

TAKEHOME

18 - 24
July



Should there be more rules for trampolines?



In the news this week

A recent study, conducted by the British Medical Journal (BMJ), has found that trampolining is to blame for half of all activity-related UK Accident and Emergency (A&E) hospital admissions in under-14s. The report, published in the BMJ's Injury Prevention journal concluded, "trampolining is fun but potentially dangerous" after analysing 1.4 million trampolining injuries from around the world. Researchers found children were twice as likely to suffer broken bones or sprains when using trampoline centres rather than home trampolines.

Things to talk about at home ...

- > Share your own experience of using trampolines. Have you visited a trampoline park or used trampolines in a garden or home? Do you enjoy using them?
- > What is your response to the study? Were you surprised to hear that trampolining causes so many accidents?
- > Have you ever had an accident resulting in an injury? What was the cause?
- > Do you think there should be rules for trampolines?

Please note any interesting thoughts or comments

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