



7th February 2025



Dear Parents and Carers,

I've had lots of opportunities this week to have a look at children's work and I am so proud of what they are producing. It's parents' evening next week, where you will get an opportunity to meet with your child's class teacher and hear how they are getting on. We won't be

looking at books on this occasion as it does get a bit complicated with people coming and going. Instead, we will be opening the classroom doors at 3pm on Friday 28th February. If you have any problems with this please contact your child's class teacher.

I look forward to seeing you all at parents' evening next week, unless you have a structured conversation, and then we will see you on a different date.

Just a quick reminder that there are no clubs next week. They resume on Monday 24th February, after the half term break. However, there won't be any clubs on Wednesday 26th or Thursday 27th due to the school discos.

Have a wonderful weekend!

Kind regards,

Jackie Oldfield, Head Teacher

Calendar



February

Tues 4th - 1C Library visit

Weds 5th - 2D Library visit

Weds 5th - Parents' meeting regarding Year 2 camp ([Link to letter](#))

Thur 6th - 1C Assembly to parents ([Link to letter](#))

w/c 10th - Parents' evenings ([Link to letter](#))

Mon 10th - *Festival and Science and Curiosity workshop in school for years 1, 2, 3 & 4. ([link to information](#))*

Mon 10th - F2 Visit to St Paul's Church ([Link to letter](#)).

Tues 11th - 1B Library visit

Thurs 13th - Maths Assembly to parents (invitation only)

Mon 17th - Fri 21st Feb - Half Term Holidays

Wed 26th - PTFA FS2 & KS1 Disco ([Link to poster](#))

Thurs 27th - PTFA KS2 Disco ([link to poster](#))

Fri 28th - Book look from 3pm

March

Thurs 6th - World Book Day and PTFA fundraising event (details to follow)

Fri 7th - Year 4 swimming lessons start ([link to letter](#))

Tues 11th - 1A Library visit

Weds 12th - F2A/2F Library visit

Weds 19th - F2B/2E Library visit

Fri 21st - Comic Relief/Red Nose Day

Fri 28th - Non-uniform Day - donations for the Easter Raffle ([link to poster](#))

Tues 25th - Weds 26th - Year 4 Residential Lea Green Activity Centre ([information booklet](#))

April

Wed 2nd - *Year 5 DAaRT Graduation Assembly*

Wed 2nd - *Festival of Faiths* (details to follow)

Thur 3rd - F2 Easter Craft Morning with Parents

Fri 4th - *PTFA Easter Raffle and Easter Craft Day and/or Egg Hunt* (provisional)

 **Mon 7th - Mon 21st April - Easter Holidays** 

May

Mon 5th - *May Day Bank holiday* (school closed)

Thu 8th - *F2a White Post Farm trip* (provisional)

Mon 12th - Thu 15th Year 6 SATs

Fri 16th May - *PTFA Ice Cream Friday* (provisional)

Tue 20th - *Parents reading with their KS1 child* ([Link to letter](#))

Mon 26th - Fri 30th May - Half Term Holidays

June

Weds 11th - *Class Photos*

Fri 13th - *PTFA Ice Cream Friday* (provisional)

Fri 20th - *Non-uniform Day - donations for the Summer Fair*

Fri 27th - *Summer Fair*

July

Thurs 3rd - *Parents reading with their KS1 child* ([Link to letter](#))

Fri 4th - *Inset Day* (School closed)

Mon 7th - *PTFA World Chocolate Day fundraising event* (provisional)

Thurs 10th-Fri 11th - *Year 2 Robin Hood Camp* (details to follow)

Wed 16th - *PTFA FS2 & KS1 Disco* (Provisional - details to follow)

Thurs 17th - *PTFA KS2 Disco* (Provisional - details to follow)

Fri 18th - *PTFA Ice Cream Friday* (provisional)

Fri 25th - *Last day of term for children*

Mon 28th & Tues 29th - *Inset Days* (School closed)

Children's Work





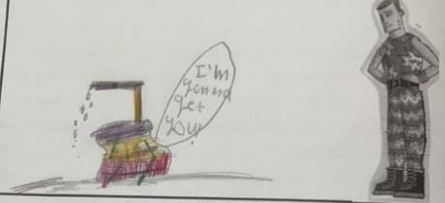
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THE GARD

Name?
Location?
Crime?

What?	When?	Where?	Who?
What? (What is the crime?)	When? (When did the crime happen?)	Where? (Where did the crime happen?)	Who? (Who did the crime?)
What? (What is the crime?)	When? (When did the crime happen?)	Where? (Where did the crime happen?)	Who? (Who did the crime?)

DESIGN A VILLIAN



The ~~sinful~~ soap is a vile and devilish creature. The ~~sinful~~ ^{sinister} soap likes to shower people in soap because it likes singeing their eyes. The soap likes to spray soap on people so they

acall.

