

TAKEHOME

23rd - 29th
March



What makes someone a champion?

In the news this week

Athletes from around the world have been competing in the Winter Paralympic Games in Italy. The Paralympics are an international sporting event for athletes with disabilities. This year's competitors took part in events such as skiing, snowboarding, wheelchair curling, and ice hockey. Many athletes train for years to compete at this level. Some have overcome injuries or health challenges, while others were born with disabilities. Using specialised equipment and incredible determination, they compete for medals.

Things to talk about at home ...

- > Who do you find inspiring in sport? Ask someone at home about who they find inspiring.
- > What does being a champion mean to you?
- > What helps people overcome challenges? Talk with someone about their experiences.

Please note any interesting thoughts or comments

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