



**16th May 2025**



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*Dear Parents and Carers,*

*I have to give a massive shout out to our fantastic year 6 pupils. They have been amazing this SATs week. Coming in to school early, trying their very best and supporting each other along the way. They have been a real credit to us all.*

*At the end of this half term, Mrs Rathore will be leaving us to take up a new role in the private sector. She has been a wonderful member of our team for 7 years, working hard, going above and beyond for our children everyday. We are very sad to see her go, and wish her lots of luck in her new career.*

*Next week we have our big sponsored well-being event. I hope you are all every excited to join your children as they complete their sporting challenges. We have lots of fun things planned on the Thursday (Higginbottom and Robinson) and Friday (Stubbins and Hawksley) - so hope to see you there. (You can bring your sponsor money or donations in before or after half term, we really don't mind). There will not be any Tuck on Thursday and Friday because of this event, children are welcome to bring a snack to eat at the usual time.*

*Have a lovely weekend!*

**Jackie Oldfield, Head Teacher**

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## HOW TO STAY SAFE IN THE SUN

Enjoy the sunny days while  
staying safe and protected!



<b>Always wear sunscreen.</b>  Apply sunscreen with SPF 30 or higher at least 15 minutes before going out. Reapply often.	<b>Wear protective clothing.</b>  Cover up when out in the sunshine. Put on a hat to protect your face and neck.	<b>Wear sunglasses.</b>  Keep your eyes protected with sunglasses that are designed to block UV rays.
<b>Don't stay out in the sun too long.</b>  Limit your time in the sun, especially between 11 AM and 3 PM. Seek shade if you can.	<b>Weather</b>  Our skin can burn even if it's cloudy! Apply sunscreen to protect your skin.	<b>Splish, Splash</b>  Water washes sunscreen off. Sunscreen should be reapplied straight after you have been in water.

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*Now that the warm weather has arrived I would like to remind parents/carers of our sun protection guidance.*

*On hot days we will encourage children to wear a hat, drink plenty of water and sit in the shade as required.*

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- Please make sure your child brings a sun hat/cap and water bottle (marked with their name and class) to school*
  - Please ensure that your child is wearing suitable school shoes (no trainers, flip flops or open toed shoes)*
  - Please apply sun cream to your child before they come to school on hot days. The long lasting protection types are recommended.** If your child is prone to burning and you feel they may need an additional application you may send in a bottle of sun cream (marked with their name), which your child should give to their teacher. Your child will be able to apply the cream themselves when needed (usually just before lunchtime) under the supervision of a classroom staff member.*
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*If your child requires a staff member to assist with applying additional sun cream please email the class teacher to confirm that you give consent for a member of staff to assist your child to apply an additional application of the sun cream you have/will provide.*

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## Calendar



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### May

Tues 20th - *Parents reading with their KS1 child* ([link to letter](#))

Thurs 22nd - *Sponsored Wellbeing Event with parents (by House):* ([link to letter](#))

9.40-11.40am - *Higginbottom (blue)*

1.15-3.15pm - *Robinson (yellow)*

*The Ice Cream van will also be on site* ([link to poster](#))

Fri 23rd - *Sponsored Wellbeing Event with parents (by House):* ([link to letter](#))

9.40-11.40am - *Stubbins (green)*

1.15-3.15pm - *Hawksley (red) & Year 4 Stubbins (green) (due to morning swimming lessons)*

*The Ice Cream van will also be on site* ([link to poster](#))

## **Mon 26th - Fri 30th May - Half Term Holidays**

### **June**

Weds 4th - *2b visit to Arnold Library* ([link to letter](#))

Tues 10th - *1b visit to Arnold Library* ([link to letter](#))

Weds 11th - *Class Photos*

Weds 18th - *1c visit to Arnold Library* ([link to letter](#))

Thurs 12th - *2b Assembly with parents* ([link to form](#))

Thurs 12th - *2a visit to Arnold Library* ([link to letter](#))

Fri 13th - Year 3 Now Hear This! theatre trip ([link here](#))

Fri 13th - *PTFA Ice Cream Friday* ([link to poster](#))

Thurs 19th - *2c visit to Arnold Library* ([link to letter](#))

Fri 20th - *Non-uniform Day - donations for the Summer Fair*

Tues 24th - *1a visit to Arnold Library* ([link to letter](#))

Fri 27th - *Summer Fair*

### **July**

Tues 1st - *Year 1 Carsington Water trip* ([link to letter](#))

Tues 1st - *F2a & 2e visit to Arnold Library* ([link to letter](#))

Weds 2nd - *Year 6 Transition Day to Redhill*

Thurs 3rd - *Art Assembly with parents* (invitation only) provisional

Thurs 3rd - *Parents reading with their KS1 child* [\(link to letter\)](#)

Fri 4th - *Inset Day* (School closed)

Mon 7th - *PTFA World Chocolate Day fundraising event* (provisional)

Tues 8th - *F2b & 2F visit to Arnold Library* [\(link to letter\)](#)

Weds 9th - *Talent Assembly with parents* (invitation only) (provisional)

Weds 9th - *2d visit to Arnold Library* [\(link to letter\)](#)

Thurs 10th-Fri 11th - *Year 2 Robin Hood Camp* [\(Link to letter\)](#) [\(link to presentation\)](#)