40
→ abc

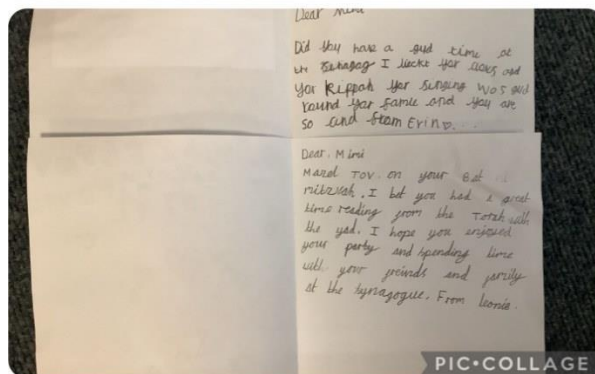
AWARD
DEPUTY HEAD
TEACHERS



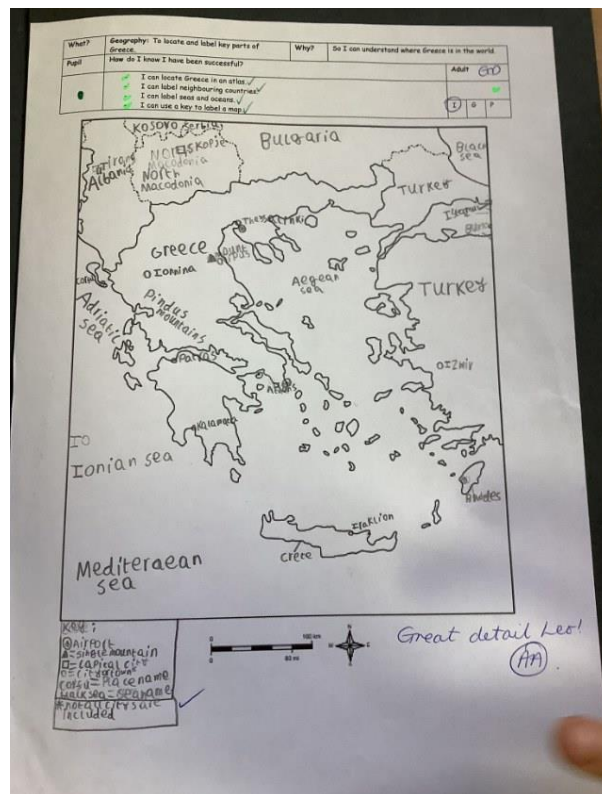




PIC•COLLAGE



PIC•COLLAGE





School Dinners: w/c 10th February 2025

WEEK 3
WEEK COMMENCING
18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb,
3 March, 24 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

MY SCHOOL MENU
AUTUMN/WINTER 2024-25

TASTE OF NATURE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza, Sore Milk cheese diced potatoes & crunchy vegetables	All day brunch Nottinghamshire sausage, gluten free/soy free omelette egg milk, baked beans, hash brown, roast tomato & tomato ketchup	Pasta shell Bolognese, gluten free/soy free fish garlic bread Sore Milk cheese & sweetcorn	Roast gammon OR Roast Quorn Milk Egg, mashed & roast potatoes, green cabbage, sliced carrots & gravy	Fish fingers gluten free, tomato ketchup, diced potatoes, sweetcorn & minted Garden peas
BYO Sandwich (Gluten Free)	Fillings: cheese Milk, ham or tuna mayonnaise fish egg vegetable sticks, crisps fruit or Fruite yogurt Milk or pudding of the day	Jacket potato, cheese Milk, baked beans, tuna mayonnaise fish egg & mixed salad		Jacket potato, cheese Milk, baked beans, tuna mayonnaise fish egg & mixed salad	BYO Sandwich (Gluten Free) Fillings: cheese Milk, ham or tuna mayonnaise fish egg vegetable sticks, crisps fruit or Fruite yogurt Milk or pudding of the day
PUDDING	Raspberry swirl muffin Egg Glaze	Cherry flapjack Glaze	Chocolate ice cream roll Sore Milk Egg cheese & chocolate sauce Milk	Butterscotch tart Milk Glaze	Jelly & shortbread Glaze

Nottinghamshire County Council

Should I keep my child off school?

There is currently a lot of illness around. Please see the guidance below for when a child should be kept off school. In order to keep levels of illness as low as possible, we would ask that you do follow this guidance.

Please note that if a child has any form of temperature, they should not be at school until it is under control naturally (not reliant on medication).

Do I need to keep my child off school?

Chicken Pox Until all spots have crusted over	Conjunctivitis No need to stay off but school or nursery should be informed	Diarrhoea & Vomiting 48 hours from last episode	Glandular Fever No need to stay off but school or nursery should be informed	Hand, foot & mouth No need to stay off but school or nursery should be informed	Impetigo Until lesions are crusted & healed or 48 hours after commencing antibiotics
Measles or German Measles 4 days from onset of rash	Mumps 5 days from onset of swelling	Scabies Until after first treatment	Scarlet Fever 24 hours after commencing antibiotics	Slapped Cheek No need to stay off but school or nursery should be informed	Whooping Cough 48 Hours after commencing antibiotics
Flu Until recovered	Head Lice No need to stay off but school or nursery should be informed	Threadworms No need to stay off but school or nursery should be informed	Tonsillitis No need to stay off but school or nursery should be informed		

Internet and Digital Safety



At The National College, our Whistleblowing policy guides employees and requires parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Policy developed by National Online Safety. This guide now addresses wider topics and themes.

