



28th February 2025



Dear Parents and Carers,

It's been lovely to see the sunshine has joined us this week. The children have loved playing out in the dryer weather and we've had a great start to this half term.

We had our 'Book Look' drop in today and it was so lovely to see so many proud parents. We really love having you all in school, especially for celebrations.

On Thursday 6th March we have World Book Day. The children can dress up as their favourite book character, we have a drop in and read session at 3pm and then from 3.30pm, you can buy a pre-loved book or a Wonka Bar and try and find a golden ticket. It should be a fantastic day to encourage and inspire readers.

Year 4 also start swimming next week- so it's going to be a busy one again!

Have a lovely weekend!

Kind regards,

Jackie Oldfield, Head Teacher

Calendar



March

Thurs 6th - World Book Day ([Link to letter](#)) ([Link to themed lunch menu](#))

Thurs 6th - World Book Day PTFA fundraising event ([link to Golden Ticket poster](#))

Fri 7th - Year 4 swimming lessons start ([Link to letter](#))

Tues 11th - 1A Library visit

Weds 12th - F2A/2F Library visit

Weds 19th - F2B/2E Library visit

Fri 21st - *Comic Relief/Red Nose Day*

Weds 26th - *Y5 Chemistry Workshop (provisional)*

Fri 28th - *Non-uniform Day - donations for the Easter Raffle ([Link to poster](#))*

Tues 25th - Weds 26th - *Year 4 Residential Lea Green Activity Centre ([Information booklet](#))*

April

Wed 2nd - *Year 5 DAaRT Graduation Assembly with parents*

Wed 2nd - *Festival of Faiths Fair and Raffle ([link to letter](#))*

Thur 3rd - *F2 Easter Craft Morning with Parents ([Link to letter](#)).*

Fri 4th - *PTFA Easter Raffle*

Fri 4th - *PTFA Easter Craft Day and/or Egg Hunt Fundraising Event (provisional)*

 **Mon 7th - Mon 21st April - Easter Holidays** 

May

Mon 5th - *May Day Bank holiday (school closed)*

Thu 8th - *F2a White Post Farm trip (provisional)*

Mon 12th - Thu 15th Year 6 SATs

Fri 16th May - *PTFA Ice Cream Friday (provisional)*

Tue 20th - *Parents reading with their KS1 child ([Link to letter](#))*

Mon 26th - Fri 30th May - Half Term Holidays

June

Weds 11th - *Class Photos*

Fri 13th - *PTFA Ice Cream Friday* (provisional)

Fri 20th - *Non-uniform Day - donations for the Summer Fair*

Fri 27th - *Summer Fair*

July

Tue 1st - *Year 1 Wollaton Hall Farm trip* (provisional)

Thurs 3rd - *Parents reading with their KS1 child* [\(Link to letter\)](#)

Fri 4th - *Inset Day* (School closed)

Mon 7th - *PTFA World Chocolate Day fundraising event* (provisional)

Thurs 10th-Fri 11th - *Year 2 Robin Hood Camp* [\(Link to letter\)](#) [\(Link to presentation\)](#)

Fri 18th - *PTFA Ice Cream Friday* (provisional)

Wed 23rd - *PTFA FS2 & KS1 Disco* (Provisional - details to follow)

Thurs 24th - *PTFA KS2 Disco* (Provisional - details to follow)

Fri 25th - Last day of term for children

Mon 28th & Tues 29th - *Inset Days* (School closed)

Children's Work







| | | | |
|-------|--|------|--|
| What? | To find out more about Hindu gods and goddesses. | Why? | So I can understand more about Hinduism. |
| Pupil | How do I know I have been successful? | | Adult JP |
| | <input type="checkbox"/> I can use previous knowledge. <input type="checkbox"/> I can understand what the Trimurti stands for. <input type="checkbox"/> I can research about a God/Goddess and present to the class. | | |

Prior knowledge: What does the term Trimurti mean? 14.2.2025 | 6 | P

Trimurti

Brahma
Brahma is the creator of the world. He has four heads and thousand arms and he sits in a lotus flower.

Vishnu
Vishnu is the preserver. He sleeps with snakes and Brahma comes out of his belly.

Shiva
Shiva is the destroyer. One day he will destroy the world so that Brahma can recreate it.

Post knowledge: What does the term Trimurti mean?

The three most important gods.


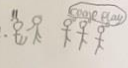

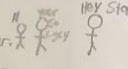

24.02.25

| What? | To find out more about being a non-religious person. | Why? | So I can explain why humans believe you can be good without God. |
|-------|--|------|---|
| Pupil | How do I know I have been successful? | | Adult JP |
| | <input checked="" type="checkbox"/> I can use previous knowledge. <input checked="" type="checkbox"/> I can identify what humanism is. <input checked="" type="checkbox"/> I can create a code of what a good life looks like without God. | | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

Prior knowledge: What is humanism?

