

ASHTON HIGHLIGHTS

ISSUE

10

13 JANUARY
2020



A Message from the Headteacher, Miss Asquith

Happy New Year and welcome to the first newsletter of 2020, which is packed with information and celebration of all the wonderful things our students - your children - have been doing.

In school, we are very lucky in that we get two chances at a new year and all the promises that brings with it. The first is in September, when we begin a new academic year and the second is in January, when we begin a new calendar year. Both of these are times when we make resolutions, determinations about the things of the past that we want to improve. Sometimes, after a great event like Christmas is over, we move on to new things and forget about what we have done and what we promised ourselves we would do in those quiet moments of reflection. We pack all the ornaments back into their boxes, we put the tree out for recycling, we take the Christmas cards down and read them one last time and then go back to doing what we did before. And yet if we do that, we miss one of the greatest values of Christmas.

When we started school in September, I challenged the students to take our ethos of PROUD and live it. To take each element of it and try every day to embody all that PROUD means. To do something every day that makes them and those around them proud. Well the weekly newsletter is surely testament that many of our students have responded to that challenge.

My resolution for the new year that is 2020 is simple. It is to continue making our school the absolute best that it can be and maintain its place within the heart of the local community as "a school to be proud of".

Upcoming Events:



13TH - 24TH JANUARY
Year 11 Mock Exams

22ND JANUARY
Year 7 reports
available on Insight

30TH JANUARY - 6pm
Year 9 Options
Evening

5TH FEBRUARY
Year 11 Mock results

12TH FEBRUARY
Year 7 & 8 data capture
available on Insight

13TH FEBRUARY
Year 11 Parents' Evening 2
(please note date change)



MAGIC BREAKFAST COMPETITION



Ellie Blackburn, Skye Deans, Paige Nuttall, Faith O'Toole, Max Parkinson and Jay Wright had their designs painted onto the wall of the Kitchen and we think it is just wonderful! Thank you to Miss Boon-itt for spending so much of her free time painting the Mural, it will certainly brighten up our mornings.

Last term Mrs Violet and Miss Boon-itt launched a competition to design a Mural for the Magic Breakfast Kitchen. The standard of entries was very high and instead of choosing one winner we chose six!



THIS WEEK'S RECOMMENDED READ!

Each week we will showcase a more challenging read that is stocked in our library. Are you up to the challenge?

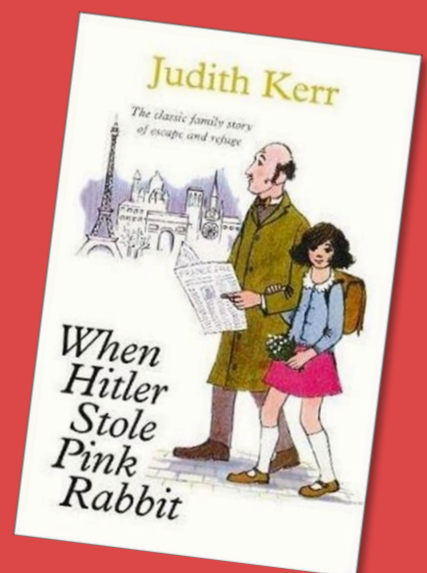
This is a semi-autobiographical and unforgettable story, of a Jewish family fleeing from Germany before the start of the Second World.

Suppose your country began to change. Suppose that without your noticing, it became dangerous for some people to live in Germany any longer. Suppose you found, to your complete surprise, that your own father was one of those people.

That is what happened to Anna in 1933. She was nine years old when it began, too busy to take much notice of political posters, but out of them glared the face of Adolf Hitler, the man who would soon change the whole of Europe – starting with her own small life.

One day, Anna's father was missing. Then she herself and her brother Max were being rushed by their mother, in alarming secrecy, away from everything they knew – home and schoolmates and well-loved toys – right out of Germany.

Visit our library to borrow this great read!



2



INTRODUCING OUR STAFF ...



Miss Koerten

What's your job role in school?

I am the Exams Officer.

What did you do before you started working at Ashton?

I was the Exams Officer at City of Preston High School.

What is the best thing about working at Ashton?

