



17th January 2025



Dear Parents and Carers,

Thank you so much to everyone who made an extra special effort to get their children to school on time this week. We have seen a significant drop in late marks. I hope we can keep this up. School has felt much calmer with fewer children arriving late.

To carry on the drive to beat lateness, we are going to be awarding children who arrive in their class between 8.50 and 8.55am an Arnold Mill AMPS Award all next week. Moving forward, we are going to be doing spot checks on random days and again we will be giving out rewards to those who are here on time.

The first two weeks back have been wonderful. The children have settled back into their routines and it's been great to see all the fantastic work they complete every day.

We are looking forward to lots of fun things this term, including library visits (see below for details), Lea Green residential for year 4, celebration assemblies, visitors from the local community and year 4 swimming starts after half term.

Kind regards,

Jackie Oldfield, Head Teacher

Calendar



January

Mon 20th - 2C Library visit

Thur 23rd - 1A Assembly to parents ([Link to form](#))

Fri 24th - Parents reading with their KS1 child ([Link to letter](#))

Mon 27th - 2B Library visit

Weds 29th - 2A Library visit

February

Tues 4th - *1C Library visit*

Weds 5th - *2D Library visit*

Weds 5th - *Parents' meeting regarding Year 2 camp* ([Link to letter](#))

Thur 6th - *1C Assembly to parents* ([Link to letter](#))

Tues 11th - *1B Library visit*

Thurs 13th - *Maths Assembly to parents (invitation only)*

Mon 17th - Fri 21st Feb - Half Term Holidays

Wed 26th - *PTFA FS2 & KS1 Disco* (Provisional - details to follow)

Thurs 27th - *PTFA KS2 Disco* (Provisional - details to follow)

March

Thurs 6th - *World Book Day and PTFA fundraising event* (details to follow)

Fri 7th - *Year 4 swimming lessons start* (details to follow)

Tues 11th - *1A Library visit*

Weds 12th - *F2A/2F Library visit*

Weds 19th - *F2B/2E Library visit*

Fri 21st - *Comic Relief/Red Nose Day*

Tues 25th - Weds 26th - *Year 4 Residential Lea Green Activity Centre* ([information booklet](#))

April

Wed 2nd - *Year 5 DAaRT Graduation Assembly*

Fri 4th - *PTFA Easter Raffle and Easter Craft Day and/or Egg Hunt* (Provisional)

 **Mon 7th - Mon 21st April - Easter Holidays** 

May

Mon 5th - *May Day Bank holiday* (school closed)

Fri 16th May - *PTFA Ice Cream Friday* (provisional)

Tue 20th - *Parents reading with their KS1 child* ([Link to letter](#))

Mon 26th - Fri 30th May - Half Term Holidays

June

Weds 11th - *Class Photos*

Fri 13th June - *PTFA Ice Cream Friday* (provisional)

Fri 20th - *Non-uniform Day - donations for the Summer Fair*

Fri 27th - *Summer Fair*

July

Thurs 3rd - *Parents reading with their KS1 child* ([Link to letter](#))

Fri 4th - *Inset Day* (School closed)

Mon 7th - *PTFA World Chocolate Day fundraising event* (provisional)

Thurs 10th-Fri 11th - *Year 2 Robin Hood Camp* (details to follow)

Wed 16th - *PTFA FS2 & KS1 Disco* (Provisional - details to follow)

Thurs 17th - *PTFA KS2 Disco* (Provisional - details to follow)

Fri 18th - *PTFA Ice Cream Friday* (provisional)

Fri 25th - *Last day of term for children*

Mon 28th & Tues 29th - *Inset Days* (School closed)

Children's Work

School Dinners: *w/c 20th January 2025*

WEEK 3
WEEK COMMENCING
18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb,
3 March, 24 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

MY SCHOOL MENU
AUTUMN/WINTER 2024-25

TASTE & NATURE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza, 500g M&S cheese diced potatoes & crunchy vegetables	All day brunch Nottinghamshire sausage, 500g butter chicken omelette 1kg M&S, baked beans, hash brown, roast tomato & tomato ketchup	Pasta shell Bolognese, 500g M&S beef mince garlic bread 500g M&S cheese & sweetcorn	Roast gammon OR Roast Quorn M&S 1kg, mashed & roast potatoes, green cabbage, sliced carrots & gravy	Fish fingers 500g fish, tomato ketchup, diced potatoes, sweetcorn & minted Garden peas
OPTION 2	BYO Sandwich (please label) Fillings: cheese M&S, ham or tuna mayonnaise 1kg 1kg vegetable sticks, crisps fruit or Fruite yogurt M&S OR something of the day	Jacket potato, cheese M&S, baked beans, tuna mayonnaise 1kg 1kg & mixed salad		Jacket potato, cheese M&S, baked beans, tuna mayonnaise 1kg 1kg & mixed salad	BYO Sandwich (please label) Fillings: cheese M&S, ham or tuna mayonnaise 1kg 1kg vegetable sticks, crisps fruit or Fruite yogurt M&S OR something of the day
PUDING	Raspberry swirl muffin 1kg 1kg	Cherry flapjack 1kg 1kg	Chocolate ice cream roll 1kg 1kg 1kg 1kg & chocolate sauce M&S	Butterscotch tart 1kg 1kg	Jelly & shortbread 1kg 1kg

