

Arnside National Primary School - PE & Sport questionnaire 2019-20



Section 1: My Week

What sports or activities do you do during a normal week?

	Mon	Tues	Wed	Thurs	Fri
Before school					
During school					
After school					

What sports or activity clubs do you attend after / outside school?

	Mon	Tues	Wed	Thurs	Fri
Evening					

What do you like doing at weekends?

Are you a member of any clubs and if so which ones?

Section 2: My competition

How many school games / competitions have you played in the last year for Arnside School? Please circle the appropriate number.

0 1 to 4 5 to 8 9 or more

How many competitions have you played in school against other Arnside children in the last year? Please circle the appropriate number.

0 1 to 4 5 to 8 9 or more

Do you currently represent your country or region at a sport? Please circle.

Yes No

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Section 3: My PE

Do you find your PE lessons enjoyable and interesting? Please circle.

Yes No

Do you think you are making good progress in PE? Please circle.

Yes No

Do you always have your PE kit? Please circle.

Yes No

How would you rate your PE lessons?

Excellent Good OK

Section 4: My health & wellbeing

How do we encourage healthy eating at school?

How many hours of sleep do you get on school nights?

7 to 8 9 to 10 11 to 12 12 +

Does Arnside School promote healthy eating?

Yes No

Do you walk / cycle or scooter to school?

Yes No

How does PE make you feel?

What sport or activity would you like to do at school?