

A Healthier Happier Community Join us for a Conversation



**Working together to improve the
wellbeing of your community**

Monday, 29th January 2018

In Arnside Educational Institute

6.30pm to 8.00pm

If you can spare 90 minutes and would like to be part of this community group, come and join us to talk about what's already in your community that helps people to be happy and healthy and how we can build on this

Tea & coffee will be served