Mon 14th - *School reports sent to parents*

Mon14th - *New classes for 2025/26 communicated to parents*

Tues 15th - *Transition day into new classes for children*

Tues 15th - *Parents meet the new teacher event* (after school)

Weds 16th - *F1 Learning Journey Assembly with parents* (invitation only) (provisional)

Weds 16th - *Year 6 evening Performance* (Ticket only event)

Thurs 17th - *F2 Learning Journey Assembly with parents* (invitation only) (provisional)

Thurs 17th - *Year 6 evening Performance* (ticket only event)

Fri 18th - *PTFA Ice Cream Friday* [\(link to poster\)](#)

Tues 22nd - *Guitar assembly to parents* (invitation only via Create Music)

Weds 23rd - *PTFA FS2 & KS1 Disco* (Provisional - details to follow) and Ice Cream [\(link to poster\)](#)

Wed 23rd - *Year 6 trip to Bonington Theatre Trip* - details to follow)

Thurs 24th - *Sporting Achievement Assembly with parents* (invitation only) (provisional)

Thurs 24th - *PTFA KS2 Disco* (Provisional - details to follow) and Ice Cream ([link to poster](#))

Fri 25th - *Year 6 Leavers Assembly with parents* (invitation only)

Fri 25th - *Last day of term for children*

Mon 28th & Tues 29th - *Inset Days* (School closed)

### **September**

Mon 1st - *School admin day* (school closed to children)

Tues 2nd - *Inset day* (school closed to children)

Weds 3rd - *First day of Autumn term for years 1-6* (F1 & F2 will receive separate information)

Mon 15th-Fri 19th - *Year 5/6 Kingswood residential* ([see letter](#))

### **March 2026**

Tue 24th-Wed 25th - *Year 4 Lea Green residential*

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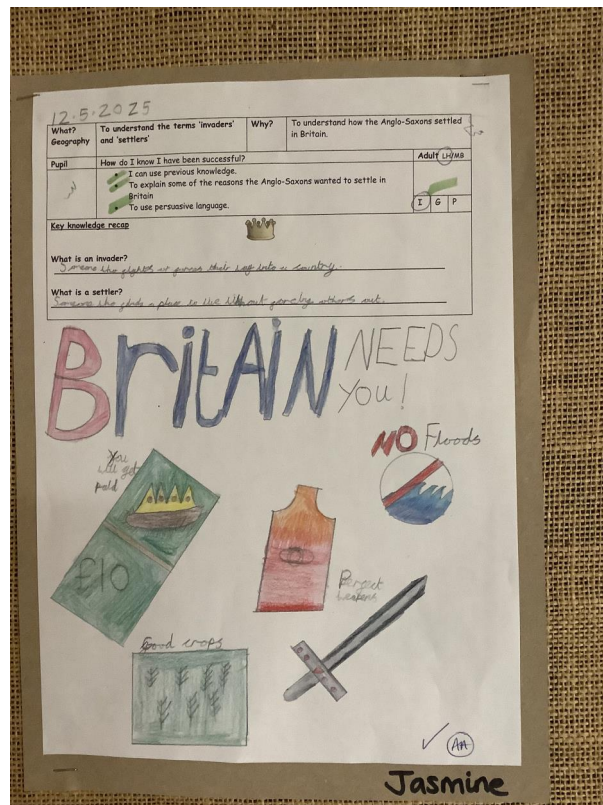
August							September							October								
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S		
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November							December							January								
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10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18		
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25		
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May							June							July								
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4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12		
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19		
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26		
25	26	27	28	29	30	31	29	30						27	28	29	30	31				

 School Holidays	 Public Holidays	 Administration Day Monday 1 <sup>st</sup> September
<b>Autumn Term</b> 1 September - 17 October 7 weeks 3 November - 19 December 7 weeks	 Inset Days Tuesday 2 <sup>nd</sup> September Monday 5 <sup>th</sup> January Friday 3 <sup>rd</sup> July Monday 27 <sup>th</sup> July	
<b>Spring Term</b> 5 January - 13 February 6 weeks 23 February - 27 March 5 weeks		
<b>Summer Term</b> 13 April - 22 May 5 weeks 4 days 1 June - 27 July 8 weeks 1 day		

## Children's Work







## School Dinners: w/c 19th May 2025

My School Menu					
Spring/Summer 2025					
Week 2		Taco Tuesdays			
Week commencing 19 May,					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs Egg Gluten in a tomato sauce with pasta shape of the day Gluten Soya Mustard Peppers & onions	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Bangers & mash Gluten Sulphur Dioxide with seasonal vegetables & gravy  <small>Featuring our Nottinghamshire sausage from local farmers Harrold's</small>	Roasted gammon with jacket wedges, roasted summery vegetables & gravy	Fish finger cob Fish Gluten Sesame with oven chips, baked beans & peas
Option 2					
Pudding	Gingerbread cookies Gluten	Pancakes Gluten Milk Egg & honey	Butterscotch shortcake Milk Gluten	Jelly	Ice Cream Milk

Nottinghamshire County Council

## 30-Minute free breakfast club - bookings for w/c 19th May & 2nd June



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***Booking form for w/c 19th May***

<https://forms.office.com/e/FwGy5Y6xf9>

*Please complete by Sunday 18th May*

***Booking form for w/c 2nd June***

<https://forms.office.com/e/AmzCGd74rY>

*Please complete by Sunday 1st June*

*Please note that links to these forms are also available on our website:*

[Arnold Mill Primary School - Wraparound Care](#)

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## Do you or your child play an instrument outside of school?



