

# ASHTON HIGHLIGHTS

ISSUE

11  
20 JANUARY  
2020

## ASHTON RECEIVES STONEWALL SCHOOL CHAMPION BRONZE AWARD



In February 2018 Mrs Berry-Smith completed the 'Train the Trainer' course with Stonewall, and became the school champion. Attending the course gives your school membership of the Stonewall School & College Champions programme. This includes ongoing support, resources, guidance and much more.

Law passed that makes relationships and sex education mandatory in all schools in England from 2019; Stonewall is calling for guidance developed in 2018 to be fully LGBT-inclusive to ensure all young people have access to age-appropriate education about healthy relationships that includes LGBT relationships and issues.

The Stonewall School & College Champion awards allow School & College Champions based in England to effectively benchmark their progress and give direction to their ongoing work in tackling homophobic, biphobic and transphobic bullying and celebrating diversity as a benefit of membership.

After submitting evidence against Stonewall's Bronze criteria, Ashton are very proud to be awarded the Stonewall Bronze School Champion Award.

### Upcoming Events:



13<sup>TH</sup> - 24<sup>TH</sup> JANUARY  
Year 11 Mock Exams

22<sup>ND</sup> JANUARY  
Year 7 reports  
available on Insight

30<sup>TH</sup> JANUARY - 6pm  
Year 9 Options  
Evening

5<sup>TH</sup> FEBRUARY  
Year 11 Mock results

12<sup>TH</sup> FEBRUARY  
Year 7 & 8 data capture  
available on Insight

13<sup>TH</sup> FEBRUARY  
Year 11 Parents' Evening 2  
(please note date change)



# WHAT EXACTLY IS STONEWALL?



Stonewall was founded in 1989 by a small group of people including Sir Ian McKellen, who had been active in the struggle against Section 28 of the Local Government Act.

Section 28 was an offensive piece of legislation designed to prevent the so-called 'promotion' of homosexuality in schools; as well as stigmatising lesbian, gay and bi people, it galvanised the LGBT community.

Section 28 meant that teachers were not able to support lesbian, gay and bi students or provide resources about different sexualities. In 2003 the legislation was repealed, which meant that schools were finally able to support their lesbian, gay and bi students.

On 23 September 2003, Stonewall were granted charitable status. Stonewall is a member of the Equality and Diversity Forum, a network of national organisations committed to progress on age, disability, gender, race, religion and belief and sexual orientation issues.

There used to be lots of different laws protecting LGBT people from discrimination. The Equality Act 2010 made things simpler by bringing all the protections for LGBT people into one law. It also made sure LGBT people were entitled to the same legal protections given to other groups of people who might face discrimination. In addition to this, public service providers like schools and hospitals have to show how their service is accessible to and supportive of LGBT people.

## What have we done within school?

The evidence submitted included updating school policies to ensure they are inclusive and explicitly state that homophobic, biphobic and transphobic (HBT) bullying is unacceptable. It builds on the work that Mrs Barrow had done in PSHE, that LGBT people and themes are included in lessons. Students have had opportunities to discuss gender stereotypes and gender identities.

At Ashton we have an extra curricular LGBT+ group 'Skittles' who meet on a regular basis. Their mission is to support individuals to work out how they can make a difference for LGBT people at school and in their community. As Allies they have the confidence to connect with and enable others, by challenging homophobic, biphobic and transphobic bullying, improving inclusion and visibility of role models. They arranged cake sales to purchase books with LGBT themes for the school library.







The Skittles group have been involved in school displays to celebrate diversity and LGBT people, including bi and trans people, these include role model posters on classroom doors.



Information and resources on lesbian, gay, bisexual and trans (LGBT) issues and support services is provided and easily accessible for all students. In room 7 - the student reception area, Miss Parkinson has created an 'information display' that offers our students a variety of support and information.



Members of the Skittles group celebrating the Stonewall Bronze School Champion Award.

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# WONDERFUL WEDNESDAY



Our first Wonderful Wednesday of 2020 saw us award 17 students for outstanding achievements.

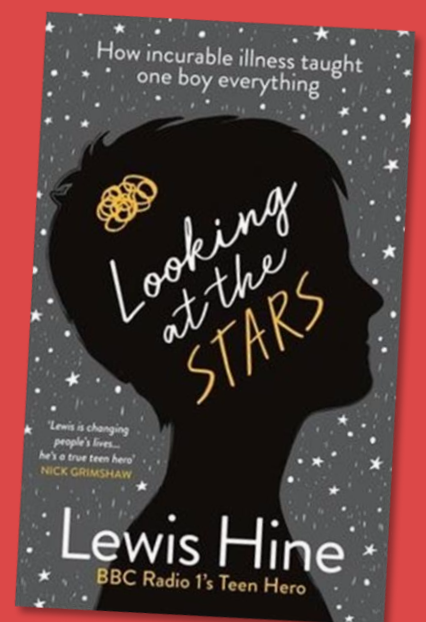
As you will have seen in the last newsletter 6 students were awarded a prize for their success in the Magic breakfast mural challenge. This week they also received a wonderful Wednesday nomination for their hard work. We also awarded our artists of the week with a wonderful Wednesday award to show them how proud we are of them.

