

Role	Wellbeing Student Leader – Wellbeing Committee
Time Commitment	Variable, break and lunchtimes
Vacancies	12
Suitable for Years	10 and 11
Job description	To be a point of contact during break and lunch for students to discuss their wellbeing and be directed to the appropriate person or agency.
Leadership skills focus	<p>Effective communication This is the main part of the role. Students need to feel listened to and you need to listen so you can offer the correct advice.</p> <p>Reliable If you are on the rota to be on duty you need to be there. Students will be relying on you.</p> <p>Approachable and supportive Some students find it difficult to discuss their feelings so you will have to come across as approachable.</p>
Key responsibilities	<p>As a wellbeing champion you will be expected to:</p> <ul style="list-style-type: none"> • Turn up on time to the wellbeing room when you are on duty. • Attend Committee meetings when required. <p>Support students by:</p> <ul style="list-style-type: none"> • Listening to others • Use your training to direct them to a member of staff • Showing others on-line resources through the school intranet so they can find help, advice and guidance.
Staff member to contact for further information	Miss Parkinson