



**BTEC First Diploma in Public
Services**

Unit 9 – Sport and recreation

2019/2020

Tutor: Graham Saffery

**To be handed in in your first
lesson**

Name:

ASSIGNMENT BRIEF -

Introduction: This unit explores the importance of sporting and recreational activities to the individual and to the public services. Effective preparation and planning are essential components to get the most out of the activities and ensure safety considerations are in place. The unit requires active participation from everyone to cover all the aspects of the unit. Learners will need to participate regularly in a sporting or recreational activity to successfully complete the unit. This will enable learners to fully understand the issues of safety, planning and preparation and to appreciate the personal benefits from participation.

Learning outcome 1 – Know the importance of sport and recreation to the public services.

Scenario – Within and outside college you will have different opportunities to partake in different sport and recreation activities. As a public service student it is important you understand the opportunities you can take within the public services as they offer such a wide range. This task will broaden your awareness of these activities.

TASK	TASK DESCRIPTION	GRADING CRITERIA	Submission date	ASSESSOR
1	Using the attached table complete a list of the individual and team activities that are either sport (competitive, such as a football match) or recreation based (for fun and exercise like going for a long bike ride with friends). For example skiing would be classed as individual but playing rugby as team. You will need to research on the uniformed services websites to see what they offer for sport and recreational activities.	P1	First BTEC Public Services lesson	GS
Evidence you must produce for this task.	Completed worksheet			
Criteria covered by this task:				
Identify different sports and recreation activities used by the public services				P1

If you experience any difficulties with this piece of work please email Graham Saffery (gs@asfc.ac.uk)

