

PE Long Term Overview

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
F1	Agility, Space and Movement (Striver Nursery Unit)	Gymnastics (Striver Nursery Unit)	Dance (Striver Nursery Unit)	Apparatus	Ball Skills (Striver Nursery Unit)	Ball Skills (Striver Foundation Unit)
F2	Agility, Space and Movements (Striver Foundation Unit)	Gymnastics – Balance (Striver Foundation Unit)	Dance – (Striver Foundation Unit)	Catching and Throwing (Striver Foundation Unit)	Athletics (Striver Foundation Unit)	Skills Based Challenges (Striver Foundation Unit)
KS1 Cycle 1 PPA	Games 1 (Striver Year 1 Unit)	Dance 1 (Striver Year 1)	Gymnastics 1 (Striver Year 1 Unit)	Athletics (Striver unit)	Athletics (Striver Unit)	Games 3 (Striver Year 2 unit)
KS1 Cycle 1 Class	Games 1 (Striver Year 2 Unit)	Games 2 (Striver Year 1 Unit)	Games 2 (Striver Year 2 Unit)	Apparatus	Games 3 (Striver Year 1 Unit)	Teamwork and Leadership (Striver Unit)
KS1 Cycle 2 PPA	Games 1 (Striver Year 1 Unit)	Games 4 (Striver Year 1 Unit)	Gymnastics 2 (Striver Year 1 Unit)	Athletics (Striver Unit)	Athletics (Striver Unit)	Games 5 (Striver Year 2 unit)
KS1 Cycle 2 Class	Games 1 (Striver Year 2 Unit)	Dance 1 (Striver year 2 Unit)	Games 4 (Striver Year 2 unit)	Apparatus	Games 5 (Year 1 Unit)	Teamwork and Leadership (Striver Unit)
LKS2 Cycle 1 PPA	Pop Lacrosse / Badminton	Pop Lacrosse / Badminton	Athletics (Striver Unit*) / Dodgeball	Athletics (Striver Unit*) / Dodgeball	Football (Striver Year 3 Unit) / Hockey (Striver Year 3 Unit)	Football (Striver Year 3 Unit) / Hockey (Striver Year 3 Unit)
LKS2 Cycle 1 Class	Tag Rugby (Striver Year 3 Unit)	Dance (Imoves Unit)	Gymnastics (Striver Unit)	Apparatus / Swimming (Year 4)	Handball (Striver Year 4 Unit) / Swimming (Year 4)	Cricket (Striver Year 3 Unit)
LKS2 Cycle 2 PPA	Netball (Striver Year 3 Unit) / Orienteering	Netball (Striver Year 3 Unit) / Orienteering	Athletics (Striver Unit*) / Circuit Training	Athletics (Striver Unit*) / Circuit Training	Rounders (Striver Year 6 Unit) / Frisbee	Rounders (Striver Year 6 Unit) / Frisbee
LKS2 Cycle 2 Class	Basketball (Striver Year 4 Unit)	Dance (Imoves Unit)	Gymnastics (Striver unit)	Apparatus / Swimming (Year 4)	Swimming (Year 4) / Handball (Striver Year 4 Unit) /	Tennis (Striver Year 4 Unit)
UKS2 Cycle 1 PPA	Tag Rugby (Striver Year 5 Unit) / Badminton	Tag Rugby (Striver Year 5 Unit) / Badminton	Athletics (Striver Unit*) / Dodgeball	Athletics (Striver Unit*) / Dodgeball	Pop Lacrosse / Football (Striver Year 5 Unit)	Pop Lacrosse / Tag Rugby (Striver Year 5 Unit)
UKS2 Cycle 1 Class	Hockey (Striver Year 5 Unit)	Dance (Imoves unit)	Gymnastics (Striver Unit)	Apparatus	Handball (Striver Year 6 Unit)	Cricket (Striver Year 5 Unit)

UKS2 Cycle 2 PPA	Netball (Striver Year 5 Unit) / Orienteering	Netball (Striver Year 3 Unit) / Orienteering	Athletics (Striver Unit*)/ Circuit Training	Athletics (Striver Unit*)/ Circuit Training	Rounders (Striver Year 6 Unit) / Frisbee	Rounders (Striver Year 6 Unit) / Frisbee
UKS2 Cycle 2 Class	Basketball (Striver Year 6 Unit)	Dance (Imoves Unit)	Gymnastics (Striver Unit)	Apparatus	Team Building / Leadership (Striver Unit)	Tennis (Striver Year 6 Unit)

*Athletics will be taught during PPA sessions and the unit will match the year group being taught.