The staff make Ashton! It's a great place to work.

Describe Ashton in 3 words.

Super, smashing, great.

What book are you currently reading?

Pinch of Nom (as I love food), by Kate Allinson and Kay Featherstone.



Mr Patel

What's your job role in school?

I am the Assistant Business Manager.

What did you do before you started working at Ashton?

Schools Financial Services Officer at Lancashire County Council.

What is the best thing about working at Ashton?

The Ashton Family - helpful, hardworking staff and students always striving to achieve and maintain excellence.

Describe Ashton in 3 words.

Inspiring, diverse, inclusive.

What book are you currently reading?

The Hunger Games by Suzanne Collins.

3



YEAR 11 MOCK EXAM TIMETABLE

WEEK 1			
	Period 1 & 2 Start: 8.40 am	Period 3 & 4 Start: 11.00 am	Period 5 Start: 1.40 pm
Mon 13th Jan	Food Tech P1,P2,P3 and P4 - Option C - Room 8		Option B&C French French Listening Room 24 Room 26 Room 28
	no exams	Option C Geography paper 1 - 1hr 30mins DT - 2hrs Finance - 1hr French writing - 1hr/1hr 15m History - 2hrs Food - normal lesson	
Tues 14th Jan	Food Tech P1,P2,P3 and P4 - Option D - Room 8		Option B&C French French Reading Higher - 1hr Foundation - 45mins
	Option D Computer Science - paper 1 1hr 30mins	Option D Finance - 1hr Comp Science paper 2 - 1hr 30m DT - 2hrs Photography, Perf Arts - normal lesson	
Wed 15th Jan	Maths paper 1 1hr 30mins	Biology paper 1 Biology 1hr 45mins Trilogy 1hr 15mins	Option A,B,C Geography - paper 3 1hr
Thur 16th Jan	Maths paper 2 1hr 30mins	Chemistry paper 1 Chemistry 1hr 45mins Trilogy 1hr 15mins	no exams
Fri 17th Jan	French speaking all day		

WEEK 2			
	Period 1 & 2 Start: 8.40 am	Period 3 & 4 Start: 11.00 am	Period 5 Start: 1.40 pm
Mon 20th Jan	Physics paper 1 Physics 1hr 45mins Trilogy 1hr 15mins	English 1hr 45mins	no exams
Tues 21st Jan	Maths paper 3 1hr 30mins	Biology paper 2 Biology 1hr 45mins Trilogy 1hr 15mins	no exams
Wed 22nd Jan	Option B Geog/Child Dev- 1hr 30mins French writing - 1hr/1hr 15m History - 2hrs Art/Photo/Sport Sc - normal lesson	Chemistry paper 2 Chemistry 1hr 45mins Trilogy 1hr 15mins	no exams
Thur 23rd Jan	Physics paper 2 Physics 1hr 45mins Trilogy 1hr 15mins	Option A,B & C Geography paper 2 1hr 30mins	Option E PE - paper 2
Fri 24th Jan	Option E Rs - 1hr 45mins Pe paper 1 - 1hr 45mins Textiles/Art - normal lessons	Option A Geography - paper 1 1hr 30mins History - 2hrs	no exams

CALLING ALL YEAR 11 STUDENTS

The mock exam timetable for January 2020 is also available on our school website under the students' section.

If you need a printed copy please see Mrs Bibby.

Please bring your equipment pack to ALL exams

4



BRINGING CHRISTMAS LECTURES TO ASHTON

The Christmas Lectures have continued annually since the 1825 series, stopping only for four years during World War II. Many world-famous scientists have given the Lectures including Nobel Prize winners William and Lawrence Bragg, Sir David Attenborough, Carl Sagan and Dame Nancy Rothwell.

The 2019 Lectures with Hannah Fry were recorded on 12th, 14th and 17th December at the Royal Institute and broadcast on BBC Four between Christmas and the New Year.

The I'm a Scientist team are allowing school groups to take part in live online chats in January 2020. Their questions about the science and mathematics behind the lectures are answered online by the lecturer and a team of scientists, academics and industry professionals working in related fields.