Finally a great big wonderful Wednesday was awarded to 2 of our students who after witnessing a member of the public falling over, stopped to help by administering first aid, ringing an ambulance and waiting with him until further help arrived.

## THIS WEEK'S RECOMMENDED READ!

17-year-old Lewis Hine is a global phenomenon. Diagnosed with a life-threatening brain tumour and water on the brain at 17 months, he wasn't expected to survive. But Lewis proved everyone wrong; he's not only surviving but thriving. In one Facebook post on his 16th birthday Lewis invited everyone to see how he faces head on the challenges from his ongoing illness, and he went viral. 30 million views later, Lewis now spearheads a campaign, Friend Finder, to make sure no one ever faces childhood illness alone.

In his memoir, Lewis reaches out to anyone who may feel isolated in their lives. After 13 brain surgeries and continual health problems, life for Lewis is a daily challenge. From the sheer physical challenges - he is at high risk of sudden unexpected death in epilepsy (SUDEP) and has a pump in his brain just to keep him alive - to the horrendous bullying he's endured, he shares how he finds the strength to overcome all this and still lead a fun and fulfilling life. With a host of admirers around the world from Elton John to Kid Ink, Lewis is living his dream - even becoming Radio 1's Teen Hero of the Year. His story will make you laugh, cry and above all, feel inspired by life's endless possibilities, looking at the stars.



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# HOUSE CHAMPIONSHIP SYSTEM



1<sup>st</sup> place - 5056



2<sup>nd</sup> place - 5042



3<sup>rd</sup> place - 4635

The House System at Ashton gives students the opportunity to work together with their peers under their own house banner. Every student and member of staff is assigned to a house named after a PROUD PRESTONIAN past and present. Students can earn valuable house points for good behaviour, work, effort and for taking part in regular house competitions. All points count towards the House Championship Scoreboard.

The winning houses are recognised and rewarded for their efforts with various activities throughout the school year. This term's house challenges will include "The Dragons Den" and a task centred around "Our Diverse Planet" in science week 6<sup>th</sup> - 15<sup>th</sup> March.



4<sup>th</sup> place - 4582



5<sup>th</sup> place - 4322



6<sup>th</sup> place - 3972

## STAR READERS

Every week, during accelerated reader lessons, teachers nominate a star reader. The student is then allowed to sit in the egg chair to read during the lesson. We had several nominations this week. The students are also given a bookmark and badge.

### Year 7

Holly Moffat  
Shayna Procter  
Aaron Regan

### Year 8

Matthew Garstang  
Casey Higham  
Sophie Wright

### Year 9

Mary Ford  
Jasmin Leeming

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# INTRODUCING OUR STAFF ...



Mrs Ethell

What's your job role in school?

I teach Science.

What did you do before you started working at Ashton?

I worked as a Corporate Procurement Manager and then spent 3 years living in Riyadh, Saudi Arabia. Upon my return I trained as a teacher and Ashton was my first teaching job. 15 years later, I am still here!

What is the best thing about working at Ashton?

The best thing about working at Ashton is the students!!

Describe Ashton in 3 words.

One big family.

What book are you currently reading?

Book of Dust by Philip Pullman.



Mrs Hanley

What's your job role in school?

I am a science technician.

What did you do before you started working at Ashton?

I've been here for 21 years but before this I worked in quality control labs.

What is the best thing about working at Ashton?

No two days are the same and there is a great team spirit.

Describe Ashton in 3 words.

Lively, caring, busy.

What book are you currently reading?

Overstory by Richard Powers.

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# YEAR 11 MOCK EXAM TIMETABLE

WEEK 2			
	Period 1 & 2 Start: 8.40 am	Period 3 & 4 Start: 11.00 am	Period 5 Start: 1.40 pm
Mon 20th Jan	<b>Physics paper 1</b> Physics 1hr 45mins Trilogy 1hr 15mins	<b>English</b> 1hr 45mins	no exams
Tues 21st Jan	<b>Maths paper 3</b> 1hr 30mins	<b>Biology paper 2</b> Biology 1hr 45mins Trilogy 1hr 15mins	no exams
Wed 22nd Jan	<b>Option B</b> Geog/Child Dev- 1hr 30mins French writing - 1hr/1hr 15m History - 2hrs Art/Photo/Sport Sc - normal lesson	<b>Chemistry paper 2</b> Chemistry 1hr 45mins Trilogy 1hr 15mins	no exams
Thur 23rd Jan	<b>Physics paper 2</b> Physics 1hr 45mins Trilogy 1hr 15mins	<b>Option A,B &amp; C</b> Geography paper 2 1hr 30mins	<b>Option E</b> PE - paper 2
Fri 24th Jan	<b>Option E</b> RS - 1hr 45mins PE paper 1 - 1hr 45mins Textiles/Art - normal lessons	<b>Option A</b> Geography - paper 1 1hr 30mins History - 2hrs	no exams

