

# ASHTON HIGHLIGHTS

ISSUE

15

14 FEBRUARY  
2020

## Upcoming Events:



17<sup>TH</sup> -21<sup>ST</sup> FEBRUARY  
Half Term

26<sup>TH</sup> FEBRUARY  
Maths Day

26<sup>TH</sup> FEBRUARY  
(5pm - 6pm)  
Disneyland Paris  
Parent's Meeting

w/c 2<sup>ND</sup> MARCH  
National Careers Week

3<sup>RD</sup> MARCH  
RE trip to London

5<sup>TH</sup> MARCH  
World Book Day

26<sup>TH</sup> MARCH  
(4pm - 5.30pm)  
BTEC Performing Arts  
Showcase

2<sup>ND</sup> APRIL  
(4pm - 7pm)  
Year 10 Parent's Evening

6<sup>TH</sup> APRIL - 17<sup>TH</sup> APRIL  
Easter Holidays

## THE HIVE



The Hive is our building for learning support here at Ashton. We have lots of students who use the Hive for lots of reasons.

The Hive is open from 8am in the morning for magic breakfast and is open afterschool for our afterschool club or Ashton Café.

The Hive is a quieter area of school where our students who require more nurture, feel more safe and secure. They consider it as their base and the place to go to if they require support.



Have a look inside to find out just what happens in the Hive and makes it so special.





The Hive is open from 8am to serve magic breakfasts. Students come in and can sit with their friends and prepare for the school day. This is a quieter space than the main dining room which some students prefer.

We are then open again at break time for students (mostly KS3) to come over and again, have chance to be in a quiet space with their friends. We are also available to help students if they have any concerns.

At lunchtime students come to the Hive to eat their lunch. During this time, we have lots of board games out for students to play and we also have a movie club on. It is often very busy in the Hive over lunchtime!



During lesson time we have our year 7 nurture class and also lessons for our deaf students, who use the Hive as their base. Students also come over for interventions such as social skills and 1:1 sessions if they need additional help and support. Our aim is to help remove any barriers to learning the pupil might have so they can be as successful as possible in their lessons.

At form time we deliver literacy intervention to our year 7 students to help improve their reading and comprehension levels which is delivered by our fantastic team of teaching assistants.

Even after school the Hive continues to be busy as students stay behind for after school club or attend the Ashton Café on a Wednesday.

Students like the Hive because it's smaller than the main school and often quieter. They like to come over because there are board games to play at lunch, movies on and there are always staff on duty so if they have a problem or concern they can seek help.



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# WONDERFUL WEDNESDAY



A select group of just 3 students this week all being recognised for a different reason. Cameron has attended running club 50 times since he started at Ashton Community Science college, Luca has improved significantly in his Maths over recent months and Ashton very kindly gave up his place on our English trip to Quarry bank so another student could attend. ACSC is proud of you all!

# TURNING SCHOOL GREEN

Sisters Maia, Y7 and Kate, Y10 approached Mrs Barrow this term with a view to organising a fund raising event for Manchester Children's Hospital.

All students had to do was ditch the RED for Valentine's Day and instead, for a £1.00 donation, the students showed their solidarity by wearing something GREEN (colour of the charity) with their school uniform on Friday 14th February.



As usual our students took up the challenge to support a worthwhile cause and turned up producing a sea of green.

The girls kept the green theme going at breaktime and lunchtime with a magnificent green cake sale.

The pennies and pounds are being counted as we release this newsletter so keep your eyes peeled for the next newsletter to find out just how much they have raised.



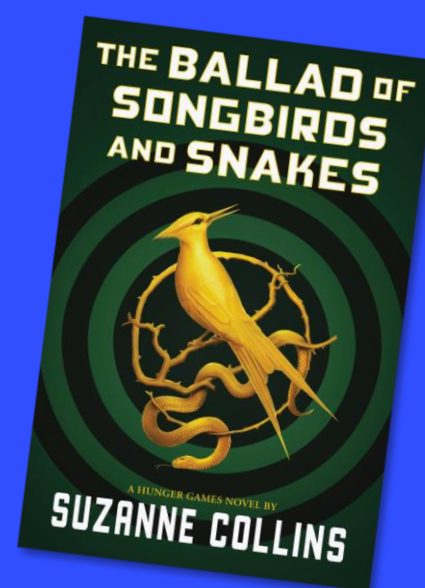
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# THIS WEEK'S RECOMMENDED READ!