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*On 26th June we are having an assembly in school to showcase different instruments. I'm looking for pupils (or parents) who could bravely show their instrument to the rest of school and play a few notes. It would not have to be a full piece of music. We already have a few staff members who have volunteered and I would love to include some children. Please email me at [jphillips@arnoldmill.notts.sch.uk](mailto:jphillips@arnoldmill.notts.sch.uk) if you are interested.*

*Mr Phillips (music coordinator)*

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## The Arnold Mill Sponsored Wellbeing Days



**22nd and 23rd May 2025 - Raising funds for Arnold Mill Primary School OPAL time**

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*We are very excited to be holding a sponsored event on the 22nd and 23rd May 2025. This year we are mixing things up a bit. We would like you to gather sponsors who will either donate money or items from the OPAL list on the sponsor form. Any money raised will be used to buy more outdoor play equipment. Any items donated will go straight outside for the*

*children to play with. The event will run across two days with children competing with their house team to raise awareness of Health and Wellbeing.*

*Children in year F2-Year 6 will partake in four different activities throughout the two days and work together to learn about Positive Health and Wellbeing Choices. One of the activities is on the field where they will complete a range of obstacles and challenges, trying to beat their own score each time. When your child(ren) is/are taking part in this part of the day you are invited to join us. As all siblings at Arnold Mill are in the same house, you will only need to attend the one slot to support your whole family (see below for timings). Any adults that attend can choose to support their child by encouragement or have a go themselves!*

***Please ensure that your child comes to school on these days wearing their PE kits.***

*Please check your child's bookbag for a sponsorship form for your child to use in order to help raise money/items for the event. Anyone one who gathers sponsorships will be entered into a prize draw.*

*We will also have the Ice-Cream Van in school all day so children can purchase an Ice-Cream from £1.80 (see attached price list). If you are not attending on the day and you wish for your child to purchase an Ice-Cream, please send them to school with the correct change in a named envelope on the day. The van will also stay for 30 minutes after the school day if you would like a treat after school too!*

*Please ensure that **sponsorship forms and money/OPAL donations** are returned to the school office on or before 6th June 2025.*

*Kind regards,*

*Mr Robinson and Mrs Greentree*

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Time	House
Thursday 9.40am - 11.40am	Higginbottom (blue)
Thursday 1.15pm - 3.15pm	Robinson (yellow)
Friday 9.40am - 11.40am	Stubbins (green)
Friday 1.15pm - 3.15pm	Hawksley (red) & Year 4 Stubbins (green) (due to morning swimming lessons)



**The Arnold Mill Sponsored Wellbeing Days  
22<sup>nd</sup> and 23<sup>rd</sup> May 2025**

raising funds for Arnold Mill Primary School's OPAL time



**OPAL items you can pledge to bring in:**

- Bags of Play Sand
- Small World Characters- animals, people or fantasy
- Gardening Trowels
- Buckets and Spades
- Tyres
- Wooden Pallets
- Dressing Up Clothes (adult sizes welcome)
- Toy cars
- Fabric

The Ice-Cream van will be on site during the sponsored events, they hope to stock *(availability/prices may be subject to change):*

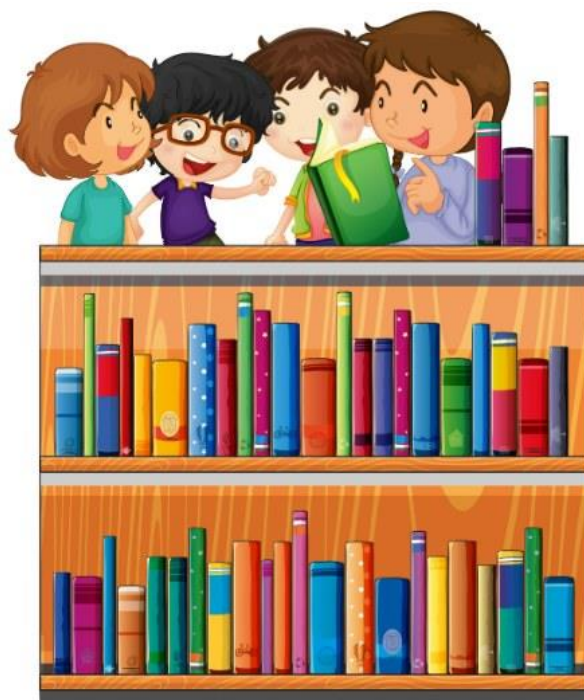
- Plain ice cream regular £1.80 double £2.30
- Regular '99' £2 double £2.50
- Screwball '99' £2.50
- Plain waffle £3.00
- Waffle '99' £3.50
- Magnums £4.00
- Cornetto's £3.50
- Festival/feast £3.00
- Big squeeze/calipo £2.50
- 5ice/jockey/rainbow lolly £2.50
- Orange lolly/ bubble gum lolly/ strawberry split £2.50

*please note that all of the iced lollies state "may contain milk"*





## Visits to Arnold Library



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*During the Summer Term your child's class will be visiting Arnold library (dates listed below). They will be walking from school to the library. As this is your child's third visit to the library this academic year the visit will be slightly more informal and is known as a 'Book Exchange Visit'. Your child will be given the opportunity to browse, borrow books and even share a story or two. Library staff will not lead the visit this time, although they are on hand at the Help Desk to support.*

