

## **T-Shirt Competition during** lockdown

With the country being back in lockdown and the majority of you being schooled remotely, I am launching a competition to help get your minds active. I'd like you to use your imagination and creative skills to design me a T-Shirt to wear on the final leg of my Land's End to John O Groats push for charity.

The competition is open to all primary school children in Cumbria, with two entry levels: Age 4-7 and age 8-11.



https://uk.virginmoneygiving.com/CharlesDeans 100% of all proceeds will be shared equally between Eden Valley Hospice and The Calvert Trust.

We might even share some entries on our social media channels along the way, so make sure your parents are following Charles on his Facebook page. Facebook: charlesdeanswainwrights Instagram @charles.deans.wainwrights

**Terms and Conditions** 

 This competition is organised by Charles Deans and Sara Deans.
 The competition will run from Monday 1st February 2021 up to and including Monday 28th February 2021. 3. The competition is open to all primary school children in Cumbria with the consent of a parent or guardian aged over 18. Relatives of Charles Deans and Sara Deans are unable to enter the competition. 4. To enter, participants must submit one image of their completed t-shirt design. Entrants must submit a photograph of their completed t-shirt design to charlesdeanswainwrights@hotmail.com 6. Each entry level winner will win a mountain bike courtesy of Wragg Mark Bell Solicitors of Carlisle and Keswick Bikes. 7. The prize is non-transferable and cannot be exchanged for cash or an alternative prize. 8. The winner will be chosen by a panel of judges, including Charles Deans, Julie Wedgwood of RRU and Pro-Footballer Jarrad Branthwaite.

Judges decision is final. 9. Each entrant agrees to the use of his/her image in any publicity material and each winner agrees to their name being made publicly available. 10. The winners will be contacted through their Head Teacher. The prize will be presented to the winners at their school or home address, depending on if they are currently attending school or are being home schooled.

11. The winners will be invited to the finish line to see Charles complete his challenge.

If you have any questions about this competition please contact Lois Deans by email: charlesdeanswainwrights@hotmail.com.

# Who is Charles and why is he completing this challenge!







My name is Charles Deans. I became paralysed in 2006 and since then I've had lots of help and support from lots of different people. I'm much better now and can you believe I got to the top of Dodd Wood Summit in my wheelchair at Christmas!

Because of the current pandemic I have taken on a challenge to try to help raise money for two local charities close to my heart – Eden Valley Hospice and The Calvert Trust.
The challenge is to virtually travel 874 miles in under 10 weeks in my manual wheelchair. Yes... that means pushing all the way.

My challenge started on the 10<sup>th</sup> January and it will finish on Saturday 20<sup>th</sup> March.

So that you can help me along the way I'm running a competition for you to design me a t-shirt to wear on the last leg of my journey from Keswick to Carlisle. You can win a bike and lots of other goodies for your family. The competition starts on Monday 1<sup>st</sup> February and finishes on the 28<sup>th</sup> February. One of our judges is a professional footballer – Jarrad Branthwaite - he can't wait to see your designs.

I hope you take part!

Good luck, from Charles

## What makes a great design?

 Keep it simple
 Make sure it's the correct size
 If you include writing, make sure you use a good font and size
 Think about the design – is it too spaced out, or too bunched up?
 Use a good combination of colours or one specific colour preferably bright colours – felt pens are ideal (try to use the least amount of colour – too many can look confusing!)



#### What you must include...

A design for the front of the t-shirt – based on Eden Valley Hospice

A design for the back of the t-shirt – based on The Calvert Trust Complete it on paper or on the computer Try and link your design to me and my story

📩 The rest is up to you...

### The t-shirt will be white!!

Send a photo of your design with your name, age and school to <u>charlesdeanswainwrights@hotmail.com</u>. Your design will be automatically entered into the competition once you have made your donation – please include a short message stating your name and school on the donation page.