If you enjoy reading any of The Hunger Games books this is the book for you. Readers were left desperate to know more about the Dark Days that followed Panem's failed rebellion. Now, with this prequel to the globally bestselling series, those pivotal times have been fleshed out into a compelling new saga that both informs the original trilogy and stands alone as a powerful, breathlessly exciting fantasy thriller. The Ballad of Songbirds and Snakes will revisit the world of Panem sixty-four years before the events of The Hunger Games, starting on the morning of the reaping of the Tenth Hunger Games.



## ASHTON ALUMNI - RACHAEL BRIERLEY

### ***When did you leave Ashton?***

2013

### ***What are you doing now?***

My aim is to go and work in secure forensic settings with offenders.

### ***What qualifications, skills or experience do you need to get where you are?***

I left the sixth form with distinctions in science and an E at A level psychology. Fast forward 6 years and I've got a bachelor's degree with honours in Forensic Psychology and I'm currently half way through my masters degree in Forensic Psychology.

### ***Can you offer any advice to our students?***

It's certainly not been plain sailing but the rewards are so worth it. It's true what people say, if you love your job, you'll never work a day in your life.

My advice to anyone is that if you're not sure where you want to go or what you want to do, it's okay, give yourself time. If you want something badly enough then you'll do absolutely anything you can to get it, no matter who or what stands in your way. Use the obstacles as motivation, nothing worth having comes easy. You will get everything you've ever dreamed of, but you must be prepared to work for it. Never give up, and always put yourself first.



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# HOUSE CHAMPIONSHIP SYSTEM



1<sup>st</sup> place - 6564



2<sup>nd</sup> place - 6444



3<sup>rd</sup> place - 5818

The House System at Ashton gives students the opportunity to work together with their peers under their own house banner. Every student and member of staff is assigned to a house named after a PROUD PRESTONIAN past and present. Students can earn valuable house points for good behaviour, work, effort and for taking part in regular house competitions. All points count towards the House Championship Scoreboard.

The winning houses are recognised and rewarded for their efforts with various activities throughout the school year. This term's house challenges will include "The Dragons Den" and a task centred around "Our Diverse Planet" in science week 6<sup>th</sup> - 15<sup>th</sup> March.



4<sup>th</sup> place - 5823



5<sup>th</sup> place - 5389



6<sup>th</sup> place - 5038

## STAR READERS

Every week, during accelerated reader lessons, teachers nominate a star reader. The student is then allowed to sit in the egg chair to read during the lesson. We had several nominations this week. The students are also given a bookmark and badge.

### Year 7

Leona Revie

### Year 8

Chelsea Blakeley

Corey Fowler

Kailey Yates

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# INTRODUCING OUR STAFF ...



Mrs Wells

What's your job role in school?

Teaching assistant, 14 years.

What did you do before you started working at Ashton?

I worked in customer services at Littlewoods mail order and I coached and judged gymnastics.

What is the best thing about working at Ashton?

School holidays, the relationships with staff and students.

Describe Ashton in 3 words.

Passionate, Positive, Team

What book are you currently reading?

A mother's wish by Dilly Court



Mrs Patel

What's your job role in school?

I am a Teaching Assistant. I have been working here since 2010.

What did you do before you started working at Ashton?

I worked at City of Preston High School.

What is the best thing about working at Ashton?

I enjoy the atmosphere, friendly colleagues and pupils. I like helping children grow, learn and develop in all aspects of their learning.

Describe Ashton in 3 words.

Caring, Motivating, Nurturing.

What book are you currently reading?

A Thousand Splendid Suns by Khalid Hosseini.

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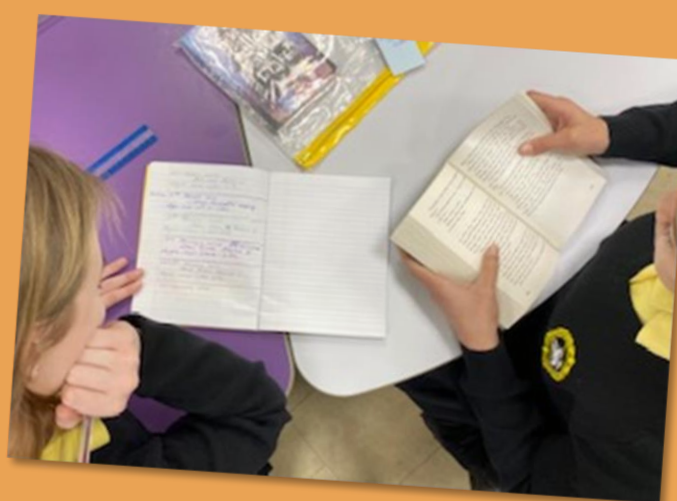
# HELPING HEROES

As a part of Team heroes, we have volunteered to undertake a role within the school that is designed to assist others. These roles include helping at the Magic Breakfast, Year 7 and 8 Paired reading, art club and science club.