*We would like all children to be able to choose a book on their visit to Arnold library. For this to happen please send in your child's library card or get signed up beforehand.*

*If your child is not already a member of the library, could you please complete the attached form and return to school before the date of your child's class visit so that the library has time to process them. If your child already has a library card, could you please send it into school on the day of your child's class visit. Your child will then bring their card home along with their new book after their class has visited the library.*

*Please find the dates for when your child's class will visit the library.*

*Thanks for all your support.*

Class	When	Time
2F	Tuesday 8th July 2025	1.30pm-2.30pm
2E	Tuesday 1 <sup>st</sup> July 2025	1.30pm-2.30pm
2D	Wednesday 9 <sup>th</sup> July 2025	1.30pm-2.30pm
2C	Thursday 19 <sup>th</sup> June 2025	1.30pm-2.30pm
2B	Wednesday 4 <sup>th</sup> June 2025	1.30pm-2.30pm
2A	Thursday 12 <sup>th</sup> June 2025	1.30pm-2.30pm
1C	Wednesday 18th June 2025	9.30am-10.30am
1B	Tuesday 10 <sup>th</sup> June 2025	1.30pm-2.30pm
1A	Tuesday 24 <sup>th</sup> June 2025	1.30pm-2.30pm
F2A	Tuesday 1st July 2025	1.30pm-2.30pm
F2B	Tuesday 8th July 2025	1.30pm-2.30pm

## LEVEL 1 & 2 COMBINED BIKEABILITY - for the children who will be in Year 5 & 6 during Academic Year 2025/26



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*Dear Parents/Carers of current Year 4/5 children*

### **LEVEL 1 & 2 COMBINED BIKEABILITY - for the children who will be in Year 5 & 6 during Academic Year 2025/26**

*In the next academic year, the team from Via East Midlands' Bikeability Scheme, in partnership with Nottinghamshire County Council will be visiting school to run Level 1 and 2 Combined Bikeability sessions.*

*The two-hour course is devised to teach children the necessary skills to use their bike safely when starting to ride without adult supervision. The course comprises Level 1 (1 x two hours in the school grounds) **and** Level 2 (3 x two hours on-road sessions) and takes place over two consecutive days. **All sessions must be attended** (maximum of 12 children per group).*

*Bikeability will entirely take place outside, whatever the weather, the children must wear an appropriate clothing (school uniform will not be required).*

*To participate your child MUST meet the following criteria:*

- 
- be able to ride a bike independently and with confidence.*
  - bring a bike (which must be in good working order, complete with working brakes and lights) and cycle helmet to school in the morning of their session (date to be confirmed). The Bikeability staff do not have time to do thorough checks on bikes, but if the bike is judged to be unsafe, your child will not be allowed to take part, and this would obviously be very upsetting for them.*
- 

*There is **no charge** for the course **unless** you submit the electronic form requesting a place and **your child is subsequently withdraw due to one of the following** reasons, whereby there may be liable for a £15 surcharge:*

- 
- your child does not have access to a suitable bicycle/helmet for the duration of the course.*
  - your child cannot ride independently and safely on a public road.*
  - you/your child changes their mind after the numbers have been passed to the County Council on 10th June 2024*
  - the County Council instructor indicates that your child's bicycle is unsafe/unroadworthy.*
  - your child is absent from school for an authorised/unauthorised family holiday.*
- 

*Please note, if you apply and the course is cancelled by Via, the County Council or Arnold Mill Primary School due to insufficient take up there be no charge.*

*To apply for the scheme we have to confirm the number of places required, **if you would like to put your child's name down for a place please complete the electronic form ([link here](#))***



**by NOON ON 9th June 2025. We will not be able to accept any requests after this County Council deadline.**

*We are sure you will agree that this is a valuable life skill and will encourage children to enjoy the freedom that cycling can bring, increase confidence, and lead a healthy life. We will be in touch if/when the course details are confirmed.*

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## Internet and Digital Safety



At The National College, our WakeUpWednesday guides engage and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and digital citizenship. Content is delivered by National College Safety, using a range of evidence and best practice. For further guides, facts and tips, please visit [nationalcollege.com](http://nationalcollege.com). **Trigger Warning:** This guide contains mentions of suicide, which may be distressing for some readers.

### What Parents & Educators Need to Know about MAKING FRIENDS ONLINE

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 1% of children aged 10 to 16 in England and Wales have disclosed online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

#### WHAT ARE THE RISKS?

- ONLINE GROOMING THREATS**  
Predators use one-on-one chats, chat rooms or social media platforms to build relationships with children and gain their trust. They may sexually abuse, groom, exploit or manipulate, sometimes going as far as to arrange to meet in person. In 2023, police received nearly 14,000 reports of grooming online – a 52% increase on just five years ago.
- EXPOSURE TO INAPPROPRIATE CONTENT**  
Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Charity, which found that 45% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.
- COMPROMISED PERSONAL SAFETY**  
Meeting an online friend, if not the right person, is a child in serious danger. From blackmail, to sexual abuse, or even kidnapping, the consequences can be devastating. Reports of children being harmed after online meetings are becoming increasingly common in the UK, highlighting the need for taking online friendships seriously.
- PSYCHOLOGICAL DISTRESS**  
Online trolls – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. Sometimes, when someone is harassed online, they may feel that a person online they pay them money to harass is responsible for their problems, leading to long-term psychological and emotional distress.
- LONG-TERM REPERCUSSIONS**  
Children exposed to harmful online material early on are more likely to experience mental health problems. A recent study of 10-year-olds found that 45% of children aged 10 to 17 had seen content online that made them feel uncomfortable, worried or upset.
- PRIVACY AND DATA RISKS**  
Children and young people often overshare personal details – such as where they live, go to school – without understanding the consequences. In fact, 4.4% of 10 to 17-year-olds in the UK have met up in real life with someone they only met online.