What Parents & Educators Need to Know about WHATSAPP

With more than two billion active users, WhatsApp is the world's most popular messaging service. It's a free-to-use app that lets you send messages, photos, videos, voice notes, and more. It's also a social media platform where you can share your life with friends and family. But what do you need to know about WhatsApp? This guide will help you understand the risks and how to keep your child safe.

WHAT ARE THE RISKS?

EVOLVING SCAMS

WhatsApp's popularity means it's become a target for scammers. They use the app to send fake messages, often from people who claim to be from a well-known company or organization. They may ask you for money or personal information. Always be cautious and don't give out any details unless you're sure it's legitimate.

CONTACT FROM STRANGERS

WhatsApp's 'Discover' feature allows you to find new contacts. But this can also mean you might receive messages from strangers. Always be cautious and don't give out any details unless you're sure it's legitimate.

CHAT LOCK

In 2017, WhatsApp introduced a feature called 'Secret Chat'. This allows users to send messages that are encrypted and can only be seen by the two people involved. However, this feature is not available on all devices and is not a foolproof way to keep your conversations private.

COMMUNITIES AND GROUPS

WhatsApp has a feature called 'Communities' which allows users to join groups of people who share common interests. While this can be a great way to connect with others, it can also be a place where cyberbullying or other harmful behavior can occur. Always be cautious and don't give out any details unless you're sure it's legitimate.

VIEW ONCE CONTENT

WhatsApp has a feature called 'View Once' which allows users to send messages that disappear after they have been viewed. While this can be a useful feature for sharing sensitive information, it can also be used to share inappropriate content. Always be cautious and don't give out any details unless you're sure it's legitimate.

FAKE NEWS

WhatsApp has been used to spread fake news and misinformation. This can be dangerous as it can lead to people making bad decisions. Always be cautious and don't give out any details unless you're sure it's legitimate.

VISIBLE LOCATION

WhatsApp has a feature called 'Visible Location' which allows users to share their location with others. While this can be a useful feature for sharing your location with friends and family, it can also be used to track your movements. Always be cautious and don't give out any details unless you're sure it's legitimate.

Advice for Parents & Educators

EMPHASISE CAUTION

Encourage children to be cautious when using WhatsApp. They should not give out any personal information or share photos or videos with strangers. They should also be cautious of messages from people they don't know.

ADJUST THE SETTINGS

It's a good idea to adjust your child's WhatsApp settings to make them safer. For example, you can turn off 'Discover' and 'Visible Location'. You can also set your child's privacy settings to only allow messages from people they know.

DISCUSS GROUP CHATS

Make children aware that there could be inappropriate content in group chats. They should not share any personal information or photos in group chats. They should also be cautious of messages from people they don't know.

THINK BEFORE SHARING

Help children understand why it's important to think before sharing anything on WhatsApp. They should not share any personal information or photos with strangers. They should also be cautious of messages from people they don't know.

CHAT ABOUT PRIVACY

Check in with the child about how they're using WhatsApp. They should not share any personal information or photos with strangers. They should also be cautious of messages from people they don't know.

Meet Our Expert

Dr. Claire Holliday is an online safety consultant, educator and researcher. She has worked with the National College and other organizations to help children and young people stay safe online.

...HEY! WakeUp Wednesday The National College

Source: <https://www.whatsapp.com/legal/privacy-policy>, <https://www.whatsapp.com/legal/terms-of-service-for-individuals>, <https://www.whatsapp.com/legal/terms-of-service-for-businesses>, <https://www.whatsapp.com/legal/privacy-policy>, <https://www.whatsapp.com/legal/terms-of-service-for-individuals>, <https://www.whatsapp.com/legal/terms-of-service-for-businesses>

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Safer Internet Day Competition

Safer Internet Day is the UK's biggest celebration of online safety. Each year we cover an online issue or theme that speaks about the things young people are seeing and experiencing online. Created in consultation with young people across the UK, this year Safer Internet Day will be focusing on the issue of scams online, how young people can protect themselves and others, as well as what support is available to them.

This year, the White Hills Park Trust are running a trust wide competition and all pupils are invited to produce an online safety poster in order to take part.

Rules

- *Poster to be done individually or in pairs.*
 - *Posters to be completed and handed to class teachers by 11th February 2025.*
 - *Posters can be A4 or A3 in size.*
 - *They can be handmade or digital (digital posters can be emailed to the office)*
 - *Don't forget to include your name and class on the poster (including digital copies).*
-

At The National College, our **WakeUpWednesday** guides engage and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, harmful trends and anything and everything digital. Regularly delivered by National Online Safety, these guides have a more wider topic and interest. For further guides, tips and tips, please visit thenationalcollege.com.

What Parents & Educators Need to Know about SNAPCHAT

Age Restriction 13+

SNAP STREAK 97 DAYS

WHAT ARE THE RISKS?

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the bot is not in the library and has significant weaknesses, such as biased, incorrect or misleading answers. There have been reports of young users turning to AI for medical help and diagnosis, which could be harmful and therefore potentially dangerous.

