



**18th July 2025**



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*Dear Parents and Carers,*

*The year 6 production, F1 and F2 Learning Journeys were fabulous this week. Thank you to everyone for all their hard work.*

*Next week we have end of year celebrations, sporting achievement assembly, key stage discos and the year 6 leavers' assembly, see the diary below for details.*

*Please note there are no music lessons next week. We do however have a guitar assembly on Tuesday so please ensure the guitarists bring their guitars to school with them.*

*We break up on Friday at the usual time.*

*Have a lovely weekend.*

**Jackie Oldfield, Head Teacher**

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## Calendar



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## July

Tues 22nd - *Guitar assembly to parents* (invitation only via Create Music)

Wed 23rd - Class 2a, 2b & 2c (year 3 & 4) end of year celebration ([link to letter](#))

Weds 23rd - PTFA FS2 & KS1 Disco ([link here](#)) and Ice Cream ([link to poster](#))

Wed 23rd - Year 5 end of year celebration treat day ([link to letter](#))

Wed 23rd - Year 6 trip to Bonington Theatre Trip and garden party (£10) ([link to letter](#))

Thurs 24th - *Sporting Achievement Assembly with parents* (invitation only)

Thurs 24th - Class F2 end of year celebration treat morning ([link to letter](#))

Thurs 24th - Class F1 end of year celebration treat day ([link to letter here](#))

Thurs 24th - Class 1a, 1b, 1c end of year celebration treat day afternoon

Thurs 24th - *PTFA KS2 Disco ([link here](#)) and Ice Cream ([link here](#))*

Fri 25th - *Seaside Special Lunch ([link here](#))*

Fri 25th - *Year 6 Leavers Assembly with parents ([link here](#))*

Fri 25th - *Last day of term for children* (in school uniform and finishing at normal time please)

Mon 28th & Tues 29th - *Inset Days* (School closed)

### **September**

Mon 1st - *School admin day* (school closed to children)

Tues 2nd - *Inset day* (school closed to children)

Weds 3rd - *First day of Autumn term for years 1-6* (F1 & F2 will receive separate information)

Mon 15th-Fri 19th - *Year 5/6 Kingswood residential ([see letter](#))*

### **March 2026**

Tue 24th-Wed 25th - *Year 4 Lea Green residential*

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2025/2026

August							September							October							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
					1	2	3	1	2	3	4	5	6	7	1	2	3	4	5		
4	5	6	7	8	9	10		8	9	10	11	12	13	14	6	7	8	9	10	11	12
11	12	13	14	15	16	17		15	16	17	18	19	20	21	13	14	15	16	17	18	19
18	19	20	21	22	23	24		22	23	24	25	26	27	28	20	21	22	23	24	25	26
25	26	27	28	29	30	31		29	30						27	28	29	30	31		

November							December							January							
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					1	2	1	2	3	4	5	6	7	1	2	3	4				
3	4	5	6	7	8	9	8	9	10	11	12	13	14	9	6	7	8	9	10	11	
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31		

February							March							April						
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					1	2					1	2	3	1	2	3	4	5		
2	3	4	5	6	7	8	2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28		23	24	25	26	27	28	29	27	28	29	30			
							30	31												

May							June							July						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
					1	2	1	2	3	4	5	6	7	1	2	3	4	5		
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
25	26	27	28	29	30	31	29	30						27	28	29	30	31		

School Holidays

Public Holidays

Administration Day  
Monday 1<sup>st</sup> September

**Autumn Term**  
1 September - 17 October 7 weeks  
3 November - 19 December 7 weeks

**Spring Term**  
5 January - 13 February 6 weeks  
23 February - 27 March 5 weeks

**Summer Term**  
13 April - 22 May 5 weeks 4 days  
1 June - 27 July 8 weeks 1 day

**Inset Days**  
Tuesday 2<sup>nd</sup> September  
Monday 5<sup>th</sup> January  
Friday 3<sup>rd</sup> July  
Monday 27<sup>th</sup> July

## Henna Tattoos



*Next week, as a treat for the end of the year Mrs Hussain is inviting the children to have a small henna tattoo on their hand (no cost as she is leaving to start her new journey).*

*She will be using ready-made henna which can take up to 10 days to fade away, so for this reason, we will need parents to give permission for their child to participate via link here asap please.*

*By completing the form you confirm that:*

- *you give permission for your child to have a hand henna tattoo that may last a few days.*
- *your child is not allergic to henna.*

*Your child will receive their tattoo at some point during the week. Children who do not receive permission will not be able to take part in this activity.*

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## **Mobile Phone Policy - in force from September 2025**



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*Use the link below to see the new mobile phone policy which will be in force from September 2025. This states that **CHILDREN SHOULD NOT BRING MOBILE PHONES INTO SCHOOL**. The reasons for this are set out within the policy.*

