



# The Primary PE and sport premium

Planning, reporting and evaluating website tool

Updated September 2023

Commissioned by



Department  
for Education

Created by





This template can be used for multiple purposes:

- It enables schools to effectively plan their use of the Primary PE and sport premium
- It helps schools to meet the requirements (as set out in guidance) to publish information on their Primary PE and sport premium
- It will be an effective document to support Ofsted inspections enabling schools to evidence progress in Physical Education (PE) and evidence swimming attainment, which forms part of the PE National Curriculum. We would recommend schools consider the Intent, Implementation and Impact of any spend, as examined within the Education Inspection Framework.

It is important that your grant is used effectively and based on school need.

Schools must use the funding to make **additional and sustainable improvements** to the quality of the PE, School Sport and Physical Activity (PESSPA) they offer. This means that you should use the Primary PE and sport premium to:

- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years
- Develop or add to the PESSPA activities that your school already offers.

**The Primary PE and sport premium should not be used to fund capital spend projects; the school's core budget should fund these. Further detail on capital expenditure can be found in the updated [Primary PE and sport premium guidance](#).**

The Primary PE and sport premium guidance, outlines 5 key priorities that funding should be used towards. It is not



necessary that spending has to meet all the key priorities, you should select the priorities that you aim to use any funding towards.

Although completing this template is not a requirement for schools, schools are required to publish details of how they spend this funding. Schools must also outline what the impact this funding has had on pupils' PE and sport participation and attainment and how any spending will be sustainable in the future. **All funding must be spent by 31st July 2024.**

The Department for Education has worked closely with the Association for Physical Education (afPE) and the Youth Sport Trust (YST) to develop this template and encourages schools to use it. This template is an effective way of meeting the reporting requirements of the Primary PE and sport premium.

## Review of last year's spend and key achievements (2022/2023)

We recommend you start by reflecting on the impact of current provision and reviewing your previous spend.

Activity/Action	Impact	Comments
<ul style="list-style-type: none"> <li>All pupils are provided with ample opportunity throughout the day, including break and dinner times to access physical activity (At least 60 minutes moderate to vigorous intensity physical activity everyday)</li> <li>1 x disabled child receives additional 20 minutes of physiotherapy daily activity)</li> <li>Each class receives two hours of high-quality PE provision a week (All pupils experience at least one hour a week with PE specialist teacher and one hour a week with class teacher)</li> <li>Extra-curricular clubs, such as football, running, multi skills, tri-golf and rounders have been on offer to pupils to further</li> </ul>	<ul style="list-style-type: none"> <li>Participation feedback data reported that 96% of pupils were taking part in sessions, with those not provided with roles to engage them within the session (e.g. referee/coach/support etc.)</li> <li>An increased number of pupils were able to access sports in which they normally would not, due to an expansive curriculum offered.</li> <li>More pupils were able to represent the school in sporting events (across a wider range of year groups.)</li> <li>Year 5 Sports leaders were given the opportunity to plan and lead games throughout the year.</li> </ul>	<ul style="list-style-type: none"> <li>Going forward, we have to assess and evaluate the impact of the curriculum which we deliver, which has been in place for some years now and ensure we always adapt our curriculum inline with our children's needs.</li> <li>We would like to offer a program that is progressive, cohesive and inclusive, as well as exciting and fun.</li> <li>We would like to have a workforce who are confident at teaching PE. Going forward, we would like to look into more CPD training so that we can equip our</li> </ul>

expose them to regular physical activity throughout the year.

- We also have external Jujitsu instructors in addition to our extra-curricular clubs provided by Arnside staff.
- Our Year 5 Sports leaders have put on sporting activities for the younger children at break and dinner time, to provide yet more opportunities for increased Physical activity.
- Physical activity within our wider community has been promoted, as parents and guardians have been encouraged to join us for activities and sporting events throughout the year.
- Our programme of study for PE is inclusive and built around an equal opportunity for all to access and excel in the subject.
- Each class has regular breaks throughout the day to carry out core workouts, fitness runs, yoga, breathing techniques, mindfulness, sensory breaks etc. to improve mental health.
- Further external links have continued to grow and strengthen with other schools and our local secondary schools, as the competition calendar enables schools to challenge themselves outside their school wall, within the South Lakes

