

ASHTON COMMUNITY SCIENCE COLLEGE: PSHE CURRICULUM

1 - Rights Responsibilities + BV

2 - Diversity + Equality

3 - Relationships + Sex Ed

4 - Staying Safe online + offline

5 - Health and Wellbeing

6 - Life Beyond School

Year 8						
	Half term 1 Body Confidence	Half term 2 Knife Crime & Gangs	Half term 3 Modern Families	Half term 4 Healthy Life Style	Half term 5 Skills & Qualities for Life	Half term 6 Basic First Aid
	Diversity + Equality Relationships Staying Safe online + offline Health and Wellbeing	Rights Responsibilities + BV Relationships Staying Safe	Rights Responsibilities + BV Diversity + Equality Relationships Staying Safe Life Beyond School	Staying Safe online + offline Health and Wellbeing	Life Beyond School	Staying Safe online + offline Health and Wellbeing
Knowledge	<p>Topic: Body Confidence</p> <ul style="list-style-type: none"> Dangers of social media / online trolling Self-harm introduction 	<p>Topic: Knife Crime / Gangs</p> <ul style="list-style-type: none"> Dangers of joining gangs Grooming County lines 	<p>Topic: Modern Families</p> <ul style="list-style-type: none"> Marriage Forced / Arranged Domestic abuse 	<p>Topic: Healthy Life Style</p> <ul style="list-style-type: none"> Eating well Sleeping Screen time / Online Game addiction Exercise 	<p>Topic: Skills and Qualities for life</p> <ul style="list-style-type: none"> Essential skills Personal Branding Self Awareness Money Management 	<p>Topic: First Aid</p> <ul style="list-style-type: none"> Keeping safe Keeping others safe Basic First Aid
Skills/ application of knowledge	<ul style="list-style-type: none"> Expectations of behaviour online are the same as in society about online risks, including sharing martial online can be shared by other and can impact futures. The difficulty of removing online material once it has been shared. not to provide material to others that they would not want shared further and not to share personal material which is sent to them. what to do and where to get support to report material or manage issues online. the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image) how to identify harmful behaviours online and how to report, or find support 	<ul style="list-style-type: none"> The dangers of joining gangs and the pressure it can cause that some types of behaviour within relationships are criminal, including violent behaviour and coercive control. How to successfully and safely leave a gang the nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals the legal system in the UK, different sources of law and how the law helps society deal with complex problems What are county lines and how they can be spotted. 	<ul style="list-style-type: none"> that there are different types of committed, stable relationships. how these relationships might contribute to human happiness and their importance for bringing up children. what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. why marriage is an important relationship choice for many couples and why it must be freely entered into. the characteristics and legal status of other types of long-term relationships. the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting. that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help). 	<ul style="list-style-type: none"> how to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer. the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardio-vascular ill-health. the benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness. Importance of sleep for good health Dental hygiene and oral care The dangers of screen time Online game addiction 	<ul style="list-style-type: none"> To know and apply a range of transferable skills for school life and the world of work To know the importance of personal branding and being self-aware both online and offline To understand the importance of money management and recognise the impact a job role can have on lifestyle 	<ul style="list-style-type: none"> basic treatment for common injuries. life-saving skills, including how to administer CPR.15 the purpose of defibrillators and when one might be needed.

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<p>Links to prior learning/ links to other ACSC curriculum areas</p>	<ul style="list-style-type: none"> Yr 7 PSHE Term 2 and 3 – Bullying & Mental /Physical health unit Yr 7 Online safety Computing 	<ul style="list-style-type: none"> Term 1a PSHE unit – peer pressure Current Affairs 	<ul style="list-style-type: none"> Primary KS2 Statuary English – Boys don't cry book/ unit of work linked to single parent English Curriculum Yr 10/11 	<ul style="list-style-type: none"> Online safety – computing Yr 7 PSHE half term 3 Yr 8 Science – Healthy Diets Current Affairs Mental Health week 	<ul style="list-style-type: none"> Form Time – Skills Builder 1:1 with Careers Advisor in KS3 Careers Fayre Online Safety – CS term 1a 	<ul style="list-style-type: none"> Current Affairs Whole school assemblies
<p>Assessment</p>	<ul style="list-style-type: none"> I can statements – Learning Journey Mind map v1/v2 Recall every lesson British Value final discussion 	<ul style="list-style-type: none"> I can statements – Learning Journey Mind map v1/v2 Recall every lesson British Value final discussion 	<ul style="list-style-type: none"> I can statements – Learning Journey Mind map v1/v2 Recall every lesson British Value final discussion 	<ul style="list-style-type: none"> Mind map v1/v2 Recall every lesson British Value final discussion Food technology – carousel lesson KS3 	<ul style="list-style-type: none"> I can statements – Learning Journey Mind map v1/v2 Recall every lesson British Value final discussion 	<ul style="list-style-type: none"> I can statements – Learning Journey Mind map v1/v2 Recall every lesson British Value final discussion