This week a group of year 8, 9 and 10 students spent a lesson watching the Christmas Lectures broadcast. Students logged in to read the experts' profiles and made a list of questions they would like to ask the experts. The following lesson students chatted in real time with some of the experts, in a 30 minute text based live CHAT session to ask their questions.

The whole class were engrossed in the live chat and were all excited to learn more about the ins and outs of maths in the real world...a great experience.
– Sophia

I enjoyed this wonderful opportunity and I am grateful for this experience. I learnt new facts and it widened my knowledge.
– Daisy

This was an awesome opportunity for us to speak to real world maths professionals'.
– Ashton

Would you like to be involved?

On Thursday 16th, 23rd and 30th January between 7pm-8pm there will be evening chats for parents.

If you are interested in taking part please contact Mrs Mainwaring at school via main reception on 01772 513002 who will provide more information.

5



WORK EXPERIENCE - A REQUEST FOR HELP!

We believe that experiencing the world of work from an early age can not only inform young people about what they need to study and the skills they require for successful employment but also inspire and motivate students when they have a goal to achieve.

Here at Ashton, we are reinstating Work Experience this academic year. All students in **Year 10** will take part in a week of work from Monday 29th June - Friday 3rd July.

Our students will actively seek their own placement but we are also determined to support them further by building up a list of local employers who are willing to provide a week long work experience opportunity.

If you work in a business in our local community and have the capacity to offer a placement, we would love to hear from you so that you can see why we are so proud of our students and perhaps you may even find a future employee!

If you would be willing to offer a place or know of someone that would, please contact Mrs Long or Mr Wallis via email jlong@ashtoncsc.com or cwallis@ashtoncsc.com or alternatively just give us a ring on 01772 513002 and ask to speak to us.

BOYS ACCELERATION GROUP



After 8 weeks of hard work, Mrs Murray's Boys Acceleration group celebrated with pizza!

The boys thoroughly deserved this special reward after applying effort, being honest and demonstrating resilience throughout.

All students have made huge improvements in both their attitude to learning and their written pieces.



6



SUPPORTING OUR LOCAL PRIMARY SCHOOLS



Some of our year 10 students have been visiting Lea Community Primary School to read to Key Stage 1 and Early Years Foundation Stage pupils. The children have really enjoyed our students reading with them and they were described by the staff at Lea as 'polite and mature and we would be happy to have them back anytime'.

ASHTON ALUMNI INTRODUCING ... OLIVIA MILLINGTON

When did you leave Ashton?

2012

What are you doing now?

I now work for Sky UK as a Digital & AdSmart Analyst - essentially analysing our targeted advertising campaigns which we run on Sky Sports, Sky News and other media partner channels you'll see on the Sky platform.

What qualifications, skills or experience do you need to get where you are?

I went to Runshaw College and studied Biology, Chemistry and Maths at A Level and left with BBB (wish I did better!). I ended up in the US for 4 years studying at Louisiana Tech University where I graduated with a 1st in Genetics while being a student athlete.

Can you offer any advice to our students?

I had no idea what I wanted to do, my advice would be to follow what you enjoy and don't be close minded to an idea which may end up being your career calling. Work hard, don't expect things to fall into place for you as hard work will honestly triumph over whatever background people have.