- Taking part in and hosting sporting events has led to lasting relationships with neighboring schools and supported a lasting legacy of competition both internally and externally.
- Maintaining the approach that PE will be taught by Arnside staff for Arnside pupils, upholding an in-house approach, supporting by our local PE network cluster group has meant that pupils and staff know and enjoy our PE and Sports curriculum, which is progressive and cohesive.
- Improvement of academic enjoyment and concentration due to the regular breaks.
- The competitions provide and improve equal access to sport for boys and girls.
- Our assessment informs planning by highlighting areas of strength and weakness in PE.

staff with current pedagogical knowledge in PE from EYFS to Year 6.

- Our PE curriculum should offer an opportunity to set pupils up with a life-long love of the activities and games we deliver, as well as supporting our professionals with the resources and CPD needed to become more confident PE leaders and practitioners.
- We must ensure that the extra-curricular activities that we offer are fun and inclusive of all pupils. That our presence as PE and sports leaders and ambassadors in the community is still present and that our curriculum meets the needs of all pupils in our school.
- Next academic year, we would like to introduce Sports Science themed lessons where children learn more in-depth knowledge about the bodies and how they work. For example, building a lung model. This is also cross-curricular linking to PSHE, Design and Technology and Science. (Every half term).
- Our PE curriculum is aligned with

<p>district. (Dallam competitions/School games competitions)</p> <ul style="list-style-type: none"><li>• Gifted and talented groups take place in school every half term, for children who excel in a particular sport.</li><li>• We also run a PE well-being group to support children's social skills, mental health, team building skills, self-esteem, confidence etc. This group is well-suited for Pupil Premium and SEND children.</li><li>• Our PE curriculum is embedded and meets not only the expectations of the curriculum, but is specific to the needs of our pupils across the school.</li><li>• Our assessment strategies enable staff to carefully monitor and support the pupils to become healthier and better-skilled across the curriculum.</li></ul>		<p>other subjects in regards to assessment grading and knowledge progression. This provides clarity to teachers, parents and pupils.</p> <ul style="list-style-type: none"><li>• Sports Specialist to cover additional support outlined in a number of EHCP plans.</li></ul>
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- Upon reflection, for the 2023/24 academic year, we continued to invest in the Get Set 4 PE subscription as a supportive tool, of which to support our PE planning and assessment and our Specialist PE teacher for a day and a half a week. This is partly due to staff voice and feedback, requesting for more support in equipping staff with the skills and knowhow to be able to deliver the kind of deep, structured curriculum that we feel we must offer here at Arnside National School.
- After completing some research and through recommendations at Active Cumbria Network meetings, we found Get Set 4 PE and felt that using this platform could potentially transform how we teach PE here at Arnside National School. Get Set 4 PE is leading the way as the trusted source of PE knowledge. Their library of pre-planned lessons and films (of which we will use to develop our own catalogue of supportive clips) are designed to support anyone wanting to teach PE better. They eliminate time consuming planning, make mastery PE lessons easier to achieve, and create more engaging and rewarding lessons for pupils.



## Key priorities and Planning

This planning template will allow schools to accurately plan their spending.

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
Subscription and membership to- AFPE Youth Sports Trust* Sports Leaders Active Mark School Games Sports England Active Cumbria British Gymnastics Active travel Primary Sports leaders*	Subject Leaders, teachers and support staff...then in turn, the pupils themselves.	Key Indicator 1- Increased confidence, knowledge and skills of staff in teaching PE	The quality of the teaching of PE and subject leadership- Our teachers will benefit from outstanding CPD and pupils will in turn, benefit from better teaching of the subject. Staff and pupils are aware of current and new initiatives.	£300
Employing a Specialist PE teacher for a day and a half a week to provide 1 hour of PE lesson to all classes	All pupils have experienced high level specialist PE teaching in a variety of sports for at least 1 hour a week plus after school club	Key Indicator 1- Increased confidence, knowledge and skills of staff in teaching PE	Teachers and TAs have developed teaching knowledge and skills across a range of sports. Added value to the quality and depth of P.E. provision. Increased wellbeing through targeted	£10,983