The aim of the Magic breakfast is to ensure no child starts the day hungry and every student has the opportunity to receive a complimentary breakfast in the school dining room from 8.00am. The heroes contribute to the magic breakfast every morning, by arriving at school for 7:45am, to cook the bagels, put out the fruit and breakfast cereal for the other students to eat. When the students have eaten it's our job to make sure the dishes are washed and that the kitchen is cleaned, ready for the next day.



The Heroes are helping to improve younger students reading by taking part in paired reading. We have been assigned students from Year 7 or 8 and once a week, during form time, the younger student reads to us. We ask the students questions about the book to confirm their understanding and knowledge of the book. As well, as helping the students to improve their literacy skills it is also beneficial as it helps us to build stronger relationships with our peers.

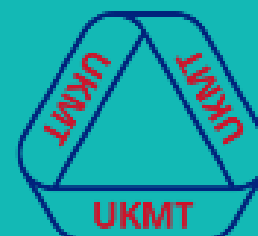


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# UK MATHS CHALLENGE



The Intermediate Mathematical Challenge is a 60-minute, multiple-choice competition for students across the UK. It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. The problems on the Intermediate Mathematical Challenge are designed to make students think.

At Ashton we run trials in which students compete against each other for a place in this round. This year our successful students were:

## Year 9

Luke Ashcroft  
Aaron Ball  
Brandon Bryans  
Ashton Charles  
Mia Cottam  
Tyriecce Frye  
Millie Hudson  
Maariya Jethwa  
Millie Lowe  
Harley McCall  
Blake Murray  
Henry Robinson  
Sophia Saint  
John Stuart  
Grace Thompson

## Year 10

Ellie Abram  
Sam Dale  
Logan Delaney  
Tamalyn Dickinson  
Ryan Hitchen  
Jack Marshall  
Selin Mawdsley  
Joshua Parkinson  
Sam Tipping  
Jamie Tompkins  
Keira Tyson  
Finlay Wallbank  
Daniel Westwood  
Laura Westwood  
Patrik Witkowski

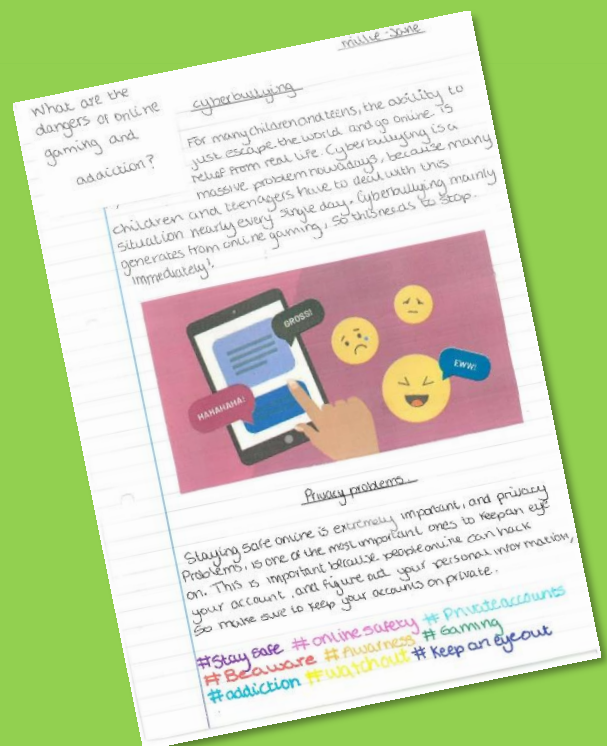
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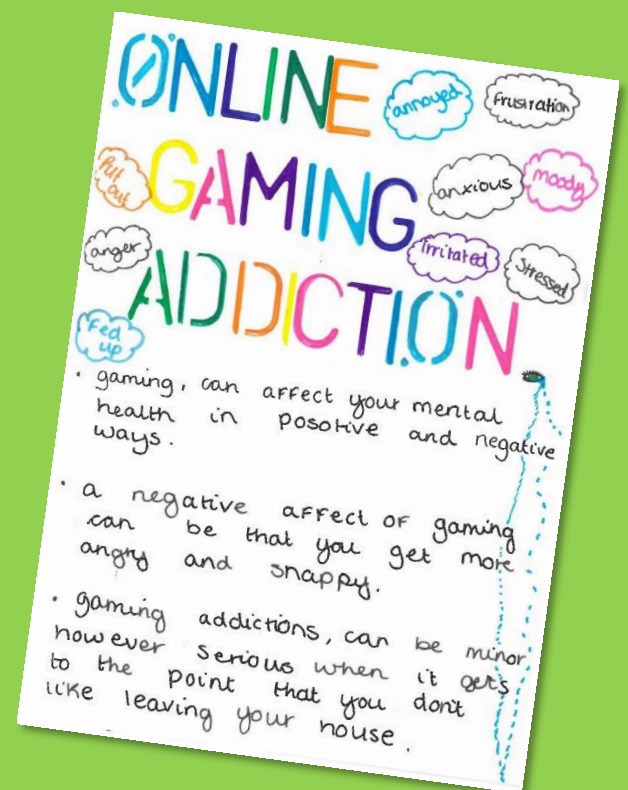


