



Arnold Mill Primary School

Head Teacher Mrs J Oldfield B.Ed (Hons)
Cross Street Arnold Nottingham NG5 7AX
Telephone (0115) 966 7930

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Dear Parent/Carer

Year 4 Swimming

This term the Year 4 children will be going swimming at Carlton Forum Leisure Centre. We will travel there by bus, which is provided by the Local Authority.

The morning swimming sessions start on **Friday 7th March** and will be weekly through to **Friday 25th July**.

Swimming Lessons are in the morning, your child **does** need to wear school uniform on swimming days. Your child should **wear their swimwear under their school uniform**. **Please ensure that they have a towel and their underwear in a separate (named) swimming bag.**

The Local Education Authority issue rules regarding swimming costumes which are as follows:

- Girls - one piece swimming costume
- Boys - swimming trunks or close-fitting shorts without side pockets and **no longer than mid-thigh length (see attached sheet) - please see Mrs Greentree if you are unsure.**
- Hair which is longer than jaw length should be tied back or in a cap.
- **All jewellery** must be removed. Earrings cannot be taped over or covered by a hat.
- Goggles can be worn. However, it is the responsibility of the parent/carers to adjust and fit the goggles correctly and to write a letter of consent to the class teacher.

Please adhere to the regulations, as the instructors will not let your child swim if they break the rules.

Yours sincerely

Mrs Greentree

Enclosure: Swimwear guidance note

Boys require "jammer" style tight fitting trucks or shorts with no pockets, and which are no longer than mid-thigh length. Baggy "board shorts" style of swimwear is NOT suitable for the swimming lessons: **Acceptable boy's swimwear is shown below:**



Girls require a one piece swim suit which is tight fitting and not revealing. Bikini/tankini style of swimwear is NOT suitable for the swimming lessons: **Acceptable girl's swimwear is shown below:**

