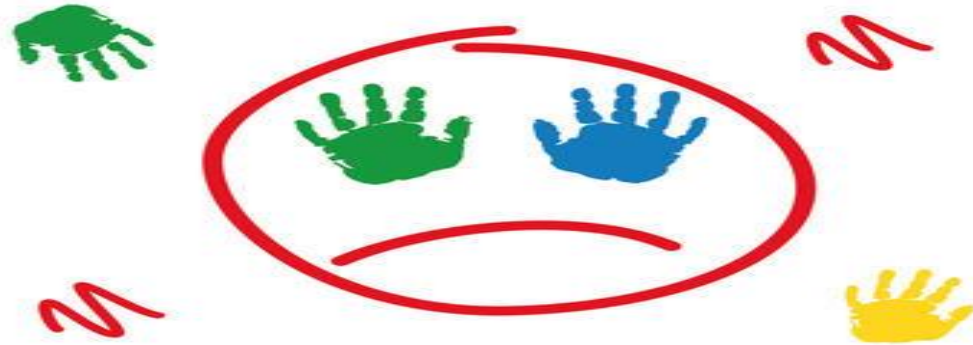


WE NEED TO TALK ABOUT CHILDREN'S MENTAL HEALTH...



Who are the people you feel safe with?

If you could change anything in your life, what would it be?

What makes you feel calm?

What are you worried about when you are lying in bed and can't sleep?

Where is a place you feel safe?

What can I do to help?

Is there anything you would like to talk about?

When was the last time you were happy?

How do you feel about things changing?

Is there anyone who is upsetting you?



Children's Mental Health Matters!