**26 FRIENDS ONLINE NOW**

#### Advice for Parents & Educators

- TEACH SAFE ONLINE HABITS**  
Help children understand how to use privacy settings, protect their personal information, avoid being profiled, and report anything suspicious or concerning. Use parental controls. Encourage them to think critically about what they share – and whom they're talking to.
- ENCOURAGE REAL-WORLD CONNECTIONS**  
Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships can help reduce online vulnerability and provide a safe space for children to discuss their online experiences.
- KEEP CONVERSATIONS OPEN**  
Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from coming up to the truth. A child who feels listened to is more likely to disclose problems before they escalate.
- USE PARENTAL CONTROLS**  
Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While not perfect, they provide a valuable layer of protection on children's online spaces.

**Meet Our Expert**  
Sophie is a WakeUpWednesday consultant with over 10 years' experience in supporting children, families, and adults across education, health, criminal justice and community settings – both in the UK (including at Parliament level) and internationally.

**#WakeUpWednesday**  
The National College

[@wake\\_up\\_weds](https://x.com/wake_up_weds) [www.thenationalcollege.com](https://www.thenationalcollege.com) [www.wakeupwednesday.com](https://www.wakeupwednesday.com) [www.wakeupweds.com](https://www.wakeupweds.com)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of review: 25.04.2025

## Community News



**Notts County Foundation**

### FOOTBALL CAMPS

For May half-term!

**WHAT'S INVOLVED?**

- MAKING EXERCISE FUN
- IMPROVE YOUR SKILLS
- MAKE NEW FRIENDS
- FOR CHILDREN AGE 7-14 YEARS, ALL GENDERS AND ABILITIES WELCOME!

**BOOK NOW** >>

OFFICIALSOCCERSCHOOLS.CO.UK/NOTTSCOUNTY

**WEDNESDAY 28<sup>TH</sup> MAY**  
1PM - 5PM

**THURSDAY 29<sup>TH</sup> MAY**  
9AM - 1PM

**FRIDAY 30<sup>TH</sup> MAY**  
12PM - 4PM

**\*EARLY BIRD OFFER: £9.50 PER CHILD, PER DAY**  
\*UNTIL MON 19<sup>TH</sup> MAY 2025

**STANDARD: £12.50 PER CHILD, PER DAY**

sportinclusion@nottscountyfoundation.org.uk | Portland Centre, Muskham Street, NG2 2HE

## Previously Published Articles

### Parking: please be considerate of our neighbours



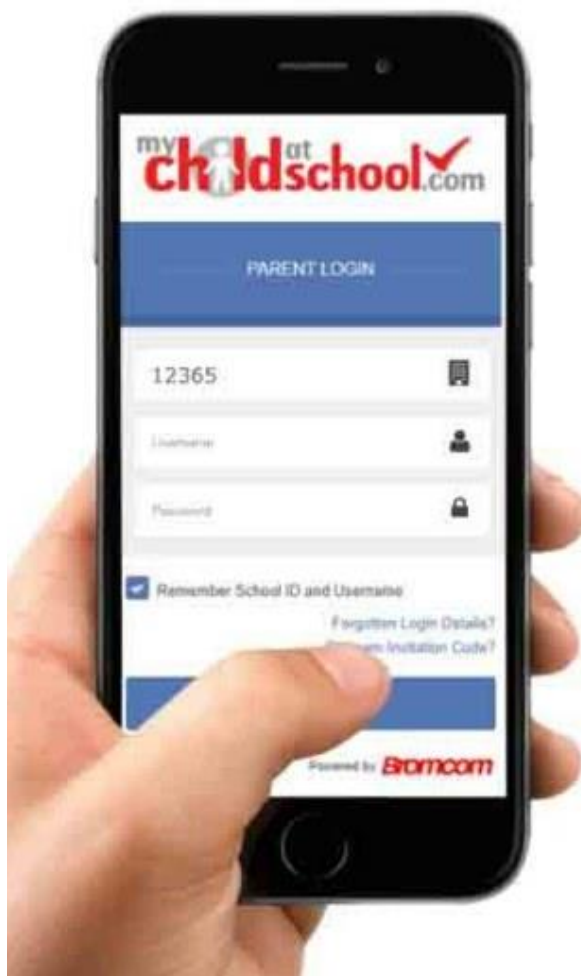
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*We have received a phone call from one of our neighbours, Please can I remind everyone that we need to be considerate when parking, specifically not parking on Mill Lane as it is a private road or blocking drives/entrances around the neighbouring streets in general.*

*Thank you for supporting us in maintaining good relationships with our community.*

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### **My Child at School (MCAS) - Please sign up if you haven't already**



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*Invitations were sent out to all parents a little while ago, but a lot of these may have gone into junk folders and will now have expired. If you haven't yet managed to register, please email the office ([office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)) to request a new registration email. We will confirm when this has been sent to you so that you can keep an eye out for it.*

*Please note that we will no longer be updating SIMS Parent.*

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**REGISTER NOW!** **My Child at School**

Please email  
[office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)  
to request a registration email for our new  
parent app, 'My Child at School (MCAS)' if  
you haven't already registered  
(Please check your junk folder for the registration email)  
SIMS Parent is no longer being used by us.