Nottinghamshire
County Council

Internet and Digital Safety



Safer Internet Day Competition




Safer Internet Day is the UK's biggest celebration of online safety. Each year we cover an online issue or theme that speaks about the things young people are seeing and experiencing online. Created in consultation with young people across the UK, this year Safer Internet Day will be focusing on the issue of scams online, how young people can protect themselves and others, as well as what support is available to them.

This year, the White Hills Park Trust are running a trust wide competition and all pupils are invited to produce an online safety poster in order to take part.

Rules

- *Poster to be done individually or in pairs.*
 - *Posters to be completed and handed to class teachers by 11th February 2025.*
 - *Posters can be A4 or A3 in size.*
 - *They can be handmade or digital (digital posters can be emailed to the office)*
 - *Don't forget to include your name and class on the poster (including digital copies).*
-

All National Online Safety advice is empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one portion of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, tips and top for adults.

Conversation starters for parents and carers: ONLINE CONTENT

Trying to start a conversation about online safety with children can be a daunting task. There are many reasons why children may not want to talk to adults about it. One might be that they don't think you'll understand or that you won't know how to help if they come to you with an online problem. It can also be hard to start a conversation about something that you might have limited knowledge about. However, with screen time increasing during the lockdown, it's important now more than ever, to be talking to children about what they are accessing online.

1 ASK THEIR MOTIVATION

Remember it's easy to assume we know why children choose certain games or apps. It can seem obvious, but the child's perception of the game and the motivation for playing it can be very different. It's important to ask them why they like the game. It could be that they like the look of the main character, the music, or it might be that they like the look of the main character. Learning their motivation and knowing why they like it can help you to have a conversation about how to use it safely and help you to see the pros and cons.

2 CULTIVATE A BLAME FREE CULTURE

Children can often blame themselves if they come across something that scares them or makes them feel uncomfortable. They will often think about it and feel guilty about something that you have forbidden, however, most children are not guilty of anything. It's important to let them know that it's okay to ask for help and that you will support them. It's important to let them know that it's okay to ask for help and that you will support them. It's important to let them know that it's okay to ask for help and that you will support them.

3 SHARE PERSONAL EXPERIENCE

Sharing a personal experience is a great way to start a conversation about online safety. It's important to let them know that you have experienced something similar and that you are not alone. It's important to let them know that you have experienced something similar and that you are not alone. It's important to let them know that you have experienced something similar and that you are not alone.

4 TALK ABOUT THE NEWS

Many children are aware of the news and are often interested in it. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

5 ASK FOR ADVICE

It could be that you really do have a friend at work who is debating whether or not to let their child do something online, or it could be that you're looking for advice. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

6 MAKE TIME TO LISTEN

Many children don't want to talk to you about their online game, app or social media. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

7 ASK THEM TO BE THE TEACHER

Showing an interest in what children are accessing online is a great opportunity for you to learn something new or old. Children are often the teachers when it comes to online safety. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

8 USE SCHOOL MESSAGING

It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

9 ASK ABOUT THE RISKS

Many children may know what online risks are and will happily explain the potential dangers. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

10 ASK ABOUT RESPONSIBILITIES


It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

11 ASK ABOUT SCHOOL ADVICE

It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone. It's important to let them know that you are interested in it and that you are not alone.

Meet our expert

Headteacher Catharine is a parenting Online Safety Lead and senior school leader who is passionate about safeguarding children online and educating them around online risks. She has over 30 years' experience. Catharine has successfully developed and implemented a whole-school approach to online safety education, delivering an online safety curriculum to all pupils and staff, and leading on all aspects of online safety policy across her local network of schools.



www.nationalonlinesafety.com Twitter: @natonlinesafety Facebook: /NationalOnlineSafety Instagram: @nationalonlinesafety

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Previously Published Articles

Recycle with Michael



Turn your unloved clothes and shoes into cash for Arnold Mill Primary School!

Recycle with Michael!

Facilitated by The Salvation Army's Clothing Collection service, this nationwide scheme aims to divert thousands of tonnes of unwanted items away from landfill, while educating our children about the importance of reusing and recycling.