PREDATORS AND SCAMS

Predators can exploit Snapchat's disappearing messages by, for example, telling a user they have stolen photos of them and will post them online if they're paid. Snapchat's own research found that 85% of teenagers had experienced this - on this app or others. This story isn't helped by 'Snapchatage' - a feature which highlights your recent pictures in real-time. This is meant to help friends keep track of each other, but could be used for more sinister reasons.

MY EYES ONLY

Snapchat has a hidden photo vault called 'My Eyes Only'. Users can upload sensitive photos and videos from their camera roll to this folder, which is protected by a PIN. You can also lock this by clicking on the icon which looks like two playing cards. This takes you to the 'Memories' folder which stores photos, videos and the My Eyes Only folder.

SCREEN TIME ADDICTION

Snapchat prioritises user engagement, with features like streaks (encouraging the same person every day to avoid going 'ghost'). The app also has the 'My AI' chatbot 'Snapchat AI' which has followed users to help them. However, this could also be seen as an attempt to hook users into watching videos and using features, instead of just being able to see people using the app.

INAPPROPRIATE CONTENT

Some content on Snapchat isn't suitable for children. The features used to group content are determined by the parent, so even an innocent search term could end up with inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images or videos - the content continues to be not associated with Snapchat.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beauty' effects on photos can set unrealistic body image expectations, leading to feelings of inadequacy or 'image issues'. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images or videos - the content continues to be not associated with Snapchat.

Advice for Parents & Educators

UTILISE PARENTAL CONTROLS

Snapchat's 'Family Center' lets you view the details of the child's account - from friends list and who they've added to the chat - and report any concerns. You must invite a child to the Family Center for them to join. To keep the child's location hidden on the app, go to settings and turn on 'Hide location' and 'Hide the location' and make sure these settings are turned on when using the app.

BLOCK AND REPORT

If a stranger does contact with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or to sending sexual images to them, the child can let the app see the person's profile and report or block them. There are options to share why they're reporting that user - such as bullying or inappropriate images or inappropriate sexual images.

FAMILIARISE YOURSELF

Before you allow a child to download Snapchat, download it yourself and familiarise yourself with the app. Snapchat has produced a parental guide to the app to help you understand how it works and any potential risks to your child. A link for this can be found in the box on the left.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be harder to handle if you neither do open dialogue. For example, discuss My AI's responses to questions and how to use it. Talk about online and digital safety and how to use it. If you're unsure, a user's privacy settings can help you understand why 'My AI' and your child's account should be kept private. Encourage your child to use the app responsibly and to report any concerns to you.

Meet Our Expert

Dr Sarah Robinson is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools, colleges and universities. She has also carried out research for the Australian government regarding internet and online behaviour of young people in the UK, USA and Australia.

Source: See full reference list on guide page at <https://thenationalcollege.com/guides/snapchat-2023>

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Please nominate us to win sports equipment

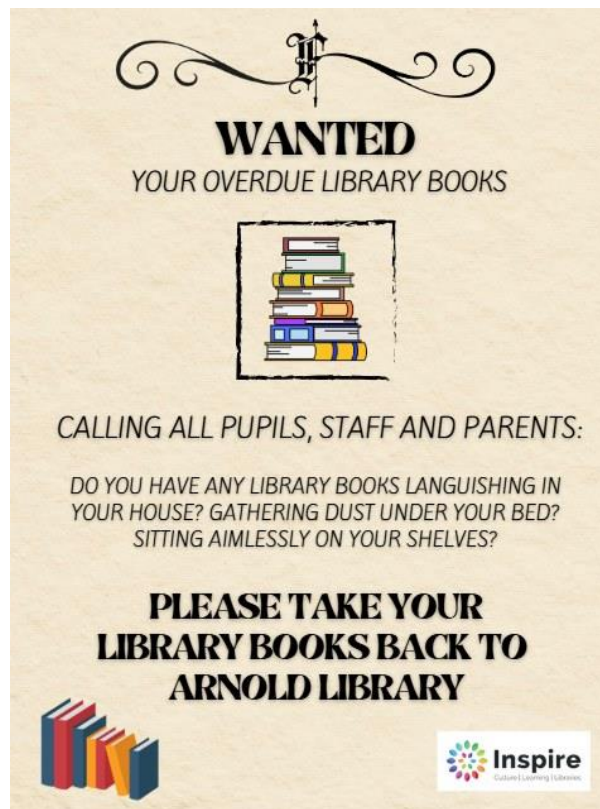


Please nominate Arnold Mill Primary School to win a Sure Shot Basketball System worth £190. To enter visit the County Supplies Facebook page

<https://www.facebook.com/NottinghamshireCountySupplies/>

- *Nominate Arnold Mill Primary School*
 - *like the post on the County Supplies Facebook page*
-

Plea from Arnold Library



Community News



Brownies

Girls have nonstop fun, learning and adventure
for ages 7 to 10

At Brownies, we welcome all girls to explore their creative side, get out into the great outdoors and start to learn to look after themselves, others and the world we live in.