# INTERNET SAFETY WEEK

This week has been our annual week where we focus on staying safe online. Every year safer internet day (This year it was on Tuesday 11th February) takes place but in order to ensure everyone is aware of how to be safe on line we do a variety of things throughout the whole week. Being aware of how to stay safe online is something that is becoming more and more important in the digital world we live in. So as a school it is essential that we teach students about the dangers and how to keep themselves safe online.



It is important that we are giving young people the awareness to stay safe online not only now but in the future. Hopefully this has been the case this week and that our students are more aware of potential dangers online and how to avoid them.



# SAFER INTERNET DAY

11th February was Safer Internet Day.

Here are 10 top tips to help parents keep their children safe online

1. **Only talk to people you know and trust in real life**
2. **Don't give away personal information to strangers** - like what street you live on, or where you go to school. Say "no" if they ask you to share photos or videos of yourself
3. **Set your profiles to private**
4. **Be 'share aware'** - once you share something online, you've got no control over what anyone else does with it. And it's illegal to take, share or view sexual images of under-18s, full stop
5. **Be mindful of your digital footprint** - it could come back to bite you
6. If you see something upsetting, or someone bullies you, **tell an adult you trust**
7. **Don't assume everything you see is true to life.** People often make their lives look more exciting online
8. **Watch out for hoaxes and scams**, like messages you're asked to pass on or that ask you for payment details or passwords
9. **Be wary of schemes** that promise easy cash in return for you receiving and transferring money, and don't be fooled by anything that glamorises gang lifestyles
10. **Watch out for loot boxes** or other ways that games get you to pay - before you know it you can spend a lot on them

## MATHS CHALLENGE

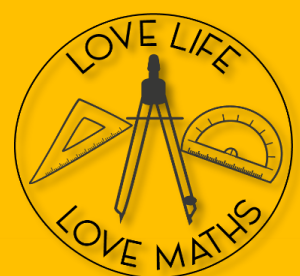
Using the numbers 2, 4, 6 and 8, the multiply sign and the add sign and the equals sign, what is the largest number you can make?

You may only use each digit and sign once but you do not have to use them all.

Take your answer to Mr Fern in Room 25 for a smiley.

**The solution to last week's puzzle – 9PM**

Well done if you got it right!



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# REVISION STRATEGIES - TEACH SOMEONE ELSE

After you have tested yourself, teach the material to someone else. This has been found to help aid memory and recall: it is known as "the Protégé Effect". Teaching someone else requires you to learn and organise your knowledge in a clear and structured manner. You will also remember the information more if you teach it.

You need to do this once you have created your revision materials. Go over these several times on your own before then teaching someone else e.g. your mum. The simple act of talking through what you have learnt. This will help you understand three things:

It will show where gaps remain in your knowledge and understanding

It will make you explain your knowledge, in your own words, in a way that someone else could understand.

By explaining my knowledge, and answering questions, you will start to build new connections and achieve a deeper level of understanding of what you are learning.

## WORD OF THE WEEK EXTRACT

As a verb (a 'doing' word, an action)

Definition: To remove or take out, especially by effort or force.  
Examples: "The fossils are extracted from the chalk."