A person who has no religion beliefs. And no religion

THE ARNOLD MILL CODES!

1. Take care of others. 
2. Make sure everyone is involved. 
3. Be kind to each other. 
4. Always look out for one and other. 
5. gentle hands always. 

Post knowledge: What is humanism?

Someone who does not believe in god but still believe you should be kind no matter what

AA

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




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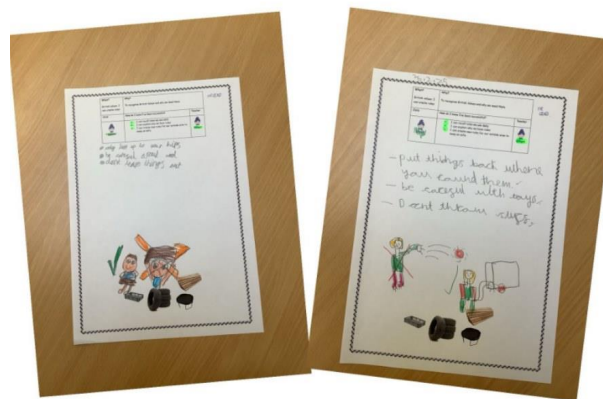
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AA



PIC•COLLAGE

School Dinners: w/c 3rd March 2025

WEEK COMMENCING
3 March

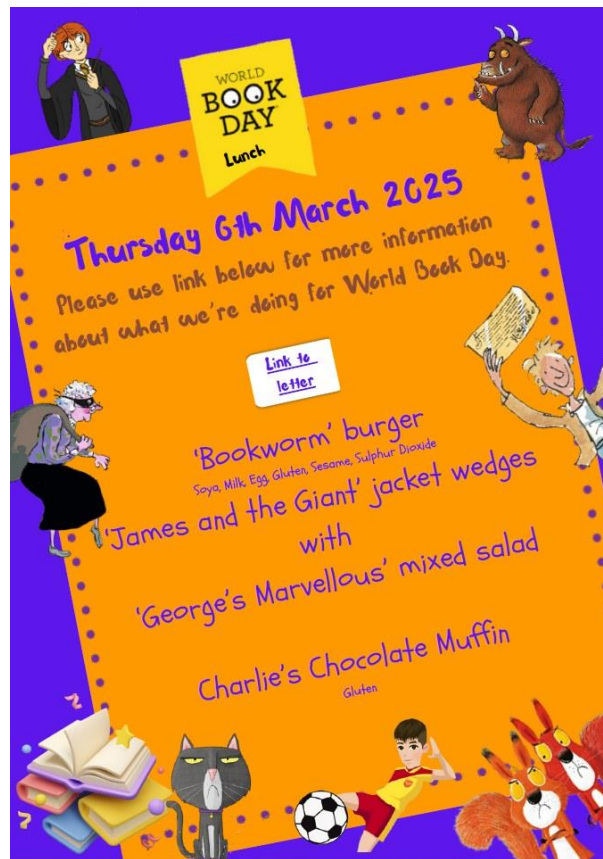
All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------|---|--|--|---|---|
| MAIN | Margherita pizza, Soy Milk Gluten diced potatoes & crunchy vegetables | All day brunch Nottinghamshire sausage, Gluten Soybean or soya comminuted egg milk, baked beans, hash brown, roast tomato & tomato ketchup | Pasta shell Bolognese, Gluten Soybean or soya fish garlic bread Soy Milk Gluten & sweetcorn | Special World Book Day Menu - details to follow | Fish fingers Gluten Fish, tomato ketchup, diced potatoes, sweetcorn & minted Garden peas |
| OPTION 2 | | | | | |
| PUDDING | Strawberry Ice Cream Tub or Frozen Fruit Fruites Milk | Raspberry swirl muffin Egg Gluten | Chocolate ice cream roll Soy Milk Egg Gluten & chocolate sauce Milk | | Jelly & shortbread Gluten |



Nottinghamshire
County Council



Parent Satisfaction Survey



At Arnold Mill we set out to provide the children with the highest standard of education in a safe and secure environment. We have a set of aims and values that you are familiar with and we are continuously aspiring to make school even better.

The annual questionnaire is a very important part of the school self-evaluation process and is designed to provide parents/carers with an opportunity to express their thoughts and opinions on some of the key aspects of school life. The outcomes are used to feed into the school improvement process. Past questionnaires have provided us with really useful information that we have acted upon to improve systems and procedures or address concerns.