THURSDAY EVENING
TERM TIME 6.15-7.30
IN ARNOLD
RING 07989411951

Join a local Brownies group girlguiding.org.uk/joinus

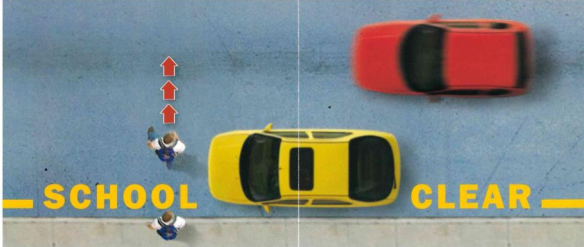
Parked cars spell danger...

...for school children

They cannot see if traffic is coming and may run out between parked cars into the road.

...for drivers

They cannot see small children about to cross and may knock them down as they step out.



SCHOOL CLEAR

Even if you're late...

Even if it's raining...

Are YOU a school gate parker?

...the school gate's not for parking
Please find a safer place

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RoSPA
The Road Safety
Prevention of Accidents

Nottingham Early Help Partnership

The Early Help Partnership offers advice, information and support to children, young people and families to give you the right help at the right time.




Visit our website for more information:
www.earlyhelpnottingham.org.uk

Parteneriatul de ajutor timpuriu oferă sfaturi, informații și sprijin copiilor, tinerilor și familiilor pentru a vă oferi ajutorul potrivit la momentul potrivit.

Partnerstwo na rzecz Wczesnej Pomocy oferuje porady, informacje i wsparcie dla dzieci, młodzieży i rodzin, aby zapewnić Ci właściwą pomoc we właściwym czasie.

ارلی ہیپ پارٹنرشپ بچوں، نوجوانوں اور خاندانوں کو مشورہ، معلومات اور مدد فراہم کرتی ہے تاکہ آپ کو صحیح وقت پر صحیح مدد فراہم کی جاسکے۔

ਅਰਲੀ ਹੈਲਪ ਪਾਰਟਨਰਸ਼ਿਪ ਬੱਚਿਆਂ، ਨੌਜਵਾਨਾਂ ਅਤੇ ਪਰਿਵਾਰਾਂ ਨੂੰ ਸਹੀ ਸਮੇਂ 'ਤੇ ਭਰਾਨੂੰ ਸਹੀ ਮਦਦ ਦੇਣ ਲਈ ਸਲਾਹ, ਜਾਣਕਾਰੀ ਅਤੇ ਸਹਾਇਤਾ ਪ੍ਰਦਾਨ ਕਰਦੀ ਹੈ।

تقدم شراكة المساعدة المبكرة المشورة والمعلومات والدعم للأطفال والشباب والعائلات لمنحك المساعدة المناسبة في الوقت المناسب.

Previously Published Articles

Year 4 Swimming Lessons



This term the Year 4 children will be going swimming at Carlton Forum Leisure Centre. We will travel there by bus, which is provided by the Local Authority.

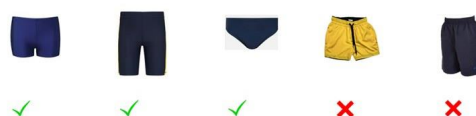
*The morning swimming sessions start on **Friday 7th March** and will be weekly through to **Friday 25th July**.*

Your child **does** need to wear school uniform on swimming days. Swimming Lessons are in the morning. Your child should **wear their swimwear under their school uniform. Please ensure that they have a towel and their underwear in a separate (named) swimming bag.** The Local Education Authority issue rules regarding swimming costumes which are as follows:

- Girls – one piece swimming costume
 - Boys – swimming trunks or close-fitting shorts without side pockets and **no longer than mid-thigh length (see attached sheet)**
 - Hair which is longer than jaw length should be tied back or in a cap.
 - **All jewellery must be removed.** Earrings cannot be taped over or covered by a hat.
 - Goggles can be worn. However, it is the responsibility of the parent/carer to adjust and fit the goggles correctly and to write a letter of consent to the class teacher.
-

Please adhere to the regulations, as the instructors will not let your child swim if they break the rules.

Boys require "jammer" style tight fitting trunks or shorts with no pockets, and which are no longer than mid-thigh length. Buggy "board shorts" style of swimwear is NOT suitable for the swimming lessons: **Acceptable boy's swimwear is shown below:**



Girls require a one piece swim suit which is tight fitting and not revealing. Bikini/tankini style of swimwear is NOT suitable for the swimming lessons: **Acceptable girl's swimwear is shown below:**



PTFA Fundraising Update



*We wanted to give you an update on the well-attended Christmas Fair that took place on Friday 29th November. We raised a fabulous **£1,993.86** which will be money that will be used to benefit the children of Arnold Mill Primary School. We wanted to thank everyone for their contributions towards making the fair a success. This includes the School staff and PTFA members who volunteered time to run a stall at the fair, and all the PTFA and School volunteers who helped in the lead up and organisation. It also includes the whole school community for your generous donations with the bottle and chocolate non-uniform day, the rainbow-coloured class hampers, baking donations and attending the fair on the day.*

We have included some pictures of the amazing hampers that were raffled off as prizes with our rainbow-coloured class donations, as well as the pictures of our fabulous bake-off entries. Congratulations to the raffle prize winners and bake-off winners – we hope you enjoyed your prizes 😊

We always appreciate any help you can give, so if you want to get involved, email us on friendsofarnoldmill@arnoldmill.notts.sch.uk or contact us on [Facebook](#). Keep an eye out to see what else we're planning and we're looking forward to seeing everyone at the Summer Fair on Friday 27th June!