OR

As a noun (an object)

Examples:

1. A short passage taken from a text, film, or piece of music.  
"an extract from a historical film"
2. A preparation containing the active ingredient of a substance in concentrated form.  
"natural plant extracts"

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# HARRY POTTER WORLD BOOK NIGHT

On Thursday 6<sup>th</sup> February the year 7 nurture group participated in Harry Potter World Book Night. This is a national event celebrated in schools, clubs and bookshops across the UK. Every year is a different theme and this year's theme was the Tri-wizard Tournament which happens in Harry Potter and the Goblet of Fire.

We decided to have our own Tri-wizard Tournament. Pupils were sorted into the three schools on entry to the class and then they competed in those teams for house points. Once we had picked team captains by playing 'Beat the age line' the teams completed a range of challenges. The challenges included decorating a dragon's egg, eating Gillyweed challenge and an obstacle course. The challenges were both physical and mental challenges just like in the novel (but with less dragons!).



We also had some very special guests visit our class to read sections of the novel to the pupils so they could hear about the challenges Harry had to face. Our guest readers were superb and took their roles very seriously, some even choosing to come dressed in full Harry Potter gear!

The pupils had a wonderful day and Durmstrang school won the tournament with 14 points. They had worked brilliantly as a team all day and it was a well-deserved success. Pupils gave us feedback and said it was an 'awesome day' and they 'loved it'



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# YEAR 11

## REVISION / COURSEWORK

### CATCH UP SESSIONS

	Before School	Lunchtime	After School
Monday	All Computer Science - JMY/MAH - Rm 21	Maths - EHD - Rm 24 Computer Science - MAH - Rm 23 English - CMY - Rm 35 English - SKR - Rm 40	Child Development - SBS - H4 BTEC Acting/Dance - SBS - H4 All Computer science - JMY - Rm 21 GCSE PE - LVT – Rm 17
Tuesday	Geography - DES - Rm 10	Triple Chemistry - SCN - Lab 4 Biology - NCO - Lab 3 English - CMY - Rm 35 Chemistry H - KCN - Lab 5 English -SKR - Rm 40 French - SBY - Rm 31	English - DMN - Rm 38 Higher Maths - SFN - Rm 25 All History - JPH - Rm 9 English - NCY - Rm 35 Maths - CLY - Rm 26 Geography - DES - Rm 10 Chemistry H - KCN - Lab 5 Maths - PGR - Rm 27 Food Tech - SBN - Rm 8
Wednesday	Higher Paper Maths - DWK - Lab 2	Chemistry - SWH - Lab 6 English - CMY - Rm 35 English - SKR - Rm 40 Maths - LMG - Rm 29 French - SBY - Rm 31	RE - ABW - Rm 34 History All - JPH - Rm 9 Chemistry - SWH - Lab 6 Geography - JWN - Rm 13 English - SKR - Rm 40
Thursday	Triple Biology - SMD - Lab 4 Triple Biology - SEL - Lab 0	Triple Biology - SEL - Lab 0 Maths - CLY - Rm 26 English - CMY - Rm 35 Chemistry F - KCN - Lab 5 English - NCY - Rm 35	Child Development - SBS - H4 BTEC Acting/Dance - SBS - H4 English - NCY - Rm 35 All Biology key concepts - SEL - Lab 0 Maths - HES - Rm 28 Creative Imedia - MAH - Rm 22 Geography - PWE - Rm 16
Friday	Physics - CWS - Lab 1 Geography - DES - Rm 10	English - CMY - Rm 35 Physics - CWS - Lab 1 Physics - NCO - Lab 3 Textiles - ABH - IN2 All History - MPS - Rm 30 English - NCY - Rm 35	Higher Maths - SFN - Rm 25

# UCLAN YOUNG SCIENTIST

Science supports that “Life on Mars” may be a possibility was the topic for our visit to UCLAN Young Science Centre today. We had to code and then programme the rover so that it travelled across the Mars platform. To get it to collect the soil sample, my team had to make the rover identify the white piece of paper, so that when it was on the Mars surface it took it's sample from the right place.



After lunch we carried out experiments and my group had to see if there was proof of chlorine ions on Mars. Our experiment was successful.

In 2015 a machine found chlorine ions on Mars, so our experiment supports this find. At lunch we saw the cardboard dog that was based on Sarah James Smith's dog from Doctor Who K9. We also met 5 new members of staff who we haven't worked with before and they asked us to answer a huge question “Is there Life on Mars”?

In my opinion I think Mars does contain life as it has water under the surface. There is a machine looking at the atmosphere around Mars and testing for oxygen, to see if they can build on Mars and if with the right equipment it may be possible to walk on Mars.