## Year 2 Robin Hood Camp



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*We held a parents' meeting last week regarding Robin Hood camp which was well attended. The Powerpoint slides can be found here [\(link to presentation\)](#) and is also available on your child's Teams account if you weren't able to make it to the parents' meeting.*

*The cost of the trip to **Robin Hood Activity Centre on Thursday 10th and Friday 11th July** is expected to be around £45.00. The final amount will depend on the number of children wanting to attend.*

*If you want your child to attend, please pay a minimum of £10 by Friday 28th February to confirm a place. You can then pay any remaining balance in whatever increments you wish, as long as the final balance is paid by Friday 20th June. We will confirm the final amount after 28th February, once we know the actual numbers attending.*

*You will be sent a medical form nearer the time and when you return this to school you will receive an information booklet which includes a kit list.*

*It would be fantastic if every child could attend this trip but if you are concerned for any reason about your child attending, please do not hesitate to speak to a member of staff.*

*Yours sincerely,*

*The Key Stage 1 Team*

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## **Parental Code of Conduct**



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*Please use the link below to read the Parental Code of Conduct Policy which we would ask all parents to read and abide by, as I feel it is really important that us adults set a good example to our children. Please remember when you are picking up and dropping off we do expect you to show respect to others, including staff, other parents, children and people in our local community.*

*We have had more reports of people parking over dropped kerbs, over driveways and being inconsiderate and aggressive towards our neighbours. Please plan your school pick-up and drop-offs carefully so that you are not late, leading to inconsiderate parking. If possible, please walk to school.*

[Link to policy](#)

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## Spelling at Arnold Mill (years 1-6)



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*We are excited to inform you about an important change to our approach to spelling from Year 1 to Year 6.*

*After carefully considering the best ways to support your child's learning, we have decided to adopt a new spelling scheme called No Nonsense Spelling. This program is designed to improve spelling in a more engaging and effective way, focusing on understanding spelling rules and patterns, rather than simply memorising words for tests.*

*As part of this change, we will no longer be conducting traditional spelling tests. Instead, assessments will take place within the lesson itself, offering a more holistic and practical approach to spelling. This means your child will have the opportunity to apply their knowledge in real-time, helping them retain spelling patterns and rules more effectively.*

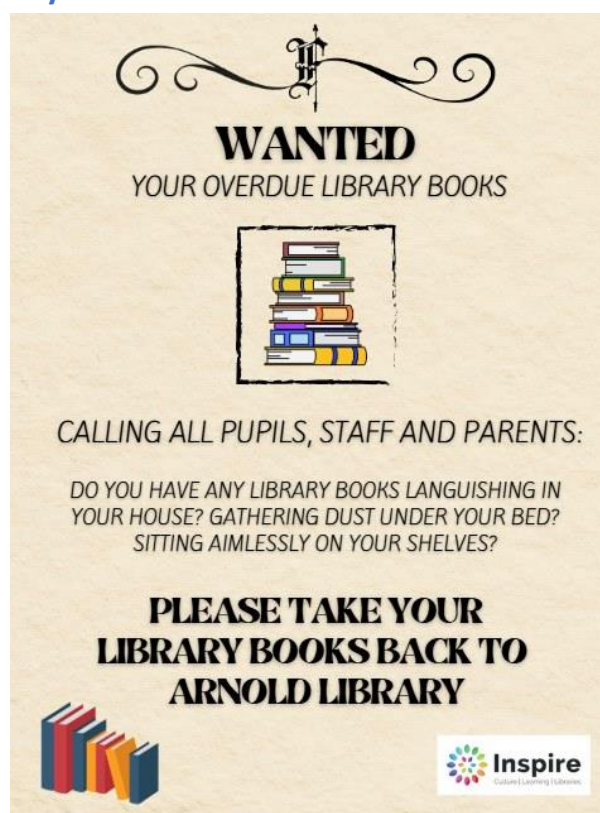
*We believe this method will not only reduce the pressure of weekly tests but also encourage deeper learning and better retention. The No Nonsense Spelling program is structured to build on skills progressively, and our teachers will be continuously assessing your child's progress through class activities, quizzes, and practical application.*

*We are confident that this change will enhance the learning experience and lead to a greater understanding and enjoyment of spelling. If you have any questions or would like more information about the new scheme, please do not hesitate to get in touch with your child's teacher.*

*Thank you for your continued support in helping us provide the best possible learning environment for your child.*

*Many Thanks,*

### Plea from Arnold Library



### Should I keep my child off school?

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*There is currently a lot of illness around. Please see the guidance below for when a child should be kept off school. In order to keep levels of illness as low as possible, we would ask that you do follow this guidance.*

*Please note that if a child has any form of temperature, they should not be at school until it is under control naturally (not reliant on medication).*

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### Do I need to keep my child off school?