[Link to Mobile Phone Policy](#)

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## Smartphone Free Childhood



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*We have been asked to share a document to encourage a Smartphone Free Childhood. This can be read by using the link below:*

[Link to document](#)

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## Inspire Library Summer Reading Challenge





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*The Summer Reading Challenge is produced by [The Reading Agency](#) and delivered in partnership with libraries across the country. The Challenge, aimed at children aged 4 to 11 years, is to read six or more library books over the summer. There are stickers to collect and a medal and certificate when a child completes the Challenge.*

The 2025 Summer Reading Challenge is Story Garden. Story Garden celebrates nature and the great outdoors, exploring adventure, fantasy and the magical world of storytelling. The Challenge features artwork from illustrator Dapo Adeola, whose illustrations bring the Story Garden theme to life; creating an enchanting world where children can find magical creatures, plants and flowers to inspire their next reading adventure.

## School Dinners: w/c 21st July 2025

<div> <div>My School Menu</div> <div>Spring/Summer 2025</div> <div> <div>w/c 21<sup>st</sup> July 2025</div> <div>Taco</div> <div>Tuesdays</div> </div> </div>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs <small>Egg Gluten</small> in a tomato sauce with pasta shape of the day <small>Gluten Soya Mustard</small> & roasted mediterranean vegetables	BBQ Chicken taco <small>Gluten</small> with jewelled rice, carrot & cucumber sticks	Bangers & mash <small>Gluten Sulphur Dioxide</small> with seasonal vegetables & gravy <div>            Featuring our            Nottinghamshire            sausage            from local            butchers            near you         </div>	Roasted gammon with jacket wedges, roasted summery vegetables & gravy	Seaside Special (see separate menu )
Option 2	BYO Sandwich <small>Gluten Soya</small> Fillings: cheese <small>milk</small> ham or tuna mayonnaise <small>Fish Egg</small> vegetable sticks, crisps fruit or Frube yogurt <small>milk</small> or	Jacket potato served with your choice of: cheese <small>Milk</small> , baked beans or tuna mayonnaise <small>Fish Egg</small> & mixed salad	BYO Sandwich <small>Gluten Soya</small> Fillings: cheese <small>milk</small> ham or tuna mayonnaise <small>Fish Egg</small> vegetable sticks, crisps fruit or Frube yogurt <small>milk</small> or		
Pudding	Gingerbread cookies <small>Gluten</small>	Ice Cream Tub <small>Milk</small>	Butterscotch shortcake <small>Milk Gluten</small>	Cherry iced bun <small>Gluten Egg Milk Soya</small>	


**Nottinghamshire  
County Council**





30-Minute free breakfast club - bookings for w/c 21st July



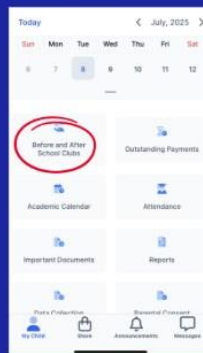


**We are asking parents to now register for the 30-minute free breakfast club through My Child at School MCAS**



**1. Log into the MCAS app/website. Please ask at the school office if you haven't yet registered for (MCAS)**

**2. Select 'Before and After School Clubs' from the home page**



**3. Select the dates you wish to book and click on 'Enrol to Selected'**



**New dates will be released each week**

## Internet and Digital Safety



At The National College, our WakeUpWednesday guides engage and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and digital literacy. Regularly published by The National College Safety, these guides cover a range of topics and themes. For further guides, links and tips, please visit [thenationalcollege.com](http://thenationalcollege.com).

## What Parents & Educators Need to Know about APPLE IPADS

Tablets remain a staple of children's digital lives – and Apple's iPad is by far the most popular model. According to Ofcom, over half of younger children regularly use a tablet to play games, watch online content or access apps. With their broad functionality, iPads can be helpful tools, but without supervision, they may expose children to risks ranging from inappropriate content to screen overuse.

### WHAT ARE THE RISKS?

**COSTLY TO REPAIR**  
Unlike some child-friendly tablets, the iPad is not built for rough handling. Its slim design and high cost mean that a drop or spill can result in a costly repair. If a child is using the device regularly, it should come with screen protector and strongly recommended to help prevent accidental damage.

**DATA PRIVACY**  
While Apple is known for strong privacy (32% protection), a recent study found that over 90% of the apps on the App Store have permissions to access data. Over 40% of the tested apps used at least one piece of user information to share with third parties, including sensitive email addresses and account details. Some apps also track location data.

**INAPPROPRIATE CONTENT**  
The App Store and App Store Connect provide almost unrestricted access to online content. Children may stumble upon age-inappropriate content, whether through apps, advertisements or website redirects. Data has indicated that some apps may contain inappropriate material.