Please do not use this questionnaire as an opportunity to 'personalise' complaints regarding specific people. I would hope that this questionnaire does not throw up any complete surprises and that any significant concerns have been addressed through previous communication.

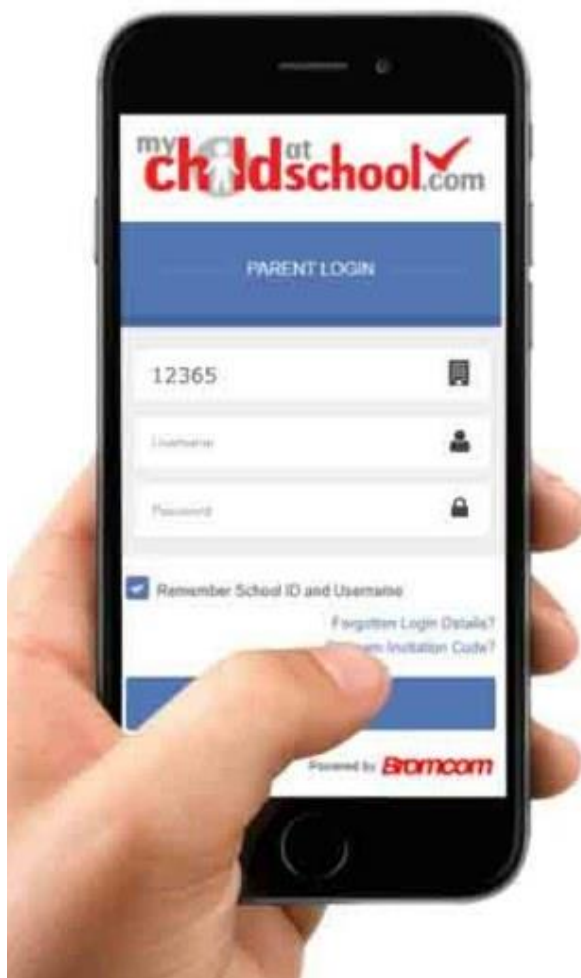
This questionnaire can be completed anonymously but if you feel strongly about something, it may be helpful to add your name so we can feed back directly if needed.

Please use this [Link to questionnaire](#) to complete the questionnaire by Friday 14th March at latest.

Many thanks

Mrs J Oldfield - Head Teacher

New School IT System



We changed our school database over half term to a new system called Bromcom. You may have noticed that you have been getting messages from a different email address (bromcom@arnoldmill.notts.sch.uk). It might be worth checking your junk folder if you haven't received any messages this week. All text messages will be received from the phone number 07860 050166.

We are also launching 'My Child at School (MCAS)', the new parent app. This will show you the data we hold about you and your child, along with up to date attendance data, clubs information, diary dates and, in the near future, payments will move from ParentPay to MCAS.

You can register now for MCAS by downloading the app and entering the email address school has registered for you as parent.

Who will find a Golden Ticket this World Book Day?



Celebrate World Book Day with us by buying a Wonka chocolate bar and see if you are one of our lucky Golden Ticket winners!

Prizes include:

- *Book Bus voucher*
- *Clip and Climb voucher*
- *Win a book*
- *Free ticket to the Summer Disco*

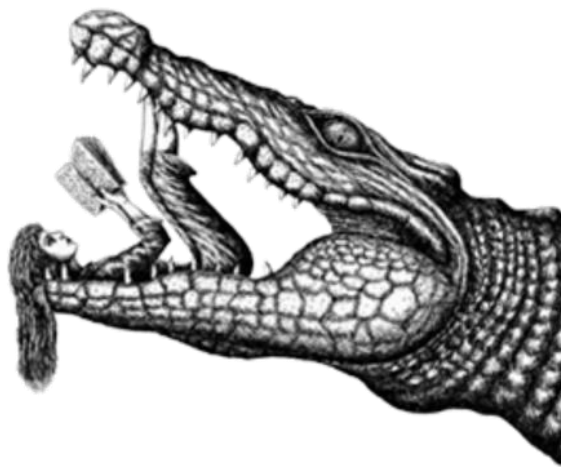
- *Hot Chocolate treat with Mrs Oldfield*
 - *Baking session with the PTFA*
 - *Be the first in Class out to Playtime voucher*
 - *Be the first in the lunch queue voucher*
 - *Lucky Dip Prize*
-

Wonka bars can be pre-ordered via ParentPay until 12.00pm on Wednesday 5th March to guarantee availability. A limited quantity of Wonka bars will also be on sale for £2 each after School next Thursday 6th March outside school reception.

(Sssshhh! Our Wonka Bars are actually 100g Galaxy chocolate bars).