## CALLING ALL YEAR 11 STUDENTS

The mock exam timetable for January 2020 is also available on our school website under the students' section.

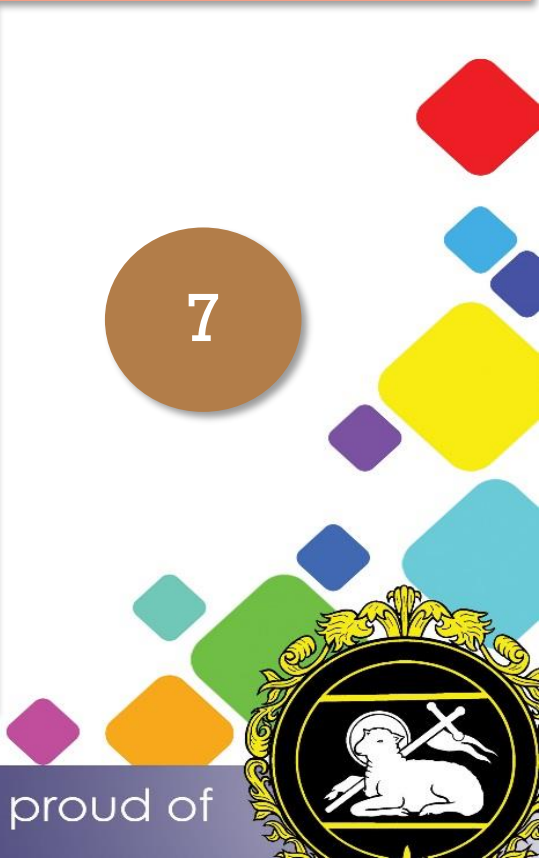
If you need a printed copy please see Mrs Bibby.

Please bring your equipment pack to ALL exams

# SCAMP OF THE WEEK – BOARD GAME CLUB (FRIDAY LUNCHTIME)



Board game club was set up last year for those students who don't particularly like being outside or fancy a bit of healthy competition in a non-sporting way. We mainly play Mexican Train Dominoes, Exploding Kittens and Burger Battle because we all enjoy these games.







Mr Fern



Miss Borwick

## TASKMASTER SERIES 1

### WINNERS



Taskmaster series 1 concluded over Christmas. Many entered, many succeeded but only two could be crowned ultimate champions.

The winners of series 1 were Mr Woodcock and Theo May.

## TASKMASTER SERIES 2

Your first task is to...

Rewrite the lyrics to at least one verse of the song 'Baby' by Justin Bieber featuring Ludacris.

Most creative lyrics wins. Entries to be submitted to Mr Fern, Miss Borwick or Miss Evans in the maths department by Friday 24<sup>th</sup> January 2020.

Bonus points will be awarded for the full song!

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# STUDENT FOCUS – TYSHA PITCHER

Tysha has been involved in the National Saturday Club held at UCLAN doing Art & Design since January 2019. She really enjoys it and all the different forms of Art that they have done, such as drawing, painting, clay making, paper mache just to name a few. They have been to the Harris Museum to look at the art work there, as well as had artists come to the club to show them different techniques.