**BYPASSING RESTRICTIONS**  
iOS – Apple's mobile operating system – can potentially restrict restrictions, especially with the newer iOS versions. However, restrictions can be bypassed through various methods, including jailbreaking. In jailbreak, users can install apps from outside the App Store, bypassing content filters previously set by Apple.

**SCREEN ADDICTION**  
Ipad use can be highly addictive, and excessive screen time may affect a child's emotional and behavioural development. Signs of screen addiction include mood swings, irritability, and difficulty focusing on non-digital activities.

**REDUCED ATTENTION & COGNITIVE IMPACT**  
Prolonged use of tablets has been linked with reduced concentration, poorer processing speeds, and difficulties in concentrating. Research shows that children who spend excessive time gaming or watching media on tablets may struggle with language development and executive functioning over time.

### Advice for Parents & Educators

**ENABLE FAMILY SHARING**  
Family Sharing allows you to create a dedicated Apple ID for your child and manage their activity. You can approve purchases, restrict what content they can access, and set time limits – all above separately from your own device. It's a simple and powerful way to manage usage.

**USE SCREEN TIME FEATURES EFFECTIVELY**  
Tools like Screen Time and App Limits can reduce device access. Screen Time allows you to block access during key times – such as before bed or during homework – while App Limits sets daily time caps on specific games or apps. Alerts help children understand when their time is about up.

**FILTER APPS, WEBSITES & IN-APP PURCHASES**  
Parental controls in iOS let you block explicit content in apps, restrict app downloads, and manage in-app purchase permissions. You can also use the restriction automatically to prevent access to adult material and disable the installation of apps from unknown sources.

**PREVENT UNAPPROVED SPENDING**  
Children can accidentally (or intentionally) make purchases within apps. Enabling Ask to Buy can prevent this. When you receive a notification to approve any app or in-app purchase, this stops surprise charges and allows you to discuss purchases together before they're made.

**Meet Our Expert**  
Early Page is a renowned technology journalist with over a decade of experience. Formerly a member of the security team at TechCrunch, Early Page writes for publications including The Verge, Forbes, TechCrunch and The Verge. With a deep understanding of online safety, she brings a valuable perspective to parenting in the digital age.

**#WakeUpWednesday**  
**The National College**

Twitter: @wake\_up\_weds Facebook: /www.thenationalcollege Instagram: @wake.up.wednesday TikTok: @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.07.2020

We have been asked by Nottinghamshire Police to share the following information with parents:

[Link to Online Security Checklist for parents](#)

[Link to Cyber Choices programme for parents](#)

## Community News

**Gedling Swim Stars**

### FREE SWIM ASSESSMENT

Free 25 minute session to assess your child's swimming ability and water skills

[www.gedling.gov.uk/swimming](http://www.gedling.gov.uk/swimming)

Location	Contact Number
Arnold	0115 901 3690
Calverton	0115 901 3800
Carlton Forum	0115 901 3660

**Gedling Swim Stars**

### FREE PRE SWIM SCHOOL LESSON

Come and try a pre-swim school lesson with your little one and get them used to the water from an early age.

[www.gedling.gov.uk/swimming](http://www.gedling.gov.uk/swimming)

Location	Contact Number
Arnold	0115 901 3690
Calverton	0115 901 3800
Carlton Forum	0115 987 2333



***We are Open***

***Help Save the Planet  
this Summer Holidays  
by Requesting one  
of our Free Pre-loved  
Uniform Parcels***



**[uniformproject@hotmail.com](mailto:uniformproject@hotmail.com)**



Facebook · The Uniform Project Nottingham  
1.1K+ followers

The Uniform Project Nottingham



**Notts County  
Foundation**

**EARLY BIRD  
DISCOUNT**

**SUMMER  
FOOTBALL CAMPS**



**Early bird offer: £7.50 per child, per day\***  
\*Until Mon 21<sup>st</sup> July 2025

**Standard: £10 per child, per day**

**RUNNING EVERY WEDNESDAY, THURSDAY AND FRIDAY  
THROUGHOUT THE SUMMER HOLIDAYS**

**BOOK NOW**

**OFFICIALSOCCERSCHOOLS.CO.UK/NOTTSCOUNTY**

[sportinclusion@nottscountyfoundation.org.uk](mailto:sportinclusion@nottscountyfoundation.org.uk)