I really enjoyed the experiments today and learning about the possibility of life on Mars. I wouldn't want to go there but will keep up to date with the news to hear about new developments because it is interesting.

(Article by Kyle Weir and Katie Davies)



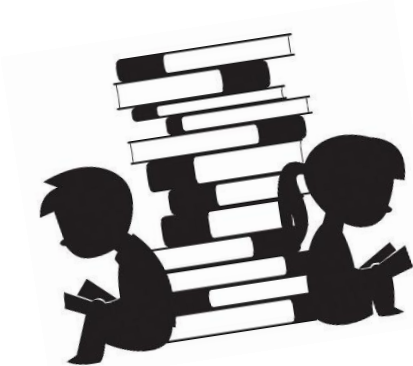
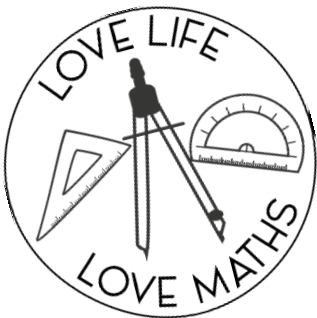


# STUDY SUPPORT CLUBS - SCAMPs - SPRING 2020 (Mon-Wed)

MONDAY	TUESDAY	WEDNESDAY
<p><b><u>Before School (8am - 8.30am)</u></b></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>	<p><b><u>Before School (8am - 8.30am)</u></b></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>	<p><b><u>Before School (8am - 8.30am)</u></b></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>
<p><b><u>Lunchtime (1pm)</u></b></p> <p>Fitness Club Boys Fitness Room TTR</p> <p>Multi Sports - Yr 7 &amp; 8 Sports Hall LVT, EDP</p> <p>Library &amp; Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 5 Rm 40 SKR</p> <p>Maths Rm 24 EHD</p> <p>Meditation and Relaxation Rm 31 SBY</p> <p>Computer Science Revision - Yr 10 &amp; 11 Rm 23 MAH</p>	<p><b><u>Lunchtime (1pm)</u></b></p> <p>House Competitions Sports Hall LVT, EDP, TWG, TTR</p> <p>Ashton Geographical Society Rm 13 DES, PWE</p> <p>Library &amp; Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 7 Rm 40 SKR</p> <p>French Listening - Yr 11 Rm 31 SBY</p> <p>Chemistry Revision Lab 4 SCN</p> <p>History Club - Yr 7 Rm 9 JYS</p> <p>Duke of Edinburgh - Yr 9 Rm 22 HAT</p>	<p><b><u>Lunchtime (1pm)</u></b></p> <p>Girls Football - Yr 7-11 Sports Hall LVT, EDP</p> <p>Fitness Club Girls Yr 7-11 Fitness Room EDP</p> <p>Library &amp; Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 6 Rm 40 SKR</p> <p>Reading Club Library MPN</p> <p>Skittles group ABH</p> <p>EAL Catch up Hive BSS</p>
<p><b><u>After School (3pm)</u></b></p> <p>Rugby Matches - Yr 7-11 TWG, TTR</p> <p>GCSE PE Practical Component - Yr 11 LVT</p> <p>Library &amp; Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>BTEC Performing Arts &amp; Child Development Support Hive SBS</p> <p>Computer Science Revision - Yr 10 &amp; 11 Rm 23 MAH</p>	<p><b><u>After School (3pm)</u></b></p> <p>Library &amp; Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>Football Boys - Yr 7 &amp; 8 3G TWG, TTR</p> <p>Netball Girls - Yr 8-11 Sports Hall LVT, EDP</p> <p>Science Club – Yr 7-9 Rm 3 NCO</p> <p>History Revision Rm 30 MPS Rm 9 JPH</p> <p>Food Catch up - Yr 10-11 Rm 8 SBN</p>	<p><b><u>After School (3pm)</u></b></p> <p>Library &amp; Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>Rugby Boys Field TTR</p> <p>Netball Girls Fixtures LVT, EDP</p> <p>History Revision Rm 30 MPS Rm 9 JPH</p> <p>English Revision - All Grades Rm 40 SKR</p> <p>Geography Revision - Yr 11 Rm 13 JWN</p>

STUDY SUPPORT CLUBS - SCAMPs - SPRING 2020 (Thur-Fri)