So we're asking you to dig out those old clothes taking up space in your wardrobe, sort out the outgrown shoes.

It couldn't be easier to get involved. Simply:

- 1. Fill bags with your unwanted clothes and shoes (no bric-a-brac please).*

2. Return the bags containing your unwanted items and pop them in the black collection point located just inside the main gate (Cross Street).

The Salvation Army will collect the bags and the money raised from the items will be shared with the school. **The more bags we fill – the more cash we raise!** If you're having a clear out, remember Recycle with Michael, and donate to a great cause.

We hope you'll help to support us and give your preloved clothes a new lease of life.

Christmas Jumpers and Pyjamas

Do you have any pre-loved Christmas jumpers and/or pyjamas you would be willing to donate to the school? If so that would be amazing (thank you), please drop them off at the school office.

Good luck with the sorting and thank you in advance

Ink Cartridge Recycling



There's no better way to start the New Year by clearing out clutter and helping the planet! Your used ink cartridge donations can keep waste out of landfills and raise funds for our school (the donation box is located in the Reception area). Help kickstart your 2025 sustainably! Let's make this a year of positive change.

KS1 Reading for Pleasure with Parents



It has been a great term and we have discovered so much about a range of different topics.

As our returning KS1 parents will know, we like to invite you to come into school and read with your child(ren). Reading is at the heart of everything we do in school and promoting a love of reading for pleasure is one of our highest priorities. After having taken on board feedback from last year, we are letting you have these dates now so that as many of you as possible will hopefully be able to join us! You are always welcome to bring books from home to share in these sessions or read one we have in class.

In all cases, please arrive outside your child's classroom and we will open the doors as soon as we can for you to sign in and join in!

Friday 24th January 9.00am – 9.30pm

Tuesday 20th May 3.00pm - 3.30pm

Thursday 3rd July 3.00pm – 3.30pm

We hope you can join us at one or more of the sessions, but we do understand that you are all very busy so please don't worry if you can't as there are lots of staff members who will be able to read with your children.

If you have any questions, please see your child's class teacher.

Kind regards,

DAaRT - Year 5



The Life Skills Primary Programme will be taking place in school during the next term. Year 5 will be involved in discussion, activities and will watch video clips during which they will meet the DAaRT Crew. These young people often get into risky situations, and the class will help them make informed decisions and keep safe and healthy.

During the programme, the children will have a workbook in school. The children will learn about responsibility, pressure, peer pressure, confident communication, bullying and cyberbullying, risks and consequences, stress, and recognising their support networks. We will also be discussing helpful and harmful drugs, including alcohol and Nicotine and the effects that these have on the body. The programme includes a discussion on knife safety and will also explore the differences between various groups in society.

This programme has been running in the East Midlands and beyond for over 25 years, has more than 400,000 graduates and has been proven to make a difference in young people's lives. For more information, please visit www.lifeskills-education.co.uk where you will also find a link to the most recent research about the course.

Year 5 will have their DAaRT graduation assembly on Wednesday 2nd April at 3:00pm. The children will be able to invite two guests to come and watch the graduation, details of how to book will be sent out closer to the time.

Thanks for all your continued support.

Year 5 & 6 Team.

Volunteers needed - Garden



We are looking for adult volunteers who can spare some of their time to help maintain our garden/allotment. If you are willing to spare an hour or 2 please contact the school office.

Parking Safely and Considerately

If dropping off or collecting your child by car, please drive and park safely:

- **Be considerate of our neighbours and leave their driveways clear**
- **Do not park or stop where parking is prohibited during school drop off or pick up - yellow zigzags, double yellow lines & some single yellow lines**
- **Follow the highway code**

Thank you for your support
#roadsafety #community #drivesafely



We regularly receive phone calls about inconsiderate parking and/or cars parked with the engine running.

We would ask again that you please park safely and considerately on roads around school when dropping off and collecting children from school. We have had a number of complaints recently from local residents regarding parking, with some people even being aggressive when challenged. Please use the links below to see what the guidance is. Please also note that the school car park is for staff and visitors only and should not be used by parents.

[Link to Nottinghamshire County Council Parking Enforcement advice](#)

[Link to Nottinghamshire Police - Parking Outside Schools Advice](#)

Helping your child with maths



Hello all,

After Parents Evening it has become apparent that there are a number of adults that would like to support their children further at home. For this reason we are exploring how we can best equip you with the resources and skills and would like to gather the thoughts of the school community. We would really appreciate if you could take a couple of minutes to complete this quick questionnaire (it will take no longer than 2 minutes).

