

Some useful websites for Parents / Carers

General Support and Advice

<https://www.nspcc.org.uk/>

<https://www.pshe-association.org.uk/>

Physical Health and Wellbeing:

<https://www.nhs.uk/change4life>

<https://www.foodafactoflife.org.uk/>

<https://kidshealth.org/>

Keeping Safe and Managing Risk:

<https://www.childline.org.uk/>

<https://www.childline.org.uk/kids>

<https://www.ceop.police.uk/safety-centre/>

<https://www.childnet.com/resources/looking-for-kidsmart>

<https://www.unicef.org.uk/>

<https://www.redcross.org.uk/>

<https://www.thinkuknow.co.uk/>

Careers, Financial Capability and Economic Wellbeing:

<https://www.moneysavingexpert.com/>

<https://www.young-enterprise.org.uk/>

Citizenship

<https://www.youngcitizens.org/>

<https://www.oxfam.org.uk/>

<https://www.redcross.org.uk/get-involved/teaching-resources/wellbeing-activities-being-kind-to-yourself>

Living and Growing:

<https://www.dove.com/uk/dove-self-esteem-project.html>

Mental Health and Emotional Wellbeing:

<https://youngminds.org.uk/>

<https://www.childbereavementuk.org/>

<https://www.bullying.co.uk/>

Sex and Relationships

<https://www.nhs.uk/live-well/sexual-health/getting-contraception/>

<http://www.sexeducationforum.org.uk/>

<https://www.rsehub.org.uk/>