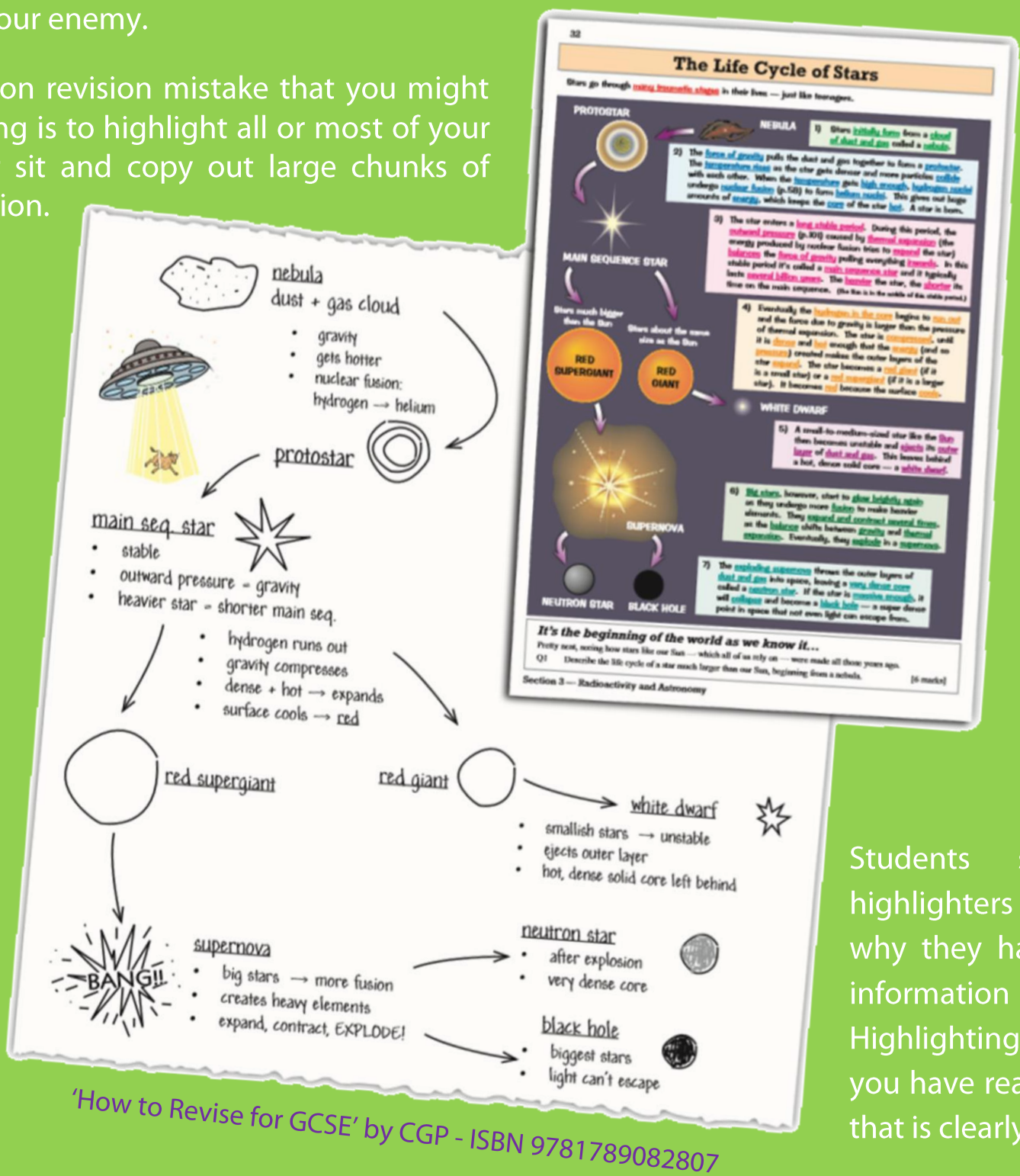
7



REVISION STRATEGIES – TRIGGER WORDS AND CONDENSING INFORMATION

There is no point in worrying about how much you need to revise because you always know more than you realise. It is much easier to remember lots of little things, such as facts and specific details, than whole chunks of text. Be selective with what you learn and refresh your knowledge regularly. There is no point trying to revise and remember whole paragraphs. This is when the highlighter can be your enemy.

A common revision mistake that you might be making is to highlight all or most of your notes or sit and copy out large chunks of information.



Students sometimes use highlighters without thinking why they have selected that information to highlight. Highlighting does show that you have read your notes and that is clearly helpful.

However, it defeats the idea of highlighting if all or most of the text is highlighted! A good way to tackle this is to highlight singular important words (trigger words). You need to really think about which words are useful to select. The words you select are words which trigger a number of other memories in your head.

This works particularly well with subjects that require you to revise large chunks of information and case studies.

Look at the example above for Science, taken from CGP's guide to 'How to Revise for GCSE'. This is how you would take the life cycle of stars and condense it into trigger words.



MEET OUR HEAD GIRL

KRISTEN CHEN



Which primary school did you go to?