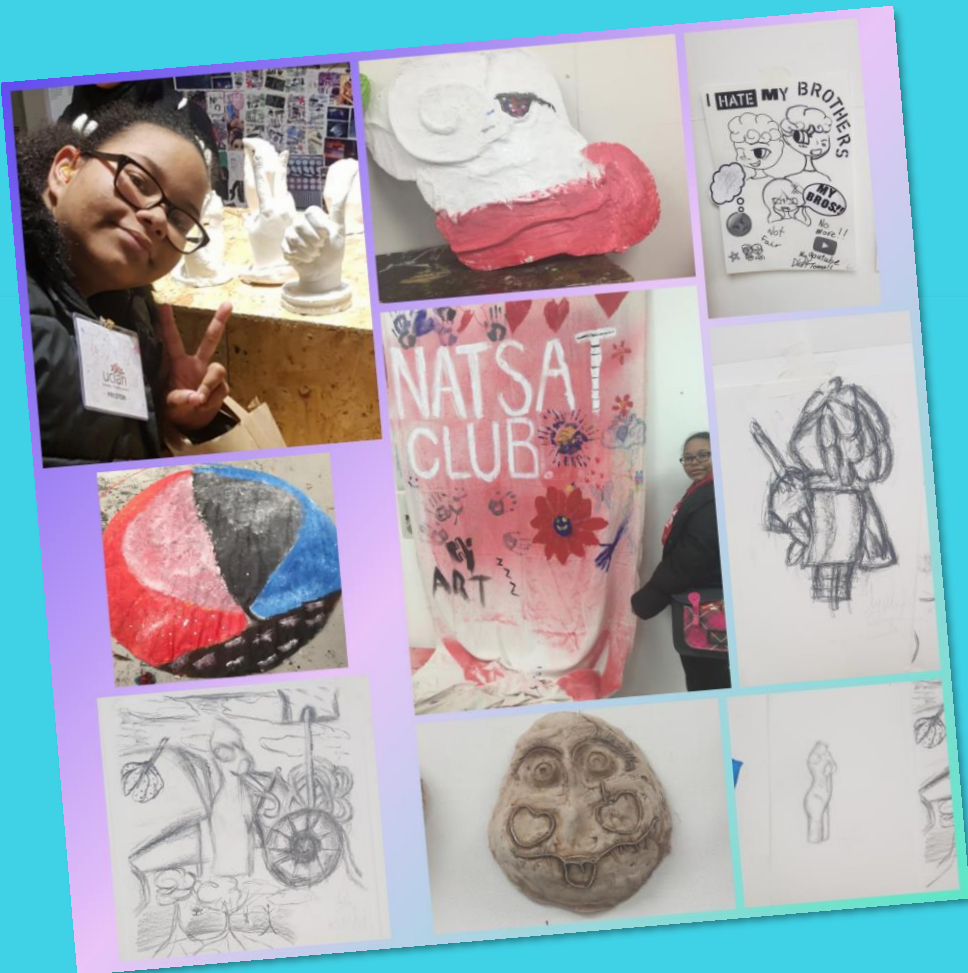


Tysha has travelled twice to London so far with the club where there were hundreds of other National Saturday Club kids from all over England (Tysha being the only Hearing Impaired child) there.

She attended The Institution of Engineering and Technology building in London where she received a Certificate of Achievement Award from the National Saturday Club.



She has also visited the Tate Modern Museum whilst in London, and has even had her artwork on display in London at Somerset House and City Hall.





# WORK EXPERIENCE - A REQUEST FOR HELP!

We believe that experiencing the world of work from an early age can not only inform young people about what they need to study and the skills they require for successful employment but also inspire and motivate students when they have a goal to achieve.

Here at Ashton, we are reinstating Work Experience this academic year. All students in **Year 10** will take part in a week of work from Monday 29<sup>th</sup> June - Friday 3<sup>rd</sup> July.

Our students will actively seek their own placement but we are also determined to support them further by building up a list of local employers who are willing to provide a week long work experience opportunity.

If you work in a business in our local community and have the capacity to offer a placement, we would love to hear from you so that you can see why we are so proud of our students and perhaps you may even find a future employee!

If you would be willing to offer a place or know of someone that would, please contact Mrs Long or Mr Wallis via email [jlong@ashtoncsc.com](mailto:jlong@ashtoncsc.com) or [cwallis@ashtoncsc.com](mailto:cwallis@ashtoncsc.com) or alternatively just give us a ring on 01772 513002 and ask to speak to us.

## ARTIST OF THE WEEK ...



Archie Dyson (Year 7) has been practising his creative doodling after researching the artist Jon Burgerman. Brilliant work Archie!



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# ASHTON ALUMNI

## INTRODUCING ... STEF HALL

### *When did you leave Ashton?*

2013

### *What are you doing now?*

Currently I am a Year 1 primary school teacher!

### *What qualifications, skills or experience do you need to get where you are?*

I left college with an unconditional offer due to my interview for university finishing on D\*D\* in health and social care. I then did a four year degree in primary school teaching with early years and sports, graduating with a 1st class honours degree and distinction in teaching practice.

### *Can you offer any advice to our students?*

My advice would be- you have to work hard to be successful, it doesn't come easy. Do something that you're passionate about don't just follow the crowd. Also don't give up at the first hurdle.. I applied for so many teaching jobs and it is very competitive with over 200 applicants per post so you've got to have a stiff upper lip and just keep going! Be the best that you can and don't be disheartened if things take a wrong turn! Everything happens for a reason!



## WORD OF THE WEEK

### DERIVE

Definition: To obtain something from (a specified source).

Examples:

"The chemists derived petroleum from coal tar."

"The word 'politics' is derived from a Greek word meaning 'city'."

"He derived great pleasure from painting."