Sent on behalf of Friends of Arnold Mill PTFA



The Uniform Project Nottingham



The Uniform Project Nottingham is a not-for-profit organisation helping Parents and Schools in and around Nottingham to reduce clothing waste by recycling school uniforms. Founded by a local Nottingham mum who is passionate about environmental sustainability and building a greener future for local children.

The Uniform Nottingham collects school uniform donations all year round. All uniform donations are quality checked, cleaned and repaired whenever possible to ensure all the uniform items gifted to local families are of high quality. Any donations that cannot be reused are recycled for rags to ensure nothing is wasted.

If you have any old school uniform (for any local school) that you would be willing to donate there is a pink collection box is located in our Main Reception (we also donate approximately twelve black bags of un-named, unclaimed lost property uniform per year).

The Uniform Project shop is open to the public all year round by appointment only. To book an appointment at the shop please message them via their Facebook page ([link to Facebook page](#)) or email uniformproject@hotmail.com

Proposed introduction of free breakfast club from 8.30-9.00am every day



The Government are asking all schools to provide a free daily breakfast club 30 minutes before the start of the compulsory school day. With this in mind, we are wanting to gauge interest so that we can start planning for the provision. This would be for all children in reception-year 6 (not nursery).

Please note that this will be in addition to the current wraparound care we offer (Arnie's breakfast club (starting at 7.45am) and Millie's after school clubs until 4.30 or 6.00pm).

[Link to survey](#)

Recycle with Michael



Turn your unloved clothes and shoes into cash for Arnold Mill Primary School!

Recycle with Michael!

Facilitated by The Salvation Army's Clothing Collection service, this nationwide scheme aims to divert thousands of tonnes of unwanted items away from landfill, while educating our children about the importance of reusing and recycling.

So we're asking you to dig out those old clothes taking up space in your wardrobe, sort out the outgrown shoes.

It couldn't be easier to get involved. Simply:

- 1. Fill bags with your unwanted clothes and shoes (no bric-a-brac please).*
- 2. Return the bags containing your unwanted items and pop them in the black collection point located just inside the main gate (Cross Street).*

*The Salvation Army will collect the bags and the money raised from the items will be shared with the school. **The more bags we fill – the more cash we raise!** If you're having a clear out, remember Recycle with Michael, and donate to a great cause.*

We hope you'll help to support us and give your preloved clothes a new lease of life.

Christmas Jumpers and Pyjamas

Do you have any pre-loved Christmas jumpers and/or pyjamas you would be willing to donate to the school? If so that would be amazing (thank you), please drop them off at the school office.

Good luck with the sorting and thank you in advance

Ink Cartridge Recycling



There's no better way to start the New Year by clearing out clutter and helping the planet! Your used ink cartridge donations can keep waste out of landfills and raise funds for our school (the donation box is located in the Reception area). Help kickstart your 2025 sustainably! Let's make this a year of positive change.

KS1 Reading for Pleasure with Parents



It has been a great term and we have discovered so much about a range of different topics.

As our returning KS1 parents will know, we like to invite you to come into school and read with your child(ren). Reading is at the heart of everything we do in school and promoting a love of reading for pleasure is one of our highest priorities. After having taken on board

feedback from last year, we are letting you have these dates now so that as many of you as possible will hopefully be able to join us! You are always welcome to bring books from home to share in these sessions or read one we have in class.

In all cases, please arrive outside your child's classroom and we will open the doors as soon as we can for you to sign in and join in!

Friday 24th January 9.00am – 9.30pm

Tuesday 20th May 3.00pm - 3.30pm

Thursday 3rd July 3.00pm – 3.30pm

We hope you can join us at one or more of the sessions, but we do understand that you are all very busy so please don't worry if you can't as there are lots of staff members who will be able to read with your children.

If you have any questions, please see your child's class teacher.

Kind regards,

The KS1 Team

DAaRT - Year 5



The Life Skills Primary Programme will be taking place in school during the next term. Year 5 will be involved in discussion, activities and will watch video clips during which they will meet the DAaRT Crew. These young people often get into risky situations, and the class will help them make informed decisions and keep safe and healthy.

During the programme, the children will have a workbook in school. The children will learn about responsibility, pressure, peer pressure, confident communication, bullying and cyberbullying, risks and consequences, stress, and recognising their support networks. We will also be discussing helpful and harmful drugs, including alcohol and Nicotine and the

effects that these have on the body. The programme includes a discussion on knife safety and will also explore the differences between various groups in society.

This programme has been running in the East Midlands and beyond for over 25 years, has more than 400,000 graduates and has been proven to make a difference in young people's lives. For more information, please visit www.lifeskills-education.co.uk where you will also find a link to the most recent research about the course.

