



Year 1

Autumn 1

Welcome to Year 1!

We hope you've had a wonderful summer and are feeling ready for the exciting year ahead. This term, our theme is **Mighty Me**, where we will be exploring our amazing bodies and reflecting on events that have happened during our lifetimes.

Phonics is a huge part of Year 1 and we really value your support at home. Listening to your child read and practising phonics regularly will make such a difference. We can't wait to explore, create and grow together this year!

In **English**, the children will develop their phonics and reading skills through a range of carefully selected reading books. They will practise reading and writing sentences and will begin composing short stories based on familiar settings. Children will also study a variety of non-fiction texts, including letters and reports.

A key focus throughout their writing will be the application of phonics knowledge, accurate use of punctuation and correct letter formation.

In **Science**, children will identify, name, and label the basic parts of the human body. They will explore the five senses, understanding which body part is associated with each sense, and take part in simple investigations to discover how we use our bodies to explore and understand the world around us.

In **History**, the children will be encouraged to consider 'How am I making history?' They will look at their personal chronology and create a simple timeline. They will be encouraged to ask questions about how things have changed as they explore old photographs.

In **PE**, the children will master basic movements, including 'agility, balance and coordination'. They will also participate in 'look, run, avoid' to develop their simple tactics for attacking and defending.

In **Computing**, the children will develop their understanding of technology around us and will explore how it can help us.

In **Maths**, children will develop their understanding of place value and explore different ways of representing numbers. Building on their prior counting skills and number recognition, they will learn and apply strategies for addition and for finding totals.

In **Music**, the children will use body percussion, pupils will learn about pulse, rhythm, dynamics and tempo. They will create their own rhythm patterns and respond to stick notation.

In **Forest School**, the children will explore the natural environment and enjoy hands-on outdoor activities.

In **RE**, the children will explore what caring means to different pupils and people from different faith backgrounds.

In **PSHE**, the children will focus on different feelings, which will include naming them and explaining how these might make them behave.



Mighty Me