"Many English words are derived from Latin and Greek words."

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# REVISION STRATEGIES – MIND MAPS

Once you have identified trigger words you may want to organise them into mind maps for each topic or theme.

Mind maps are a good way of organising and simplifying information, and seeing connections between the different aspects of a topic. They can be an effective memory trigger because, often, it is the actual act of drawing out a mind map that you recall in an exam.



Try to have a structure to your mind maps which again will help you to recall the information easily. For instance, in English Literature you will always have to recall: Context, vocabulary, key quotes and techniques. So a mind map in English Literature for each theme or character might look like the above example.

Use colours and images to help make the information meaningful and memorable. Stick up your mind maps around your home, and look at them throughout your revision and exam period.

Once you have created your mind maps for each topic or theme, test yourself by writing a topic in the centre of a piece of paper or your mini wipe board and see how much you can remember. Make a note of what you forgot.





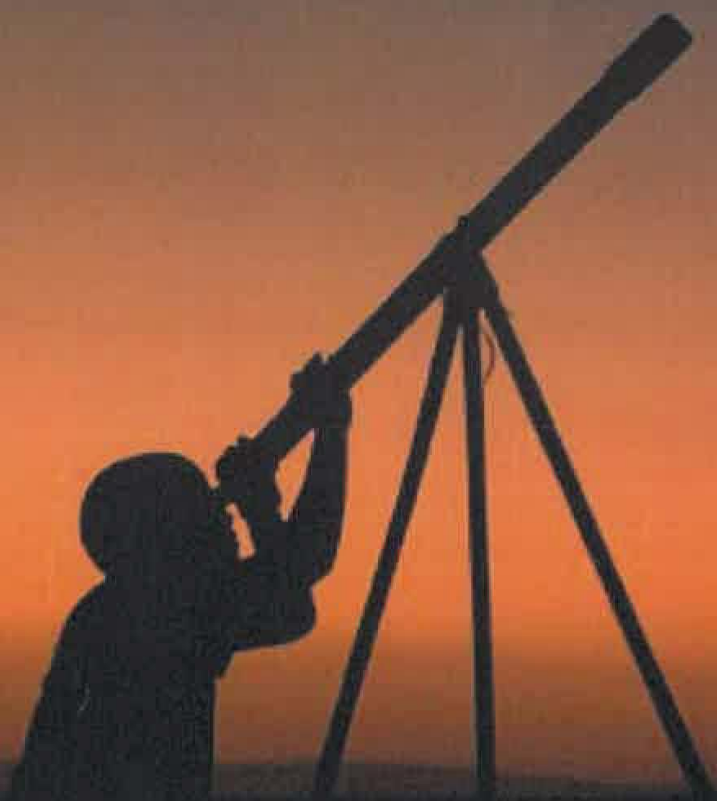
# YEAR 11

## REVISION / COURSEWORK

### CATCH UP SESSIONS

	Before School	Lunchtime	After School
Monday	All Computer Science - JMY/MAH - Rm 21	Maths - EHD - Rm 24 Computer Science - MAH - Rm 23 English - CMY - Rm 35 English - SKR - Rm 40	Child Development - SBS - H4 BTEC Acting/Dance - SBS - H4 All Computer science - JMY - Rm 21
Tuesday		Triple Chemistry - SCN - Lab 4 Biology - NCO - Lab 3 English - CMY - Rm 35 Chemistry H - KCN - Lab 5 Chemistry Triple - SCN - Lab 4 English -SKR - Rm 40	English - DMN - Rm 38 Maths - SFN - Rm 25 All History - JPH - Rm 9 English - NCY - Rm 35 Maths - CLY - Rm 26 Geography - DES - Rm 10 Chemistry H - KCN - Lab 5
Wednesday	Higher Paper Maths - DWK - Lab 2	Chemistry - SWH - Lab 6 English - CMY - Rm 35 English - SKR - Rm 40	RE - ABW - Rm 34 All History - JPH - Rm 9 Chemistry - SWH - Lab 6 Geography - JWN - Rm 13 English - SKR - Rm 40
Thursday	Triple Biology -SMD - Lab 4 Triple Biology - SEL - Lab 0	Triple Biology - SEL - Lab 0 Maths - CLY - Rm 26 English - CMY - Rm 35 Chemistry F - KCN - Lab 5	Child Development - SBS - H4 BTEC Acting/Dance - SBS - H4 English - NCY - Rm 35 Triple Biology - SEL - Lab 0 Maths - HES - Rm 28 Creative Imedia - MAH - Rm 22 Geography - PWE - Rm 16
Friday	Physics - CWS - Lab 1	English - CMY - Rm 35 Physics - CWS - Lab 1 Physics - NCO - Lab 3 Textiles - ABH - IN2	