I have been to numerous primary schools as I have moved many times. However, the last primary school I attended was the Roebuck school.

Why did you want to become head girl?

I wanted to become head girl as I want to seize opportunities. My parents have given up their family and friends to give me a brighter and better future. It is important to me to make both my family and myself proud.

Which 3 words would you use to describe Ashton?

Accepting, proud and friendly.

What opportunities have you been given whilst at Ashton?

I have had many opportunities at Ashton that I don't think I would have had anywhere else. I was selected to film a short video on fracking and its consequences for the BBC, as it is very relevant to our area. I was also involved in Harmony camp as a part of being a Humanutopia hero, helping the new year 7's and managing my home group.

What book are you reading at the moment?

All the Light we Cannot See by Anthony Doerr.

What are your future plans / aspirations?

I plan on going to College to study A level english literature, geography, religious studies and politics. I then want to go on to do a degree in Law at university and become a solicitor.

What are your hobbies and interests?

I do karate, training 2 days a week and I have recently become a green belt. I also enjoy baking cupcakes for my family and friends. I have taken part in our extra-curricular programme by going to astronomy club and helping out in the library.



9



MEET OUR HEAD BOY

DAVID RUSHTON



Which primary school did you go to?

Ashton Primary school

Why did you want to become head boy?

I felt that this was a huge opportunity for me, especially as Humanutopia had just visited us. I believe it was a good opportunity and one that I needed to show people that I have changed for the better.

Which 3 words would you use to describe Ashton?

Teachers help loads.

What opportunities have you been given whilst at Ashton?

Delivering and being a part of Humanutopia Harmony comp which involved teaching the new year 7 students about honesty, awareness, responsibility and having fun activities to do with them as well.

What book are you reading at the moment?

This Book is Not Good for You by Pseudonymous-Bosch.

What are your future plans / aspirations?

I would like to go to Newman college and study A-level maths, physics, chemistry and further maths. I would then like to go into material science or astrophysics at university.

What are your hobbies and interests?

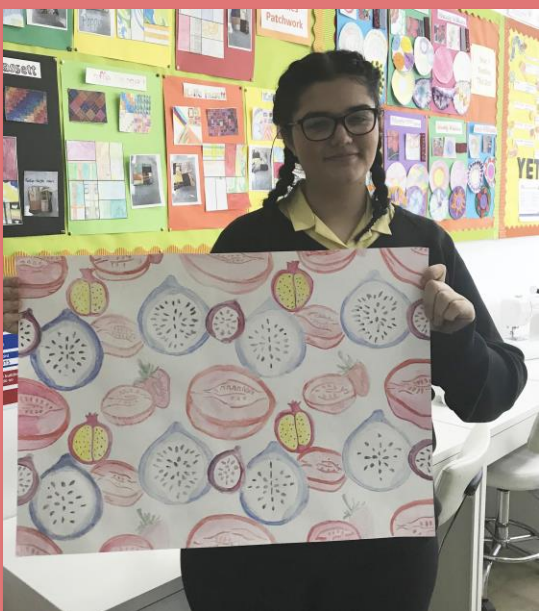
I like to play guitar and have lessons every Saturday, I am interested in technology, whether it be digital, such as video games or materials such as aerogel and graphene.



10



MIA’S GREAT WORK IN TEXTILES!



In Textiles Year 10 have been developing a series of work inspired from the starting point 'Fruit', with Mrs Berry-Smith and trainee teacher Miss Harrison. They have produced a range of excellent samples and developed their work into a repeat pattern.

WORD OF THE WEEK

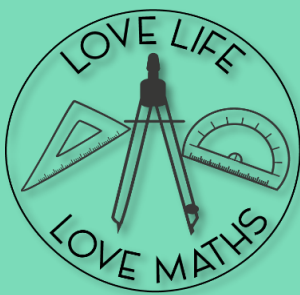
ADMINISTRATE (noun)

Meaning: To manage or direct (the affairs of a business, institution, etc)

Example " The charity will wish to administrate the funds raised for the victims of the earthquake."



MATHS CHALLENGE



Jamal writes down a sequence of six integers (whole numbers).
The rule he uses is, "after the first three terms,
each term is the sum of the three previous terms."
His sequence is ____, ____, ____, 8, 13, 25.
What is the first term?