(In the interests of trying to be inclusive, if anyone wants to purchase a Wonka Bar but requires a dairy free bar, please order a dairy free bar in advance on ParentPay to guarantee one or let a member of the PTFA on the stall on the day know to see if there is still availability. We will give you a galaxy bar to see if you have won a golden ticket but then swap the bar for one you can enjoy).

Arnold Mill's Extreme Reading Challenge



Are you daring? Are you brave? Do you love challenges?

If so, this is the competition for you!

On the run up to World Book Day, which is on the 6th March, we are celebrating our love of books by challenging EVERYONE, including grown-ups, to join us in our extreme reading competition.

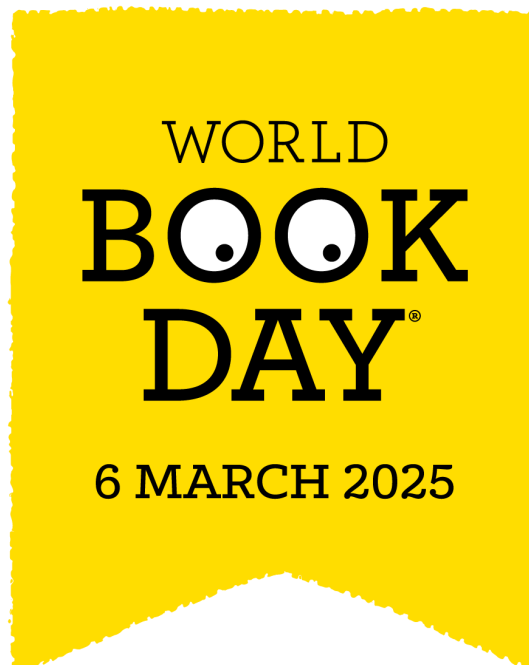
All you have to do is find an an exciting, fun and unusual location to enjoy your book in. Take a picture and send it to us by Monday 3rd March. Every entry will receive 20 house points, and the winners (children and adults) will receive a prize on World Book Day, so get reading!

Send your entries with your name and class on to kappleyard@arnoldmill.notts.sch.uk

Yours sincerely

Mr Hewlett and Mrs Appleyard

World Book Day - 6th March



This year, on Thursday 6th of March, in celebration of World Book Day we will be joining together as a school to celebrate children's authors.

We are inviting the children to dress up as a book related character. There is no pressure for you buy a costume as we will give them the opportunity and resources to make masks in school.

There will be lots of books related activities going on throughout the day for the children to enjoy. We would love the children to bring a favourite book to school to share with their friends.

At 3pm we will be opening the doors and inviting parents, grandparents and carers to join us and 'tuck into a book'. This will give you a chance to read a story to your child and their friends or them to read it to you. You will also get the chance to pick up a book at the end of the day by coming to our book sale at the front of school.

This year World Book Day titles are better than ever. The children will receive a book token on the big day! Please use this link for more information [\(Link to World Book Day website\)](#)

Thank you for your continued support.

Mr Hewlett and Mrs Appleyard

Festival of Faiths Mini Fair – Wednesday 2nd April 2025 (3.15 – 4.30pm) - free entry, all welcome!



Foundation 2 Fundraising event, all proceeds are in aid of a school trip and/or outdoor resources for F2. Raffle Tickets (yellow) and blue tokens can be purchased via ParentPay. Join us for:

- *Food from around the world (2+ tokens depending on your purchase choice)*
 - *Henna tattoos (2 tokens)*
 - *Face painting (3 tokens)*
 - *Cakes, soft drinks and treats (no nuts please) (2+ tokens depending on your purchase choice)*
 - *Toys (2+ tokens depending on your purchase choice)*
 - *Plants (2 tokens)*
 - *Games (2 tokens)*
 - *Raffle (£1 per ticket – small prize/gift every time)*
 - *and more....*
-

*As at previous fairs this one will be cashless - **blue tokens** are available to pre-purchase via ParentPay and will also be on sale at the Fair on the day (purchase by debit or credit card). Tokens are 50p each.*

*We have some lovely prizes up for grabs (donations of additional Raffle prizes or items for the Festival would also be greatly appreciated). **Raffle tickets** are £1 and can be purchased via ParentPay.*

Pre-purchase blue tokens and yellow raffle tickets will be available for collection at the school office from noon on Tuesday 25th March. The “draw” will take place at the end of the Festival of Faiths Fair. Winning numbers will be published on the school Facebook Page and in the school weekly newsletter.

If you are able to help with/at the Festival please contact Mrs Hussain via the school office.

Thank you for supporting this event.



Year 2 Robin Hood Camp



We held a parents' meeting last week regarding Robin Hood camp which was well attended. The Powerpoint slides can be found [here \(link to presentation\)](#) and is also available on your child's Teams account if you weren't able to make it to the parents' meeting.