IF YOU NEED A PRINTED COPY PLEASE SEE MRS BIBBY



# uclan

University of Central Lancashire

## THE JEREMIAH HORROCKS LECTURE

### Cosmic Africa

**Speaker:**  
**Professor Thebe Medupe**

**Friday 24th January 2020**  
**6.30pm**

Harrington Lecture Theatre  
University of Central Lancashire

**FREE**  
ADMISSION

**FREE**  
REFRESHMENTS

To book tickets please go to:  
<https://www.eventbrite.co.uk/e/the-jeremiah-horrocks-cosmic-africa-lecture-tickets-88832613739>

or  
Email: [njones1@uclan.ac.uk](mailto:njones1@uclan.ac.uk)  
Tel: 01772 893310

#### Abstract

In a journey that has stretched from the coastline of Namibia to the steamy jungles of Ghana, across crocodile infested lakes and the deserts of Northern Kenya, the cliff-side dwellings of the Dogon in Mali and onto the mysterious archaeological sites of the Egyptian Sahara, this lecture explores Africa's ancient astronomical history.

By shedding new light on traditional African astronomy, and in turn global understanding of the world's oldest science, acclaimed African astronomer, Dr Thebe Medupe of the South African Astronomical Observatory, will look at celestial beliefs from different parts of the African continent and how some of these ancient African perceptions link with current scientific knowledge.

#### Biography



Professor Thebe Medupe grew up in a poor South African village near Mafikeng, about four hours north-west of Johannesburg. He went on to gain a doctorate in astrophysics at the University of Cape Town, and was presenter and associate producer of "Cosmic Africa", a feature documentary about traditional African astronomy released in 2002. He is a researcher at the South African Astronomical Observatory, where he is participating in a programme to encourage black South Africans to take up astronomy. He is writing a book, in the Setswana language, on ethno-astronomy"

He is also one of only two black Astrophysicists worldwide.



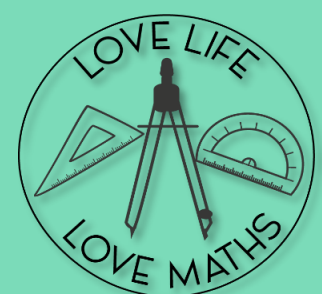
# EAL LEARNERS

We have 51 EAL students in our school. EAL learners are those whose first language is a language other than English and who require additional support to assist them to develop proficiency in English. EAL students come from diverse, multilingual backgrounds and may include overseas and British born students whose first language is a language other than English. We have students from Latvia, Sri Lanka, Pakistan, Portugal, Spain, India, Nigeria, Romania, Poland, Bulgaria, Syria and Hungary.



A few years ago in 2015 we had two students from South Korea – YeWon Kim and YeRin Kim, who moved to Preston from South Korea, for one year, for the reason that Dad was involved in some research projects at UCLAN University. Both girls loved our school, they have made many friends with the students as well as with the teachers. They have visited our school recently during their business trip to the UK. They both are doing very well in their lives, speaking good English and enjoying their college life.

## MATHS CHALLENGE



Adam has three coins in his pocket and they are all different from each other.

Ben has three coins in his pocket and they are all the same as each other.

Adam has half as much money as Ben.

What are the coins they each have?

Take your answer to Mr Fern in Room 25 for a smiley.

**The solution to last week's puzzle - 3.**

Well done if you got it right!

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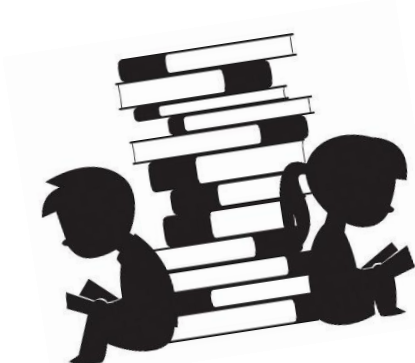
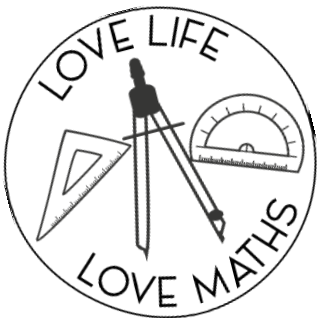
STUDY SUPPORT CLUBS - SCAMPs - SPRING 2020 (Mon-Wed)