Take your answer to Mr Fern in Room 25 for a smiley.

The solution to last week’s puzzle - £240.

Well done if you got it right!

11

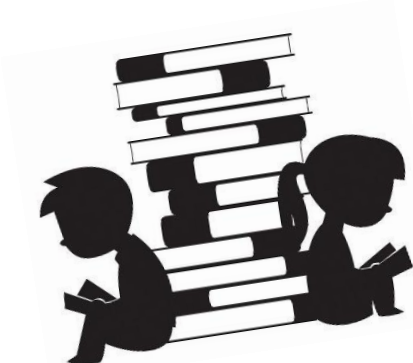
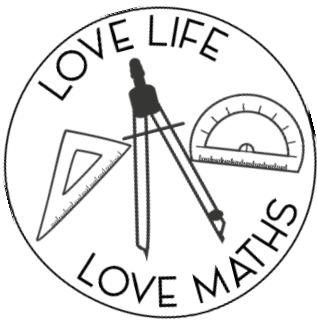


STUDY SUPPORT CLUBS - SCAMPs - SPRING 2020 (Mon-Wed)

MONDAY	TUESDAY	WEDNESDAY
<p><u>Before School (8am - 8.30am)</u></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>	<p><u>Before School (8am - 8.30am)</u></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>	<p><u>Before School (8am - 8.30am)</u></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>
<p><u>Lunchtime (1pm)</u></p> <p>Fitness Club Boys Fitness Room TTR</p> <p>Multi Sports - Yr 7 & 8 Sports Hall LVT, EDP</p> <p>Library & Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 5 Rm 40 SKR</p> <p>Maths Rm 24 EHD</p> <p>Meditation and Relaxation Rm 31 SBY</p> <p>Computer Science Revision - Yr 10 & 11 Rm 23 MAH</p>	<p><u>Lunchtime (1pm)</u></p> <p>House Competitions Sports Hall LVT, EDP, TWG, TTR</p> <p>Ashton Geographical Society Rm 13 DES, PWE</p> <p>Library & Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 7 Rm 40 SKR</p> <p>French Listening - Yr 11 Rm 31 SBY</p> <p>Chemistry Revision Lab 4 SCN</p> <p>History Club - Yr 7 Rm 9 JYS</p> <p>Duke of Edinburgh - Yr 9 Rm 22 HAT</p>	<p><u>Lunchtime (1pm)</u></p> <p>Girls Football - Yr 7-11 Sports Hall LVT, EDP</p> <p>Fitness Club Girls Yr 7-11 Fitness Room EDP</p> <p>Library & Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 6 Rm 40 SKR</p> <p>Reading Club Library MPN</p> <p>Skittles group ABH</p> <p>EAL Catch up Hive BSS</p>
<p><u>After School (3pm)</u></p> <p>Rugby Matches - Yr 7-11 TWG, TTR</p> <p>GCSE PE Practical Component - Yr 11 LVT</p> <p>Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>BTEC Performing Arts & Child Development Support Hive SBS</p> <p>Computer Science Revision - Yr 10 & 11 Rm 23 MAH</p>	<p><u>After School (3pm)</u></p> <p>Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>Football Boys - Yr 7 & 8 3G TWG, TTR</p> <p>Netball Girls - Yr 8-11 Sports Hall LVT, EDP</p> <p>Science Club – Yr 7-9 Rm 3 NCO</p> <p>History Revision Rm 30 MPS Rm 9 JPH</p> <p>Food Catch up - Yr 10-11 Rm 8 SBN</p>	<p><u>After School (3pm)</u></p> <p>Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>Rugby Boys Field TTR</p> <p>Netball Girls Fixtures LVT, EDP</p> <p>History Revision Rm 30 MPS Rm 9 JPH</p> <p>English Revision - All Grades Rm 40 SKR</p> <p>Geography Revision - Yr 11 Rm 13 JWN</p>

STUDY SUPPORT CLUBS - SCAMPs - SPRING 2020 (Thur-Fri)