*The cost of the trip to **Robin Hood Activity Centre on Thursday 10th and Friday 11th July** is expected to be around £45.00. The final amount will depend on the number of children wanting to attend.*

If you want your child to attend, please pay a minimum of £10 by Friday 28th February to confirm a place. You can then pay any remaining balance in whatever increments you wish, as long as the final balance is paid by Friday 20th June. We will confirm the final amount after 28th February, once we know the actual numbers attending.

You will be sent a medical form nearer the time and when you return this to school you will receive an information booklet which includes a kit list.

It would be fantastic if every child could attend this trip but if you are concerned for any reason about your child attending, please do not hesitate to speak to a member of staff.

Yours sincerely,

The Key Stage 1 Team

Internet and Digital Safety



Previously Published Articles

Parental Code of Conduct



Please use the link below to read the Parental Code of Conduct Policy which we would ask all parents to read and abide by, as I feel it is really important that us adults set a good example to our children. Please remember when you are picking up and dropping off we do expect you to show respect to others, including staff, other parents, children and people in our local community.

We have had more reports of people parking over dropped kerbs, over driveways and being inconsiderate and aggressive towards our neighbours. Please plan your school pick-up and drop-offs carefully so that you are not late, leading to inconsiderate parking. If possible, please walk to school.

[Link to policy](#)

Spelling at Arnold Mill (years 1-6)



We are excited to inform you about an important change to our approach to spelling from Year 1 to Year 6.

After carefully considering the best ways to support your child's learning, we have decided to adopt a new spelling scheme called No Nonsense Spelling. This program is designed to improve spelling in a more engaging and effective way, focusing on understanding spelling rules and patterns, rather than simply memorising words for tests.

As part of this change, we will no longer be conducting traditional spelling tests. Instead, assessments will take place within the lesson itself, offering a more holistic and practical approach to spelling. This means your child will have the opportunity to apply their knowledge in real-time, helping them retain spelling patterns and rules more effectively.

We believe this method will not only reduce the pressure of weekly tests but also encourage deeper learning and better retention. The No Nonsense Spelling program is structured to build on skills progressively, and our teachers will be continuously assessing your child's progress through class activities, quizzes, and practical application.

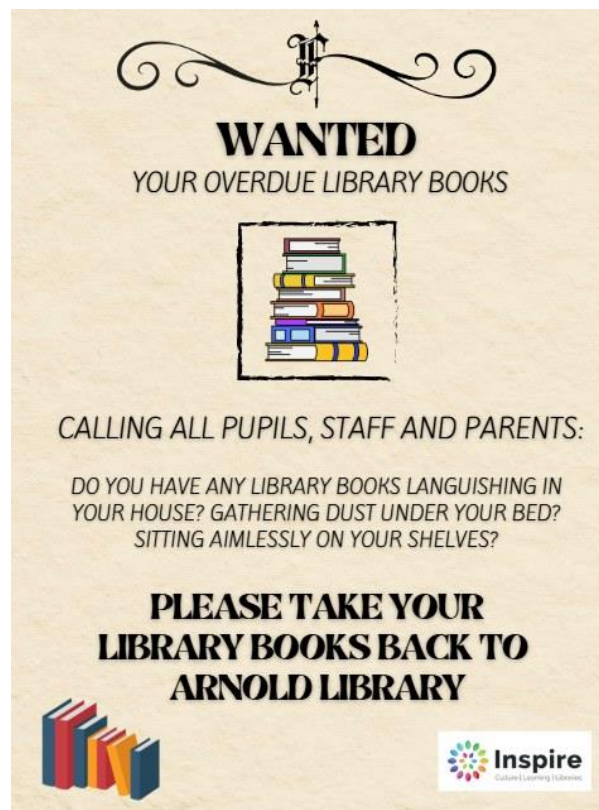
We are confident that this change will enhance the learning experience and lead to a greater understanding and enjoyment of spelling. If you have any questions or would like more information about the new scheme, please do not hesitate to get in touch with your child's teacher.

Thank you for your continued support in helping us provide the best possible learning environment for your child.

Many Thanks,

Mr Shaun Hewlett and Mrs Katie Appleyard

Plea from Arnold Library



Should I keep my child off school?

There is currently a lot of illness around. Please see the guidance below for when a child should be kept off school. In order to keep levels of illness as low as possible, we would ask that you do follow this guidance.

Please note that if a child has any form of temperature, they should not be at school until it is under control naturally (not reliant on medication).

Do I need to keep my child off school?