HSC Public Health Agency

<b>Chicken Pox</b> Until all spots have crusted over	<b>Conjunctivitis</b> No need to stay off but school or nursery should be informed	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> No need to stay off but school or nursery should be informed	<b>Hand, foot &amp; mouth</b> No need to stay off but school or nursery should be informed	<b>Impetigo</b> Until lesions are crusted & healed or 48 hours after commencing antibiotics
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> Until after first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slapped Cheek</b> No need to stay off but school or nursery should be informed	<b>Whooping Cough</b> 48 hours after commencing antibiotics
	<b>Flu</b> Until recovered	<b>Head Lice</b> No need to stay off but school or nursery should be informed	<b>Threadworms</b> No need to stay off but school or nursery should be informed	<b>Tonsillitis</b> No need to stay off but school or nursery should be informed	

## The Uniform Project Nottingham



*The Uniform Project Nottingham is a not-for-profit organisation helping Parents and Schools in and around Nottingham to reduce clothing waste by recycling school uniforms. Founded by a local Nottingham mum who is passionate about environmental sustainability and building a greener future for local children.*

*The Uniform Nottingham collects school uniform donations all year round. All uniform donations are quality checked, cleaned and repaired whenever possible to ensure all the uniform items gifted to local families are of high quality. Any donations that cannot be reused are recycled for rags to ensure nothing is wasted.*

*If you have any old school uniform (for any local school) that you would be willing to donate there is a pink collection box located in our Main Reception (we also donate approximately twelve black bags of un-named, unclaimed lost property uniform per year).*



*The Uniform Project shop is open to the public all year round by appointment only. To book an appointment at the shop please message them via their Facebook page ([link to Facebook page](#)) or email [uniformproject@hotmail.com](mailto:uniformproject@hotmail.com)*

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## **Recycle with Michael**



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**Turn your unloved clothes and shoes into cash for Arnold Mill Primary School!**

### ***Recycle with Michael!***

*Facilitated by The Salvation Army's Clothing Collection service, this nationwide scheme aims to divert thousands of tonnes of unwanted items away from landfill, while educating our children about the importance of reusing and recycling.*

*So we're asking you to dig out those old clothes taking up space in your wardrobe, sort out the outgrown shoes.*

*It couldn't be easier to get involved. Simply:*

- 1. Fill bags with your unwanted clothes and shoes (no bric-a-brac please).*
- 2. Return the bags containing your unwanted items and pop them in the black collection point located just inside the main gate (Cross Street).*

*The Salvation Army will collect the bags and the money raised from the items will be shared with the school. **The more bags we fill – the more cash we raise!** If you're having a clear out, remember Recycle with Michael, and donate to a great cause.*

*We hope you'll help to support us and give your preloved clothes a new lease of life.*

### ***Christmas Jumpers and Pyjamas***

*Do you have any pre-loved Christmas jumpers and/or pyjamas you would be willing to donate to the school? If so that would be amazing (thank you), please drop them off at the school office.*

*Good luck with the sorting and thank you in advance*

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### **Ink Cartridge Recycling**



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*There's no better way to start the New Year by clearing out clutter and helping the planet! Your used ink cartridge donations can keep waste out of landfills and raise funds for our school (the donation box is located in the Reception area). Help kickstart your 2025 sustainably! Let's make this a year of positive change.*

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### **KS1 Reading for Pleasure with Parents**



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*It has been a great term and we have discovered so much about a range of different topics.*

*As our returning KS1 parents will know, we like to invite you to come into school and read with your child(ren). Reading is at the heart of everything we do in school and promoting a love of reading for pleasure is one of our highest priorities. After having taken on board feedback from last year, we are letting you have these dates now so that as many of you as possible will hopefully be able to join us! You are always welcome to bring books from home to share in these sessions or read one we have in class.*

*In all cases, please arrive outside your child's classroom and we will open the doors as soon as we can for you to sign in and join in!*

*Friday 24th January 9.00am – 9.30pm*

*Tuesday 20th May 3.00pm - 3.30pm*

*Thursday 3rd July 3.00pm – 3.30pm*

*We hope you can join us at one or more of the sessions, but we do understand that you are all very busy so please don't worry if you can't as there are lots of staff members who will be able to read with your children.*

*If you have any questions, please see your child's class teacher.*

*Kind regards,*

*The KS1 Team*

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### **Parking Safely and Considerately**

**If dropping off or collecting your child by car, please drive and park safely:**

- **Be considerate of our neighbours and leave their driveways clear**
- **Do not park or stop where parking is prohibited during school drop off or pick up - yellow zigzags, double yellow lines & some single yellow lines**
- **Follow the highway code**

**Thank you for your support**

**#roadsafety #community #drivesafely**



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*We regularly receive phone calls about inconsiderate parking and/or cars parked with the engine running.*

*We would ask again that you please park safely and considerately on roads around school when dropping off and collecting children from school. We have had a number of complaints recently from local residents regarding parking, with some people even being aggressive when challenged. Please use the links below to see what the guidance is. Please also note that the school car park is for staff and visitors only and should not be used by parents.*

[Link to Nottinghamshire County Council Parking Enforcement advice](#)

[Link to Nottinghamshire Police - Parking Outside Schools Advice](#)

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## **Helping your child with maths**