THURSDAY
<u>Before School (8am - 8.30am)</u> Library Inspire building BMN Breakfast Club Dining Hall
<u>Lunchtime (1pm)</u> Basketball - Boys - Yr 7-9 Sports Hall TWG Maths Rm 26 CLY Library & Homework Club Inspire Building BMN, SRS Careers Guidance Careers Office JLG Taskmaster Updates outside Rm 33 SFN, SBK Art Rm 14 SBL
<u>After School (3pm)</u> Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS Football Girls 3G EDP, LVT BTEC Performing Arts & Child Development Support Hive SBS Creative iMedia Room 22 GLS



13

FRIDAY
<u>Before School (8am - 8.30am)</u> Library Inspire building BMN Breakfast Club Dining Hall
<u>Lunchtime (1pm)</u> Dodgeball - Yr 7-9 Sports Hall TWG, TTR Dance - Yr 7 & 8 Rm 15 Year 11 Board Games - Yr 7-11 Rm 33 SBK Library & Homework Club Inspire Building BMN, SRS Careers Guidance Careers Office JLG Taskmaster Updates outside Rm 33 SFN, SBK Arts & Crafts Yr 7-9 Rm 14 Yr 11 Heroes
<u>After School (3pm)</u> Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS Running Club Door 4 - 3.15pm Students & Staff ABW Couch to 5k Meet at door 4 3.15pm Yr 7-11 HES



WHAT'S YOUR CHILD EATING AT LUNCHTIME?



Week
1

13/01/20
-
17/01/20

Traditional Meal Deal

Monday Brunch, Pork Sausages, Free Range Omelette, Hash Browns & Baked Beans
Tuesday Steak & Onion Pie with Chunky Diced Potatoes, Broccoli & Sliced Beetroot
Wednesday Roast of the Day with Baby Baked & Creamed Potatoes & Seasonal Vegetables
Thursday Spaghetti Bolognese with Homemade Garlic Bread
Friday Crispy Battered Fish & Chips with Mushy Peas

Traditional Meal Deal

Monday Crispy Bacon, Tomato & Mascarpone Pasta with Homemade Garlic Bread
Tuesday Chicken & Vegetable Biryani with Coriander Naan Bread
Wednesday Ham & Tomato Quiche with Baby Baked Potatoes, Coleslaw & Mixed Salad
Thursday BBQ Chicken Melt Flat Bread with Paprika Potatoes & Mixed Salad
Friday Sweet Chilli Chicken & Crunchy Vegetables with Soft Egg Noodles

Vegetarian Meal Deal

Monday Spicy Bean & Vegetable Burrito with Baked Potato Wedges & Mixed Salad
Tuesday Macaroni & Cheddar Cheese Bake with Broccoli
Wednesday Sweet Potato, Spinach & Red Pepper Curry with Mixed Rice & Coriander Naan Bread
Thursday Cheddar Cheese & Onion Loaded Potato Skins with Coleslaw & Mixed Salad
Friday Homemade Cheese & Tomato Pizza with Chips & Mixed Salad

Dessert of the Day

Monday Coconut Rice Pudding with Strawberry Jam, Chocolate Muffin, Fruit, Yoghurt or Juice
Tuesday Seasonal Berry Eton Mess, Fruity Flapjack, Fruit, Yoghurt or Juice
Wednesday Toffee Apple Sponge with Custard, Berry Muffin, Fruit, Yoghurt or Juice
Thursday Lemon & Courgette Cup Cake, Chocolate Cookie, Fruit, Yoghurt or Juice
Friday Warm Chocolate Brownie & Ice Cream, Jam & Cream Scone, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

Catering at Ashton Community Science College is provided by Lancashire County Council School and Residential Care Catering. We care about the food your child eats at lunchtime and constantly seek improvements to ingredients and menus.