Year 5 will have their DAaRT graduation assembly on Wednesday 2nd April at 3:00pm. The children will be able to invite two guests to come and watch the graduation, details of how to book will be sent out closer to the time.

Thanks for all your continued support.

Year 5 & 6 Team.

Volunteers needed - Garden



We are looking for adult volunteers who can spare some of their time to help maintain our garden/allotment. If you are willing to spare an hour or 2 please contact the school office.

Parking Safely and Considerately

If dropping off or collecting your child by car, please drive and park safely:

- **Be considerate of our neighbours and leave their driveways clear**
- **Do not park or stop where parking is prohibited during school drop off or pick up - yellow zigzags, double yellow lines & some single yellow lines**
- **Follow the highway code**

Thank you for your support
#roadsafety #community #drivesafely



We regularly receive phone calls about inconsiderate parking and/or cars parked with the engine running.

We would ask again that you please park safely and considerately on roads around school when dropping off and collecting children from school. We have had a number of complaints recently from local residents regarding parking, with some people even being aggressive when challenged. Please use the links below to see what the guidance is. Please also note that the school car park is for staff and visitors only and should not be used by parents.

[Link to Nottinghamshire County Council Parking Enforcement advice](#)

Helping your child with maths



Hello all,

After Parents Evening it has become apparent that there are a number of adults that would like to support their children further at home. For this reason we are exploring how we can best equip you with the resources and skills and would like to gather the thoughts of the school community. We would really appreciate if you could take a couple of minutes to complete this quick questionnaire (it will take no longer than 2 minutes).

[Link to form](#)

Thank you,

Mr Robinson and Miss Dibley - Team Maths

OPAL (Outdoor Play and Learning)



We would like to express a big thank you for your ongoing support with the introduction of OPAL (Outdoor Play and Learning) lunchtime at our school. We are delighted with the positive impact it is having so far and your support has been instrumental with this.

As we continue to expand OPAL, we are in need of more equipment to further enrich the play experience. Please see our new OPAL Bingo Card with examples of equipment that would support us going forward. As well as the below equipment we are always looking for scooters, helmets, material and skipping ropes.

The first class to complete their bingo card will receive an extra playtime. Please give any equipment to your child's class teacher or, if unsure, speak to the office.

Many Thanks,

Mr Hewlett, Mr Phillips-Alexander, Mrs Bullen, Mrs Tomlinson (The OPAL Play Team).



Car Park



Just a quick reminder that the school car park is for staff and visitors only. Parents should not use it for dropping off or collecting children. Please do not use it for breakfast club, after

school clubs or boosters. The only exception to this is after 5pm from Millie's After School Club.

Many thanks

A message from Carla Rose

CARLA ROSE COUNSELLING



Carlarosecounselling@gmail.com

I have worked as a Teaching Assistant at Arnold Mill for 12 years and in more recent years I have gained my level 4 Diploma in Counselling and have worked as School Counsellor alongside my TA role. I have now decided to make counselling my sole career, but I will still be working very closely with Arnold Mill.

I will be available to carry out 1-1 private counselling, should you feel your child may need support and encouragement for any concerns that you, or they, may have. This could be for bereavement/loss, stress and anxiety or trauma; or you may just feel that talking to an independent Counsellor, other than a family member or friend, would benefit your child.

The sessions will be carried out in the Den where I have a dedicated counselling room which is a comfortable, safe environment, so your child can express their thoughts and feelings confidentially through creativity and talking, with no judgement.

I am very passionate about how important therapy is for children at a young age as this helps to set them up for a positive response to therapy later in life.

At present I'm available on Wednesday afternoons. Please don't hesitate to contact me at carlarosecounselling@gmail.com should you require any advice, further information or details of the costs.

Kind Regards

Carla Rose - School counsellor

Useful information



Click through the sheets below for information about:

- Wraparound Care
- PE Timetable
- Free school meals and milk
- Information Leaflet about Strep A
- Academic Calendar 2022-23 (including inset days)
- Link to school policies
- ParentPay
- Easyfundraising
- Cost of Living Helpsheet
- Minor Ailment Scheme - help with cost towards medication

- Headlice - how to detect and treat
- Inspiring Reading - Advice for Parents
- Tax Free Childcare (help towards the cost of Breakfast Club and 30 hour lunchtime supervision fees)

Just click on the symbol in the top left hand corner of the relevant sheet to find out more information on that subject.

PE Timetable

Here are the PE slots for each class:

F1 (am): *Tuesday (please come in PE kit)*

F1 (pm): *Friday (please come in PE kit)*

F2a: *Wednesday (please come in PE kit)*

F2b: *Wednesday (please come in PE kit)*

1A: *Monday and Wednesday (please come in PE kit)*

1B: *Monday and Wednesday (please come in PE kit)*

1C: *Monday and Wednesday (please come in PE kit)*

2A: *Tuesday and Thursday (please ensure you have PE kit in school)*

2B: *Tuesday and Friday (please ensure you have PE kit in school)*

2C: *Monday and Tuesday (please ensure you have PE kit in school)*

2D: *Thursday and Friday (please ensure you have PE kit in school)*

2E: *Monday and Thursday (please ensure you have PE kit in school)*

2F: *Tuesday and Thursday (please ensure you have PE kit in school)*

WRAPAROUND CARE AT ARNOLD MILL



ARNIE'S BREAKFAST CLUB DAILY FROM 7.45AM

£3.25 per session - food included

No need to book - just turn up (please ensure you keep your ParentPay account up to date*)

Is included as part of our nursery 30 hour childcare provision.