<p>Audit provision and resources- To improve PE and Sport equipment- including purchase of a set of dodgeballs, Gymnastic Uniform and Footballs</p>	<p>Replacement of old/worn equipment- will help to deliver high quality lessons</p>	<p>Key indicator 2- The profile of PESSPA being raised across the school as a tool for whole school improvement</p>	<p>interventions. Teachers to attend lessons with specialist PE teacher to carry on upskilling their knowledge and teaching of PE.</p> <p>Pupils use good quality equipment</p>	<p>£139.72</p>
<p>Safety check inspection on PE and Sport equipment</p>	<p>Ensuring the equipment is safe for children to use</p>	<p>Key indicator 2- The profile of PESSPA being raised across the school as a tool for whole school improvement</p>	<p>Pupils use good quality equipment</p>	<p>£326.40</p>
<p>Subscription and membership to Get Set 4 PE (online planning and</p>	<p>Teachers will gain vital support from a well-planned and progressive curriculum tool, as well as benefit from</p>	<p>Key indicator 2- The profile of PESSPA being raised across the school as a tool for whole school improvement</p>	<p>PE lesson observations to ensure new resources are used effectively.</p>	<p>£594</p>



assessment tool for PE)	the support and guidance via outstanding CPD.			
Memberships to sport initiatives and government recognized organisations	School is fully up to date with new initiatives and research	Key indicator 2- The profile of PESSPA being raised across the school as a tool for whole school improvement	School is recognised provider of high-quality P.E. and sport through accreditation. Pupils can articulate the difference between PE and Sport through accreditation.	£300
Training for staff- Inset day- Delivering Yoga and breathing techniques	Staff to deliver sessions linked to P.E. wellbeing	Key indicator 3- Raise the profile of PE and Sport	Increasing knowledge of mental health for children and coping strategies	£0
Regular PE coordinator networking meetings and CPD	Attend ACPEN/cluster/school games/primary liaison network meetings	Key indicator 3- Raise the profile of PE and Sport	Increased networking. Additional opportunities for pupils through cluster meetings.	£0
Use Get Set 4 P.E. scheme for curriculum provision	Staff to use Get Set 4 P.E. for planning and assessment resources	Key indicator 3- Raise the profile of PE and Sport	Staff to deliver high quality lessons and increased knowledge and understanding of the Get Set 4 P.E. resources. More effective progression	£as above

<p>Enlisting on cycle awareness courses for Year 6 and Year 4</p>	<p>Pupils will gain a valuable life skill, that will make them skilled and able riders, whilst keeping them safer on our roads.</p>	<p>Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils</p>	<p>of knowledge and skills through use of Get Set 4 P.E. scheme.</p> <p>Pupils will progress through our school, more confident and skilled riders, which will in turn make them more active and much safer in our wider environment.</p>	<p>£0</p> <p>Bikeability training sessions and courses (free- LKS2 intro to riding and UKS2 road safety)</p>
<p>Taking part in inclusive sports (Wheelchair basketball)</p>	<p>Allows children to take part in inclusive sports</p>	<p>Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils</p>	<p>Children gaining a better understanding of how sports can be adapted to make them inclusive.</p>	<p>£350</p>
<p>Swimming lessons for all Year 3 and 4 children plus top up swimming lessons for non-swimmers</p>	<p>Pupils in KS2 will benefit from swimming provision, on top of the curriculum we offer</p>	<p>Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils</p>	<p>We regard swimming as an essential life skill. Providing all KS2 pupils with access to swimming tuition is an important focus for us as a school</p>	<p>X5 hourly weeks pool rental for swimming sessions and 3 instructors- £855.75</p>

Coach to transport Year 3 and 4 children to swimming	It allows pupils to access local swimming pool facilities	Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils		£600
Representing County for Key Steps Gymnastics	Pupils excelling in Sports	Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils	Children experience competitions at a higher level	£26
Experience days- Sailing/Paddleboarding days at the local sailing club	Pupils are encouraged to take up alternative sports and make links with the local clubs to open up opportunities for uptake of the sports and develop pathways to local sports clubs and encourage healthy lifestyles.	Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils	All KS2 attended sailing and paddle boarding sessions.	£1170
Outdoor education- Residential trip- Years 3 and 4.	Pupils are introduced to new sports and adventure learning	Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils	Excellent pupil feedback after residential experiences. Children carried out a range of adventurous learning.	£170
Camping trip- Year 5	Pupils are introduced to new sports and adventure learning	Key Indicator 4- Broader experience of a range of sports	Excellent pupil feedback after camping experiences. Children carried out a range of	£789.60