MONDAY	TUESDAY	WEDNESDAY
<p><b><u>Before School (8am - 8.30am)</u></b></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>	<p><b><u>Before School (8am - 8.30am)</u></b></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>	<p><b><u>Before School (8am - 8.30am)</u></b></p> <p>Library Inspire building BMN</p> <p>Breakfast Club Dining Hall</p>
<p><b><u>Lunchtime (1pm)</u></b></p> <p>Fitness Club Boys Fitness Room TTR</p> <p>Multi Sports - Yr 7 &amp; 8 Sports Hall LVT, EDP</p> <p>Library &amp; Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 5 Rm 40 SKR</p> <p>Maths Rm 24 EHD</p> <p>Meditation and Relaxation Rm 31 SBY</p> <p>Computer Science Revision - Yr 10 &amp; 11 Rm 23 MAH</p>	<p><b><u>Lunchtime (1pm)</u></b></p> <p>House Competitions Sports Hall LVT, EDP, TWG, TTR</p> <p>Ashton Geographical Society Rm 13 DES, PWE</p> <p>Library &amp; Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 7 Rm 40 SKR</p> <p>French Listening - Yr 11 Rm 31 SBY</p> <p>Chemistry Revision Lab 4 SCN</p> <p>History Club - Yr 7 Rm 9 JYS</p> <p>Duke of Edinburgh - Yr 9 Rm 22 HAT</p>	<p><b><u>Lunchtime (1pm)</u></b></p> <p>Girls Football - Yr 7-11 Sports Hall LVT, EDP</p> <p>Fitness Club Girls Yr 7-11 Fitness Room EDP</p> <p>Library &amp; Homework Club Inspire Building BMN, SRS</p> <p>Careers Guidance Careers Office JLG</p> <p>Taskmaster Updates outside Rm 33 SFN, SBK</p> <p>Art Rm 14 SBL</p> <p>English Revision Grade 6 Rm 40 SKR</p> <p>Reading Club Library MPN</p> <p>Skittles group ABH</p> <p>EAL Catch up Hive BSS</p>
<p><b><u>After School (3pm)</u></b></p> <p>Rugby Matches - Yr 7-11 TWG, TTR</p> <p>GCSE PE Practical Component - Yr 11 LVT</p> <p>Library &amp; Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>BTEC Performing Arts &amp; Child Development Support Hive SBS</p> <p>Computer Science Revision - Yr 10 &amp; 11 Rm 23 MAH</p>	<p><b><u>After School (3pm)</u></b></p> <p>Library &amp; Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>Football Boys - Yr 7 &amp; 8 3G TWG, TTR</p> <p>Netball Girls - Yr 8-11 Sports Hall LVT, EDP</p> <p>Science Club – Yr 7-9 Rm 3 NCO</p> <p>History Revision Rm 30 MPS Rm 9 JPH</p> <p>Food Catch up - Yr 10-11 Rm 8 SBN</p>	<p><b><u>After School (3pm)</u></b></p> <p>Library &amp; Homework Club Inspire Building 3pm-4.30pm BMN, SRS</p> <p>Rugby Boys Field TTR</p> <p>Netball Girls Fixtures LVT, EDP</p> <p>History Revision Rm 30 MPS Rm 9 JPH</p> <p>English Revision - All Grades Rm 40 SKR</p> <p>Geography Revision - Yr 11 Rm 13 JWN</p>



STUDY SUPPORT CLUBS - SCAMPs - SPRING 2020 (Thur-Fri)

THURSDAY
<b><u>Before School (8am - 8.30am)</u></b>  Library Inspire building BMN Breakfast Club Dining Hall
<b><u>Lunchtime (1pm)</u></b>  Basketball - Boys - Yr 7-9 Sports Hall TWG  Maths Rm 26 CLY  Library & Homework Club Inspire Building BMN, SRS  Careers Guidance Careers Office JLG  Taskmaster Updates outside Rm 33 SFN, SBK  Art Rm 14 SBL
<b><u>After School (3pm)</u></b>  Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS  Football Girls 3G EDP, LVT  BTEC Performing Arts & Child Development Support Hive SBS  Creative iMedia Room 22 GLS



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FRIDAY
<b><u>Before School (8am - 8.30am)</u></b>  Library Inspire building BMN  Breakfast Club Dining Hall
<b><u>Lunchtime (1pm)</u></b>  Dodgeball - Yr 7-9 Sports Hall TWG, TTR  Dance - Yr 7 & 8 Rm 15 Year 11  Board Games - Yr 7-11 Rm 33 SBK  Library & Homework Club Inspire Building BMN, SRS  Careers Guidance Careers Office JLG  Taskmaster Updates outside Rm 33 SFN, SBK  Arts & Crafts Yr 7-9 Rm 14 Yr 11 Heroes
<b><u>After School (3pm)</u></b>  Library & Homework Club Inspire Building 3pm-4.30pm BMN, SRS  Running Club Door 4 - 3.15pm Students & Staff ABW  Couch to 5k Meet at door 4 3.15pm Yr 7-11 HES



# WHAT'S YOUR CHILD EATING AT LUNCHTIME?



# Soup Week

faster fresher fitter

**Soup & Regular Sandwich only £1.60**  
**or**  
**Soup & Premier Sandwich only £2.10**

**Monday - Roast Tomato & Red Pesto**

**Tuesday - Carrot & Coriander**

**Wednesday - Cream of Leek & Potato**

**Thursday - Spiced Lentil & Sweet Potato**

**Friday - Cream of Vegetable**



**Lancashire**  
 County Council
 

**20/01/20 - 24/01/20**

Catering at Ashton Community Science College is provided by Lancashire County Council School and Residential Care Catering. We care about the food your child eats at lunchtime and constantly seek improvements to ingredients and menus.