Portland Centre, Muskham Street, NG2 2HE



**SPORT4KIDS  
SUMMER CAMP**  
@ CARLTON FORUM LEISURE CENTRE



**SPORT4KIDS  
SUMMER CAMP**  
@ TRENT VALE INFANTS NURSERY SCHOOL

**10AM-3PM**  
SEE WEBSITE FOR  
DETAILS OF DATES

**USE CODE  
S4KEARLY15  
FOR 15% OFF  
VALID UNTIL 1<sup>ST</sup> JULY 2025**

**USE CODE  
S4KEARLY10  
FOR 10% OFF  
VALID UNTIL 27<sup>TH</sup> JULY 2025**

**SCAN ME**

**BOOK HERE! >>**

**9.30AM-3.30PM**  
SEE WEBSITE FOR  
DETAILS OF DATES

**USE CODE  
S4KEARLY15  
FOR 15% OFF  
VALID UNTIL 1<sup>ST</sup> JULY 2025**

**USE CODE  
S4KEARLY10  
FOR 10% OFF  
VALID UNTIL 27<sup>TH</sup> JULY 2025**

**SCAN ME**

**BOOK HERE! >>**

**HAF FUNDED  
PLACES AVAILABLE!**

**BOOK HERE! >>**

**BOOKING OPENS ON  
THE 30<sup>TH</sup> JUNE 2025**

**SCAN ME**

**5-13  
YEARS**

**HAF FUNDED  
PLACES AVAILABLE!**

**BOOK HERE! >>**

**BOOKING OPENS ON  
THE 30<sup>TH</sup> JUNE 2025**

**SCAN ME**

**4-13  
YEARS**

[sport4kids.biz/camps](http://sport4kids.biz/camps) **0300 303 3866**

[sport4kids.biz/camps](http://sport4kids.biz/camps) **0300 303 3866**



## Previously Published Articles

**Win £1,000 for your school's library** - nominate your school to #rebuildthelibrary and you could win £100 National Book Token for yourself!



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*It's well established that reading for pleasure leads to significantly better outcomes for children – boosting academic performance, enhancing wellbeing, and fostering vital life skills like empathy.*

*But did you know that 1 in 5 children don't have a book at home? And 1 in 7 primary schools in England have no library space at all, affecting more than 750,000 children. School libraries are often filled with unappealing and outdated books. Children facing poverty, who need these school libraries the most, are most likely to be missing out.*

***It's time to #rebuildthelibrary.***

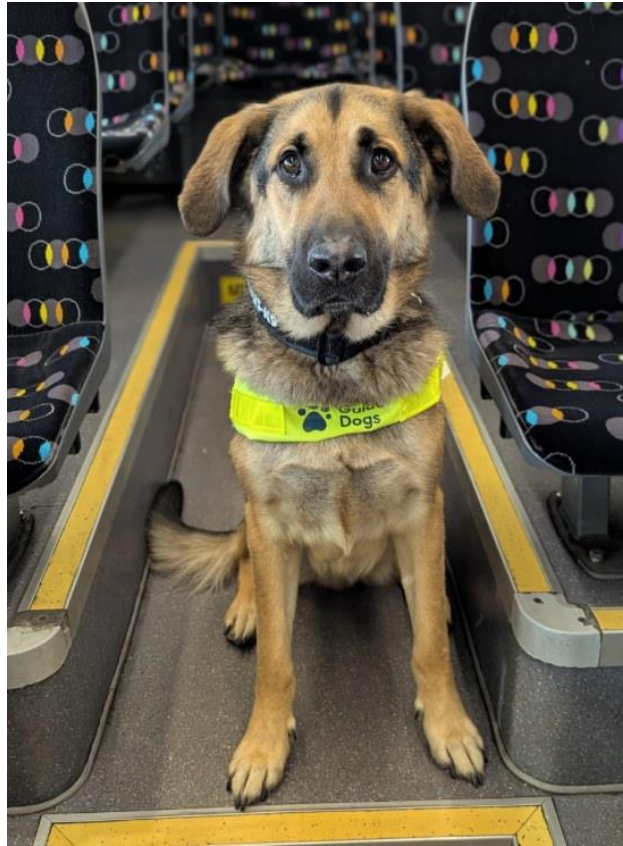
*National Book Token's annual schools prize gives five schools across the UK and Ireland the chance to win £1,000 in National Book Tokens so they can fill their library shelves with new books. Each winning school will also receive £300 in cash to make improvements to their library space, making it fun and welcoming for all.*

**Please ask friends and family to nominate Arnold Mill Primary (visit their website and scroll to the bottom of the page for the nomination form via this link [Win £1,000 for your school's library! - nomination form](#)), and if yours is one of the five winning entries, you'll also win a £100**

*National Book Token to spend in your favourite bookshop! Remember, the more entries received for your school, the higher the chance they'll win – so don't forget to spread the word.*

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### **Bertie the Guide Dog - Guidance for Parents/Carers/Children**



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*We have been asked to forward this message from Bertie the Guide Dog who you may see around the school grounds in the near future. This is just some guidance on how to act around him.*

Hello,

My name is Bertie and I'm a Guide Dog for Michael's Dad – Liam.

I'm a German Shepherd x Golden Retriever and I'm very friendly so you don't need to be scared.

When I'm wearing my White guiding harness, it means I'm working.



