ALLERGEN AWARE MENU WEEK 1

SERVED W/C

9th Nov | 30th Nov | 21st Dec | 11th Jan | 1st Feb
22nd Feb | 15th Mar | 5th Apr

Hutchison

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Fajita roasted vegetable pizza with oven baked wedges	Cheesy bean pasta bake (may contain soya)	Vegetable sausages with roast potatoes & gravy	5 bean chilli with Mexican rice	Vegetable sausages, chips & tomato ketchup
Main Meal OPTION 2	Fajita chicken pizza with oven baked wedges	Beef bolognaise with penne pasta (may contain soya)	Roast gammon with roast potatoes & gravy	Chicken wrap with Mexican rice	Fish & chips with tomato ketchup
Veggies	Green beans & sweetcorn	Broccoli	Broccoli & roasted carrot	Rainbow vegetables	Baked beans
Sweet Treats	Lemon shortbread	Fruit crumble	Chocolate & banana brownie sponge	Sliced fruit selection	Chocolate shortbread

Available Every Day –

Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly

KEY

Vegan
Vegetarian
Added Lentils
50-50 White & Wholegrain Rice
Added Chickpeas
Made with Pea Protein
Nutritionist's Choice

ALLERGEN AWARE MENU WEEK 2

SERVED W/C

16th Nov | 7th Dec | 28th Dec | 18th Jan | 8th Feb
1st Mar | 22nd Mar

Hutchison

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Cheese & tomato pizza with oven baked wedges	Smokey BBQ pieces with rice	Veggie all day breakfast	Cheesy cauliflower pasta bake (may contain soya)	Cheese & tomato pizza, chips & tomato ketchup
Main Meal OPTION 2	Sweet chilli salmon melt with oven baked wedges	Chicken katsu with rice	All day breakfast, with pork sausages	Chicken & tomato pasta bake (may contain soya)	Fish & chips with tomato ketchup
Veggies	Peas	Rainbow vegetables	Baked beans	Crudites and salad bar selection	Baked beans
Sweet Treats	Chocolate brownie	Apple crumble	Chocolate & orange brownie	Watermelon wedge	Fruity flapjack

Available Every Day –

Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly

KEY

Vegan
Vegetarian
Added Lentils
50-50 White & Wholegrain Rice
Added Chickpeas
Made with Pea Protein
Nutritionist's Choice

ALLERGEN AWARE MENU WEEK 3

SERVED W/C

2nd Nov | 23rd Nov | 14th Dec | 4th Jan | 25th Jan
15th Feb | 8th Mar | 29th Mar

Hutchison

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Mixed bean bolognaise with penne pasta (may contain soya)	Vegetable sausages with mashed potatoes & gravy	Vegetable sausages with roast potatoes & gravy	Cauliflower & chickpea korma with rice	Vegetable sausages, chips & tomato ketchup
Main Meal OPTION 2	Beef bolognaise with penne pasta (may contain soya)	Pork sausages with mashed potatoes & gravy	Roast chicken breast with roast potatoes & gravy	Chicken korma with rice	Fish & chips with tomato ketchup
Veggies	Green beans & sweetcorn	Peas & carrots	Broccoli & roasted carrots	Tomato, cucumber & carrot salad	Baked beans
Sweet Treats	Lemon shortbread	Orchard crumble	Raspberry jelly & mandarins	Chocolate & orange brownie	Sliced fruit selection

Available Every Day –

Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly

KEY

Vegan | Vegetarian | Added Lentils
50-50 White & Wholegrain Rice | Added Chickpeas
Made with Pea Protein | Nutritionist's Choice