



Ashton
Community
Science
College

'a school to be proud of'

ASHTON COMMUNITY SCIENCE COLLEGE: PE CURRICULUM

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Year 11 Boys						
	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Knowledge	Topic: RUGBY	Topic: BASKETBALL	Topic: VOLLEYBALL	Topic: HANDBALL	Topic: SUMMER SPORTS	Topic:
Skills/ application of knowledge	Passing Pop, Hip, Spin, Dive, Switch/scissors Tackling Scrummaging 5v5 Attacking line Defensive line Line – Outs Kicking Place Grubber Box	Passing Shoulder Chest Bounce Javelin Ball Control Catching One handed Two handed Static On the move Footwork Landing Pivot Running pass Shooting Jump Set Lay – Up Defending Player-to-player Defending the pass Denying space Refereeing	Shots – Dig Set Spike Serve - Underarm Blocking – Singular Team	Passing Right & Left hand Short Long Stationary On the move Catching One handed Two handed Static On the move Footwork Running pass Running shot Dribbling Shooting Jump shot Standing shot Defending Blocking Tackling Man to man Zonal Goalkeeping Shot stopping – hands, legs, trunk, putting the ball down, fast attack	Softball – Batting Fielding – Throwing and catching Base running Frisbee – Backhand Throw Forearm Throw Tackling Catching Lacrosse – Picking up Passing Cradling Shooting Tackling Blocking	
Links to prior learning	<ul style="list-style-type: none"> Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games. 	<ul style="list-style-type: none"> Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games. 	<ul style="list-style-type: none"> Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games. 	<ul style="list-style-type: none"> Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games. 	<ul style="list-style-type: none"> Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games. 	
assessment	Only approach to learning and homework (n/a) is assessed at KS4 PE	Only approach to learning and homework (n/a) is assessed at KS4 PE	Only approach to learning and homework (n/a) is assessed at KS4 PE	Only approach to learning and homework (n/a) is assessed at KS4 PE	Only approach to learning and homework (n/a) is assessed at KS4 PE	

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Year 11 Girls						
	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Knowledge	<u>Topic:</u> NETBALL	<u>Topic:</u> ▪	<u>Topic:</u> ▪	<u>Topic:</u> ▪	<u>Topic:</u> ROUNDERS:	<u>Topic:</u> ▪
Skills/ application of knowledge	Passing Shoulder Chest Bounce Overhead Ball Control Catching Two handed Static Footwork Landing Pivot Shooting One/Two Handed Defending Player-to-player ▪	▪	▪	▪	Rounders: ▪ Throwing ▪ Underarm ▪ Overarm ▪ Long & Short distance ▪ Catching ▪ Two handed ▪ Bowling ▪ Batting ▪ Fielding ▪ Long barrier	▪
Links to prior learning	▪ Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games.	▪ Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games.	▪ Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games.	▪ Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games.	▪ Apply skills and understanding of tactics and rules developed over KS3 into small/full sided competitive games.	
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