

TAKEHOME

30 Oct -
5 Nov



Should 'super shoes' be allowed in races?



In the news this week

Kenyan long-distance runner, Kelvin Kiptum, crossed the line in a new world record time at this year's Chicago Marathon, wearing Nike Alphafly 3 'super shoes'. He completed the race in the time of 2:00:35, beating the record set by fellow Kenyan, Eliud Kipchoge, in 2022, by 34 seconds. It was Kiptum's third marathon, and he now holds three of the six fastest times in history. In September this year, Tigst Assefa from Ethiopia also broke the women's marathon world record in Berlin.

Things to talk about at home ...

- > Do you think it is fair that a lot of focus has been on the shoes Kelvin was wearing rather than what he has achieved with a new world record?
- > Do you feel that people should be allowed to wear whatever they like in competitions?
- > In your opinion, should there be a different rule for professional athletes and those who are entering for fun/not as a professional?

Please note any interesting thoughts or comments

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