



Dear Parent/Carer

FEET FIRST 2020 – WALK, SCOOT OR CYCLE TO SCHOOL

This year, our school has decided to take part in a highly effective and popular scheme funded and run by Cumbria County Council's Active Travel team.

We aim to improve the health and fitness of our youngsters and reduce congestion and the hazard of traffic outside school. We hope that our children will enjoy taking part in Feet First as well as picking up road safety skills and that they will be encouraged to think about the environmental benefits of walking, cycling or scooting to school. If your child has to come a long distance by car – why not park further from the school and walk, cycle or scoot the rest of the way (Park & Stride, Park & Glide).

Your child will receive a passport to mark on those days they walk, cycle, scoot, car share or use the bus if they sign up to the scheme. If they manage to do this at least once a week every half term they will receive an exciting badge at the end of each term until the scheme ends in July 2020.

DON'T MISS OUT – JOIN IN WITH 10,000 OTHER CUMBRIAN CHILDREN COMMITTED TO FEET FIRST.

If your child/children would like to take part in Feet First 2020 – Please fill in and detach the form below. Return it to school by the deadline – **Friday 24 January** – and they will be included in the scheme.

This terms programme will run for five weeks from W/C 24th February- W/C 23rd March 2020.

Yours faithfully
Mrs Shipperd
PE and Sport Coordinator



My child/children would like to take part in the Feet First Scheme 2020

NAME OF CHILD/CHILDREN	
YEAR	
CLASS	
NAME OF PARENT/CARER (PRINT)	
SIGNED	