So Please:

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- Don't distract me by; calling my name, stroking me or offering me treats.
  - Try and make space for me to guide along the pavement.
  - Keep pet dogs under control and on a lead.
  - Do ask Liam any questions you may have
- 



## HOW TO STAY SAFE IN THE SUN

Enjoy the sunny days while  
staying safe and protected!



<b>Always wear sunscreen.</b>  Apply sunscreen with SPF 30 or higher at least 15 minutes before going out. Reapply often.	<b>Wear protective clothing.</b>  Cover up when out in the sunshine. Put on a hat to protect your face and neck.	<b>Wear sunglasses.</b>  Keep your eyes protected with sunglasses that are designed to block UV rays.
<b>Don't stay out in the sun too long.</b>  Limit your time in the sun, especially between 11 AM and 3 PM. Seek shade if you can.	<b>Weather</b>  Our skin can burn even if it's cloudy! Apply sunscreen to protect your skin.	<b>Splash, Splash</b>  Water washes sunscreen off. Sunscreen should be reapplied straight after you have been in water.

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*Now that the warm weather has arrived I would like to remind parents/carers of our sun protection guidance.*

*On hot days we will encourage children to wear a hat, drink plenty of water and sit in the shade as required.*

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- Please make sure your child brings a sun hat/cap and water bottle (marked with their name and class) to school*
- Please ensure that your child is wearing suitable school shoes (no trainers, flip flops or open toed shoes)*
- Please apply sun cream to your child before they come to school on hot days. The long lasting protection types are recommended. If your child is prone to burning and you*

*feel they may need an additional application you may send in a bottle of sun cream (marked with their name), which your child should give to their teacher. Your child will be able to apply the cream themselves when needed (usually just before lunchtime) under the supervision of a classroom staff member.*

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***If your child requires a staff member to assist with applying additional sun cream please email the class teacher to confirm that you give consent for a member of staff to assist your child to apply an additional application of the sun cream you have/will provide.***

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**Parking: please be considerate of our neighbours**



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*We have received a phone call from one of our neighbours, Please can I remind everyone that we need to be considerate when parking, specifically not parking on Mill Lane as it is a private road or blocking drives/entrances around the neighbouring streets in general.*

*Thank you for supporting us in maintaining good relationships with our community.*

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**REGISTER NOW!** **My Child at School**

Please email  
[office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)  
to request a registration email for our new  
parent app, 'My Child at School (MCAS)' if  
you haven't already registered  
(Please check your junk folder for the registration email)  
SIMS Parent is no longer being used by us.



## Parental Code of Conduct



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*Please use the link below to read the Parental Code of Conduct Policy which we would ask all parents to read and abide by, as I feel it is really important that us adults set a good example to our children. Please remember when you are picking up and dropping off we do expect you to show respect to others, including staff, other parents, children and people in our local community.*

*We have had more reports of people parking over dropped kerbs, over driveways and being inconsiderate and aggressive towards our neighbours. Please plan your school pick-up and drop-offs carefully so that you are not late, leading to inconsiderate parking. If possible, please walk to school.*

[Link to policy](#)

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## Spelling at Arnold Mill (years 1-6)



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*We are excited to inform you about an important change to our approach to spelling from Year 1 to Year 6.*

*After carefully considering the best ways to support your child's learning, we have decided to adopt a new spelling scheme called No Nonsense Spelling. This program is designed to improve spelling in a more engaging and effective way, focusing on understanding spelling rules and patterns, rather than simply memorising words for tests.*

*As part of this change, we will no longer be conducting traditional spelling tests. Instead, assessments will take place within the lesson itself, offering a more holistic and practical approach to spelling. This means your child will have the opportunity to apply their knowledge in real-time, helping them retain spelling patterns and rules more effectively.*

*We believe this method will not only reduce the pressure of weekly tests but also encourage deeper learning and better retention. The No Nonsense Spelling program is structured to build on skills progressively, and our teachers will be continuously assessing your child's progress through class activities, quizzes, and practical application.*

*We are confident that this change will enhance the learning experience and lead to a greater understanding and enjoyment of spelling. If you have any questions or would like more information about the new scheme, please do not hesitate to get in touch with your child's teacher.*