HSC Public Health Agency

| | | | | | |
|---|---|--|--|---|--|
| Chicken Pox Until all spots have crusted over | Conjunctivitis No need to stay off but school or nursery should be informed | Diarrhoea & Vomiting 48 hours from last episode | Glandular Fever No need to stay off but school or nursery should be informed | Hand, foot & mouth No need to stay off but school or nursery should be informed | Impetigo Until lesions are crusted & healed or 48 hours after commencing antibiotics |
| Measles or German Measles 4 days from onset of rash | Mumps 5 days from onset of swelling | Scabies Until after first treatment | Scarlet Fever 24 hours after commencing antibiotics | Slipped Cheek No need to stay off but school or nursery should be informed | Whooping Cough 48 hours after commencing antibiotics |
| Flu Until recovered | Head Lice No need to stay off but school or nursery should be informed | Threadworms No need to stay off but school or nursery should be informed | Tonsillitis No need to stay off but school or nursery should be informed | | |

Year 4 Swimming Lessons



This term the Year 4 children will be going swimming at Carlton Forum Leisure Centre. We will travel there by bus, which is provided by the Local Authority.

*The morning swimming sessions start on **Friday 7th March** and will be weekly through to **Friday 25th July**.*

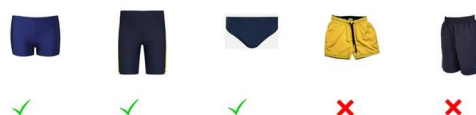
*Your child **does** need to wear school uniform on swimming days. Swimming Lessons are in the morning. Your child should **wear their swimwear under their school uniform. Please ensure that they have a towel and their underwear in a separate (named) swimming bag.***

The Local Education Authority issue rules regarding swimming costumes which are as follows:

-
- *Girls – one piece swimming costume*
 - *Boys – swimming trunks or close-fitting shorts without side pockets and **no longer than mid-thigh length (see attached sheet)***
 - *Hair which is longer than jaw length should be tied back or in a cap.*
 - ***All jewellery** must be removed. Earrings cannot be taped over or covered by a hat.*
 - *Goggles can be worn. However, it is the responsibility of the parent/carers to adjust and fit the goggles correctly and to write a letter of consent to the class teacher.*
-

Please adhere to the regulations, as the instructors will not let your child swim if they break the rules.

Boys require "janner" style tight fitting trucks or shorts with no pockets, and which are no longer than mid-thigh length. Boggy "board shorts" style of swimwear is NOT suitable for the swimming lessons: Acceptable boy's swimwear is shown below:



Girls require a one piece swim suit which is tight fitting and not revealing. Bikini/tankini style of swimwear is NOT suitable for the swimming lessons: Acceptable girl's swimwear is shown below:



PTFA Fundraising Update



*We wanted to give you an update on the well-attended Christmas Fair that took place on Friday 29th November. We raised a fabulous **£1,993.86** which will be money that will be used to benefit the children of Arnold Mill Primary School. We wanted to thank everyone for their contributions towards making the fair a success. This includes the School staff and PTFA members who volunteered time to run a stall at the fair, and all the PTFA and School volunteers who helped in the lead up and organisation. It also includes the whole school community for your generous donations with the bottle and chocolate non-uniform day, the rainbow-coloured class hampers, baking donations and attending the fair on the day.*

We have included some pictures of the amazing hampers that were raffled off as prizes with our rainbow-coloured class donations, as well as the pictures of our fabulous bake-off entries. Congratulations to the raffle prize winners and bake-off winners – we hope you enjoyed your prizes 😊

We always appreciate any help you can give, so if you want to get involved, email us on friendsofarnoldmill@arnoldmill.notts.sch.uk or contact us on [Facebook](#). Keep an eye out to

see what else we're planning and we're looking forward to seeing everyone at the Summer Fair on Friday 27th June!

Sent on behalf of Friends of Arnold Mill PTFA





The Uniform Project Nottingham



The Uniform Project Nottingham is a not-for-profit organisation helping Parents and Schools in and around Nottingham to reduce clothing waste by recycling school uniforms. Founded by a local Nottingham mum who is passionate about environmental sustainability and building a greener future for local children.

The Uniform Nottingham collects school uniform donations all year round. All uniform donations are quality checked, cleaned and repaired whenever possible to ensure all the uniform items gifted to local families are of high quality. Any donations that cannot be reused are recycled for rags to ensure nothing is wasted.

If you have any old school uniform (for any local school) that you would be willing to donate there is a pink collection box is located in our Main Reception (we also donate approximately twelve black bags of un-named, unclaimed lost property uniform per year).

The Uniform Project shop is open to the public all year round by appointment only. To book an appointment at the shop please message them via their Facebook page ([link to Facebook page](#)) or email uniformproject@hotmail.com

Proposed introduction of free breakfast club from 8.30-9.00am every day



The Government are asking all schools to provide a free daily breakfast club 30 minutes before the start of the compulsory school day. With this in mind, we are wanting to gauge interest so that we can start planning for the provision. This would be for all children in reception-year 6 (not nursery).