MILLIE'S AFTER SCHOOL CLUB DAILY FROM 3.30-6.00PM

£12 per session - light tea provided

Must be booked and paid for in advance via ParentPay*. Cut off time for booking 12noon on the day.

*Payment accepted for both clubs via Government Tax Free Childcare along with other schemes (Please inform us if you wish to pay via any of these schemes)

☎ 0115 966 7930 during school hours

☎ 07*** during school hours

✉ office@arnoldmill.notts.sch.uk



GEDLING BOROUGH AIR NEEDS YOUR CARE



What are the health impacts

Air pollution from idling cars can lead to:

- Increased chance of developing lung cancer
- Increased risk of heart disease
- Increase in asthma, coughs and bronchitis

Children

Children are the most at risk because they:

- Have smaller lungs and breathe more rapidly
- Spend more time outdoors
- Tend to be more active and breathe more deeply

How it affects you and others

Excessive idling is a waste of fuel and money, resulting in an unnecessary negative environmental impact.

People inside cars are exposed to high levels of air pollution, with children especially at risk of harmful effects.

Nottinghamshire's air pollution contributes to hundreds of premature deaths each year.

Don't sit there idle

Keeping the engine running while stuck in traffic or waiting to collect someone pollutes the air we breathe.

It's up to all of us

Drivers in Gedling Borough can make some simple changes to improve air quality in the Borough. Most pollution comes from vehicles and idling produces unnecessary air pollution and wastes fuel.

Schools, hospitals and bus stops in particular are hot spots, as:

- idling is more likely to happen in these locations
- They have sensitive age groups, such as children and older people.



Switch off when waiting or stuck in a jam.

Switch to cycling or walking for local trips.

Switch to a bus or train when you can for longer journeys

You can find out more about air quality by visiting Gedling Boroughs air quality webpage below:
www.gedling.gov.uk/resident/environmentalhealth/airpollutionmonitoringandreporting/







**Greet your child
with a smile
and
not a mobile!**



1 - [Click here for information about free school meals and milk](#)



2 - [Click for important information about Strep A](#)

www.parentpay.com

Pay online....
for peace of mind

Trips, School Meals,
Breakfast Club, Tuck

A convenient way to pay


Paying online gives you peace of mind that comes with knowing your money reaches school safely.

Step 1 - Have your activation letter ready, these will be sent via email


Step 2 - Login at www.parentpay.com

Step 3 - Follow the instructions in your activation letter to activate your account

Step 4 - Select 'Pay for items'



4 - [Click link to visit ParentPay](#)



Turn your online shopping into everyday magic for


Arnold Mill Primary School

with easyfundraising

You shop, brands donate to us.
It won't cost you any extra!

How to sign up

- 1 Visit the link below or scan the QR code
www.easyfundraising.org.uk/support-a-good-cause
- 2 Search for us
- 3 Your favourite brands donate whenever you spend with them



Booking.com

eBay

M&S

GROUPON

Argos

TUI

Uswitch

ASDA

Apple

Viking



ASOS



BT

JUST EAT

Boden

Download the easyfundraising App

Excellent 
 3,945 reviews on  Trustpilot

5 - [Click link to sign up to Easyfundraising](#)



6 - [Link to Cost of Living Factsheet](#)



Inspiring Reading

Children need support to develop the habit and love of reading. How can you be their inspiration?

1. Talk about the reader's interests and inclinations - find connected texts that tempt to explore and discuss together.
2. Think about why reading is good for them - focus on intrinsic motivation rather than external rewards.
3. Capitalise on opportunities to share reading thoughts and interests with others - encourage them to notice preference and choice.
4. Find regular opportunities to visit your local/ school library.
5. Make reading time relaxed and interactive - chat about pictures, characters, likes, dislikes and interesting facts.
6. Be a reading detective by investigating the different purposes for reading (e.g. adverts to persuade, news to inform, stories to entertain).
7. Recognise and celebrate diversity in texts - empower reading of magazines, comics and texts that reflect different realities.
8. Invite others into the reading space - share the love of reading together in your reading community!

In collaboration with Book Week NI 2022



For more inspiration, visit

<https://ourfp.org/>

[@OpenUni_RfP](#)



Childcare Choices

We've signed up for
Tax-Free
Childcare:
Have you?




HM Government

Find out more at
childcarechoices.gov.uk

7 - [Link to Tax Free Childcare website](#)



 office@arnoldmill.notts.sch.uk

 **0115 9667930** (option 1 to record a child's absence or option 2 to speak to a member of the admin team)

 <https://www.arnoldmillprimary.co.uk>

 <https://www.facebook.com/arnoldmillofficial>