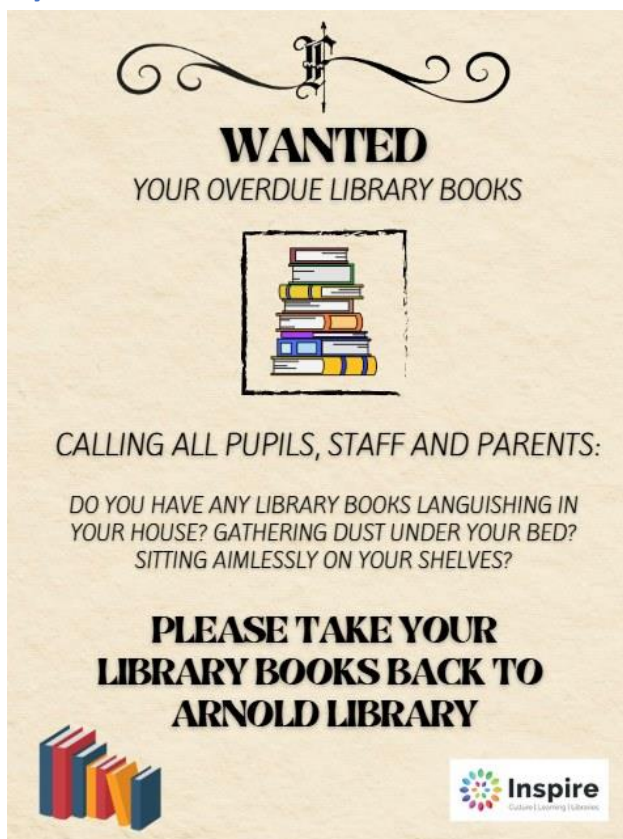
*Thank you for your continued support in helping us provide the best possible learning environment for your child.*

*Many Thanks,*

*Mr Shaun Hewlett and Mrs Katie Appleyard*

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### **Plea from Arnold Library**



### **Should I keep my child off school?**

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*There is currently a lot of illness around. Please see the guidance below for when a child should be kept off school. In order to keep levels of illness as low as possible, we would ask that you do follow this guidance.*

*Please note that if a child has any form of temperature, they should not be at school until it is under control naturally (not reliant on medication).*

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## Do I need to keep my child off school?



<b>Chicken Pox</b> Until all spots have crusted over	<b>Conjunctivitis</b> No need to stay off but school or nursery should be informed	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> No need to stay off but school or nursery should be informed	<b>Hand, foot &amp; mouth</b> No need to stay off but school or nursery should be informed	<b>Impetigo</b> Until lesions are crusted & healed or 48 Hours after commencing antibiotics
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> Until after first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slapped Cheek</b> No need to stay off but school or nursery should be informed	<b>Whooping Cough</b> 48 Hours after commencing antibiotics
<b>Flu</b> Until recovered	<b>Head Lice</b> No need to stay off but school or nursery should be informed	<b>Threadworms</b> No need to stay off but school or nursery should be informed	<b>Tonsillitis</b> No need to stay off but school or nursery should be informed		

## The Uniform Project Nottingham



*The Uniform Project Nottingham is a not-for-profit organisation helping Parents and Schools in and around Nottingham to reduce clothing waste by recycling school uniforms. Founded by a local Nottingham mum who is passionate about environmental sustainability and building a greener future for local children.*

*The Uniform Nottingham collects school uniform donations all year round. All uniform donations are quality checked, cleaned and repaired whenever possible to ensure all the uniform items gifted to local families are of high quality. Any donations that cannot be reused are recycled for rags to ensure nothing is wasted.*

*If you have any old school uniform (for any local school) that you would be willing to donate there is a pink collection box is located in our Main Reception (we also donate approximately twelve black bags of un-named, unclaimed lost property uniform per year).*



*The Uniform Project shop is open to the public all year round by appointment only. To book an appointment at the shop please message them via their Facebook page ([link to Facebook page](#)) or email [uniformproject@hotmail.com](mailto:uniformproject@hotmail.com)*

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## **Recycle with Michael**



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**Turn your unloved clothes and shoes into cash for Arnold Mill Primary School!**

***Recycle with Michael!***

*Facilitated by The Salvation Army's Clothing Collection service, this nationwide scheme aims to divert thousands of tonnes of unwanted items away from landfill, while educating our children about the importance of reusing and recycling.*

*So we're asking you to dig out those old clothes taking up space in your wardrobe, sort out the outgrown shoes.*

*It couldn't be easier to get involved. Simply:*

- 1. Fill bags with your unwanted clothes and shoes (no bric-a-brac please).*
- 2. Return the bags containing your unwanted items and pop them in the black collection point located just inside the main gate (Cross Street).*

*The Salvation Army will collect the bags and the money raised from the items will be shared with the school. **The more bags we fill – the more cash we raise!** If you're having a clear out, remember Recycle with Michael, and donate to a great cause.*

*We hope you'll help to support us and give your preloved clothes a new lease of life.*

### ***Christmas Jumpers and Pyjamas***

*Do you have any pre-loved Christmas jumpers and/or pyjamas you would be willing to donate to the school? If so that would be amazing (thank you), please drop them off at the school office.*

*Good luck with the sorting and thank you in advance*

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## Ink Cartridge Recycling



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*There's no better way to start the New Year by clearing out clutter and helping the planet! Your used ink cartridge donations can keep waste out of landfills and raise funds for our school (the donation box is located in the Reception area). Help kickstart your 2025 sustainably! Let's make this a year of positive change.*

