLIE'S AFTER SCHOOL CLUB**

DAILY FROM 3.30-6.00PM

**£12 per session - light tea provided**

Must be booked and paid for in advance via ParentPay\*. Cut off time for booking 12noon on the day.

\*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

☎ 0115 966 7930 during school hours

☎ 07\*\*\* during school hours

✉ office@arnoldmill.notts.sch.uk



## GEDLING BOROUGH AIR NEEDS YOUR CARE



### What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

### Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

### How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

### Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

### It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough. Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys



You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:  
[www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/](http://www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/)





**Greet your child  
with a smile  
and  
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

2024/2025																	
August						September						October					
M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S
			1	2	3						1		1	2	3	4	5
5	6	7	8	9	10	2	3	4	5	6	7	7	8	9	10	11	12
12	13	14	15	16	17	9	10	11	12	13	14	14	15	16	17	18	19
19	20	21	22	23	24	16	17	18	19	20	21	21	22	23	24	25	26
26	27	28	29	30	31	23	24	25	26	27	28	28	29	30	31		
						30											
November						December						January					
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February						March						April					
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26	27	28	29	30	31	23	24	25	26	27	28	28	29	30	31		
						30											

School Holidays

Public Holidays

Administration Day

**Autumn Term**  
2 September - 18 October 7 weeks  
4 November - 20 December 7 weeks

**Spring Term**  
6 January - 14 February 6 weeks  
24 February - 4 April 6 weeks



**Summer Term**  
22 April - 23 May 4 weeks 3 days  
2 June - 29 July 8 weeks 2 days

**Inset Days**  
Tuesday 3<sup>rd</sup> September 2024  
Friday 4<sup>th</sup> July 2025  
Monday 28<sup>th</sup> July 2025  
Tuesday 29<sup>th</sup> July 2025



3 - [Click here to see school policies](#)



[www.parentpay.com](http://www.parentpay.com)

**Pay online....**  
for peace of mind

Trips, School Meals,  
Breakfast Club, Tuck

**A convenient way to pay**


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email


Step 2 - Login at [www.parentpay.com](http://www.parentpay.com)

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



## Turn your online shopping into everyday magic for


# Arnold Mill Primary School

## with easyfundraising

You shop, brands donate to us.  
It won't cost you any extra!

**How to sign up**

- 1 Visit the link below or scan the QR code  
[www.easyfundraising.org.uk/support-a-good-cause](http://www.easyfundraising.org.uk/support-a-good-cause)
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



Booking.com

eBay

M&S

GROUPON

Argos

TUI

Uswitch

ASDA

Apple

Viking



ASOS



BT

JUST EAT

Boden

Download the easyfundraising App

Excellent  3,945 reviews on 

5 - [Click link to sign up to Easyfundraising](#)



6 - [Link to Cost of Living Factsheet](#)



## Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>

[@OpenUni\\_RfP](#)



# Childcare Choices

We've signed up for  
Tax-Free  
Childcare:  
Have you?



  
HM Government

Find out more at  
[childcarechoices.gov.uk](http://childcarechoices.gov.uk)

7 - [Link to Tax Free Childcare website](#)



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 [office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>

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