

ASHTON COMMUNITY SCIENCE COLLEGE: PSHE CURRICULUM

1 - **Rights Responsibilities + BV**

2 - **Diversity + Equality**

3 - **Relationships + Sex Ed**

4 - **Staying Safe online + offline**

5 - **Health and Wellbeing**

6 - **Life Beyond School**

| Year 8 | | | | | |
|---|--|--|--|--|---|
| | Half term 1 Healthy Body, Healthy Mind & Healthy Relationships | Half term 2 Knife Crime & Gangs | Half term 3 Modern Families | Half term 4 & 5 Skills & Qualities for Life | Half term 6 Basic First Aid |
| | Diversity + Equality Relationships Staying Safe online + offline Health and Wellbeing | Rights Responsibilities + BV Relationships Staying Safe | Rights Responsibilities + BV Diversity + Equality Relationships Staying Safe Life Beyond School | Life Beyond School | Staying Safe online + offline Health and Wellbeing |
| Knowledge | <p>Topic: Body Confidence</p> <ul style="list-style-type: none"> Dangers of social media / online trolling Self-harm introduction <p>Topic: Healthy Life Style</p> <ul style="list-style-type: none"> Eating well Sleeping Screen time / Online Game addiction Exercise | <p>Topic: Knife Crime / Gangs</p> <ul style="list-style-type: none"> Dangers of joining gangs Grooming County lines | <ul style="list-style-type: none"> Topic: Modern Families Marriage Forced / Arranged Domestic abuse | <ul style="list-style-type: none"> Topic: Skills and Qualities for life Essential skills Personal Branding Self Self-Awareness Money Management | <p>Topic: First Aid</p> <ul style="list-style-type: none"> Keeping safe Keeping others safe Basic First Aid |
| Skills/ application of knowledge | <ul style="list-style-type: none"> Expectations of behaviour online are the same as in society about online risks, including sharing martial online can be shared by other and can impact futures. The difficulty of removing online material once it has been shared. not to provide material to others that they would not want shared further and not to share personal material which is sent to them. what to do and where to get support to report material or manage issues online. the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image) | <ul style="list-style-type: none"> The dangers of joining gangs and the pressure it can cause that some types of behaviour within relationships are criminal, including violent behaviour and coercive control. How to successfully and safely leave a gang the nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals the legal system in the UK, different sources of law and how the law helps society deal with complex problems What are county lines and how they can be spotted. | <ul style="list-style-type: none"> that there are different types of committed, stable relationships. how these relationships might contribute to human happiness and their importance for bringing up children. what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. why marriage is an important relationship choice for many couples and why it must be freely entered into. the characteristics and legal status of other types of long-term relationships. the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting. | <ul style="list-style-type: none"> To know and apply a range of transferable skills for school life and the world of work To know the importance of personal branding and being self-aware both online and offline To understand the importance of money management and recognise the impact a job role can have on lifestyle | <ul style="list-style-type: none"> basic treatment for common injuries. life-saving skills, including how to administer CPR.15 the purpose of defibrillators and when one might be needed. |

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| | <ul style="list-style-type: none"> how to identify harmful behaviours online and how to report, or find support how to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer. the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardio-vascular ill-health. the benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness. Importance of sleep for good health Dental hygiene and oral care The dangers of screen time Online game addiction | | <ul style="list-style-type: none"> that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help). | | |
| <p>Links to prior learning / KS2 Curriculum</p> | <p>Ks2 statutory requirements:</p> <ul style="list-style-type: none"> Importance of self respect and how it links to happiness Each persons body belong to them and that there are differences Online safety Where to report concerns and get advice if needed <p>Primary KS2 statutory requirements</p> <ul style="list-style-type: none"> about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of | <p>Ks2 statutory requirements:</p> <ul style="list-style-type: none"> Boundaries between friends and others resorting to violence is never right. how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed | <p>Primary KS2 Statuary</p> <ul style="list-style-type: none"> Families can give love, security and stability. Characteristics of a healthy family Some families sometimes look different Marriage represents a formal and legally recognised comittment Where to report dangers/abuse | <p>Primary KS2 Statutory requirements</p> <ul style="list-style-type: none"> KS2 math curriculum – money | <p>Primary KS2 statutory requirements</p> <ul style="list-style-type: none"> about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer. |

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| <p>Links to other ACSC curriculum areas</p> | <p>positive and negative content online on their own and others' mental and physical wellbeing</p> <ul style="list-style-type: none"> • about dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist. • the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn. <ul style="list-style-type: none"> • Online safety – computing • Yr 7 PSHE half term 3 • Yr 8 Science – Healthy Diets • Current Affairs • Mental Health week • Food technology – carousel lesson KS3 <ul style="list-style-type: none"> • Yr 7 PSHE Term 2 and 3 – Bullying & Mental /Physical health unit • • Yr 7 Online safety Computing | <ul style="list-style-type: none"> • Term 1a PSHE unit – peer pressure • Current Affairs | <ul style="list-style-type: none"> • English – Boys don't cry book/ unit of work linked to single parent • English Curriculum Yr 10/11 | <ul style="list-style-type: none"> • Form Time – Skills Builder • 1:1 with Careers Advisor in KS3 • Careers Fayre • Online Safety – CS term 1a | <ul style="list-style-type: none"> • Current Affairs • Whole school assemblies |
| <p>Assessment</p> | <ul style="list-style-type: none"> • I can statements – Learning Journey • Mind map v1/v2 • Recall every lesson • British Value final discussion • MS Forms / End of unit quiz | <ul style="list-style-type: none"> • I can statements – Learning Journey • Mind map v1/v2 • Recall every lesson • British Value final discussion • MS Forms / End of unit quiz | <ul style="list-style-type: none"> • I can statements – Learning Journey • Mind map v1/v2 • Recall every lesson • British Value final discussion • MS Forms / End of unit quiz | <ul style="list-style-type: none"> • I can statements – Learning Journey • Mind map v1/v2 • Recall every lesson • British Value final discussion • MS Forms / End of unit quiz | <ul style="list-style-type: none"> • I can statements – Learning Journey • Mind map v1/v2 • Recall every lesson • British Value final discussion • MS Forms / End of unit quiz |