

For a car-free day, walk or cycle to your destination, use public transport like buses and trains, or carpool with friends. You can also organise community events such as <u>street fairs</u> or <u>bike parades</u>, set up a temporary "parklet" for seating or play, learn more about sustainable transportation.

Transportation Alternatives

Walk or Cycle:

Simple and beneficial for health and the environment, walking or cycling is a great way to get around for errands or work.

Public Transport:

Buses, trains, and trams are excellent options for getting to places you might otherwise drive to.

Carpooling

Share rides with friends or colleagues to reduce the number of cars on the road.

For Parents & Children

• School Walking Buses:

Organise a "walking bus" where parents and children walk to school together.

• Educational Resources:

Use resources like debate cards or persuasive writing templates to discuss the importance of reducing car use with children.

Look at the sites below for ideas and resources:

World Car Free Day
World Car Free Day | Cycling UK
Outdoor activities | Be Well
Home | TfGM Bee Active

Learning & Fun Activities

Learn and Share:

Discuss the benefits of car-free living with others and share your experiences on social media using relevant hashtags.

Engage in Creative Activities:

Some resources offer car-free day board games and poster templates for educational fun, especially for children.

• Discover Local Scenery:

Use your commute to explore your community, look for new things, or enjoy the natural environment around you.

Community & Events

• Organise a Parklet:

Create a temporary public space on a street for seating, greenery, or art to encourage community interaction.

• Encourage Workplace Initiatives:

Promote "Cycle to Work" days or other sustainable commuting challenges at your workplace to engage colleagues.