Please note that this will be in addition to the current wraparound care we offer (Arnie's breakfast club (starting at 7.45am) and Millie's after school clubs until 4.30 or 6.00pm).

[Link to survey](#)

Recycle with Michael



Turn your unloved clothes and shoes into cash for Arnold Mill Primary School!

Recycle with Michael!

Facilitated by The Salvation Army's Clothing Collection service, this nationwide scheme aims to divert thousands of tonnes of unwanted items away from landfill, while educating our children about the importance of reusing and recycling.

So we're asking you to dig out those old clothes taking up space in your wardrobe, sort out the outgrown shoes.

It couldn't be easier to get involved. Simply:

- 1. Fill bags with your unwanted clothes and shoes (no bric-a-brac please).*

2. Return the bags containing your unwanted items and pop them in the black collection point located just inside the main gate (Cross Street).

The Salvation Army will collect the bags and the money raised from the items will be shared with the school. **The more bags we fill – the more cash we raise!** If you're having a clear out, remember Recycle with Michael, and donate to a great cause.

We hope you'll help to support us and give your preloved clothes a new lease of life.

Christmas Jumpers and Pyjamas

Do you have any pre-loved Christmas jumpers and/or pyjamas you would be willing to donate to the school? If so that would be amazing (thank you), please drop them off at the school office.

Good luck with the sorting and thank you in advance

Ink Cartridge Recycling



There's no better way to start the New Year by clearing out clutter and helping the planet! Your used ink cartridge donations can keep waste out of landfills and raise funds for our school (the donation box is located in the Reception area). Help kickstart your 2025 sustainably! Let's make this a year of positive change.

KS1 Reading for Pleasure with Parents



It has been a great term and we have discovered so much about a range of different topics.

As our returning KS1 parents will know, we like to invite you to come into school and read with your child(ren). Reading is at the heart of everything we do in school and promoting a love of reading for pleasure is one of our highest priorities. After having taken on board feedback from last year, we are letting you have these dates now so that as many of you as possible will hopefully be able to join us! You are always welcome to bring books from home to share in these sessions or read one we have in class.

In all cases, please arrive outside your child's classroom and we will open the doors as soon as we can for you to sign in and join in!

Friday 24th January 9.00am – 9.30pm

Tuesday 20th May 3.00pm - 3.30pm

Thursday 3rd July 3.00pm – 3.30pm

We hope you can join us at one or more of the sessions, but we do understand that you are all very busy so please don't worry if you can't as there are lots of staff members who will be able to read with your children.

If you have any questions, please see your child's class teacher.

Kind regards,

DAaRT - Year 5



The Life Skills Primary Programme will be taking place in school during the next term. Year 5 will be involved in discussion, activities and will watch video clips during which they will meet the DAaRT Crew. These young people often get into risky situations, and the class will help them make informed decisions and keep safe and healthy.

During the programme, the children will have a workbook in school. The children will learn about responsibility, pressure, peer pressure, confident communication, bullying and cyberbullying, risks and consequences, stress, and recognising their support networks. We will also be discussing helpful and harmful drugs, including alcohol and Nicotine and the effects that these have on the body. The programme includes a discussion on knife safety and will also explore the differences between various groups in society.

This programme has been running in the East Midlands and beyond for over 25 years, has more than 400,000 graduates and has been proven to make a difference in young people's lives. For more information, please visit www.lifeskills-education.co.uk where you will also find a link to the most recent research about the course.

Year 5 will have their DAaRT graduation assembly on Wednesday 2nd April at 3:00pm. The children will be able to invite two guests to come and watch the graduation, details of how to book will be sent out closer to the time.

Thanks for all your continued support.

Year 5 & 6 Team.

Volunteers needed - Garden



We are looking for adult volunteers who can spare some of their time to help maintain our garden/allotment. If you are willing to spare an hour or 2 please contact the school office.

Parking Safely and Considerately

If dropping off or collecting your child by car, please drive and park safely:

- **Be considerate of our neighbours and leave their driveways clear**
- **Do not park or stop where parking is prohibited during school drop off or pick up - yellow zigzags, double yellow lines & some single yellow lines**
- **Follow the highway code**

Thank you for your support
#roadsafety #community #drivesafely



We regularly receive phone calls about inconsiderate parking and/or cars parked with the engine running.

We would ask again that you please park safely and considerately on roads around school when dropping off and collecting children from school. We have had a number of complaints recently from local residents regarding parking, with some people even being aggressive when challenged. Please use the links below to see what the guidance is. Please also note that the school car park is for staff and visitors only and should not be used by parents.