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*Hello all,*

*After Parents Evening it has become apparent that there are a number of adults that would like to support their children further at home. For this reason we are exploring how we can best equip you with the resources and skills and would like to gather the thoughts of the school community. We would really appreciate if you could take a couple of minutes to complete this quick questionnaire (it will take no longer than 2 minutes).*

[Link to form](#)

*Thank you,*

## OPAL (Outdoor Play and Learning)



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*We would like to express a big thank you for your ongoing support with the introduction of OPAL (Outdoor Play and Learning) lunchtime at our school. We are delighted with the positive impact it is having so far and your support has been instrumental with this.*

*As we continue to expand OPAL, we are in need of more equipment to further enrich the play experience. Please see our new OPAL Bingo Card with examples of equipment that would support us going forward. As well as the below equipment we are always looking for scooters, helmets, material and skipping ropes.*

*The first class to complete their bingo card will receive an extra playtime. Please give any equipment to your child's class teacher or, if unsure, speak to the office.*

*Many Thanks,*

*Mr Hewlett, Mr Phillips-Alexander, Mrs Bullen, Mrs Tomlinson (The OPAL Play Team).*

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Get ready to play... OPAL BINGO				
Cable reels	Aprons	Utensils	Tyres	Pop-up tents
Scrubbing brushes	Sponges	Pushchairs	Pots and Pans	Rollers
Toy figures	Pallets	Baking Trays	Colanders	Old Kettles
Toasters	Washing up bowls	Balls	Plastic Pipes	Old Vacuum Cleaners
Corrugated Pipes	Cupboards	Play Food	Hats	Miscellaneous Items



## Car Park



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*Just a quick reminder that the school car park is for staff and visitors only. Parents should not use it for dropping off or collecting children. Please do not use it for breakfast club, after school clubs or boosters. The only exception to this is after 5pm from Millie's After School Club.*

*Many thanks*

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## A message from Carla Rose

**CARLA ROSE COUNSELLING**



**Carlarosecounselling@gmail.com**



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*I have worked as a Teaching Assistant at Arnold Mill for 12 years and in more recent years I have gained my level 4 Diploma in Counselling and have worked as School Counsellor alongside my TA role. I have now decided to make counselling my sole career, but I will still be working very closely with Arnold Mill.*

*I will be available to carry out 1-1 private counselling, should you feel your child may need support and encouragement for any concerns that you, or they, may have. This could be for bereavement/loss, stress and anxiety or trauma; or you may just feel that talking to an independent Counsellor, other than a family member or friend, would benefit your child.*

*The sessions will be carried out in the Den where I have a dedicated counselling room which is a comfortable, safe environment, so your child can express their thoughts and feelings confidentially through creativity and talking, with no judgement.*

*I am very passionate about how important therapy is for children at a young age as this helps to set them up for a positive response to therapy later in life.*

*At present I'm available on Wednesday afternoons. Please don't hesitate to contact me at [carlarosecounselling@gmail.com](mailto:carlarosecounselling@gmail.com) should you require any advice, further information or details of the costs.*

*Kind Regards*

*Carla Rose - School counsellor*

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## Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

## PE Timetable

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### Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Tuesday and Thursday (please ensure you have PE kit in school)*

2B: *Tuesday and Friday (please ensure you have PE kit in school)*

2C: *Monday and Tuesday (please ensure you have PE kit in school)*

2D: *Thursday and Friday (please ensure you have PE kit in school)*

2E: *Monday and Thursday (please ensure you have PE kit in school)*

2F: *Tuesday and Thursday (please ensure you have PE kit in school)*

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## WRAPAROUND CARE AT ARNOLD MILL



### ARNIE'S BREAKFAST CLUB DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date\*)

Is included as part of our nursery 30 hour childcare provision.



### MILLIE'S AFTER SCHOOL CLUB DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay\*. Cut off time for booking 12noon on the day.

\*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

☎ 0115 966 7930 during school hours

☎ 07\*\*\* during school hours

✉ office@arnoldmill.notts.sch.uk



## GEDLING BOROUGH AIR NEEDS YOUR CARE



### What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

### Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

### How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

### Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

### It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough. Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:  
[www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/](http://www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/)





**Greet your child  
with a smile  
and  
not a mobile!**





1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)



[www.parentpay.com](http://www.parentpay.com)

**Pay online....**  
for peace of mind

Trips, School Meals,  
Breakfast Club, Tuck

**A convenient way to pay**


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email


Step 2 - Login at [www.parentpay.com](http://www.parentpay.com)

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



## Turn your online shopping into everyday magic for


# Arnold Mill Primary School


## with easyfundraising


You shop, brands donate to us.  
It won't cost you any extra!


**How to sign up**


- 1 Visit the link below or scan the QR code  
[www.easyfundraising.org.uk/support-a-good-cause](http://www.easyfundraising.org.uk/support-a-good-cause)
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them













































Download the easyfundraising App

Excellent  3,945 reviews on 

5 - [Click link to sign up to Easyfundraising](#)





6 - [Link to Cost of Living Factsheet](#)



## Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit  
<https://ourfp.org/>  
 @OpenUni\_RfP



# Childcare Choices

We've signed up for  
Tax-Free  
Childcare:  
Have you?



  
HM Government

Find out more at  
[childcarechoices.gov.uk](http://childcarechoices.gov.uk)

7 - [Link to Tax Free Childcare website](#)



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 [office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)



 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>

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