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## KS1 Reading for Pleasure with Parents



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*It has been a great term and we have discovered so much about a range of different topics.*

*As our returning KS1 parents will know, we like to invite you to come into school and read with your child(ren). Reading is at the heart of everything we do in school and promoting a love of reading for pleasure is one of our highest priorities. After having taken on board feedback from last year, we are letting you have these dates now so that as many of you as possible will hopefully be able to join us! You are always welcome to bring books from home to share in these sessions or read one we have in class.*

*In all cases, please arrive outside your child's classroom and we will open the doors as soon as we can for you to sign in and join in!*

*Friday 24th January 9.00am – 9.30pm*

*Tuesday 20th May 3.00pm - 3.30pm*

*Thursday 3rd July 3.00pm – 3.30pm*

*We hope you can join us at one or more of the sessions, but we do understand that you are all very busy so please don't worry if you can't as there are lots of staff members who will be able to read with your children.*

*If you have any questions, please see your child's class teacher.*

*Kind regards,*

*The KS1 Team*

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## Parking Safely and Considerately

**If dropping off or collecting your child by car, please drive and park safely:**

- **Be considerate of our neighbours and leave their driveways clear**
- **Do not park or stop where parking is prohibited during school drop off or pick up - yellow zigzags, double yellow lines & some single yellow lines**
- **Follow the highway code**

**Thank you for your support**  
**#roadsafety #community #drivesafely**



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*We regularly receive phone calls about inconsiderate parking and/or cars parked with the engine running.*

*We would ask again that you please park safely and considerately on roads around school when dropping off and collecting children from school. We have had a number of complaints recently from local residents regarding parking, with some people even being aggressive when*

*challenged. Please use the links below to see what the guidance is. Please also note that the school car park is for staff and visitors only and should not be used by parents.*

[Link to Nottinghamshire County Council Parking Enforcement advice](#)

[Link to Nottinghamshire Police - Parking Outside Schools Advice](#)

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## **Helping your child with maths**



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*Hello all,*

*After Parents Evening it has become apparent that there are a number of adults that would like to support their children further at home. For this reason we are exploring how we can best equip you with the resources and skills and would like to gather the thoughts of the school community. We would really appreciate if you could take a couple of minutes to complete this quick questionnaire (it will take no longer than 2 minutes).*

[Link to form](#)

*Thank you,*

*Mr Robinson and Miss Dibley - Team Maths*

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## OPAL (Outdoor Play and Learning)



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*We would like to express a big thank you for your ongoing support with the introduction of OPAL (Outdoor Play and Learning) lunchtime at our school. We are delighted with the positive impact it is having so far and your support has been instrumental with this.*

*As we continue to expand OPAL, we are in need of more equipment to further enrich the play experience. Please see our new OPAL Bingo Card with examples of equipment that would support us going forward. As well as the below equipment we are always looking for scooters, helmets, material and skipping ropes.*

*The first class to complete their bingo card will receive an extra playtime. Please give any equipment to your child's class teacher or, if unsure, speak to the office.*

*Many Thanks,*

*Mr Hewlett, Mr Phillips-Alexander, Mrs Bullen, Mrs Tomlinson (The OPAL Play Team).*

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## Car Park



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*Just a quick reminder that the school car park is for staff and visitors only. Parents should not use it for dropping off or collecting children. Please do not use it for breakfast club, after school clubs or boosters. The only exception to this is after 5pm from Millie's After School Club.*

*Many thanks*

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A message from Carla Rose

## CARLA ROSE COUNSELLING



[Carlarosecounselling@gmail.com](mailto:Carlarosecounselling@gmail.com)

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*I have worked as a Teaching Assistant at Arnold Mill for 12 years and in more recent years I have gained my level 4 Diploma in Counselling and have worked as School Counsellor alongside my TA role. I have now decided to make counselling my sole career, but I will still be working very closely with Arnold Mill.*

*I will be available to carry out 1-1 private counselling, should you feel your child may need support and encouragement for any concerns that you, or they, may have. This could be for bereavement/loss, stress and anxiety or trauma; or you may just feel that talking to an independent Counsellor, other than a family member or friend, would benefit your child.*

*The sessions will be carried out in the Den where I have a dedicated counselling room which is a comfortable, safe environment, so your child can express their thoughts and feelings confidentially through creativity and talking, with no judgement.*

*I am very passionate about how important therapy is for children at a young age as this helps to set them up for a positive response to therapy later in life.*

*At present I'm available on Wednesday afternoons. Please don't hesitate to contact me at [carlarosecounselling@gmail.com](mailto:carlarosecounselling@gmail.com) should you require any advice, further information or details of the costs.*

*Kind Regards*

*Carla Rose - School counsellor*

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## Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication

- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

## PE Timetable

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### Here are the PE slots for each class:

*F1 (am): Tuesday (please come in PE kit)*

*F1 (pm): Friday (please come in PE kit)*

*F2a: Wednesday (please come in PE kit)*

*F2b: Wednesday (please come in PE kit)*

*1A: Monday and Wednesday (please come in PE kit)*

*1B: Monday and Wednesday (please come in PE kit)*

*1C: Monday and Wednesday (please come in PE kit)*

*2A: Tuesday and Thursday (please ensure you have PE kit in school)*

*2B: Tuesday and Friday (please ensure you have PE kit in school)*

*2C: Monday and Tuesday (please ensure you have PE kit in school)*

*2D: Thursday and Friday (please ensure you have PE kit in school)*

*2E: Monday and Thursday (please ensure you have PE kit in school)*

2F: Tuesday and Thursday (please ensure you have PE kit in school)

## WRAPAROUND CARE AT ARNOLD MILL



### ARNIE'S BREAKFAST CLUB

DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date\*)

Is included as part of our nursery 30 hour childcare provision.



### MILLIE'S AFTER SCHOOL CLUB

DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay\*. Cut off time for booking 12noon on the day.



\*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

0115 966 7930 during school hours  
07\*\*\* during school hours  
office@arnoldmill.notts.sch.uk



# GEDLING BOROUGH AIR NEEDS YOUR CARE



## What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

## Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

## How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.



## Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

## It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough.

Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:  
[www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/](http://www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/)

**Gedling**  
Borough Council



**Greet your child  
with a smile  
and  
not a mobile!**



1 - [Click here for information about free school meals and milk](#)





## 2 - [Click for important information about Strep A](#)

Nottinghamshire School Holidays 2024-25  
August 2024 to July 2025



2024/2025													
August							September						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3	4						1	
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						
November							December						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3							1	
4	5	6	7	8	9	10	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30		23	24	25	26	27	28	29
							30	31					
February							March						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
				1	2						1	2	
3	4	5	6	7	8	9	3	4	5	6	7	8	9
10	11	12	13	14	15	16	10	11	12	13	14	15	16
17	18	19	20	21	22	23	17	18	19	20	21	22	23
24	25	26	27	28			24	25	26	27	28	29	30
							31						
May							June						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3	4					1		
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						
July							August						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3	4							
5	6	7	8	9	10	11	5	6	7	8	9	10	11
12	13	14	15	16	17	18	12	13	14	15	16	17	18
19	20	21	22	23	24	25	19	20	21	22	23	24	25
26	27	28	29	30	31		26	27	28	29	30	31	

School Holidays

Public Holidays

Administration Day

**Autumn Term**  
2 September - 18 October 7 weeks  
4 November - 20 December 7 weeks



**Spring Term**  
6 January - 14 February 6 weeks  
24 February - 4 April 6 weeks

**Summer Term**  
22 April - 23 May 4 weeks 3 days  
2 June - 29 July 8 weeks 2 days

**Inset Days**  
Tuesday 3<sup>rd</sup> September 2024  
Friday 4<sup>th</sup> July 2025  
Monday 28<sup>th</sup> July 2025  
Tuesday 29<sup>th</sup> July 2025



3 - [Click here to see school policies](#)



[www.parentpay.com](http://www.parentpay.com)

Pay online....  
for peace of mind

Trips, School Meals,  
Breakfast Club, Tuck

**A convenient way to pay**


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email

Step 2 - Login at [www.parentpay.com](http://www.parentpay.com)

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



Turn your online shopping  
into everyday magic for

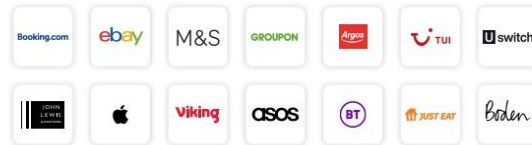
**Arnold Mill Primary School**

with easyfundraising

You shop, brands donate to us.  
It won't cost you any extra!

#### How to sign up

- 1 Visit the link below or scan the QR code  
[www.easyfundraising.org.uk/support-a-good-cause](http://www.easyfundraising.org.uk/support-a-good-cause)
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



Download the  
easyfundraising App



Excellent 3,945 reviews on Trustpilot

5 - [Click link to sign up to Easyfundraising](#)



6 - [Link to Cost of Living Factsheet](#)

## Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>

 @OpenUni\_RfP



# Childcare Choices

We've signed up for  
Tax-Free  
Childcare:  
Have you?



  
HM Government


Find out more at  
[childcarechoices.gov.uk](http://childcarechoices.gov.uk)

7 - [Link to Tax Free Childcare website](#)



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 [office@arnoldmill.notts.sch.uk](mailto:office@arnoldmill.notts.sch.uk)

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>

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