<p>End of year waterslide treat for winning sports team</p>	<p>Pupils will be able to celebrate Sporting success with a reward</p>	<p>and activities offered to all pupils Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils</p>	<p>adventurous learning. Enjoyment from all pupils involved</p>	<p>£31.53</p>
<p>National Walk to School Week and Sustrans</p>	<p>High Participation in Walk2School initiatives.</p>	<p>Key Indicator 4- Broader experience of a range of sports and activities offered to all pupils</p>	<p>Children taking part in active travel benefits their mental health and well-being and concentration in class</p>	<p>Free</p>
				<p>Total- £17, 262</p>



## Key achievements 2023-2024

This template will be completed at the end of the academic year and will showcase the key achievements schools have made with their Primary PE and sport premium spending.

Activity/Action	Impact	Comments
School Games Award	The School Games Mark is a government-led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community.	We are very proud to have achieved the gold School Games award for the last couple of years including 2023-2024.
Successful residentials	Personal Development. Taking part in a residential trip can do wonders for a child's personal and physical development. Activities such as climbing, hiking, kayaking, and team sports all promote physical fitness and instil discipline, perseverance and a positive attitude towards challenges.	Outdoor education encourages teamwork and cooperation and offers opportunities to engage and collaborate in new groups. Learning to work as a team, negotiate and resolve disagreements is all part of the experience, increasing their social and emotional development and people skills.
Introduced more diverse sports	We have introduced a wider range of sports to allow all children to experience a range of sports and provide them with further opportunities to develop a love for a sport that suits them e.g. Crown Green Bowling, Sailing and Jujitsu	Children have enjoyed learning new sports and many have joined extra-curricular clubs e.g. Jujitsu
Excellent competitive games results	As much as we want to watch our children	We are extremely proud of our pupils. They always try their best and represent

<p>Representing county level for cross country and Key Steps Gymnastics and</p> <p>Celebrating other sporting successes through Arnside Sporting Superstars</p> <p>Targeted intervention for gifted and talented, or inactive pupils</p>	<p>excel, competitive sports are not just about winning; taking part in sports teaches children several important skills, like respect, social skills, confidence, team work and learning to lose.</p> <p>Achievements should be recognised, valued and celebrated by the school and community through a range of ways which help build self-esteem and confidence. Some of our children excel in particular sports and as a school we come together to celebrate their successes at the end of each half term.</p> <p>During National Sports Week, children who excel in particular Sports are given the opportunity to deliver a Sporting presentation to the whole school about their training and achievements.</p> <p>Pupils have developed their confidence, self-esteem, team work and communication skills etc.</p>	<p>the school in an outstanding manner, showing all the important skills of competitive sport. All our pupils have the opportunity to take part in competitive sport.</p> <p>Taking a whole school approach to recognising and rewarding sporting success and commitment to sport and delivery. All children and young people should be achieving to their full potential. Children and young people should also have their learning recognised through approaches to wider achievements. Everyone in the school should have the opportunities to be able to develop a variety of different interests, talents and learn new skills.</p>
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<p><b>Action plan for 2024-2025-</b> PE ambassador role for Year 6</p>	<p>Pupils will relish the competitive and active elements of the challenges. Key Indicator 2- Engagement of all pupils in regular physical activity</p>	<p>Year 6 sports ambassador team to work with PE lead to design suitable weekly challenges for all classes to do- to be sent out as a weekly email to class teachers. This will be a free cost- healthy internal competition between pupils/classes will be established. Challenges will support pupils to develop important skills that can be transferred into PE lessons.</p>
<p>School competition: Matches/games to be devised by our Year 6 sports ambassadors to develop a range of 'informal' inter-school fixtures.</p>	<p>Pupils will benefit from healthy competition both internally and externally, able to showcase their skills on a broader scale. Key Indicator 5- Increased participation in competitive sport</p>	<p>Opportunity for us to build a legacy, and strengthen relationships across the wider community. Healthy internal competition will build and strengthen relationships within our setting. £_ requested by Year 6 Sports ambassador team for their leadership project- impacting upon sport across the school.</p>
<p>Potential purchase of a memory and reaction light wall</p>	<p>Pupils will relish the competitive and active elements of these all-weather, interactive resources, that will be accessible for all pupils throughout the day</p>	<p>Pupils will become more active, increase their reaction time, agility and functional movement.</p>