<div>Week</div> <div>3</div> <div>27/01/20</div> <div>-</div> <div>31/01/20</div>	<div>Traditional Meal Deal</div> <div>Monday Meatball Marinara Melt Sub Roll with Baked Potato Wedges, Garden Peas &amp; Sweetcorn</div> <div>Tuesday Homemade Chicken &amp; Vegetable Hotpot with Broccoli Florets &amp; Sliced Beetroot</div> <div>Wednesday Roast of the Day with Traditional Trimmings, Roast &amp; Creamed Potatoes &amp; Seasonal Vegetables</div> <div>Thursday Homemade Beef Lasagne with Garlic Bread &amp; Mixed Salad</div> <div>Friday Crispy Battered Fish with Chunky Chips &amp; Mushy Peas</div> <div>Traditional Meal Deal</div> <div>Monday Creamy Pasta Carbonara with Homemade Garlic Dough Balls</div> <div>Tuesday Salmon &amp; Sweet Potato Fishcakes with Sweet Chilli Vegetables &amp; Noodles</div> <div>Wednesday Homemade Beef Curry with Mixed Rice &amp; Coriander Naan</div> <div>Thursday Homemade Quiche Lorraine with Baked Baby Potatoes &amp; Baked Beans</div> <div>Friday Chinese Chicken Curry with Chunky Chips, Garden Peas &amp; Sweetcorn</div> <div>Vegetarian Meal Deal</div> <div>Monday Homemade Cheese &amp; Onion Pie with Herby Potatoes, Garden Peas &amp; Gravy</div> <div>Tuesday Pasta Neapolitan with Homemade Cheesy Garlic Bread</div> <div>Wednesday Homemade Margherita Pizza with Mixed Salad &amp; Coleslaw</div> <div>Thursday Veggie Quorn Chilli with Mixed Rice &amp; Nachos</div> <div>Friday Baked Macaroni Cheese Gratin with Homemade Garlic Bread &amp; Mixed Salad</div> <div>Dessert of the day</div> <div>Monday Jam Sponge with Custard, Cherry Cookie, Fruit, Yoghurt or Juice</div> <div>Tuesday Lemon &amp; Ginger Shortbread, Chocolate Muffin, Fruit, Yoghurt or Juice</div> <div>Wednesday Vanilla Sponge with Chocolate Sauce, Fruity Flapjack, Fruit, Yoghurt or Juice</div> <div>Thursday Carrot Cake Muffin, Chocolate Cookie, Fruit, Yoghurt or Juice</div> <div>Friday Apple Pie with Custard, Raspberry Bun, Fruit, Yoghurt or Juice</div> <div>A choice of hot or cold filled sandwich or filled jacket potato are also available on a daily basis.</div>
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# SPORTS RESULTS - LAST WEEK

<u>Sport</u>	<u>Year Group</u>	<u>Result</u>	<u>Opponents</u>	<u>Our Player of the Match</u>
Basketball - Boys	8	Drew	Eden Boys	-
Basketball - Boys	8	Won	Moor Park	-
Basketball - Boys	8	Lost	St. Cecilia's	-
Rugby - Boys	9	Won	Our Lady's	Will Sumner



<u>Sport</u>	<u>Year Group</u>	<u>Result</u>	<u>Opponents</u>	<u>Our Player of the Match</u>
Netball - Girls	7	Lost	Longridge	Imani Silcock-Pond
Netball - Girls	7	Drew	Our Lady's	Imani Silcock-Pond
Netball - Girls	8	Lost	Longridge	Jemma Davies
Netball - Girls	8	Won	Our Lady's	Ebony Moore

## Next Weeks Fixtures - Boys

### Basketball



No fixtures  
this week

### Football



No fixtures  
this week

### Rugby



Mon 20<sup>th</sup> Jan  
Yr 8 vs  
Our Lady's &  
Archbishop

## Next Weeks Fixtures - Girls

### Football



No fixtures  
this week

### Netball



Thur 23<sup>rd</sup> Jan  
Yr 7 vs  
Archbishop

Thur 23<sup>rd</sup> Jan  
Yr 8 vs  
Archbishop

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