Week
2

20/01/20
-
24/01/20

Traditional Meal Deal

Monday Pork Meatballs in a Spicy Arrabiata Sauce with Pasta & Homemade Garlic Bread
Tuesday Chicken & Leek Pie with Baked Baby Potatoes, Carrots, Broccoli & Gravy
Wednesday Roast of the Day with Roast & Creamed Potatoes & Seasonal Vegetables
Thursday Honey Glazed Gammon & Pineapple with Garlic & Herb Potatoes & Garden Peas
Friday Crispy Battered Fish & Chips with Mushy Peas

Traditional Meal Deal

Monday Crispy Chicken Goujon & Tomato Salsa Wrap with Paprika Potatoes & Mixed Salad
Tuesday Beef & Sweet Potato Curry with Mixed Rice & Coriander Naan Bread
Wednesday Sticky Chicken in Honey, Ginger and Soy with Soft Egg Noodles
Thursday Beef Chilli Tortilla Basket with Baked Potato Wedges & Mixed Salad
Friday Thai Chicken & Vegetable Curry with Mixed Rice

Vegetarian Meal Deal

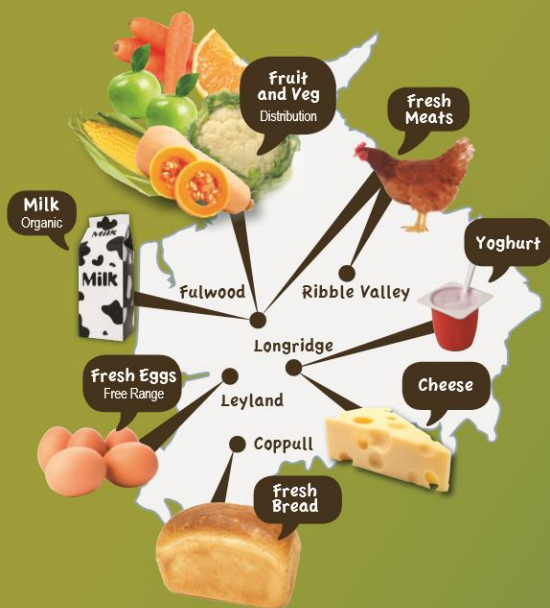
Monday Vegetarian Sausages & Onion Gravy with Creamed Potatoes, Green Beans & Carrots
Tuesday Cheddar Cheese Quiche with Baby Baked Potatoes & Mixed Salad
Wednesday Veggie Spring Roll with Sweet Chilli Vegetables & Soft Egg Noodles
Thursday Garlic, Mushroom, Spinach & Mascarpone Pasta with Garlic Bread
Friday Homemade Chilli Cheese & Red Onion Pizza with Chips & Mixed Salad

Dessert of the day

Monday Apple & Berry Crumble with Ice Cream, Chocolate Cookie, Fruit, Yoghurt or Juice
Tuesday Peach Melba, Lemon & Ginger Shortbread, Fruit, Yoghurt or Juice
Wednesday Chocolate & Mandarin Sponge with Custard, Ginger Cookie, Fruit, Yoghurt or Juice
Thursday Mixed Berry Fool with Biscuit Crunch, Chocolate Muffin, Fruit, Yoghurt or Juice
Friday Jam Sponge with Custard, Raspberry Bun, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

Locally Sourced Food



We buy local produce to support local businesses and reduce food miles.

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing.

Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

Special Diets and Allergies

It is our policy to provide a menu for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements.

Special diets are diets for pupils with a medically diagnosed requirement, not just a dislike of certain foods or food groups.

For further information regarding allergies and special diets, please visit www.servinglancashire.org.uk



14



SPORTS RESULTS - LAST WEEK

Sport	Year Group	Result	Opponents	Our Player of the Match
Netball – Girls	7	Lost	Corpus Christi	Niamh Whalley
Netball – Girls	8	Won	Corpus Christi	Imani Silcock-Pond



Next Weeks Fixtures - Boys

Basketball



Wed 15th Jan
Yr 8 vs
(opponents
unknown as
draw hasn't been
made)

Football



Thur 16th Jan
Yr 10 vs
Broughton

Rugby



Mon 13th Jan
Yr 9 vs
Our Lady's and
Archbishop

Next Weeks Fixtures - Girls

Football



No fixtures
this week

Netball



Tues 14th Jan
Yr 7 & 8 vs
Longridge

Tues 14th Jan
Yr 7 & 8 vs
St Cecilia's

Thur 16th Jan
Yr 7 & 8 vs
Our Lady's

15