[Link to Nottinghamshire County Council Parking Enforcement advice](#)

[Link to Nottinghamshire Police - Parking Outside Schools Advice](#)

Helping your child with maths



Hello all,

After Parents Evening it has become apparent that there are a number of adults that would like to support their children further at home. For this reason we are exploring how we can best equip you with the resources and skills and would like to gather the thoughts of the school community. We would really appreciate if you could take a couple of minutes to complete this quick questionnaire (it will take no longer than 2 minutes).

[Link to form](#)

Thank you,

Mr Robinson and Miss Dibley - Team Maths

OPAL (Outdoor Play and Learning)



We would like to express a big thank you for your ongoing support with the introduction of OPAL (Outdoor Play and Learning) lunchtime at our school. We are delighted with the positive impact it is having so far and your support has been instrumental with this.

As we continue to expand OPAL, we are in need of more equipment to further enrich the play experience. Please see our new OPAL Bingo Card with examples of equipment that would support us going forward. As well as the below equipment we are always looking for scooters, helmets, material and skipping ropes.

The first class to complete their bingo card will receive an extra playtime. Please give any equipment to your child's class teacher or, if unsure, speak to the office.

Many Thanks,

Mr Hewlett, Mr Phillips-Alexander, Mrs Bullen, Mrs Tomlinson (The OPAL Play Team).



Car Park



Just a quick reminder that the school car park is for staff and visitors only. Parents should not use it for dropping off or collecting children. Please do not use it for breakfast club, after school clubs or boosters. The only exception to this is after 5pm from Millie's After School Club.

Many thanks

A message from Carla Rose

CARLA ROSE COUNSELLING



Carlarosecounselling@gmail.com

I have worked as a Teaching Assistant at Arnold Mill for 12 years and in more recent years I have gained my level 4 Diploma in Counselling and have worked as School Counsellor alongside my TA role. I have now decided to make counselling my sole career, but I will still be working very closely with Arnold Mill.

I will be available to carry out 1-1 private counselling, should you feel your child may need support and encouragement for any concerns that you, or they, may have. This could be for bereavement/loss, stress and anxiety or trauma; or you may just feel that talking to an independent Counsellor, other than a family member or friend, would benefit your child.

The sessions will be carried out in the Den where I have a dedicated counselling room which is a comfortable, safe environment, so your child can express their thoughts and feelings confidentially through creativity and talking, with no judgement.

I am very passionate about how important therapy is for children at a young age as this helps to set them up for a positive response to therapy later in life.

At present I'm available on Wednesday afternoons. Please don't hesitate to contact me at carlarosecounselling@gmail.com should you require any advice, further information or details of the costs.

Kind Regards

Carla Rose - School counsellor

Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication
- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

PE Timetable

Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Tuesday and Thursday (please ensure you have PE kit in school)*

2B: *Tuesday and Friday (please ensure you have PE kit in school)*

2C: *Monday and Tuesday (please ensure you have PE kit in school)*

2D: *Thursday and Friday (please ensure you have PE kit in school)*

2E: *Monday and Thursday (please ensure you have PE kit in school)*

2F: *Tuesday and Thursday (please ensure you have PE kit in school)*

WRAPAROUND CARE AT ARNOLD MILL



ARNIE'S BREAKFAST CLUB DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date*)

Is included as part of our nursery 30 hour childcare provision.



MILLIE'S AFTER SCHOOL CLUB DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

☎ 0115 966 7930 during school hours

☎ 07*** during school hours

✉ office@arnoldmill.notts.sch.uk



GEDLING BOROUGH AIR NEEDS YOUR CARE



What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough. Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- Idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys



You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/







**Greet your child
with a smile
and
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

www.parentpay.com

Pay online....
for peace of mind

Trips, School Meals,
Breakfast Club, Tuck

A convenient way to pay


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email


Step 2 - Login at www.parentpay.com

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



Turn your online shopping into everyday magic for


Arnold Mill Primary School

with easyfundraising

You shop, brands donate to us.
It won't cost you any extra!

How to sign up

- 1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



Booking.com

eBay

M&S

GROUPON

Argos

TUI

Uswitch

ASDA

Apple

Viking



ASOS



BT

JUST EAT

Boden

Download the easyfundraising App

Excellent  3,945 reviews on 

5 - [Click link to sign up to Easyfundraising](#)



6 - [Link to Cost of Living Factsheet](#)



Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>

[@OpenUni_RfP](#)



Childcare Choices

We've signed up for
Tax-Free
Childcare:
Have you?



 HM Government

Find out more at
childcarechoices.gov.uk

7 - [Link to Tax Free Childcare website](#)



 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>