[Link to form](#)

Thank you,

Mr Robinson and Miss Dibley - Team Maths

OPAL (Outdoor Play and Learning)



We would like to express a big thank you for your ongoing support with the introduction of OPAL (Outdoor Play and Learning) lunchtime at our school. We are delighted with the positive impact it is having so far and your support has been instrumental with this.

As we continue to expand OPAL, we are in need of more equipment to further enrich the play experience. Please see our new OPAL Bingo Card with examples of equipment that would support us going forward. As well as the below equipment we are always looking for scooters, helmets, material and skipping ropes.

The first class to complete their bingo card will receive an extra playtime. Please give any equipment to your child's class teacher or, if unsure, speak to the office.

Many Thanks,

Mr Hewlett, Mr Phillips-Alexander, Mrs Bullen, Mrs Tomlinson (The OPAL Play Team).



Car Park



Just a quick reminder that the school car park is for staff and visitors only. Parents should not use it for dropping off or collecting children. Please do not use it for breakfast club, after school clubs or boosters. The only exception to this is after 5pm from Millie's After School Club.

Many thanks

A message from Carla Rose

CARLA ROSE COUNSELLING



Carlarosecounselling@gmail.com

I have worked as a Teaching Assistant at Arnold Mill for 12 years and in more recent years I have gained my level 4 Diploma in Counselling and have worked as School Counsellor alongside my TA role. I have now decided to make counselling my sole career, but I will still be working very closely with Arnold Mill.

I will be available to carry out 1-1 private counselling, should you feel your child may need support and encouragement for any concerns that you, or they, may have. This could be for bereavement/loss, stress and anxiety or trauma; or you may just feel that talking to an independent Counsellor, other than a family member or friend, would benefit your child.

The sessions will be carried out in the Den where I have a dedicated counselling room which is a comfortable, safe environment, so your child can express their thoughts and feelings confidentially through creativity and talking, with no judgement.

I am very passionate about how important therapy is for children at a young age as this helps to set them up for a positive response to therapy later in life.

At present I'm available on Wednesday afternoons. Please don't hesitate to contact me at carlarosecounselling@gmail.com should you require any advice, further information or details of the costs.

Kind Regards

Carla Rose - School counsellor

Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

PE Timetable

Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Tuesday and Thursday (please ensure you have PE kit in school)*

2B: *Tuesday and Friday (please ensure you have PE kit in school)*

2C: *Monday and Tuesday (please ensure you have PE kit in school)*

2D: *Thursday and Friday (please ensure you have PE kit in school)*

2E: *Monday and Thursday (please ensure you have PE kit in school)*

2F: *Tuesday and Thursday (please ensure you have PE kit in school)*

WRAPAROUND CARE AT ARNOLD MILL



ARNIE'S BREAKFAST CLUB
DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date*)

Is included as part of our nursery 30 hour childcare provision.



MILLIE'S AFTER SCHOOL CLUB

DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

☎ 0115 966 7930 during school hours

☎ 07*** during school hours

✉ office@arnoldmill.notts.sch.uk



GEDLING BOROUGH AIR NEEDS YOUR CARE



What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough. Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys



You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/





**Greet your child
with a smile
and
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

2024/2025																	
August						September						October					
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School Holidays

Public Holidays

Administration Day

Autumn Term
2 September - 18 October 7 weeks
4 November - 20 December 7 weeks



Spring Term
6 January - 14 February 6 weeks
24 February - 4 April 6 weeks

Summer Term
22 April - 23 May 4 weeks 3 days
2 June - 29 July 8 weeks 2 days

Inset Days
Tuesday 3rd September 2024
Friday 4th July 2025
Monday 28th July 2025
Tuesday 29th July 2025



3 - [Click here to see school policies](#)

www.parentpay.com

Pay online....
for peace of mind

Trips, School Meals,
Breakfast Club, Tuck

A convenient way to pay


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email


Step 2 - Login at www.parentpay.com

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



Turn your online shopping into everyday magic for


Arnold Mill Primary School

with easyfundraising

You shop, brands donate to us.
It won't cost you any extra!

How to sign up

- 1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



Booking.com

eBay

M&S

GROUPON

Argos

TUI

Uswitch

ASDA

Apple

Viking



ASOS


BT

JUST EAT

Boden

Download the easyfundraising App

Excellent  3,945 reviews on Trustpilot

5 - [Click link to sign up to Easyfundraising](#)



6 - [Link to Cost of Living Factsheet](#)



Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>

[@OpenUni_RfP](#)



Childcare Choices

We've signed up for
Tax-Free
Childcare:
Have you?





HM Government

Find out more at
childcarechoices.gov.uk

7 - [Link to Tax Free Childcare website](#)



 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>