THURSDAY
<b><u>Before School (8am - 8.30am)</u></b>  Library Inspire building BMN Breakfast Club Dining Hall
<b><u>Lunchtime (1pm)</u></b>  Basketball - Boys - Yr 7-9 Sports Hall TWG  Maths Rm 26 CLY  Library & Homework Club Inspire Building BMN, SRS  Careers Guidance Careers Office JLG  Taskmaster Updates outside Rm 33 SFN, SBK  Art Rm 14 SBL
<b><u>After School (3pm)</u></b>  Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS  Football Girls 3G EDP, LVT  BTEC Performing Arts & Child Development Support Hive SBS  Creative iMedia Room 22 GLS



FRIDAY
<b><u>Before School (8am - 8.30am)</u></b>  Library Inspire building BMN  Breakfast Club Dining Hall
<b><u>Lunchtime (1pm)</u></b>  Dodgeball - Yr 7-9 Sports Hall TWG, TTR  Dance - Yr 7 & 8 Rm 15 Year 11  Board Games - Yr 7-11 Rm 33 SBK  Library & Homework Club Inspire Building BMN, SRS  Careers Guidance Careers Office JLG  Taskmaster Updates outside Rm 33 SFN, SBK  Arts & Crafts Yr 7-9 Rm 14 Yr 11 Heroes
<b><u>After School (3pm)</u></b>  Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS  Running Club Door 4 - 3.15pm Students & Staff ABW  Couch to 5k Meet at door 4 3.15pm Yr 7-11 HES





# WHAT'S YOUR CHILD EATING AT LUNCHTIME?



Week  
**1**

24/02/20  
-  
28/02/20

### Traditional Meal Deal

Monday Brunch, Pork Sausages, Free Range Omelette, Hash Browns & Baked Beans  
Tuesday Steak & Onion Pie with Chunky Diced Potatoes, Broccoli & Sliced Beetroot  
Wednesday Roast of the Day with Baby Baked & Creamed Potatoes & Seasonal Vegetables  
Thursday Spaghetti Bolognese with Homemade Garlic Bread  
Friday Crispy Battered Fish & Chips with Mushy Peas

### Traditional Meal Deal

Monday Crispy Bacon, Tomato & Mascarpone Pasta with Homemade Garlic Bread  
Tuesday Chicken & Vegetable Biryani with Coriander Naan Bread  
Wednesday Ham & Tomato Quiche with Baby Baked Potatoes, Coleslaw & Mixed Salad  
Thursday BBQ Chicken Melt Flat Bread with Paprika Potatoes & Mixed Salad  
Friday Sweet Chilli Chicken & Crunchy Vegetables with Soft Egg Noodles

### Vegetarian Meal Deal

Monday Spicy Bean & Vegetable Burrito with Baked Potato Wedges & Mixed Salad  
Tuesday Macaroni & Cheddar Cheese Bake with Broccoli  
Wednesday Sweet Potato, Spinach & Red Pepper Curry with Mixed Rice & Coriander Naan Bread  
Thursday Cheddar Cheese & Onion Loaded Potato Skins with Coleslaw & Mixed Salad  
Friday Homemade Cheese & Tomato Pizza with Chips & Mixed Salad

### Dessert of the Day

Monday Coconut Rice Pudding with Strawberry Jam, Chocolate Muffin, Fruit, Yoghurt or Juice  
Tuesday Seasonal Berry Eton Mess, Fruity Flapjack, Fruit, Yoghurt or Juice  
Wednesday Toffee Apple Sponge with Custard, Berry Muffin, Fruit, Yoghurt or Juice  
Thursday Lemon & Courgette Cup Cake, Chocolate Cookie, Fruit, Yoghurt or Juice  
Friday Warm Chocolate Brownie & Ice Cream, Jam & Cream Scone, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

Catering at Ashton Community Science College is provided by Lancashire County Council School and Residential Care Catering. We care about the food your child eats at lunchtime and constantly seek improvements to ingredients and menus.