<p>Staff to attend Foundation Course in 'physical literacy'- Introduce the concept of physical literacy</p>	<p>Teachers of PE, who will gain a better understanding of 16 different types of play- including symbolic and socio-dramatic play</p> <p>Key Indicator 2- Engagement of all pupils in regular physical activity</p>	<p>Implement the IPLA definition of physical literacy- pupils will profit from teachers' implementation of a wide range of play scenarios and strategies- Free online course.</p>
<p>Explore further 'alternative' after school club opportunities.</p>	<p>To offer a more diverse range of after school clubs for all ages.</p> <p>A chance for pupils to showcase their healthy actions over half term.</p>	<p>Ask children for their input on clubs they are would be interested in attending.</p>
<p>Half term email incentive 'Healthy Selfie' sent to parents/carers asking them to send in any pictures of their child being active during the break. Possibility to post on school dojo to showcase the healthy decisions pupils are making.</p>	<p>Key Indicator 2- Engagement of all pupils in regular physical activity.</p>	<p>More pupils meeting their daily physical activity goal, more pupils encouraged to take part in PE and Sports activities. Free cost.</p>
<p>Increase pupils' participation of SEN/Inclusive competitions through school games.</p>	<p>This will also SEND/Pupil Premium and less active children to take part in panathlon competitions and festival sports and allow pupils to work as a team and demonstrate excellent sporting conduct.</p> <p>Key indicator 5- Increased participation in competitive sport.</p>	<p>To increase confidence of children of all abilities.</p>
<p>Potential investment in our school environment and our outdoor curriculum: Cross Curricular Orienteering (Cross-curricular Orienteering-</p>	<p>This will allow more pupils meeting their daily physical activity goal, more pupils encouraged to take part in PE and Sport</p>	<p>Possible cost- £2150- This includes staff training, maps, resources and a launch day. Staff will be trained and resourced</p>



<p>Making learning active! Crosscurricularorienteering.co.uk)</p>	<p>activities, whilst developing skills across their wider and core curriculum. Pupils will all enjoy the competitive and active side, to an outdoor curriculum, that develops their skills as readers, mathematicians and scientists. Key indicator 4- Broader experience of a range of sports.</p>	<p>with a programme of study that combines the physicality of orienteering and our core curriculum goals.</p>
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## Swimming Data

Meeting National Curriculum requirements for swimming and water safety.

*Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study*

<u>Question</u>	<u>Stats:</u>	<u>Further context</u> <u>Relative to local challenges</u>
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	100%	We use a percentage of our funding to pay for a coach to transport us to the nearest swimming pool. In previous years, the children only had half an hour session and we felt that the children spent more time travelling to and from the lessons. This year, we have increased the session time to 1 hour per week for 5 weeks. This has been much more beneficial for the children and they have shown greater progression. We have also made the change of Year 3 and 4 children accessing the lessons instead of Year 6, as we felt that it allows time for children who need extra sessions to complete the end of KS2 swimming expectations.

<p>What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?</p>	<p>100%</p>	
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<p>What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?</p>	<p>100%</p>	<p>The children completed a separate water safety lesson as part of their swimming curriculum.</p>
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<p>If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?</p>	<p>Yes/No</p>	<p>We provided extra top-up sessions for a disabled child, as swimming is a great way for building strength and a form of physiotherapy.</p>
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Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?	Yes/No	The RNLI delivered a whole school assembly to both children and staff about the importance of water safety. This is a priority for us, with living so close to the estuary
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Signed off by:

Head Teacher:	Nick Sharp
Subject Leader or the individual responsible for the Primary PE and sport premium:	Jeanette Henneberry- PE and Sport Coordinator
Governor:	Graeme Armstrong- PE and Sport Governor
Date:	18 <sup>th</sup> July 2024