Week  
**2**

02/03/20  
-  
06/03/20

### Traditional Meal Deal

Monday Pork Meatballs in a Spicy Arrabiata Sauce with Pasta & Homemade Garlic Bread  
Tuesday Chicken & Leek Pie with Baked Baby Potatoes, Carrots, Broccoli & Gravy  
Wednesday Roast of the Day with Roast & Creamed Potatoes & Seasonal Vegetables  
Thursday Honey Glazed Gammon & Pineapple with Garlic & Herb Potatoes & Garden Peas  
Friday Crispy Battered Fish & Chips with Mushy Peas

### Traditional Meal Deal

Monday Crispy Chicken Goujon & Tomato Salsa Wrap with Paprika Potatoes & Mixed Salad  
Tuesday Beef & Sweet Potato Curry with Mixed Rice & Coriander Naan Bread  
Wednesday Sticky Chicken in Honey, Ginger and Soy with Soft Egg Noodles  
Thursday Beef Chilli Tortilla Basket with Baked Potato Wedges & Mixed Salad  
Friday Thai Chicken & Vegetable Curry with Mixed Rice

### Vegetarian Meal Deal

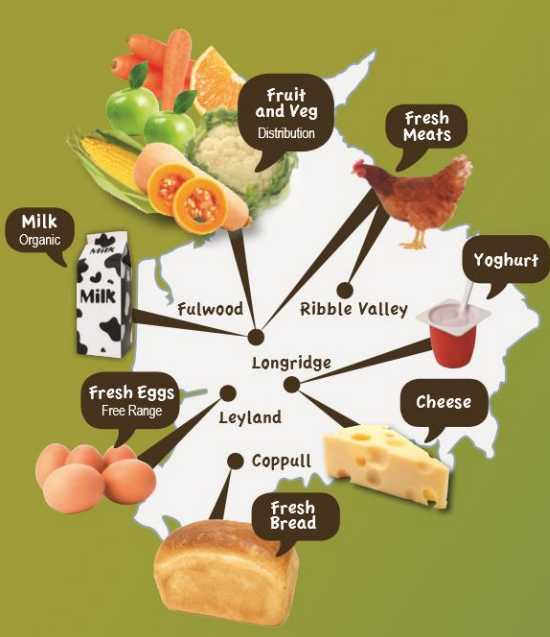
Monday Vegetarian Sausages & Onion Gravy with Creamed Potatoes, Green Beans & Carrots  
Tuesday Cheddar Cheese Quiche with Baby Baked Potatoes & Mixed Salad  
Wednesday Veggie Spring Roll with Sweet Chilli Vegetables & Soft Egg Noodles  
Thursday Garlic, Mushroom, Spinach & Mascarpone Pasta with Garlic Bread  
Friday Homemade Chilli Cheese & Red Onion Pizza with Chips & Mixed Salad

### Dessert of the day

Monday Apple & Berry Crumble with Ice Cream, Chocolate Cookie, Fruit, Yoghurt or Juice  
Tuesday Peach Melba, Lemon & Ginger Shortbread, Fruit, Yoghurt or Juice  
Wednesday Chocolate & Mandarin Sponge with Custard, Ginger Cookie, Fruit, Yoghurt or Juice  
Thursday Mixed Berry Fool with Biscuit Crunch, Chocolate Muffin, Fruit, Yoghurt or Juice  
Friday Jam Sponge with Custard, Raspberry Bun, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

## Locally Sourced Food



We buy local produce to support local businesses and reduce food miles.

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing.

Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

### Special Diets and Allergies

It is our policy to provide a menu for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements.

Special diets are diets for pupils with a medically diagnosed requirement, not just a dislike of certain foods or food groups.

For further information regarding allergies and special diets, please visit [www.servinglancashire.org.uk](http://www.servinglancashire.org.uk)





# SPORTS RESULTS - LAST WEEK

Sport	Year Group	Result	Opponents	Our Player of the Match
Basketball - Boys	7	Lost	St. Cecilia's	Joe Collinson
Basketball - Boys	7	Lost	Moor Park	Daniel Gourlay
Basketball - Boys	7	Lost	Christ the King	Alex McKenzie
Basketball - Boys	7	Draw	Eden Boys	Cameron Gooch
Rugby - Boys	8	Lost	Archbishop Temple	Cameron Lilley
Rugby - Boys	8	Lost	Our Lady's	Joe Tipping

Sport	Year Group	Result	Opponents	Our Player of the Match
Netball - Girls	7	Won	St. Cecilia's	Imani Silcock-Pond
Netball - Girls	8	Won	St. Cecilia's	Jemma Davies & Niamh Whalley

## Next Week's Fixtures w/c 24.02.20

### Basketball



No fixtures  
this week

### Football



Tues 25<sup>th</sup> Feb  
Yr 10 vs St. Bedes  
(Ormskirk)

### Rugby



No fixtures  
this week

## Next Week's Fixtures – Girls w/c 24.02.20

### Football



No fixtures  
this week

### Netball



No fixtures  
this week

### Handball



Wed 26<sup>th</sup> Feb  
Yr 9 vs various  
Preston schools

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